College of Psychiatrists of Ireland

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Careers in Psychiatry Event

AGENDA

DATE: **Monday, 12th October 2026**
VENUE: **Online (Zoom)**

18:30 – 18:40	Log in and Introductions **Dr Nikita Pillay**
18:40 – 19:00	Consultant Talk **Dr Elizabeth Barrett**
19:00 – 19:20	Consultant Talk **Dr Deshwinder Sidhu**
19:20 – 19:35	Outline of BST **Dr Rachel Sparrow**
19:35 – 19:45	Outline of Time out of Training **Dr Alaa Adam**
19:45 – 19:55	Outline of HST **Dr Nikita Pillay**
19:55 – 20:05	BST Application Process **Ms Kellie Myers**
20:05 – 20:25	Q&A **Dr Nikita Pillay**
20:25 – 20:30	Closing Remarks **Dr Nikita Pillay**