CPSYCHI
COLLEGE OF PSYCHIATRISTS OF IRELAND

RC PSYCH
ROYAL COLLEGE OF PSYCHIATRISTS

JOINT CPSYCHI & RCPSYCH NI WINTER CONFERENCE 2025

13th & 14th November 2025

Hilton Hotel, Belfast



TOURISM NORTHERN IRELAND

Belfast

CPD APPROVAL
12 Accredited Continuing Education credits
Thursday - 6.5 ACE credits
Friday - 5.5 ACE credits

Welcome

It is our great pleasure to welcome you to the Joint College of Psychiatrists of Ireland and Royal College of Psychiatrists in Northern Ireland Winter Conference 2025, here at the Hilton Hotel, Belfast.

This conference represents not only an important point in our shared professional calendar, but also a powerful symbol of collaboration across jurisdictions, disciplines, and generations. Together, we continue to build a psychiatry that is evidence-informed, compassionate, and connected - one that recognises the diversity of people, experiences, and contexts that shape mental health.

Our programme reflects this breadth and ambition. We begin by focusing on why Mother and Baby Units matter - highlighting the transformative potential of perinatal mental health services and the enduring value of advocacy and early intervention. We then turn to the physical health of those living with severe mental illness - a reminder of the stark inequalities that persist and the collective work underway to close that 20-year mortality gap.

Across these two days, we will move between science and service, research and reflection. Sessions on psycho-oncology, diversity in research, ethics in psychiatric practice, and student mental health remind us that psychiatry sits at the heart of human experience - shaped by biology, identity, and society.

On Friday our speakers will explore how discovery translates into clinical impact, and how our ethical frameworks evolve to uphold dignity, autonomy, and human rights in an increasingly complex world. On Friday afternoon we conclude with an especially topical focus on neurodevelopmental and neurodiversity challenges, exploring diagnostic complexity, service design, and the lived realities of autistic and ADHD individuals.

This conference also celebrates emerging voices. Our NCHD oral presentations showcase the vibrancy, innovation, and dedication of our future leaders - reminding us that the strength of our profession lies in our shared curiosity and commitment to learning.

Our sincere thanks to all our speakers, chairs, organising committee members, and staff for their energy and generosity in shaping this programme - and to each of you for bringing your expertise, perspective, and collegiality to Belfast. Particular thanks must go to Miriam Silke, Jennie Dalton, Karen Smith, Emma Allen & Trudy Parry for all their hard work

We hope these two days offer not only inspiration and knowledge, but also space for reflection, connection, and renewal - and that you leave with a renewed sense of shared purpose in the work we do together.

Welcome - and enjoy the conference.



Dr Julie Anderson
Chair, Royal College of Psychiatrists NI

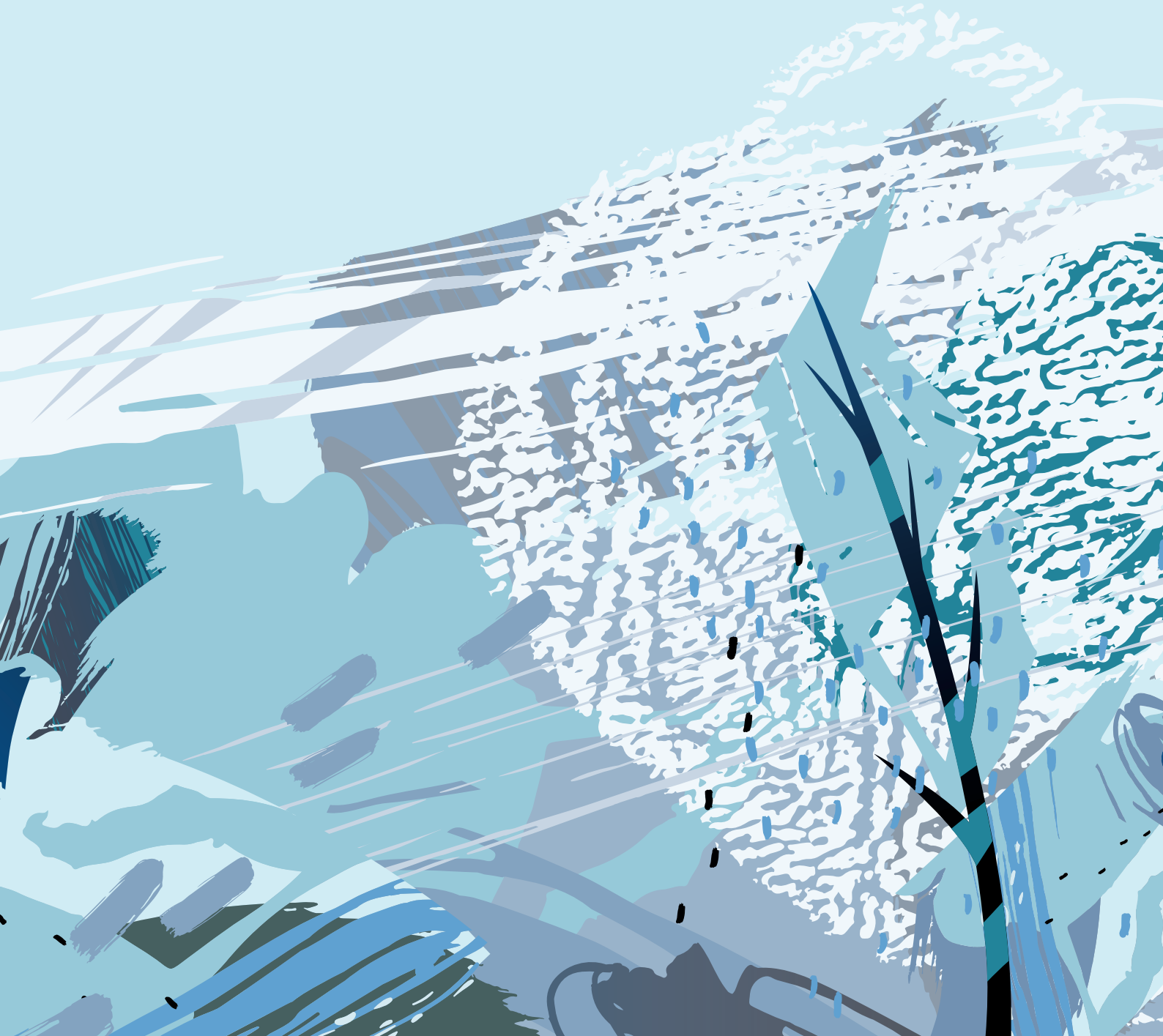


Dr Karen O'Connor
Vice-President & Academic Coordinator
College of Psychiatrists of Ireland

*Dietary requirements are catered for, please ask a member of hotel staff - all meat is halal. If you require a quiet space, please ask a member of College staff who will assist you.

The College of Psychiatrists of Ireland and RCPsych NI are very grateful to Visit Belfast for the support funding contributing towards the organisation of this International conference.

SCHEDULE OF EVENTS



THURSDAY 13TH NOVEMBER 2025

FROM 08.30	**REGISTRATION**	LAGAN FOYER
FROM 08.30	**POSTER EXHIBITION**	GLENBANK SUITE

09.20 - 10.20 — LAGAN SUITE

CHAIRED BY: DR JULIE ANDERSON

WHY MOTHER AND BABY UNITS MATTER

DR TRUDI SENEVIRATNE, CONSULTANT PSYCHIATRIST, SOUTH LONDON & MAUDSLEY NHS FOUNDATION TRUST & PERINATAL CLINICAL DIRECTOR, SOUTH LONDON PARTNERSHIP

A summary of the importance of perinatal mental health and the need for mother and baby units and linked community services to support the mental health of mothers. What we have learned in over 30 years.

DR JULIE ANDERSON, CONSULTANT PERINATAL PSYCHIATRIST, NORTHERN HEALTH & SOCIAL CARE TRUST AND CHAIR, RCPSYCH NI IN CONVERSATION WITH PATIENT, MS LAURA ORR

Laura was admitted to hospital in the early postnatal period, and due to the absence of MBU in Ireland, this was to an acute psychiatric ward, which meant she was separated from her baby. She talks about her experience in order to increase the understanding of the impact this has on mums, their babies and the whole family.

10.20 - 11.00 — LAGAN SUITE

CHAIRED BY: DR KAREN O'CONNOR

REDUCING THE EARLY MORTALITY OF PEOPLE WITH SEVERE MENTAL ILLNESS

PROFESSOR BRIAN O'DONOGHUE, PROFESSOR OF PSYCHIATRY, UCD & ST VINCENT'S UNIVERSITY HOSPITAL AND CONSULTANT PSYCHIATRIST, DUBLIN SOUTH EAST MENTAL HEALTH SERVICE

People with severe mental illness have a reduced life expectancy by up to 20 years compared to the non-affected population and cardiovascular, respiratory diseases and cancers are responsible for the majority of these early deaths. People affected by mental health disorders have a higher and earlier exposure to the underlying risk factors for these diseases, including obesity, dyslipidaemia, smoking, poor diet and sedentary lifestyle. Therefore, to reduce this reduced life-expectancy, early intervention is required. The PROGRESS research group has developed pharmacological clinical guidelines to proactively address these risk factors and has co-produced accompanying resources for clinicians and service users.

