CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

SPRING CONFERENCE

10TH & 11TH APRIL 2025

JOHNSTOWN HOUSE HOTEL
ENFIELD, CO MEATH

CPD APPROVAL
13 EXTERNAL CPD CREDITS (7+6)
Thursday - 7 credits, Friday - 6 credits

Dietary requirements are catered for, please ask a member of hotel staff.
All meat is halal.
If you require a quiet space, please ask a member of College staff who will assist you.

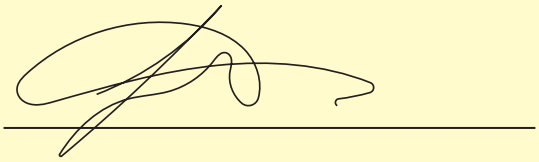
Welcome

It is hard to believe that we have arrived at another Spring conference. It seems like only yesterday that some of us recovered from the mortification of our moves at the Winter conference dinner. But time marches on and here we are. We continue to face challenges, whether in our daily work or in the larger scheme of resourcing and legislation, but I hope you will be able to put them on the back burner for the next couple of days.

Ahead of us we have a wide ranging and fascinating programme with topics ranging from the social to the purely biological, brought to us by outstanding speakers from home and abroad. We will hear about the journey to becoming a psychiatrist and cover 800 drugs in 60 minutes. We will also hear about the new Professional Competence framework which will come into effect in May. I would like to thank all our speakers and Chairs. I would also like to express my deep gratitude to the Conference Committee, without whom we would have none of the above.

None of this happens by magic and it is the wrong time of year to give Santa's elves the credit. I would like to say a massive thank you to our College team who keep the show on the road, especially Miriam, Jennie and Karen, who have done extraordinary work, as ever, to make sure our conference goes without a hitch.

I always say that conferences are about more than information and CPD credits. Of course, they are an opportunity to gain new knowledge or build on old but they are also a chance to meet colleagues we rarely see due to the pressures of our daily lives, to exchange ideas and to swap gossip, I mean catch up on the latest news. I would like to wish you all an informative and enjoyable time here in Johnstown and, with luck, meet as many of you as I can... and remember **#itsaboutpeople**



Dr Lorcan Martin
President, College of Psychiatrists of Ireland

Schedule of Events

THURSDAY 10TH APRIL 2025

FROM 08.30	**REGISTRATION & POSTER EXHIBITION**	WILDE SUITE

09:30 – 10:15	CHAIRED BY: PROF. DAVID COTTER **KYRIE FARM**	SHACKLETON SUITE

THE STORY OF KYRIE FARM

MR JOHN MCKEON, CEO AND FOUNDER, KYRIE FARM

A brief outline of the background history of the project, and detail on our progress to date including extensive consultation with lived experience group, key figures and organisations in Mental Health in Ireland and internationally, our partnership with Maynooth University, our funding journey and our design journey to date outlining the process of designing and creating a purpose-built community based therapeutic residential setting.

AN OVERVIEW OF THE KYRIE FARM MENTAL HEALTH SERVICE APPROACH

DR EOIN GALAVAN, CLINICAL SERVICES LEAD, KYRIE FARM

Every aspect of the farm is designed to facilitate recovery from mental illness, from the ecologically rich environment, the purpose built community oriented setting, the behavioural environment, work programs and therapeutic community and the philosophy of approach. Drawing on a broad range of research, we are bringing a comprehensive and innovative approach to addressing mental health issues. This talk will outline the research conducted by Maynooth University on key ingredients in therapeutic farms.

THE ROLE OF PEER SUPPORT IN RECOVERY AND THERAPEUTIC COMMUNITIES

MS CIARA GLYNN BOARD MEMBER AND LIVED EXPERIENCE LEAD, KYRIE FARM, BOARD - MENTAL HEALTH REFORM, OPERATIONS MANAGER, SOLACE CAFÉ, AWARE

Briefly outlining the history of the peer support movement, the meaning of lived experience in recovery, the importance of a residential community setting in recovery and the central role of peer support in Kyrie Therapeutic farms design and operation.