11.00 - 11.30	**COFFEE BREAK** **POSTER PRESENTATION**	LAGAN FOYER GLENBANK SUITE

11.30 - 13.00	CHAIRED BY: DR LORCAN MARTIN **NCHD ORAL PRESENTATIONS**	**LAGAN SUITE**

11.30 - 11.45

ACCEPTABILITY AND VALIDITY OF CAPILLARY BLOOD SAMPLING FOR POINT-OF-CARE TESTING IN CLOZAPINE MONITORING

DR OISÍN CONATY, DEPARTMENT OF PSYCHIATRY, SCHOOL OF MEDICINE, UNIVERSITY COLLEGE DUBLIN, DEPARTMENT OF PSYCHIATRY, ST. VINCENT'S HOSPITAL, FAIRVIEW & DETECT EARLY INTERVENTION IN PSYCHOSIS SERVICE

11.45 - 12.00

BULLYING VICTIMIZATION & MENTAL HEALTH: THE MEDIATING ROLE OF PEER & FAMILY SOCIAL SUPPORT

DR BILAL KORIMBOCUS, HOLYWELL HOSPITAL, CO ANTRIM

12.00 - 12.15

IMPACT OF ANTICONVULSANT USE ON CLINICAL AND COGNITIVE OUTCOMES IN ELECTROCONVULSIVE THERAPY FOR DEPRESSION

DR KEVIN MCDONNELL, ST PATRICK'S UNIVERSITY HOSPITAL, DUBLIN

12.15 - 12.30

EMERGENCY DEPARTMENT MENTAL HEALTH PRESENTATIONS AMONG PEOPLE EXPERIENCING HOMELESSNESS IN AN INNER CITY POPULATION: A RETROSPECTIVE COHORT STUDY

DR NIAMH MURRAY, JONATHAN SWIFT CLINIC, ST JAMES' HOSPITAL, DUBLIN

12.30 - 12.45

GEOGRAPHIC LOCATION AND DEPRIVATION PROFILE OF FATAL DRUG OVERDOSES IN IRELAND THAT INVOLVED HIGH - RISK DRUG USE

DR NICOLA SWEENEY, NEWCASTLE HOSPITAL, WICKLOW

12.45 - 13.00

ACUTE MEDICINE PROACTIVE LIAISON PSYCHIATRY (AMPP): INTEGRATED CARE FOR BRIEF ADMISSIONS

DR DYLAN VIANI WALSH, ST VINCENT'S HOSPITAL, FAIRVIEW, DUBLIN

13.00 - 14.00	**LUNCH**	**RIVERSIDE RESTAURANT & NO. 4 BAR**

14.00 - 15.15	**PARALLEL SESSIONS - PART 1**

SESSION 1	CHAIRED BY: DR PAUL MATTHEWS **PSYCHO-ONCOLOGY**	**LAGAN SUITE**

THE NCCP PSYCHO-ONCOLOGY MODEL OF CARE: 5 YEARS ON

DR PAUL MATTHEWS, CONSULTANT LIAISON PSYCHIATRIST, MATER MISERICORDIAE HOSPITAL, DUBLIN

I will briefly discuss the NCCP Psycho-Oncology Model of Care, first published in 2020. What it proposed, what has been implemented, what has worked, and what still needs to be done.

PSYCHOLOGICAL CARE IN ADVANCED ILLNESS: INSIGHTS FROM ACUTE HOSPITAL PRACTICE

DR SUSAN O'FLANAGAN, SENIOR PSYCHOLOGIST, MATER MISERICORDIAE HOSPITAL, DUBLIN

Psycho-oncology teams play a crucial role in supporting patients at end of life who are experiencing significant psychological distress, as well as in educating and supporting the wider care team. This presentation draws on clinical experience and

the insights of patients who have deeply shaped my practice. It will explore how psychological theory and targeted interventions can address critical challenges such as anticipatory grief, existential distress, and the search for meaning. It will also consider how we can support quality of life and emotional wellbeing in the final stages of illness.

DESIRE FOR DEATH AT THE END OF LIFE - LESSONS FROM PALLIATIVE CARE PSYCHIATRY

PROFESSOR MATTHEW HOTOPF, EXECUTIVE DEAN, INSTITUTE OF PSYCHIATRY, PSYCHOLOGY & NEUROSCIENCE, KING'S COLLEGE LONDON & CONSULTANT LIAISON PSYCHIATRIST, ST CHRISTOPHER'S HOSPICE, LONDON

The presentation will describe a liaison psychiatry service in a hospice setting and then focus on the complexities around desire for death, suicidality and requests for assisted suicide in patients with advanced disease. The presentation will attempt to merge research findings, clinical insights and patient experience to provide guidance for clinicians.

SESSION 2 — **LISBURN SUITE**

CHAIRED BY: DR MICHAEL DOHERTY & DR JOSEN MCGRANE

STUDENT MENTAL HEALTH

STUDENT SUICIDE PREVENTION IN HIGHER EDUCATION

PROFESSOR JO SMITH, UNIVERSITY OF WORCESTER

Drawing on a range of work over the last 7 years, this presentation will explore approaches to student suicide prevention and postvention in higher education in the UK.

STUDENT MENTAL HEALTH: A PERSPECTIVE FROM A UNIVERSITY PSYCHIATRY PRACTICE

DR NIAMH FARRELLY, CONSULTANT PSYCHIATRIST, COLLEGE HEALTH SERVICE, TRINITY COLLEGE DUBLIN

At present there are over 265,000 students enrolled in Higher Education in Ireland. This session will present an overview of the mental health challenges faced by students in a University setting to include the commonly occurring themes, presentations and considerations particular to student mental illness. The significant changes taking place in student demographics and its impact on service use will also be explored.

PANEL DISCUSSION

PANEL: DR MICHAEL DOHERTY, DR JOSEN MCGRANE, PROF JO SMITH, DR NIAMH FARRELLY, DR MARTIN CUNNINGHAM & MS RAENA SWAMI

SESSION 3 — **BROADWAY SUITE**

PERINATAL WORKSHOP - COMPLEX CASE

DR CATHERINE HINDS, CONSULTANT PERINATAL PSYCHIATRIST, NATIONAL MATERNITY HOSPITAL, HOLLES ST, DUBLIN

DR RICHARD DUFFY, CONSULTANT PERINATAL PSYCHIATRIST, ROTUNDA HOSPITAL, DUBLIN

This will be an interactive session going through a complex perinatal case that will highlight issues around perinatal risk, pre-birth planning, infant mental health and child protection.

Delegates will be invited to think through a case, discuss the themes, and teaching will be provided on relevant learning points.

15.15 - 15.45 — **COFFEE BREAK POSTER PRESENTATION** — **LAGAN FOYER GLENBANK SUITE**

15.45 - 17.00	PARALLEL SESSIONS - PART 2	

SESSION 4 — CHAIRED BY: PROFESSOR BOBBY SMYTH — **LAGAN SUITE**

HHC/CANNABINOIDS AND PSYCHOSIS

DR GERRY MCCARNEY, CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST, ADDICTION SERVICES, NATIONAL DRUG TREATMENT CENTRE, DUBLIN

DR IAN MCCLELLAND, CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST, ST VINCENT'S HOSPITAL, FAIRVIEW, DUBLIN

DR BRIAN O'MAHONY, SENIOR REGISTRAR & UNIVERSITY OF BIRMINGHAM

A presentation from Dr O'Mahony, with a discussion following looking at the clinical presentations in a community service setting (Dr McCarney) and in-patient setting (Dr McClelland).

WHAT WE CAN LEARN FROM HHC-INDUCED PSYCHOSES IN IRELAND

Hexahydrocannabinol (HHC) is a semi-synthetic cannabinoid with reported psychoactive effects, which should have prohibited its sale under the Psychoactive Substance Act, 2010. Despite this, it was widely sold in Republic of Ireland from 2022 to 2025 and was associated with the precipitation of psychoses across the country. This talk examines what can be learned from HHC's widespread sale from both a clinical and legal perspective.

SESSION 5 — CHAIRED BY: DR PAUL O'CONNELL — **LISBURN SUITE**

EXPLORING NARCISSISM AND NARCISSISTIC PERSONALITY DISORDER

DR CLEO VAN VELSEN, CONSULTANT PSYCHIATRIST, FAMILY TRAUMA TEAM, ANNA FREUD CENTRE, LONDON

The concept of narcissism is derived from the ancient Greek myth of Narcissus, a youth renowned for his beauty who was so enchanted by his own reflection in a pool that he ultimately wasted away, unable to tear himself from his image. The story (myth), immortalized by poets such as Ovid, has provided a rich metaphorical foundation for understanding narcissistic tendencies, both in individuals and society at large.

In this presentation I will explore narcissism and narcissistic personality disorder from both a psychiatric and psychoanalytic viewpoint. I will describe the various types including contrasting healthy and pathological narcissism.

I will refer to recent research on the impact of NPD on others and suggest an approach to treatment.

SESSION 6 — CHAIRED BY: DR DAVID MONGAN — **BROADWAY SUITE**

THE NIHR MAUDSLEY BIOMEDICAL RESEARCH CENTRE - A FOCUS ON DIVERSITY IN RESEARCH DATA

DR MARIANA PINTO DA COSTA, CONSULTANT PSYCHIATRIST, SOUTH LONDON & MAUDSLEY NHS FOUNDATION TRUST & INSTITUTE OF PSYCHIATRY, PSYCHOLOGY & NEUROSCIENCE, KING'S COLLEGE LONDON

MS ALICE BROADBENT, RESEARCH ASSISTANT, CRIS TEAM, INSTITUTE OF PSYCHIATRY, PSYCHOLOGY & NEUROSCIENCE, KING'S COLLEGE LONDON & SOUTH LONDON & MAUDSLEY NHS TRUST FOUNDATION, LONDON

This session will offer guidance and training on how to collect and report diversity data in research, drawing on examples from the NIHR Maudsley Biomedical Research Centre's (BRC) Equality, Diversity and Inclusion (EDI) team.

We will provide practical training on best practice in collecting and reporting diversity data, informed by the Equality Act 2010. This includes monitoring across the nine protected characteristics, as well as other important factors such as caring responsibilities, socio-economic status, geographic location and access to healthcare.

We will also present findings from our recent research investigating how diversity data are currently recorded in electronic health records and how these data are (or are not) being used by researchers. This analysis highlights both the opportunities and challenges in ensuring diversity data meaningfully inform inclusive and impactful research.

By raising awareness and building practical skills, this session aims to support clinicians and researchers in embedding EDI principles into their studies, supporting research for diverse populations.

19.30 - LATE	**CPSYCHI CONFERENCE DINNER** **(Pre-booking essential)** **DRINKS RECEPTION FOLLOWED BY CONFERENCE DINNER**	LAGAN SUITE

FRIDAY 14TH NOVEMBER 2025

FROM 09.00	**REGISTRATION**	LAGAN FOYER
FROM 09.00	**POSTER EXHIBITION**	GLENBANK SUITE
09.45 - 11.00	CHAIRED BY: DR LORCAN MARTIN **TRANSLATION FOR TODAY AND DISCOVERY FOR TOMORROW: GETTING RESEARCH INTO THE CLINIC** **PROFESSOR DEREK TRACY,** CHIEF MEDICAL OFFICER & EXECUTIVE DIRECTOR, PSYCHOLOGICAL PROFESSIONS, SOUTH LONDON & MAUDSLEY NHS, ADJUNCT PROFESSOR, INSTITUTE OF PSYCHIATRY, PSYCHOLOGY AND NEUROSCIENCE, KING'S COLLEGE LONDON **PROFESSOR PHILIP SHAW,** DIRECTOR OF KING'S MAUDSLEY PARTNERSHIP FOR CHILDREN & YOUNG PEOPLE, PROFESSOR OF PSYCHIATRY, INSTITUTE OF PSYCHIATRY, PSYCHOLOGY AND NEUROSCIENCE, KING'S COLLEGE LONDON In this symposium, Professor Tracy will discuss the challenge of measuring clinical effectiveness in large healthcare organisations, which have typically emphasised easier-to-measure 'process' markers (such as 'length of stay' or 'time-till-seen'). The impact of this has been a hindering of being able to understand and demonstrate what is working (or not), and in the implementation of innovations, which end up being seen only for their new costs and/or (typically) failure to impact those process markers. He will describe how clinicians and academics in South London are working together to overcome this via the large-scale natural language processing tools CRIS and LUCI, to better translate research into clinical practice in mental health services, and evidence clinical effectiveness, and the role of organisational structures in supporting this.	LAGAN SUITE

As a case study, Prof Shaw will discuss how a new clinical-academic centre is infusing cutting edge research findings into child mental health services. He will also highlight the importance of discovery science for transforming our future understanding of mental illness, providing innovative treatments for better future care.

Combined the talks show how we can translate research to maximize its clinical impact today, and how we aim to transform our future understanding and treatment of mental conditions.

11.00 - 11.30 | **COFFEE BREAK**
POSTER PRESENTATION | **LAGAN FOYER**
GLENBANK SUITE

11.30 - 12.15 | **LAGAN SUITE**

CHAIRED BY: DR KAREN O'CONNOR

ETHICAL PRINCIPLES AND DILEMMAS IN PSYCHIATRY: EPA CODE OF ETHICS – ETHICAL GUIDE FOR EUROPEAN PSYCHIATRISTS

PROFESSOR DR MERYAM SCHOULER-OCAK, PROFESSOR OF INTERCULTURAL PSYCHIATRY AT CHARITÉ, UNIVERSITÄTSMEDIZIN, BERLIN

Psychiatric practice is characterized by complex ethical challenges arising from the particular vulnerability of patients, the potential restriction of autonomy, and the tension between individual freedom and societal protection. Core ethical principles include respect for dignity and human rights, the safeguarding of autonomy and informed consent, beneficence and non-maleficence, confidentiality, and justice in access to care. Ethical dilemmas frequently emerge in situations involving coercive measures, when risks of self-harm or harm to others are present, or when the duty of care conflicts with the patient's right to self-determination.

The EPA Code of Ethics – Ethical Guide for European Psychiatrists provides a normative framework for addressing these challenges. It emphasizes the obligation to uphold human rights, to promote mental health, and to minimize coercion. At the same time, it supports psychiatrists in balancing individual interests with broader social responsibilities. The Code serves as a guide for ethically reflective clinical practice and contributes to transparency, trust, and professionalism in psychiatric care across Europe.

At the same time, the code is consistent with the UN Convention on the Rights of Persons with Disabilities (CRPD) and reaffirms the commitment to equality, inclusion and self-determination for people with mental illness.

12.15 - 13.00 | **LAGAN SUITE**

CHAIRED BY: DR KAREN O'CONNOR

ANOREXIA NERVOSA, ETHICS, AND LAW: CASES STUDIES IN CONTEMPORARY PSYCHIATRIC ETHICS

DR ART MALONE, CONSULTANT PSYCHIATRIST, ST VINCENT'S UNIVERSITY HOSPITAL, DUBLIN

DR EIMEAR DUNNE, SENIOR REGISTRAR & VICE-CHAIR, CPSYCHI EATING DISORDERS SPECIAL INTEREST GROUP

PROFESSOR FIONA MCNICHOLAS, CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST, LUCENA CLINIC & CHILDREN'S HEALTH IRELAND, CRUMLIN HOSPITAL

This plenary session will explore the complex interplay of medical ethics, law, and clinical practice in contemporary psychiatry. Using Anorexia Nervosa as core case studies, we will examine the ethical and legal dilemmas inherent in treating patients who refuse consent for treatment. The discussion will navigate the tension

between a patient's autonomy and the clinician's duty to act in their best interests, particularly in the context of compulsory treatment orders. The session will then broaden the discussion to consider the wider implications of these challenges for general psychiatry, addressing topics such as capacity, decision-making, and the evolving legal landscape in Ireland. The aim is to provide practical ethical guidance for clinicians facing difficult decisions, fostering a deeper understanding of the legal frameworks that govern psychiatric care.

13.00 - 13.10	**ANNOUNCEMENT OF THE NCHD ORAL & POSTER PRESENTATION & IJPM PRIZES**	**LAGAN SUITE**
13.10 - 14.00	**LUNCH**	**RIVERSIDE RESTAURANT & NO. 4 BAR**

14.00 - 16.00 CHAIRED BY: DR ANNA MCGOVERN **LAGAN SUITE**

NEURODEVELOPMENTAL PSYCHIATRY - IT'S EVERYONE'S BUSINESS

NEURODIVERGENCE AMONG US: A CLINICIAN'S PERSPECTIVE ON LATE ADHD DIAGNOSIS

DR MICHELE HILL, CONSULTANT PSYCHIATRIST & CLINICAL LEAD, INTEGRATED CARE PROJECT, ADHD IRELAND

A late diagnosis of ADHD can be both clarifying and disorienting, especially for 'high-functioning' professionals who have built successful lives while compensating for undiagnosed traits. In this talk, I will reflect on my own diagnosis as a woman and a psychiatrist, and how it has influenced both my sense of self and my clinical perspective. Having assessed and treated hundreds of patients from all walks of life, I have also come to see how many remain hidden in our clinics, and likely within our profession. By sharing my story, I hope to open a wider conversation: that neurodevelopmental disorders are not only something we treat, but also something we sometimes miss, in our patients, our colleagues, our loved ones, and ourselves.

ADHD IS EVERY PSYCHIATRIST'S BUSINESS: FROM EVIDENCE TO POLICY

DR ULRICH MULLER SEDGWICK, ADULT ADHD & AUTISM SERVICE, GOVERNMENT OF JERSEY, ST HELIER, JERSEY & DEPARTMENT OF PSYCHIATRY, UNIVERSITY OF CAMBRIDGE, CAMBRIDGE

The growing influence of neurodiversity and neurodivergence frameworks has shaped public and professional discourse on ADHD, yet clinical services in the UK and Ireland remain unable to adequately support many who need care. Evidence consistently demonstrates that effective ADHD treatments are available, generally well-tolerated, and associated with improved outcomes, but access is limited by fragmented service models. A siloed "ADHD-only" approach risks diagnostic overshadowing and misdiagnosis in complex cases, highlighting the need for integration across psychiatric practice. The popular narrative of ADHD overdiagnosis is misleading, stigmatising, and risks deterring appropriate care. This presentation will argue that every psychiatrist has a role in recognising and treating ADHD, and that policy must move beyond rhetoric to deliver accessible, evidence-based, and holistic services.

CONTROVERSIES AND FUTURE DIRECTIONS IN AUTISM

DR CONOR DAVIDSON, CONSULTANT PSYCHIATRIST & CLINICAL LEAD, LEEDS AUTISM DIAGNOSTIC SERVICE

Conor will reflect on the changes and controversies in the world of autism during his twenty years as an autism specialist and four years as Royal College Champion between 2021-25. Over that time we have seen a huge rise in public awareness of autism and a corresponding rise in autism diagnosis. For the most part this has been positive for autistic people and families, but recently there has been a degree of backlash with some public figures warning of an 'epidemic of autism overdiagnosis'. Conor will look at the evidence for and against these claims and describe some new developments that will shape the field in the coming the years.

PANEL DISCUSSION

16.00 **CLOSE**

BIOGRAPHIES

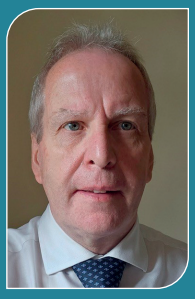


ANDERSON, JULIE has been a Consultant Perinatal Psychiatrist in Northern Health & Social Care Trust (NHSCT) since the service's inception in 2022. Prior to this, she was a CMHT Consultant in NHSCT for 9 years. She is also the ECT Lead in NHSCT. Julie has been the Chair of RCPsych NI & Vice President of RCPsych since June 2024. She was Chair of RCPsych NI Perinatal Specialist Group for 5 years until 2023 and a past member of RCPsych Perinatal Faculty. She played a key role in lobbying for perinatal services in NI and in strategic planning of perinatal services in both NI and UK. Julie was an MBRRACE assessor until 2024. She is a CASC examiner for RCPsych.

She completed a Masters in Clinical Education at Queen's University Belfast (QUB) in 2012. She has been the Psychiatry UG Lead in QUB since 2017. She is a Professional Support Lead in NI Medical & Dental Training Agency (NIMDTA). She was a Training Programme Director for General Adult Psychiatry for 5 years in NIMDTA prior to this.



BROADBENT, ALICE is a Research Assistant at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London, at South London and Maudsley NHS Foundation Trust, working within the Clinical Records Interactive Search (CRIS) team. She is involved in several research projects using CRIS data and supports the governance and communications activities of CRIS. Alice also works closely with the CRIS Patient and Public Involvement groups. As the Informatics Equality, Diversity and Inclusion (EDI) theme representative, she is particularly interested in promoting diversity and equity in mental health research, and in patient and public involvement and engagement in research.