10:15 – 11:00	CHAIRED BY: PROF. MARY CANNON **AUTOIMMUNE CAUSES OF MENTAL ILLNESS AND THE CHALLENGE (AND OPPORTUNITY) FOR PSYCHIATRY**	SHACKLETON SUITE

PROFESSOR BELINDA LENNOX DEPARTMENT OF PSYCHIATRY, UNIVERSITY OF OXFORD

There are many lines of evidence to suggest that a proportion of severe mental illness has an autoimmune basis, however to date there have not been any biomarkers to identify individuals that might benefit from immune modifying treatments. This has potentially changed with the discovery of neuronal cell surface antibodies, that are considered pathogenic in patients with limbic encephalitis, often with prominent psychiatric symptoms – removal of the antibody results in clinical improvement and often remission. However, the relevance of the same antibodies in patients with purely psychiatric presentations is more controversial and screening for antibodies, and treatment when they are detected, is not readily available. I will present the current level of evidence and ongoing research that is trying to address these uncertainties and discuss the challenges and opportunities this presents for Psychiatry.

11:00 – 11:10	**PRESIDENT'S ADDRESS** **DR LORCAN MARTIN** PRESIDENT, COLLEGE OF PSYCHIATRISTS OF IRELAND	SHACKLETON SUITE
11:10 - 11:40	**COFFEE BREAK & POSTER PRESENTATION**	WILDE SUITE
11:40 – 12:20	CHAIRED BY: DR AOIBHINN LYNCH **A MOTIF FOR NAVIGATING THE JOURNEY OF BEING A PSYCHIATRIST** **DR JUSTIN BROPHY,** RETIRED CONSULTANT ADULT PSYCHIATRIST This presentation explores the journey of becoming and practicing as psychiatrists, delving into the psychological challenges and transformative experiences that shape us along the way. Drawing inspiration from Joseph Campbell's *'The Hero with a Thousand Faces'* and Carl Jung's writings on archetypes, it weaves together mythic and symbolic themes from across cultures and eras. Using these timeless motifs, I hope to shed light on the possibilities and pitfalls inherent in the great adventures and challenges we face. Through examples from storytelling and cinema, I will highlight how the insights and identifications these narratives offer can help us navigate our careers amid our busy lives. Ultimately, this presentation aims to suggest ways not only to cope and survive but also to thrive throughout the long and demanding journey of a psychiatric career.	SHACKLETON SUITE
12:20 – 13:00	CHAIRED BY: DR AOIBHINN LYNCH **WHOLE PERSON CARE: THE KEY TO EFFECTIVE MEDICAL PRACTICE** **PROFESSOR TOM HUTCHINSON,** DIRECTOR, MCGILL PROGRAMS IN WHOLE PERSON CARE & DEPARTMENT OF MEDICINE AND DEPARTMENT OF ONCOLOGY, MCGILL UNIVERSITY Professor Hutchinson will present a radical approach to medical (and psychiatric) care that suggests we are missing a crucial element in our ability to help our patients. Whole person care recognizes two very different and essential components of care: curing; and healing. We have lost touch with our ability to promote healing in our patients. Using clinical examples from his own practice, Professor Hutchinson will elucidate the difference between curing and healing and how they can be effectively combined to provide whole person care to our patients.	SHACKLETON SUITE
13:00 - 14:00	**LUNCH**	FIRE & SALT RESTAURANT
14:00 – 15:15	**PARALLEL SESSIONS – PART 1**	
SESSION 1	CHAIRED BY: DR LAURA BOND **MANAGEMENT OF ACUTE BEHAVIOURAL DISTURBANCE ACROSS THE LIFESPAN: EVIDENCE, GUIDELINES AND BEST PRACTICES** **DR LAURA BOND,** CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST, LIAISON PSYCHIATRY, CHILDREN'S HEALTH IRELAND, CRUMLIN **DR SHARON RYAN,** CLINICAL FELLOW, ADMIRE ADHD SERVICE, LINN DARA & CLINICAL TUTOR, TRINITY COLLEGE DUBLIN **DR SARAH O'DWYER,** CONSULTANT ADULT PSYCHIATRIST, ST PATRICK'S UNIVERSITY HOSPITAL, DUBLIN **DR MATTHEW SADLIER,** CONSULTANT OLD AGE PSYCHIATRIST, MATER MISERICORDIAE HOSPITAL, DUBLIN This session explores the management of acute behavioural disturbance across different age groups, from children and adolescents to adults and the elderly. Drawing on current evidence, best practices, and clinical strategies, speakers will discuss age-specific considerations, safety concerns, and the development of guidelines, including	SHACKLETON SUITE

recent work on paediatric guidelines in Children's Health Ireland. The session will also examine the role of physical restraint and rapid tranquillisation in crisis management. Through case studies, speakers will highlight real-world applications and challenges in implementing safe and effective interventions.