CUNNINGHAM, MICHAEL has been a GP for 35 years and was a partner at the University Health Centre at Queen's from 2003 until 2021. He retired from frontline general practice in late 2023 but continues to work as a sessional doctor at Belfast Health and Social Care Trust (Orthopaedics triage and Mental Capacity assessments). He is a Fellow of the Faculty of Sports and Exercise Medicine (RCPI & RCSI) and a Member of the Faculty of Sports and Exercise Medicine (UK). He is also an Associate Member of the Faculty of Travel Medicine (RCPS Glasgow). He is a Board Member of Belfast Healthy Cities. He has a keen interest in student health and was one of the authors of the Royal College of Psychiatry paper (CR231): Mental Health of Higher Education Students published in 2021.



DAVIDSON, CONOR is a consultant psychiatrist in general adult psychiatry, and clinical lead of the Leeds Autism Diagnostic Service. He was Autism Champion for the Royal College of Psychiatrists from 2021 to 2025. The focus of this work is on improving autism awareness and autism training for psychiatrists. He chaired the College cross-faculty autism group and sat on the NHS England national autism strategy steering group.

Conor has published a number of journal articles, blogs and book chapters with a particular focus on autism and mental health. Unfortunately for him, Conor is a lifelong Leeds United supporter.



DOHERTY, MICHAEL M. MD FRCPSYCH currently Policy Lead for RCPsych NI, was appointed Consultant General Adult Psychiatrist in 1991 and later appointed as an Honorary Senior Lecturer at Queen's University, Belfast. He took partial retirement from the NHS in 2010 and full retirement in 2021. He was RCPsych (Adult Psychiatry) representative on Student Mental Health Working Groups nationally (2016-2020). Dr Doherty chaired the Planning and Implementation Group of a pilot Student Mental Health Project between the Belfast HSC Trust, Ulster University and Queen's University Belfast. In 2023 he was awarded the RCPsych President's Medal.

BIOGRAPHIES



DUFFY, RICHARD is a consultant psychiatrist in the Specialist Perinatal Service in the Rotunda and an assistant clinical Professor in UCD. He has a PhD in mental health law and a Masters in Epidemiology. He is currently undertaking a Masters in Medical Education in Cambridge. His main area of research interest is women's mental health and psychological birth trauma.

When not being a psychiatrist he is either running, climbing or engaged in futile negotiation with one of his two children. He is yet to excel in any of these endeavours.



DUNNE, EIMEAR is a Senior Registrar currently undertaking Higher Specialty Training in General Adult and Eating Disorder Psychiatry, and is Vice-Chair of the Irish College of Psychiatrists Eating Disorder Special Interest Group. In addition to her medical degree, she holds an MSc in Healthcare Ethics and Law, and an Advanced Diploma in Medical Law. Her main research interest is eating disorder law, and she has recently commenced an MD which will explore involuntary treatment of eating disorders in Ireland.



FARRELLY, NIAMH is working as a Consultant Psychiatrist based at the College Health Service at Trinity College for the past 18 years. She is responsible for the psychiatric care of students attending the College as well as providing her expertise to the development of College Mental Health services and supports. She undertook her HST training in services covering the catchment areas of both Cambridge UK and Harvard Massachusetts where she completed a fellowship.



HILL MICHELE is a Consultant Psychiatrist with expertise in EIP, Youth Mental Health, Psychodynamic Therapy and ADHD. Work highlights include: Associate Director of Schizophrenia Research at Massachusetts General Hospital and Harvard Medical School, University Lead for Mental Health and Wellbeing at UCC, Honorary Lifetime Membership of UCC Students' Union in recognition of her contribution to student life, Establishment of the Adult ADHD service in HSE Cork, and First Chair of the Youth and Student Faculty in the College of Psychiatrists of Ireland. She is currently the Clinical Lead for ADHD Ireland on the Integrated Care Project, a collaboration with the HSE National Clinical Programme. She was first introduced to Adult ADHD in 2016 and has since assessed and treated hundreds of patients across 3 settings: Third-Level Education, an HSE Specialist Service, and an online private practice she co-founded. Her current focus is on identity transformation and thriving after diagnosis in individuals, alongside education and empowerment in groups. Her most important qualification for this talk, however, is as an expert by experience: she herself was diagnosed with ADHD in 2019.



HINDS, CATHERINE is a Perinatal Psychiatrist at the Specialist Perinatal Mental Health Service (SPMHS) at the National Maternity Hospital. She is the Chair of the Perinatal Psychiatry Special Interest Group at the College of Psychiatrists of Ireland. She is committed to improving perinatal mental healthcare for women with the most severe forms of perinatal mental illness, by campaigning for a Mother and Baby inpatient unit in Ireland, and other initiatives.

BIOGRAPHIES



HOTOPF, MATTHEW CBE FRCPSYCH FMEDSCI is the Executive Dean of the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London, a non-executive director of the South London and Maudsley NHS Foundation Trust, and Deputy Executive Officer of King's Health Partners. He trained in epidemiology at the London School of Hygiene and Tropical Medicine and in Psychiatry at the Maudsley. His main area of research is in the grey area between medicine and psychiatry, exploring the interaction between mental and physical health, and uses "big data" approaches to understand this interface better. He has worked extensively in areas where mental health relates to other walks of life – including occupational and military health, mental health law, and the wider community. He has received many research grants, including the Innovative Medicines Initiative RADAR-CNS (Remote Assessment of Disease and Relapse in CNS disorders) program, which seeks to use data streams from smartphones and wearables to assess and predict health states in people with epilepsy, multiple sclerosis and depression. He works clinically as a liaison psychiatrist at St Christopher's Hospice, and led the award-winning IMPARTS (Integrating mental and physical health, Research training and Service) project which seeks to provide better mental healthcare to people with physical illnesses. He received the Academy of Psychosomatic Medicine's 2016 Wayne Katon Research Award, is a National Institute of Health Research Senior Investigator and Fellow of the Academy of Medical Sciences. He was awarded a CBE in the Queen's 2018 Birthday Honours for services to psychiatric research.



MALONE, ART is a consultant psychiatrist specializing in adult eating disorders in St. Vincent's University Hospital, Dublin, Ireland, and is Chair of the Irish College of Psychiatrists Eating Disorder Special Interest Group. He is also an Adjunct Clinical Lecturer/Assistant professor in University College Dublin and holds a bachelor's degree in Business and Legal Studies, and an MSc in Healthcare Leadership.



MATTHEWS, PAUL is Consultant Liaison Psychiatrist at the Mater Misericordiae University Hospital with a special interest in Psycho-Oncology. He chairs the National Cancer Control Programme Psychiatry Forum.



MCCARNEY, GERRY works as a Consultant Child and Adolescent Psychiatrist with the Addiction Services in Dublin. He works at the National Drug Treatment Centre, Pearse Street where he is the Clinical lead for the Young Persons Programme treating U-21 opiate users. He also covers a large community catchment area in North Dublin with the SASSY community team where his treatment group consists mainly of polydrug using adolescents. He is also a visiting psychiatrist to the Aislinn residential drug treatment centre, Co. Kilkenny. He has been a member of the College's Professional Competence Committee since its formation in 2010 and is a member of the Human Rights and Ethics Committee

BIOGRAPHIES



MCGRANE, JOSEN is a Consultant in General Adult Psychiatry with Vergemount Community Adult Mental Health Team / St. Vincent's University Hospital. Josen completed higher specialist training in both Child and Adolescent Psychiatry and General Adult Psychiatry with the College of Psychiatrists of Ireland. He also holds an MSc in Adolescent Psychotherapy. Currently, Josen is in the process of preparing "A Qualitative Systematic Review of the Experience of Psychotherapy for Youth with ADHD" for publication.

In addition, Josen serves as Vice Chair of the Youth and Student Mental Health Faculty with the College of Psychiatrists of Ireland. In his spare time, Josen enjoys dancing around his kitchen, reading, watching TikToks, going to the gym, attending gigs, and having a laugh with colleagues and friends.



MCNICHOLAS, FIONA is a Consultant in Child and Adolescent Psychiatry in Lucena Clinic, Rathgar and Children Hospital Ireland, Crumlin. She trained in psychiatry in Guys hospital, and in Child Psychiatry in Great Ormond Street Hospital, London. She carried out a fellowship in Stanford University, CA and was Assistant Professor at Columbia University, NY. Her clinical interests are ADHD, 22q11.2ds and Eating Disorders and transitions from CAMHS to AMHS. Her research interests are aligned to quality care, advocacy and include research into innovative service delivery and staff retention. She is Chair in child and adolescent psychiatry at University College, Dublin and actively involved in undergraduate and postgraduate teaching. She was a founding member of Lucena Foundation, an organization developed to deliver psycho-education, training and research in the area of child and adolescent mental health wellbeing. She contributes to the training of GPs, teachers and pediatricians and has co-authored a book on mental health in child and adolescents, a guide for teachers, along with over 300 scientific papers.



MÜLLER-SEDGWICK, ULRICH MD (Uni Würzburg) PHD (Uni Leipzig) works for the Government of Jersey as consultant psychiatrist & lead clinician for adult neurodevelopmental pathways. He is a member of the Jersey Neurodiversity Strategy steering group and the Jersey Disability & Inclusion Advisory Group. From 2017-21 he was the lead clinician for the North London NHS Foundation Trust Adult ADHD Service in North London, where he continues to hold an honorary consultant position. From 2003-17 he was based in Cambridge, where he developed the Adult ADHD Service for Cambridgeshire and Peterborough NHS Foundation Trust (CPFT) and directed an adult ADHD research group at the Department of Psychiatry, University of Cambridge, where he continues to be affiliated as Visiting Researcher and Life Member of Clare Hall. He teaches and lectures at universities and mental health trusts in the UK, the Channel Islands and worldwide.

In 2024 he was appointed as (inaugural) ADHD Champion by the Royal College of Psychiatrists (RCPsych) and sits on their Psychopharmacology Committee and on the Executive committee of the Neurodevelopmental Psychiatry Special Interest Group (NDPSIG). As media spokesperson on ADHD he has been interviewed on radio (BBC Radio 4 PM, Radio 5 Drive), by newspapers (Financial Times, Guardian, Telegraph, Times) and magazines (BBC Music, Enable, Good Housekeeping, New Scientist). He is a founding executive committee member (since 2008) and former president (2019-21) of the UK Adult ADHD Network (www.UKAAN.org). He has contributed to NICE guidance and NHS England guidance & policy on ADHD. He is a regular speaker at national training events and international scientific conferences. He has published more than 160 book chapters, papers & policy documents (125 on PubMed, Google/WoS h-index 60/45).

Ulrich comes from and married into another neurodiverse family. In his free time, he enjoys family and outdoor activities, plays the viola in several Jersey orchestras and investigates the link between musical creativity and neurodiversity.



O'DONOGHUE, BRIAN is Chair & Professor of Psychiatry at UCD & St Vincent's University Hospital and a Consultant Psychiatrist with Dublin South East mental health service. Brian is a medical graduate from UCD, has a Masters in Epidemiology/ Public Health from the University of London and a PhD from UCD. He worked at the Early Psychosis Prevention and Intervention Centre (EPPIC) in Melbourne for nearly 10 years and then returned to Ireland in 2011. Brian's research interests include developing preventative strategies to improve and maintain the physical health of people with severe mental health disorders, pharmacotherapy of psychotic disorders and epidemiology. Brian leads the PROGRESS research group which has been funded by the Health Research Board to undertake a programme of research in psychosis and develop Irish clinical guidelines for the treatment of psychosis. Brian has over 165 publications and is an associate editor of Early Intervention in Psychiatry and the Irish Journal of Psychological Medicine.

BIOGRAPHIES



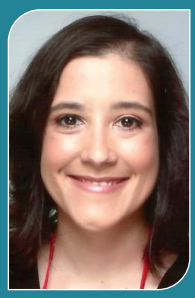
O'FLANAGAN, SUSAN is Principal Clinical Specialist Psychologist in Psycho-Oncology at the Mater Misericordiae University Hospital, with over 12 years of experience supporting patients with advanced cancer in acute care. She is also an Adjunct Associate Professor at UCD. Susan is a member of the National Cancer Control Programme (NCCP) Psycho-Oncology Advisory Group and is the chair of the NCCP Psycho-Oncology Psychology Forum. Susan serves on the executive committee of the Irish Psychosocial Oncology Network (IPSON), where she is Conference Chair. She was previously vice chair of the Irish Association of Palliative Care Education and Research Seminar.



O'MAHONY, BRIAN is a Senior Registrar in Psychiatry who graduated from University College Cork and completed a Masters in Clinical Neuropsychiatry at King's College London. He is undertaking a PhD in mitigating antipsychotic induced weight gain at University College Dublin and is currently a visiting scholar at University of Birmingham.



ORR, LAURA is a mum of 1 based on the North West coast of Northern Ireland. She currently works in public affairs and animal welfare. For over a decade, she has worked for charities, trade unions and professional bodies in the health sector. She is passionate about maternal mental health, breastfeeding promotion and community engagement. Laura spent 7 weeks in a general adult psychiatric ward shortly after her daughter was born.



PINTO DA COSTA, MARIANA is a Senior Lecturer at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London and a Consultant Psychiatrist at South London and Maudsley NHS Foundation Trust. She is an Invited Professor at the Institute of Biomedical Sciences Abel Salazar at the University Porto. She is the Culture, Equality, Diversity and Inclusion Lead at the NIHR Maudsley Biomedical Research Centre.

At the World Psychiatric Association (WPA) she is the Chair of the Education in Psychiatry Section and was awarded an Honorary Membership of the WPA. She was a founder, and later Chair, of the Early Career Psychiatrists Section, and the founder of the World Psychiatry Exchange Program, which supports mobility of psychiatry trainees and early career psychiatrists worldwide, with the support of the WPA. She was nominated by Columbia University as one of the Top 100 Innovative Women Leaders in Global Mental Health. At the European Psychiatric Association, she is the Chair of the Section of Public Mental Health and member of the Committee on Ethics. She is the Academic Lead of the Digital Psychiatry Special Interest Group at the Royal College of Psychiatrists, and a member of the Editorial board of the British Journal of Psychiatry and BJPsych Advances.

She has published over 200 articles (h-index: 27), including methodology and guidance papers. She supervises PhD and MSc students at King's College London and at the University of Porto.

BIOGRAPHIES



SCHOULER-OCAK, MERYAM Professor of Intercultural Psychiatry at Charité – Universitätsmedizin Berlin, specialist for neurology, psychotherapy, particularly in trauma-focused psychotherapy and in EMDR – therapy. She is head of the Research Unit on Intercultural Migration and Care Research, Social Psychiatry at Charité.

In 2006, Prof. Schouler-Ocak awarded as one of the most successful women of the year by the Turkish Community in Berlin. In 2011, she received an award on "The Best Campaign: End your silence, not your life" for her suicide prevention public awareness campaign; target group: young women of Turkish origin. In 2014, Prof. Schouler-Ocak received the Order of Merit by the Federal Republic of Germany. Since 2017, she is Honorary Member of the World Psychiatric Association (WPA). In 2022, she received the Award "In recognition of ground-breaking contributions to Cultural Psychiatry" from the World Association of Cultural Psychiatry (WACP)

Prof. Schouler-Ocak is Board member of European Psychiatric Association (EPA); Chair of the Committee on Ethics of the EPA; Since 2022, she is Board member of the World Association of Cultural Psychiatry (WACP).

She is also co-chair on Section of Intercultural Psychiatry and Psychotherapy, Migration of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) and President of the German-Turkish Association for Psychiatry, Psychotherapy and Psychosocial Health (DTGPP). Since 2022, she is also Board member of the European Institute of Women´s Health (EIWH). Since 2024, she is the chair of the EIWH.

Her research interests focus on intercultural psychiatry and psychotherapy, trauma and trauma-related disorders, mental health and healthcare of immigrants, refugees, asylum seekers and ethnic minorities, diversity, suicidality, gender and ethical issues. She has published more than 210 scientific papers and 10 books.



SENEVIRATNE, TRUDI (OBE, FRCPSYCH) was Registrar of RCPsych from 2020 - 2025. In this role she had overall responsibility for policy, public education, revalidation and membership engagement. Trudi qualified as a medical practitioner in 1992, having trained both at St. Bartholomew's Medical School and later, as a research registrar at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN).

Dr Trudi Seneviratne has been a consultant adult and perinatal psychiatrist at South London & Maudsley NHS Foundation Trust since 2002. She is also the Clinical Director for the Psychological Medicine Clinical Academic Group and Lewisham Directorate at the Trust, supporting the clinical, academic and educational aspects of a range of services: general adult, liaison, crisis, rehabilitation services and specialist services: Neuropsychiatry, Eating disorders, Perinatal.

She has collaborated on a range of activities including service development, the use of mother and infant interaction videos, quality improvement and outcomes research. She is a current member and previous vice-chair of the National Clinical Reference Group, NHS England; Chair of The Perinatal Faculty, Royal College Psychiatrists (2016-2020).

In 2019, she was awarded an Order of the British Empire for services to Perinatal Psychiatry and the President's medal of the Royal College of Psychiatrists.

In 2023, Trudi was appointed to an expert Advisory Group that supports The Princess of Wales' work with the Royal Foundation Centre of Early Childhood.



SHAW, PHILIP recently became the Director of the King's Maudsley Partnership for Child and Young People at the Pears Maudsley Centre. He is also the Head of the Department for Child and Adolescent Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience at King's College London and holds a Professorship from the Academy of Medical Sciences. Previously, he was a Senior Investigator at the National Human Genome Research Institute. His research examines how genes and the environment shape brain development, focusing on attention-deficit/hyperactivity disorder (ADHD). He is a member of the Royal College of Physicians and Royal College of Psychiatrists

BIOGRAPHIES



SMITH, JO OBE Emeritus Professor of Early Intervention and Psychosis, University of Worcester, UK. Prior to joining the University of Worcester, Jo was a Chartered Clinical Psychologist working in adult mental health and Early Intervention in Psychosis services during a 34 year NHS career in the UK.

Jo was project lead for 'Suicide Safer' a multiagency student suicide prevention initiative at University of Worcester (2013-2019), which was a finalist for a Times Higher Education (HE) 2018 'Outstanding Support for Students' Award. She is a member of the international 'Zero Suicide' initiative and was a co-author of an 'International Declaration on Zero Suicide in Healthcare' published in 2015. She was on national working groups which produced UUK (2017) '#Stepchange: Mental health in Higher Education', UUK (2018) 'Minding Our Future' and UUK and PAPYRUS (2018) 'Suicide Safer Universities' Toolkit. Jo supervised two PhD research studentships respectively exploring student suicide prevention and postvention policy and practice in UK HEIs and postvention support needs and roles for HEI staff following a student suicide. Jo co-edited a book with Dr. Sharon Mallon from the Open University: 'Preventing and Responding to Student Suicide. A Practical Guide for FE and HE Settings', published by Jessica Kingsley in November 2021. She co-edited and co-authored HE Postvention Guidance, 'by the sector, for the sector', to guide HE senior leaders to respond sensitively and quickly after an unexpected student death by suspected suicide, funded by Office for Students and published by UUK, PAPYRUS and Samaritans in December 2022. She also co-authored and edited: 'Collective responsibility, collective action to prevent student suicide; Guidance for the higher education sector to reduce risk and restrict access to means of suicide', funded by Unite Students and Symplicity and published in October 2024.

Jo was an Expert Advisory Group member for the National Confidential Inquiry review of suspected suicides in HE students in England. In 2023, Jo was awarded an OBE for services to HE in relation to student suicide prevention and response.



TRACY, DEREK is the Chief Medical Officer of South London and Maudsley NHS Foundation Trust, and deputy Chair of the Cavendish Square Group of London CMOs. Derek is an Adjunct Professor at the Institute of Psychiatry, Psychology and Neuroscience, King's College London, and an honorary Professor at Brunel Medical School. His PhD was in policy and cultural aspects of creating better integrated care systems, and he has a particular interest in the measurement of clinical effectiveness in large-scale healthcare organisations.

He has published over 150 peer reviewed articles, and other research interests include New Psychoactive Substances ('legal highs'). Derek is a member of the Advisory Council on the Misuse of Drugs that advises the UK Home Office on drug harms. He is a deputy editor at the British Journal of Psychiatry, writing its Kaleidoscope and Highlights columns. Derek is an editor of the leading UK textbook on the coroner's court, and the forthcoming RCPsych book 'Research Methods in Mental Health'.