SESSION 2 — CHAIRED BY: DR MICHELE HILL — **KAY SUITE**

FUTURE DIRECTIONS FOR YOUTH MENTAL HEALTH IN IRELAND

MR MARK SMYTH, CHAIR, SHARING THE VISION YOUTH MENTAL HEALTH SPECIALIST GROUP & SENIOR CLINICAL PSYCHOLOGIST, CAMHS
DR MICHELE HILL, CHAIR, CPSYCHI FACULTY OF YOUTH & STUDENT PSYCHIATRY AND CONSULTANT PSYCHIATRIST, ADHD IRELAND

'Sharing the Vision', the National Mental Health Policy in Ireland, has recommended that specialist services are reconfigured to provide care for young people across the current 18 year old age boundary, up to the age of 25 years. Psychiatry has a time-limited opportunity to influence such a reconfiguration.

This session will open with a presentation from the Chair of the Sharing the Vision National Multidisciplinary and Cross-sectoral Working group (Dr Mark Smyth) tasked with implementation of Recommendation 36: the development of appropriate supports to service users transitioning from CAMHS to AMHS and the plan to move the Age of Transition from 18-25 with future supports reflecting this. Dr Michele Hill will then present on what a specialist youth psychiatry service may look like in Ireland.

PANEL: PROFESSOR MARY CANNON, DR NIAMH DHONDT, DR NIAMH FARRELLY, DR JOSEN MCGRANE & DR KAREN O'CONNOR

SESSION 3 — CHAIRED BY: DR CATHERINE MADDOCK — **MABEL SUITE**

ENHANCING AND DEVELOPING LGBTQI+ INCLUSIVE MENTAL HEALTH SERVICES (MAX: 30 pax)

PROFESSOR AGNES HIGGINS & DR MATT KENNEDY, SCHOOL OF NURSING & MIDWIFERY, TRINITY COLLEGE DUBLIN

There is an increasing recognition within the mental health system of the need to design and develop services that are more inclusive of, and responsive to all voices and perspectives. The focus of the workshop is on exploring strategies to enhance and develop LGBTQI+ inclusive mental health services. By way of introduction to the LGBTQI+ health and wellbeing landscape, key findings from *'Being LGBTQI+ in Ireland: The National Study on the Mental Health and Wellbeing of the LGBTQI+ Communities in Ireland'* will be presented. *'Being LGBTQI+ in Ireland'* is a follow-up study to *'LGBTIreland'* and involved over 2,800 LGBTQI+ people. Having established the existing health and wellbeing landscape for LGBTQI+ people with a specific focus on trans and gender non-conforming people as well as LGBTQI+ young people; the facilitators will explore interventions for fostering a climate of inclusivity and affirmative action in mental health services at the level of the individual professional and the institution. This section of the workshop will include scenario and case study-based work as well as opportunities for discussion, questions and answers. The facilitators will provide references to additional resources that may help individuals to support organisational change.

'Being LGBTQI+ in Ireland' is a research project that examines the mental health and wellbeing of LGBTQI+ people in the Republic of Ireland and investigates public attitudes towards LGBTQI+ people. This study is funded by the National Office for Suicide Prevention (NOSP) & Social Inclusion, Health Service Executive (HSE), the What Works and Dormant Accounts Fund, Department of Children, Equality, Disability, Integration and Youth through Belong To.

15:15 - 15:45 — **COFFEE BREAK & POSTER PRESENTATION** — **WILDE SUITE**

15:45 - 17:00 **PARALLEL SESSIONS – PART 2**

SESSION 4

CHAIRED BY: DR ROSIE PLUNKETT

SHACKLETON SUITE

NEW HORIZONS IN CONSULTATION-LIAISON PSYCHIATRY: MODEL OF CARE AND BEYOND

This session will describe the soon - to - be launched Model of Care in Consultation-Liaison Psychiatry and will describe some new innovations in the development of services in Ireland at present including Trauma Psychiatry (based at the new Major Trauma Centres) and the evolving area of Women's Consultation-Liaison Psychiatry (which includes the areas of interface with gynaecology not covered by either the perinatal nor the psycho-oncology programmes)

A MODEL OF CARE FOR CONSULTATION – LIAISON PSYCHIATRY

PROFESSOR ANNE DOHERTY, CONSULTANT LIAISON PSYCHIATRIST, MATER MISERICORDIAE HOSPITAL, DUBLIN

PSYCHIATRY IN A MAJOR TRAUMA CENTRE

DR JAMES KINAHAN, CONSULTANT LIAISON PSYCHIATRIST, CORK UNIVERSITY HOSPITAL
MS AINE RICHARDS, ADVANCED NURSE PRACTITIONER, MAJOR TRAUMA CENTRE, MATER MISERCORDIAE HOSPITAL,DUBLIN
DR LINDA O'ROURKE, CONSULTANT LIAISON PSYCHIATRIST, MATER MISERICORDIAE HOSPITAL, DUBLIN