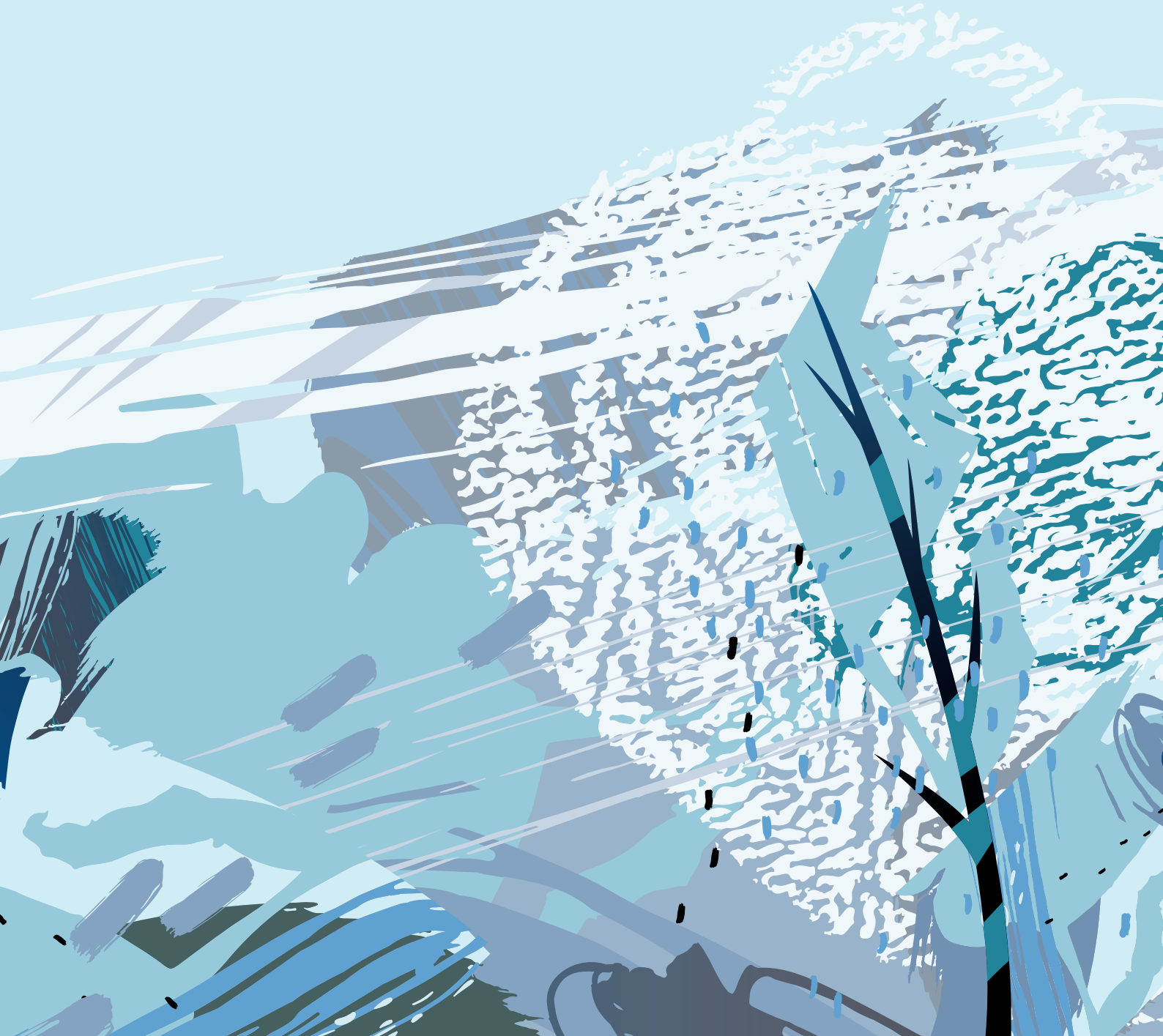
At the Royal College of Psychiatrists Derek is an executive member of the occupational psychiatry special interest group. In 2020 he was co-opted as one of the medical leads to design and run the mental health team at the London Nightingale pandemic hospital, work that was awarded the 2021 Royal College of Psychiatrist's "Team of the Year". Other notable awards include the 2024 RCPsych President's Medal, the 2019 RCPsych "Communicator of the Year" award, and the 2015 King's College London Teaching Excellence Award.



VAN VELSEN, CLEO is a Member of the British Psychoanalytical Society and a Consultant Psychiatrist in Forensic Psychotherapy. She is currently an adult psychiatrist, with the Family Trauma Team, at the Anna Freud Centre in London. Previously, until April 2017, she worked in the Forensic Personality Disorder Service in East London.

She is co-editor of a textbook of Forensic Psychotherapy and a section editor of the Edinburgh International Encyclopaedia of Psychoanalysis. She has contributed chapters and presented at national and international conferences. She is a member of Forensic Psychiatry Chambers - a group of experienced psychiatrists providing psychiatric advice and reports to the legal profession. She is a Fellow of the Royal College of Psychiatrists and Secretary of the International Association for Forensic Psychotherapy.

POSTER PRESENTATIONS



NCHD POSTER PRESENTATIONS

1. CLOSING THE LOOP ON PSYCHOTROPIC MEDICATION MONITORING IN CAMHS: A TWO-CYCLE AUDIT FROM NORTH KERRY CAMHS

LEENA ALSALAMA[1], HASSAN JAVED[1], FATIMA HALIM[1], ATEEQ QURESHI[1]
[1] North Kerry CAMHS HSE/HSE Southwest, Kerry

2. A SYSTEMATIC REVIEW AND META-ANALYSIS ON GENDER DIFFERENCES IN THE TREATMENT OF ANXIETY AND DEPRESSION

ANDRES ARROYO SANCHEZ[1], MARIA BERNAL ARENAS[2], URSULA TORRES PAREJO[3], JOSE EDUARDO MUÑOZ-NEGRO[2]
[1] Waterford Mental Health Services, University Hospital Waterford
[2] Facultad de Medicina, Departamento de Psiquiatría, Universidad de Granada, Spain
[3] Facultad de Ciencias, Departamento de Estadística e Investigación Operativa, Universidad de Granada

3. HOUSING STATUS AND EMERGENCY MENTAL-HEALTH OUTCOMES IN AN INNER-CITY EMERGENCY DEPARTMENT: A RETROSPECTIVE COHORT STUDY

AILBHE BRENNAN[1], AJINKYA MEHTA[2], MAIA SPRINGAEL[3], KEVIN KILBRIDE[4], ANNE DOHERTY[5,6]
[1] Cluain Mhuire Community Mental Health Services, Dun Laoghaire Primary Care Centre, Dublin
[2] Highfield Healthcare, Swords Road, Dublin
[3] St John of God's Healthcare, Subiaco, WA, Australia
[4] Usher's Island Day Hospital, Dublin
[5] University College Dublin
[6] Mater Misericordiae Hospital, Dublin

4. CLINICAL CHARACTERISTICS OF HHC-INDUCED PSYCHOSIS

AOIFE BRETT[1], SARAH LANIGAN[1], NIALL LALLY[2,3], BRIAN O'MAHONY[2], BRIAN HALLAHAN[1]
[1] Department of Psychiatry, Galway University Hospital
[2] University College Dublin
[3] Children's' Health Ireland, Crumlin Hospital, Dublin

5. IMPLEMENTATION OF GUIDELINES FOR INITIATION OF METFORMIN TO PREVENT ANTIPSYCHOTIC-INDUCED WEIGHT GAIN: A RETROSPECTIVE STUDY

FAYE CARRINGTON[1], BRIAN O'DONOGHUE[1]
[1] Department of Psychiatry, St Vincent's University Hospital, Elm Park, Dublin

6. IDENTIFYING PREDICTORS AND OUTCOMES OF COMMUNITY INITIATION OF CLOZAPINE WITHIN A FIRST EPISODE PSYCHOSIS COHORT

OISÍN CONATY[1,2], ANDREW THOMPSON[3,4], PATRICK MCGORRY[3,4], FIONA GAUGHRAN[5,6,7], BRIAN O'DONOGHUE[1,8], JOHN LALLY[1,5,9]
[1] Department of Psychiatry, School of Medicine, University College Dublin
[2] DETECT Early Intervention in Psychosis Service, Dublin
[3] Centre for Youth Mental Health, University of Melbourne, Australia
[4] Orygen Youth Mental Health, Melbourne, Australia
[5] Department of Psychosis Studies, Institute of Psychiatry, Psychology & Neuroscience, King's College London
[6] National Psychosis Service, South London & Maudsley NHS Foundation Trust
[7] National Institute for Health Research (NIHR), Mental Health Biomedical Research Centre at South London & Maudsley NHS Foundation
[8] Department of Psychiatry, St Vincent's University Hospital, Elm Park, Dublin
[9] Department of Psychiatry, St Vincent's Hospital, Fairview, Dublin

7. AUDIT OF ANTIPSYCHOTIC PRESCRIBING IN BEHAVIOURAL AND PSYCHOLOGICAL SYMPTOMS OF DEMENTIA (BPSD) AND DELIRIUM

RONALDO COSTA[1], IAN SCHNEIDER[1]
[1] St Columcille's Hospital, Cluain Mhuire Community Mental Health Services

8. PREPARING FOR CHANGES IN EMA BLOOD MONITORING FOR CLOZAPINE - A COMPLETED AUDIT CYCLE OF INCREASING MONITORING FOR METABOLIC, CARDIAC AND BONE HEALTH IN PEOPLE TAKING CLOZAPINE

DYLAN CREANE[1], DAVID MORRISSEY[1], FINOLA STEEMERS[1], BRIAN O'DONOGHUE[1], CATHRYN ROGERS[1]
[1] Elm Mount Unit, St Vincent's University Hospital, Dublin