CHRONIC PELVIC PAIN: A PARADIGM FOR INTEGRATED CARE

PROFESSOR SIOBHAN MACHALE, CONSULTANT LIAISON PSYCHIATRIST, BEAUMONT HOSPITAL, DUBLIN
DR YVONNE HARTNETT, SENIOR REGISTRAR, ST. VINCENT'S UNIVERSITY HOSPITAL, DUBLIN

SESSION 5

CHAIRED BY: DR CAOIMHE CLARKE

KAY SUITE

HEALTH & CLIMATE

'THE EVERYTHING EMERGENCY'

MR JOHN GIBBONS, JOURNALIST & ENVIRONMENTAL CAMPAIGNER

We live in an era of polycrisis; the climate emergency is deepening while ecological collapse and biodiversity loss are accelerating, against a backdrop of political instability and the resurgence of the far right. This presentation takes an unflinching look at the scientific evidence as well as exploring options on how best to respond to the unfolding situation.

TAKING CLIMATE ACTION IN THE HSE

MS RÓISÍN BREEN, PROGRAMME MANAGER, CLIMATE ACTION AND SUSTAINABILITY PROGRAMME, HSE WELLBEING, EQUALITY, CLIMATE & GLOBAL HEALTH, DR STEEVENS HOSPITAL, DUBLIN

The HSE's Climate Action Strategy (2023-2050) published mid 2023 sets out the HSE's commitment to 'deliver net-zero emissions no later than 2050, delivering healthcare that is environmentally and socially sustainable'. The Strategy outlines our approach to addressing the Government's Climate Action Plan. As a leading Public Sector Body, we have a key role to play in tackling the climate crisis by further developing options to curb our own emissions and understanding the link between environmental pollution and disease, and environmental quality with population health.

This presentation will focus on giving you a flavour of what the HSE has been focussing on and some examples of real action in this space.

CLIMATE CARE IS HEALTHCARE

DR ANA RAKOVAC, CONSULTANT CHEMICAL PATHOLOGIST, TALLAGHT UNIVERSITY HOSPITAL AND COMMITTEE MEMBER OF THE IRISH DOCTORS FOR THE ENVIRONMENT

I will present my own journey into climate activism, the need for climate action to become part of our everyday professional duties, information on Irish Doctors for the Environment and a *'What Can You Do'* quick guide

SESSION 6 — **MABEL SUITE**

CHAIRED BY: DR HAMI SADI

PSYCHOTROPIC MEDICATION USE IN INDIVIDUALS WITH INTELLECTUAL DISABILITIES: INSIGHTS FROM THE EQUIP STUDY TO GUIDE POLICY AND PRACTICE

MS ASHLEIGH GORMAN, RESEARCH FELLOW, TRINITY CENTRE FOR AGING & INTELLECTUAL DISABILITY (TCAID) AND EQUIP STUDY
MS SHANNON O'FARRELL MOLLOY, EQUIP STUDY

Join us for this engaging workshop where we explore key findings from the EQUIP project on psychotropic medication use in individuals with intellectual disabilities. Participate in a discussion on the future of research in this area and contribute to shaping the next steps in policy and practice. The session will also examine how these findings can inform better policies and support services, with opportunities for interactive discussions to explore practical strategies for implementation.

17:15 - 18:00 — **COLLEGE OF PSYCHIATRISTS OF IRELAND AGM** — **KAY SUITE**

19:30 - LATE — **SHACKLETON SUITE**

CPSYCHI CONFERENCE DINNER

(Dinner ticket required, Pre-booking essential)

DRINKS RECEPTION FOLLOWED BY CONFERENCE DINNER
POST DINNER ENTERTAINMENT FROM THE LUNA BOYS



FRIDAY 11TH APRIL 2025

FROM 09:00	**REGISTRATION & POSTER EXHIBITION**	WILDE SUITE

09:30 - 10:15	CHAIRED BY: DR RACHAEL CULLIVAN **BEYOND THE SURFACE: MULTIMODAL BIOMARKERS IN UNDERSTANDING MOOD DISORDERS AND ADHD** **PROFESSOR SARAH KITTEL-SCHNEIDER,** CONSULTANT PSYCHIATRIST & CHAIR OF PSYCHIATRY, UNIVERSITY COLLEGE CORK The talk reports recent results of studies aiming to identify predictive and diagnostic biomarkers for mood disorders and ADHD using brain imaging, psychometric data, genetic markers, blood-derived proteins, and machine learning. Results show potential in for example combining imaging data with early recognition questionnaires, increased polygenic risk scores in at-risk individuals, and proteomic profiles distinguishing between unipolar and bipolar depression. While the predictive power is not yet sufficient for clinical routine, advances in the field are promising.	SHACKLETON SUITE

10:15 - 11:00	CHAIRED BY: DR RACHAEL CULLIVAN **SAFETY PLANNING AS A BRIEF SUICIDE INTERVENTION FOR THE BUSY PSYCHIATRIST** **DR SHANE MCINERNEY,** NATIONAL CLINICAL LEAD, NATIONAL CLINICAL PROGRAMME FOR SELF-HARM AND SUICIDE RELATED IDEATION, CONSULTANT PSYCHIATRIST & HONORARY SENIOR LECTURER IN PSYCHIATRY, UNIVERSITY OF GALWAY Safety Planning Interventions (SPIs) collaborate with patients to develop their skills to cope during a suicidal crisis. The safety plan consists of early warning signs, practical coping exercises and emergency contacts, making these resources easily accessible. SPIs administered individually in an emergency department have been shown to lower suicidality and suicidal behaviours and increase the likelihood of attending mental health appointments as compared to treatment as usual. The use of safety planning as a brief suicide intervention will be discussed and attendees will become familiar with brief skills that can be used in a clinic with a suicidal patient. The NOSP funded Safety Planning Group Intervention (SPGI) will be discussed and preliminary results from 2 years of SPGI data will be shared, followed by time for group discussion.	SHACKLETON SUITE

11:00 - 11:30	**COFFEE BREAK & POSTER EXHIBITION**	WILDE SUITE

11:30 - 12:15	CHAIRED BY: DR KAREN O'CONNOR **THE SOCIAL DETERMINANTS OF MENTAL HEALTH & DISORDER: EVIDENCE, PREVENTION & RECOMMENDATIONS** **PROFESSOR JAMES KIRKBRIDE,** PROFESSOR OF PSYCHIATRIC & SOCIAL EPIDEMIOLOGY AND JOINT HEAD OF RESEARCH DEPARTMENT, DEPARTMENT OF EPIDEMIOLOGY & APPLIED CLINICAL RESEARCH, DIVISION OF PSYCHIATRY, UNIVERSITY OF LONDON People exposed to more unfavourable social circumstances are more vulnerable to poor mental health over their life course, in ways that are often determined by structural factors which generate and perpetuate intergenerational cycles of disadvantage and poor health. Addressing these challenges is an imperative	SHACKLETON SUITE

matter of social justice. In this talk, I provide a roadmap to address the social determinants that cause mental ill health. Relying as far as possible on high-quality evidence, I first map out the literature that supports a causal link between social determinants and later mental health outcomes. Given the breadth of this topic, I focus on the most pervasive social determinants across the life course, and those that are common across major mental disorders. I draw primarily on the available evidence from the Global North, acknowledging that other global contexts will face both similar and unique sets of social determinants that will require equitable attention. Much of this evidence focuses on mental health in groups who are marginalized, and thus often exposed to a multitude of intersecting social risk factors; this talk pays special attention to those from minored ethnic and migrant backgrounds. I will introduce a preventive framework for conceptualizing the link between social determinants and mental health and disorder, which can guide much needed primary prevention strategies capable of reducing inequalities and improving population mental health. Following this, I provide a review of the evidence concerning candidate preventive strategies to intervene on social determinants of mental health. These interventions fall broadly within the scope of universal, selected and indicated primary prevention strategies, but we also briefly review important secondary and tertiary strategies to promote recovery in those with existing mental disorders. Finally, I provide seven key recommendations, framed around social justice, which constitute a roadmap for action in research, policy and public health. Adoption of these recommendations would provide an opportunity to advance efforts to intervene on modifiable social determinants that affect population mental health.

12:15 - 13:00 — **SHACKLETON SUITE**

CHAIRED BY: DR CIARAN CORCORAN

PROFESSIONAL COMPETENCE 2025 – NAVIGATING THE MEDICAL COUNCIL'S NEW FRAMEWORK

DR CIARAN CORCORAN, PCS DIRECTOR, CPSYCHI
MS LORNA O'CALLAGHAN, PCS MANAGER, CPSYCHI

On **1st May 2025**, the Medical Council will implement a **new Maintenance of Professional Competence (MPC) Framework** for all doctors. In June, the College will launch a redesigned **online Professional Competence Diary** to accommodate the new framework.