9. FROM EVIDENCE TO DATA: A SCOPING REVIEW AND SECONDARY ANALYSIS STUDY OF THE DURATION OF ACTIVE PSYCHOSIS CONCEPT

PAUL CROWLEY[1,2], JACK HEALY[2], NICK MCNAMARA[3], RALPH TWOMEY[4], EVA SADOWSKA[5], FIONA BOLAND[2], JOSEPH FIRTH[6], KELLY ALLOTT[7,8], JAI SHAH[9], ANDREW THOMPSON[7,8], BRIAN O'DONOGHUE[1,10], JOHN LYNE[2,4]
[1] St Vincent's University Hospital, Dublin
[2] Royal College of Surgeons, Dublin
[3] University Hospital Galway
[4] Newcastle Hospital, Co Wicklow
[5] PPI Representative, PROGRESS Project
[6] University of Manchester, UK
[7] Orygen Youth Mental Health Australia
[8] University of Melbourne, Australia
[9] McGill University, Montreal
[10] University College Dublin

10. DIGITALISING DATA - SUPPORTING SERVICE DEVELOPMENT AND DELIVERY

JOSEPH DOYLE[1], ELIZABETH GETHINS[1], RICHÉAL BURNS[2], MARTIN O'NEILL[2]
[1] Sligo/Leitrim Mental Health Services
[2] Atlantic Technological University (ATU), Sligo

11. PRESCRIBING AND DE-PRESCRIBING OF ANTIPSYCHOTIC MEDICATIONS IN PATIENTS ATTENDING THE MENTAL HEALTH OF INTELLECTUAL DISABILITY CLINIC OF MAYO MENTAL HEALTH SERVICES

JAMES DUFFY[1], OLAMIDE FATOKI[2], NIALL LALLY[2], ORFHLAITH MCTIGUE[3]
[1] An Tosnu Mental Health Centre, Ballincollig, Cork
[2] Galway University Hospital, Galway
[3] Mayo University Hospital, Mayo

NCHD POSTER PRESENTATIONS (Continued)

12. EFFICACY AND SAFETY OF PERI-PARTUM ESKETAMINE FOR PREVENTION OF POST-PARTUM DEPRESSION IN WOMEN UNDERGOING CAESAREAN SECTION: A META-ANALYSIS AND SYSTEMATIC REVIEW OF RANDOMIZED CONTROLLED TRIALS

MADAH FATIMA[1], MUHAMMAD ANAS NAYYER[2], SUCHNA MEERAL KHAN[2], MOHAMMED UMER[2], HAIM IMRAN[2], SALMAN KHALID[2], HASSAN MURTAZA[2], ARBAB SARFRAZ[2], NOOR ATIQ[2], HAMNA RASOOL[2]
[1] Dublin North City Child & Adolescent Mental Health Services
[2] King Edward Medical University, Lahore, Pakistan

13. PREVALENCE OF REDUCED BONE MINERAL DENSITY IN CHILDREN AND ADOLESCENTS WITH RESTRICTIVE EATING DISORDERS

LABHAOISE FITZPATRICK[1], EDUARDA BARROS[2], AOIFE REILLY[2], MIRIAM SMYTH[2], SARAH RICHARDSON[2], ORLA WALSH[2], TARA RUDD[1]
[1] Linn Dara Community Eating Disorder Service, Cherry Orchard Hospital Campus
[2] Department of General Paediatrics, Children's Health Ireland

14. ACUTE ADMISSIONS FOR FIRST EPISODE PSYCHOSIS: A 19-YEAR RETROSPECTIVE COHORT STUDY OF THE PROPORTION OF PEOPLE HOSPITALISED AT INITIAL PRESENTATION IN DUBLIN SOUTH-EAST MENTAL HEALTH SERVICES

LOUISA GANNON[1], TARA BURKE[2], CIARAN MCGRATH[2], KUNDANIKA KHANNA[2], DAVID JONES[2], MATTHEW POWER[2], FIONA MCNICHOLAS[2], STEPHEN MCWILLIAMS[2], MARY CLARKE[2], BRIAN O'DONOGHUE[2]
[1] St Vincent's University Hospital, Dublin
[2] University College Dublin

15. "MIND THE SCREENING GAP" - ASSESSING AND INCREASING AWARENESS OF DELIRIUM AND SCREENING TOOLS IN PATIENTS REFERRED TO PSYCHIATRY OF OLD AGE SERVICE

CAOIMHE GLANCY[1], ORLA DONNELLAN[2], ROSS GALLAGHER[3], STEPHEN GUILFOYLE[4], PAT HARTNETT[4], CAOIMHE CLARKE[5]
[1] National office of Frontline Innovation and Simulation, St John's Road West, Dublin
[2] St John of God Liffey Services, Intellectual Disability Services, Dun Laoghaire
[3] Newcastle Hospital, Wicklow
[4] Cluain Mhuire Mental Health Services, Blackrock, Dublin
[5] St Vincent's University Hospital, Elm Park, Dublin

16. NEUROPSYCHIATRIC PRESENTATIONS OF LEWY BODY DISEASE TO A PSYCHIATRY OF OLD AGE SERVICE

ASHOK GODAVARTHI[1], LESLEY YAO[1], MUHAMMAD SAAD ZAFAR[1], CATHERINE DOLAN[1]
[1] Sligo/Leitrim Mental Health Services, The Mall, Sligo

17. ENHANCING RESEARCH SKILLS IN PSYCHIATRIC TRAINING: A PILOT LECTURE SERIES INITIATIVE IN ZAMBIA

AOIFE GORDON[1], MAIREAD BOOHAN[2], FIONA MCNICHOLAS[3]
[1] St Vincent's Hospital, Fairview
[2] Queens University Belfast
[3] University College Dublin

18. THE USE OF MENTAL HEALTH CARE PLANS FOR BIRTH AND THE POSTNATAL PERIOD IN PERINATAL MENTAL HEALTH SERVICES

RONA HUNT[1], CORNELIA CAREY[2], CATHERINE HINDS[2], CHAITRA JAIRAJ[3], NUALA KANE[4]
[1] Highfield Healthcare, Dublin
[2] Perinatal Mental Health Service, National Maternity Hospital, Holles St, Dublin
[3] Perinatal Mental Health Service, The Coombe Hospital, Dublin
[4] Department of Psychiatry, St Vincent's University Hospital, Elm Park, Dublin

19. STANDARDIZATION OF LIAISON ASSESSMENTS IN A GENERAL HOSPITAL SETTING IN PATIENTS OVER 65 YEARS

JENNIFER HURLEY[1], GULNAZ VIRANI[2], LUCY QUIRK[3], JAMES KINAHAN[3], ELAINE DUNNE[3]
[1] Acute Mental Health Unit, Cork University Hospital
[2] CAMHS South Lee 3, Model Farm Road, Cork
[3] St Michael's Unit, Mercy University Hospital, Cork

20. INVESTIGATING THE NEEDS AND EXPERIENCES OF PEOPLE WITH YOUNG ONSET DEMENTIA IN IRELAND: A PROSPECTIVE QUALITATIVE STUDY

DONAGH KELLEHER[1], SARAH FULLAM[2], ANTIONETTE O'CONNOR[2], SEAN O'DOWD[2], AOIBHINN LYNCH[3], MARTHA FINNEGAN[3]
[1] Cluain Mhuire Mental Health Service, Newtownpark Avenue, Blackrock, Dublin
[2] TUH Institute of Memory & Cognition, Tallaght University Hospital, Dublin
[3] Department of Psychiatry of Later Life, Tallaght University Hospital, Dublin

21. INPATIENT PRESCRIBING AND MONITORING OF HIGH DOSE ANTIPSYCHOTIC TREATMENT (HDAT) BEFORE AND AFTER HDAT POLICY IMPLEMENTATION

OLAN KERRIGAN[1], DECLAN O'BRIEN[1], SINEAD O'BRIEN[2]
[1] Acute Mental Health Unit, Cork University Hospital
[2] Cork Mental Health Services

22. SAFE PRESCRIBING OF ANTIPSYCHOTIC MEDICATIONS FOR NON-COGNITIVE SYMPTOMS OF DEMENTIA IN ACCORDANCE WITH THE NATIONAL CLINICAL GUIDELINE NO. 21

HUDA KHAN[1], TALHA RAUF[1], SABA INAM[1], ODILE HALLY[1]
[1] 1st Floor Ashlin Centre, Beaumont Hospital, Dublin

23. DIET AND BRAIN HEALTH: AN OBSERVATIONAL STUDY EVALUATING FIBRE INTAKE AND SYMPTOMS OF STRESS, DEPRESSION AND ANXIETY

D. ANTOINE LACHMANSINGH[1,2,4], JACK DOORLY[3], EVA BOUFFARD[4]
[1] HSE West Limerick CAMHS, Rosbrien Road, Limerick
[2] Department of Psychiatry and Neurobehavioral Science, University College Cork
[3] Sir Charles Gairdner Hospital, North Metropolitan Health Service, Perth, Australia
[4] APC Microbiome Ireland, University College Cork

NCHD POSTER PRESENTATIONS (Continued)

24. TREATMENT OF LITHIUM INDUCED SIDE-EFFECTS: A CONTEMPORARY REVIEW

CIARA MAHER[1], WILHELM NIEUWOUDT[2], BRIAN O'DONOGHUE[3,4], JOHN LALLY[3,5,6]
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[2] St Luke's Hospital, Kilkenny
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[4] St Vincent's University Hospital, Elm Park, Dublin
[5] King's College London
[6] St Vincent's Hospital, Fairview

25. EVALUATION OF DRLL SHORT-TERM RECOVERY SCORES FOR PREDICTING SECLUSION OUTCOMES IN FORENSIC PSYCHIATRY: A D-FOREST STUDY

DYLAN MANNIX[1], KATE MULHOLLAND[2], JOE LEAHY[2], MARY DAVOREN[2]
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[2] Central Mental Hospital, National Forensic Mental Health Service, Dublin

26. STRUCTURED, SAFE, SMART: A QI PROJECT TO ENHANCE PSYCHIATRIC HANDOVER WITH AN ELECTRONIC ISBAR FRAMEWORK

JESSICA MCCARTHY[1], JENNIFER HANNON[2], MARIA COWLEY[3], STELIOS NAXAKIS[4]
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[3] Blackrock Hall Primary Care Centre, South Lee Mental Health Service, Cork
[4] St Michael's Unit, Mercy University Hospital, Cork

27. FACTORS INFLUENCING PSYCHIATRIC WAITING TIMES IN THE EMERGENCY DEPARTMENT

KEVIN MCDONNELL[1], ROISIN PLUNKETT[2]
[1] St Patrick's University Hospital, Dublin
[2] St James Hospital, Dublin

28. AN AUDIT CYCLE TO REVIEW COMPLIANCE WITH OUR ACUTE BEHAVIOURAL DISTURBANCE (ABD) GUIDELINE WITHIN MAYO MENTAL HEALTH SERVICES (MMHS)

MICO MOZO[1], IRENE AKASHIE[1], PHILIPPA RENTON[1]
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29. INCIDENTS OF VIOLENCE AND PROPORTIONALITY OF RESTRICTIVE PRACTICES: A D-FOREST STUDY

KATE MULHOLLAND[1], DYLAN MANNIX[1], SHAZAIB MAQSOOD[1], BARRY WALLS[1], JOE LEAHY[1], ANNA LINDNER[2], MARY DAVOREN[1,3,4], HARRY KENNEDY[4,5]
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[4] Visiting Professor of Forensic Psychiatry, University of Bari 'Aldo Moro', Italy
[5] Skou Professor of Forensic Psychiatry, University of Aarhus, Denmark

30. CERVICAL CANCER SCREENING PARTICIPATION IN WOMEN WITH SEVERE MENTAL ILLNESS: A RAPID REVIEW OF INEQUITIES

ANN MARIE MURRAY[1]
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31. ASSOCIATION BETWEEN CHILDHOOD TRAUMA AND DISORDERS DUE TO SUBSTANCE USE AND ADDICTIVE BEHAVIOURS: A SYSTEMATIC REVIEW AND META-ANALYSIS

NUALA MURRAY[1], CARLOS SANCHEZBELMAR[2], SANTOSH SHARMA[3], NARAYANAN SUBRAMANIAN[4]
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[2] Ennis Day Hospital, Co Clare
[3] School of Medicine, Health Research Institute, University of Limerick
[4] Dr Steeven's Hospital, Dublin

32. MRI BRAIN FINDINGS IN PATIENTS DIAGNOSED WITH MILD COGNITIVE IMPAIRMENT (MCI) AT THE MEMORY ASSESSMENT SUPPORT SERVICE (MASS) SLIGO LEITRIM: A RETROSPECTIVE COHORT STUDY

CHUDI OBUDA[1], RIAZ MOOLA[1,2], SOPHIE ALOOKARAN[1], SHINY JOY[1], MAJELLA O'DONNELL[1], JACQUELINE O'CONNOR[1], AOIFE HIGGINS[1], YVONNE KELLY[1], RACHAEL KELLY[1], KIRSTY CAWLEY[1], ANGELA MILAN TOMAS[3], BREFFNI DRUMM[3], DAVID MITCHELL[3], KARL JAMES[3], CATHERINE DOLAN[1,2]
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[2] Psychiatry of Old Age, Sligo/Leitrim Mental Health Services
[3] Sligo University Hospital, Sligo

33. ASSESSING COMPLIANCE WITH HSE NATIONAL CLINICAL GUIDELINE NO. 21, "APPROPRIATE PRESCRIBING OF PSYCHOTROPIC MEDICATION FOR NON-COGNITIVE SYMPTOMS IN PEOPLE WITH DEMENTIA" IN A LONG-TERM CARE SETTING: A COMPLETE AUDIT CYCLE

AIDAN O'MAHONEY[1], AOIFE O'CALLAGHAN[2]
[1] Gort Glas, St Joseph's Hospital, Ennis, Co Clare
[2] St James's Hospital, Dublin

34. IMPROVING MEDICATION SAFETY: AN AUDIT OF ORDERING, PRESCRIBING, AND DOCUMENTATION STANDARDS IN AN INPATIENT MENTAL HEALTH UNIT

FADDY ORAHA[1], ROMALD LAZARUS[2], KEERTI KARUNAKARAN[3], JESSICA MCCARTHY[3], IVONA KUSEN[1], RUTH COLLINS[4]
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[2] St Stephen's Hospital, Glanmire, Cork
[3] Acute Mental Health Unit, Cork University Hospital
[4] St Michael's Unit, Mercy University Hospital, Cork

35. THE ASSOCIATION OF METEOROLOGICAL VARIABLES ON PRESENTATIONS OF SUICIDALITY AND SELF-HARM TO A LARGE EMERGENCY DEPARTMENT

THIPA PANEER CHELVAM[1], STEPHEN GUILFOYLE[2], DYLAN CREANE[1], SEAN MURRAY[1], KIERAN DOHERTY[1], SUSAN MOORE[1], YVONNE HARTNETT[1]
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36. THE USE OF THE RAADS-14 IN ASSISTING CLINICAL IMPRESSION TO SCREENING FOR AUTISM IN A YOUNG ADULT ADHD POPULATION AT POINT OF TRANSITION FROM CAMHS TO A SPECIALIST ADULT ADHD SERVICE

AIDAN ROARTY[1], MARIE BOILSON[2], SOPHIE O'DEA[2], MARY DOHERTY[3], DONAL LENIHAN[4], TOM BERNEY[5], ANDREW STANFIELD[6]
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[6] Centre for Clinical Brian Sciences (Division of Psychiatry), University of Edinburgh

37. EVALUATING 'PIRO': A MIXED METHODS EVALUATION OF AN ONLINE INDUCTION RESOURCE FOR PSYCHIATRY NCHDS

KARTHIKA SRIKUMAR[1], ELLA CAHALAN[1], GENEVIEVE CRUDDEN[1], EIMEAR MCMAHON[1]
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38. THE IMPACT OF THE COVID-19 PANDEMIC ON PSYCHIATRIC MORBIDITY AND EMERGENCY MENTAL HEALTH PRESENTATIONS IN IRELAND: A SYSTEMATIC REVIEW

RUBEN VAN ASWEGEN[1], SARAH LANIGAN[1], BRIAN HALLAHAN[2]
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39. MEED THE CHALLENGE: CAMHS CHAMPIONS GUIDELINE ADHERENCE

TVARITA VEDAM[1], LOUISA KELLY[2]
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40. MONITORING OF HIGH DOSE ANTIPSYCHOTIC THERAPY IN CRRS IN DSE CHO 6

BEN WOULFE[1], SARAH BRADY[2]
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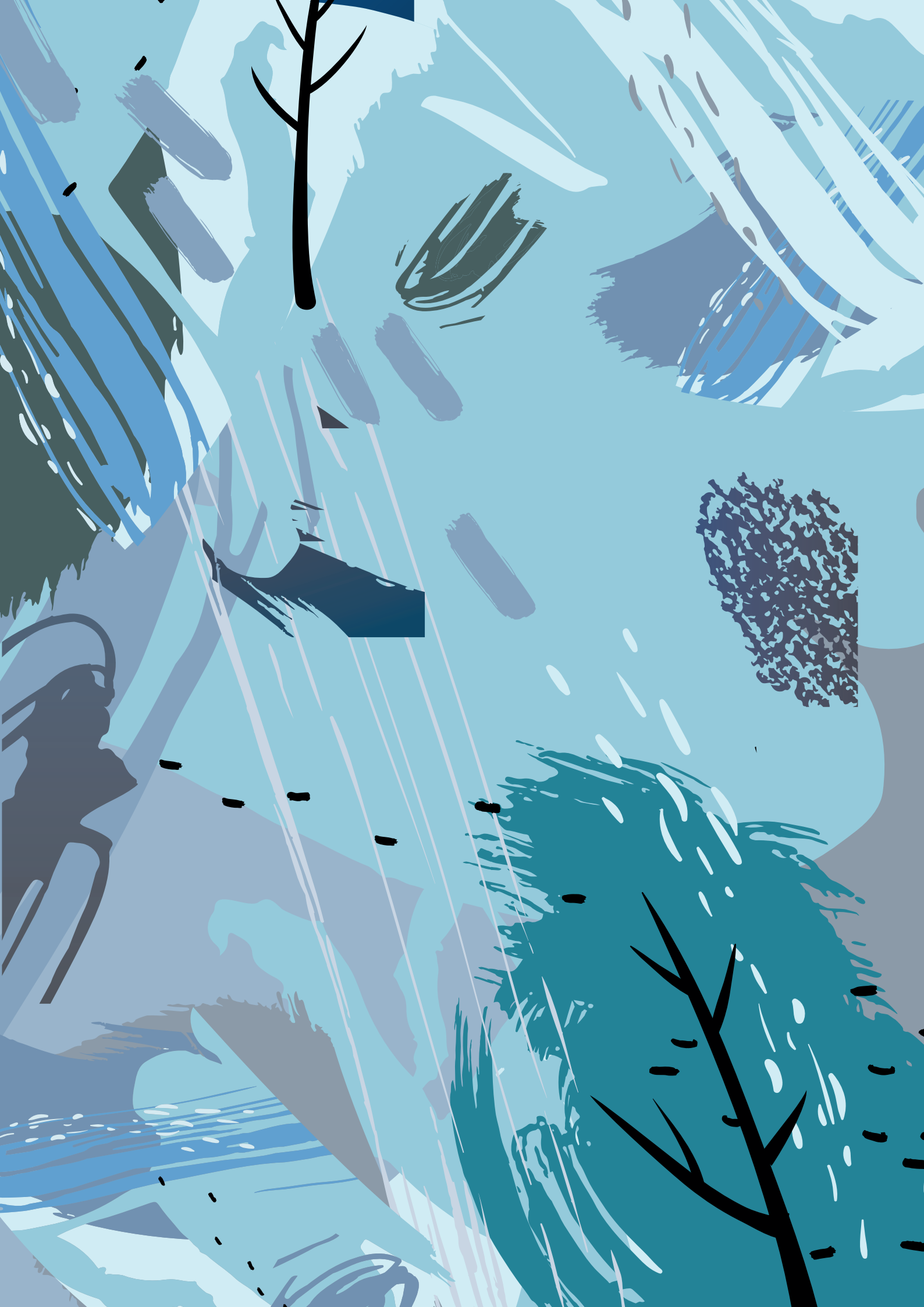
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