This session will provide attendees with an overview of the important updates to Professional Competence for doctors in Ireland, and exactly what will be needed for psychiatrists to maintain and demonstrate Professional Competence from 2025/26 on.

13:05 - 14:00 — **ANNOUNCEMENT OF THE NCHD POSTER PRESENTATION PRIZE** — **SHACKLETON SUITE**

13:05 - 14:00 — **LUNCH** — **FIRE & SALT RESTAURANT**

14:00 - 15:00 — **SHACKLETON SUITE**

CHAIRED BY: DR LORCAN MARTIN

DIALECTICAL BEHAVIOUR THERAPY WITH FAMILIES AND CARERS

PROFESSOR ALAN FRUZZETTI, LEAD FOR DBT SUPERVISION & IMPLEMENTATION, NATIONAL DBT TRAINING TEAM AND RESEARCH FELLOW, NATIONAL SUICIDE RESEARCH FOUNDATION, UNIVERSITY COLLEGE CORK

In this presentation Professor Fruzzetti will highlight key aspects of the transactional model for emotion dysregulation and then discuss the different ways that parent, partner and/or carer interventions might be helpful both to the patient and to the family member (as well as to their relationship). In addition, he will review several studies showing the utility of both brief DBT family interventions and slightly more comprehensive interventions for carers such as Family Connections.

15:00 - 16:00	**NEW PSYCHOACTIVE SUBSTANCES: 800 DRUGS IN ONE HOUR** **PROFESSOR DEREK TRACY,** CHIEF MEDICAL OFFICER, SOUTH LONDON & MAUDSLEY NHS FOUNDATION TRUST AND ADJUNCT PROFESSOR, DEPARTMENT OF PSYCHOSIS STUDIES, KING'S COLLEGE LONDON There has been a massive rise in the availability of 'new psychoactive substances', sometimes called 'legal highs', with hundreds of novel compounds now available. Their profusion, and limited data on individual drugs, has meant that clinicians often feel overwhelmed by the topic, risking disengagement from an area of likely real impact on their patients. This is especially true in mental health services. This talk will give an overview of why we are in this new environment, give a structured approach to understanding these drugs, and suggest clinical and service ways of managing them.	**SHACKLETON SUITE**
16:00	**CLOSE**	



BOND, LAURA (BSC MBBS MRCPSYCH MCPSYCH PHD CANDIDATE) is is a Consultant Child and Adolescent Psychiatrist, currently working in Liaison Psychiatry at Children's Health Ireland, Crumlin, and providing specialist psychiatric care to victims of child sexual abuse at the Alders Unit, Connolly Hospital. Laura is also an Adjunct Clinical Lecturer at University College Dublin. Her PhD research focuses on evaluating and improving the quality of CAMHS services in Ireland, with a particular interest in enhancing care standards and service development. Dr Bond was involved in the development of the CHI cross hospital guideline for Management of Acute Behavioural Disturbance.



BREEN, ROISIN is the Programme Manager for the HSE Climate Action and Sustainability Programme. She has programme managed the HSE Climate Action Strategy development and now co-ordinates the next phase focussing on implementation to ensure that the HSE deliver healthcare which is environmentally and socially sustainable. The focus is supporting regions with guidance, resources, tools and training which will all provide a roadmap for the HSE to work towards achieving net zero by 2050.

Roisin is a Physiotherapist by background working for many years in the area of Musculoskeletal Physiotherapy and then Physiotherapy Dept Management. She has experience working as a National Programme Manager for 10 plus years in various areas inclusive of the National Clinical Programmes in areas such as Rheumatology, Orthopaedics and Health Care Associated Infections.

More recently before working in the area of Climate Action she worked in Quality Improvement assisting with the running of National Quality Improvement Collaboratives in Pressure Ulcers and Falls.



BROPHY, JUSTIN is a Fellow of the College of Psychiatrists of Ireland and the Royal College of Psychiatrists, he previously worked as a Consultant Psychiatrist and Executive Clinical Director with South Dublin and Wicklow Mental Health Services. He also served as a Clinical Advisor to Ireland's National Office of Suicide Prevention. He was a member of the 'Expert Advisory Group for Mental Health' and the Steering Group for the 'Report of the Commission on Patient Safety and Quality Assurance.'

With plenty of experience in postgraduate medical training, he founded the Spike Milligan Intervarsity Public Speaking Competition and became the first President of the College of Psychiatrists of Ireland in 2009. He also chaired the Forum of Irish Postgraduate Medical Training Bodies and is an Honorary Senior Lecturer in Psychiatry at the Royal College of Surgeons in Ireland. More recently, taking this experience and informed by the war wounds he acquired, he worked as a Consultant Psychiatrist with the 'Practitioners Health Programme,' which supports medical professionals in Ireland facing mental health and work-related challenges. He has since stepped back from clinical practice to focus on other interests.



CORCORAN, CIARÁN is a consultant adult psychiatrist and acting clinical director in Longford Westmeath. He graduated from UCG in 1995 and after the Mater/UCD scheme in psychiatry, completed his higher training in the North East of England. He has been a consultant in St Loman's Hospital since 2008. Since January 2023, Ciaran has held the post of Professional Competence Director in the College of Psychiatrists.



DOHERTY, ANNE is Associate Professor of Psychiatry at University College Dublin, Consultant Liaison Psychiatrist at the Mater Misericordiae University Hospital, and is the Head of Courses and E-Learning at the College of Psychiatrists of Ireland. She previously held substantive posts at Galway University Hospitals and King's College Hospital, London, where she led the award-winning 3 Dimensions of Care for Diabetes service (3DFD). She is Editor in Chief of the Books Programme at the Royal College of Psychiatrists, London, and when Chair of the Faculty of Liaison Psychiatry at the College of Psychiatrists (2019-2023) led the Faculty's work in developing the Model of Care in Consultation Liaison Psychiatry.

Biographies



FRUZZETTI, ALAN is a Research Fellow at the National Suicide Research Foundation/ University College Cork, Lead for supervision & implementation for the HSE DBT Team, on the faculty at Harvard Medical School (now part-time), and professor emeritus at the University of Nevada-Reno. He is co-founder of the Center for DBT and Families and the World DBT Association, a past-president of the National Education Alliance for Borderline Personality Disorder (NEA-BPD) and on the board of directors of the DBT Board of Certification. He has developed dialectical behavior therapy applications for parents, couples and families and other successful DBT programs for people with suicidality, borderline personality disorder and other problems with emotion regulation, victims of aggression and violence, trauma, and the free NEA-BPD Family Connections program for family members. His research focuses on the connections between emotion dysregulation and interpersonal or family processes and the development and evaluation of interventions to help both individuals and relationships. He has authored more than 135 research and clinical papers and book chapters, two books, testified to U.S. Congressional committees, and has lectured and trained professionals and the public in at least 30 countries on BPD, DBT, suicidality, stress and trauma, and DBT family interventions. His work has been cited in research publications nearly 5,000 times. He received his BA from Brown University and MS and PhD from the University of Washington in Seattle.



GALAVAN, EOIN is Clinical Director for Kyrie Therapeutic Farm. Eoin is a Senior Clinical and Counselling Psychologist in the HSE, North Dublin Adult Mental Health Services. Eoin is the Clinical Lead for the North Dublin Suicide Assessment and Treatment Service, and former team leader for the Evolve Dialectical Behaviour Therapy program. Eoin is a clinical tutor and senior supervising Psychologist with the Doctorate in Clinical Psychology at Trinity College Dublin. Eoin serves as member of the Policy and Advocacy working group with Mental Health Reform, and has previously served as board member with Kyrie Farm. Eoin is a Chartered Psychologist and Associate Fellow with the Psychological Society of Ireland.



GIBBONS, JOHN Based in Dublin, John Gibbons has been writing and campaigning around the climate emergency for the last decade and a half. This included a three year stint as environmental columnist with the Irish Times. He is founder of the website Climatechange.ie and he also maintains a long-running environmental blog at ThinkOrSwim.ie. He is a regular contributor to national media on climate and environmental issues, and has been a weekly columnist on The Last Word on TodayFM for the last four years. He had over 45,000 followers on Twitter/X, but has shut down his account and moved to BlueSky, where he now has nearly 13,000 followers. John is currently working on a book on the climate emergency that is due to be published later this year.



GLYNN, CIARA (SHE/HER) Part of the first cohort of peer support workers integrated into the HSE back in 2017, Ciara worked on a community mental health team in North Dublin for 7 years. Ciara now dedicates her time to developing trauma-informed, empowering spaces for those who experience distress. Ciara strongly advocates for broadening our understandings of what causes overwhelming states, to include wider social and political influences. Ciara now leads a team of peer workers as operations manager at Solace Café and is an occasional lecturer delivering content on peer support and the lived experience. Ciara holds a MSc in Mental Health from TCD, her research focus - 'Peer support workers integration into mental health teams in Ireland.' Ciara is the lived experience lead and a board member at Kyrie Farm and a board member at Mental Health Reform.



GORMAN, ASHLEIGH is a research fellow in the Trinity Centre for Ageing and Intellectual Disability (TCAID) in Trinity College Dublin (TCD). She gained her PhD from TCD in 2023, focusing on behaviour change in prescribing to older adults. Since 2022, she has been part of the medicines optimisation group at TCAID and has worked on different projects including the development of a pharmacotherapy optimisation tool (OPTIMA-ID: Optimising pharmaco-therapy and Improving Medication for Ageing with Intellectual Disability) and examining psychotropic use (EQUIP: Examining Quality Use and Impact of psychotropic use in older adults with intellectual disabilities). Ashleigh has expanded her research which now includes economics. She has previously worked in the public sector including research roles with the Health Research Board and the Public Health Agency in Northern Ireland.

Throughout her research career, Ashleigh has consistently engaged with Public Patient Involvement (PPI) and is committed to expanding PPI involvement. She views the inclusion of people with lived experience and keyholders as crucial to ensuring informative, useful and successful outputs. As a former Director of 'Pint of Science Ireland', Ashleigh has a track record of public engagement with research and making research accessible.



HARTNETT, YVONNE is a final year higher trainee in liaison and perinatal psychiatry. Her PhD research is focused on integrating women's mental and physical healthcare, particularly in benign gynaecology settings and reproductive hormone transitions outside the perinatal period (i.e. menopause and menstrual). She holds an MSc in leadership in healthcare and a diploma of the Royal College of Obstetricians & Gynaecologists.



HIGGINS, AGNES PHD, MSC, MA(JO), BNS, RPN, RGN, FTCD, FFNRCSI (she/her) is a professor in Mental Health at the School of Nursing and Midwifery, Trinity College Dublin. She is a registered mental health nurse, general nurse with clinical and education experience in the areas of mental health, palliative/hospice care and general nursing.

She is a Fellow of Trinity College and a Fellow (Ad Eundem) of the Faculty of Nursing and Midwifery in the Royal College of Surgeons in Ireland and was recently awarded the Horatio fellowship for the European Mental Health Nursing Association for her contribution to mental health and mental health nursing in Europe. She is a member of numerous policy, research, and advocacy committees/groups in the area of mental health, is a past chairperson of the Board of Mental Health Reform, and is currently a Board Member of Kyrie farm, an exciting new initiative focused on developing a therapeutic farm for people experiencing mental health issues that combines the benefits of nature, meaningful participation, community and therapy.

She has held numerous research grants from Irish and EU research bodies and to-date has published over 140 papers in peer-reviewed journals, 3 books, 13 book chapters and numerous research reports. She has completed several studies involving the LGBTQI communities, and was the lead investigator on the recently published national study on mental health and wellbeing of LGBTQI+ people in Ireland.



HILL, MICHELE is a Consultant Adult Psychiatrist with a background in Early Intervention, Student Mental Health and Adult ADHD. She has extensive experience in research, psychotherapy, leadership in service development and change initiatives, in roles such as the Associate Director of Schizophrenia Research in Massachusetts General Hospital, the University Lead for Student Mental Health in UCC, and the Consultant who set up the adult ADHD service in HSE Cork. She is currently working with ADHD Ireland to co-develop an integrated care project with the National Clinical Programme for Adult ADHD and is the current chair of the College of Psychiatrists of Ireland Faculty of Youth and Student Psychiatry.



HUTCHINSON, TOM After training in Internal Medicine and Nephrology at McGill University (1972-1976), and in Clinical Epidemiology as part of the Clinical Scholar Program at Yale University (1976-1978), Dr. Hutchinson returned to Montreal where he practiced Nephrology and was the Director of the Division of Clinical Epidemiology at the Royal Victoria Hospital. His research focused on the clinical determinants of survival in patients with kidney failure. In the 1980's he met Virginia Satir and in 1998 he led an initiative resulting in the publication of a book (Heroes:100 Stories of Living with Kidney Failure) that recounts the lived experience of patients with kidney disease in their own words. In 2002, in order to enlarge his focus on the quality of patients' lived experience, Dr Hutchinson changed his clinical practice to Palliative Medicine and joined Dr Balfour Mount in developing McGill Programs in Whole Person Care. Since 2004, when Dr Hutchinson became the Director, the Programs have developed a curriculum that teaches healing in medicine to all medical students throughout all 4 years of the new Physicianship Curriculum at McGill. Dr Hutchinson edited the first academic book on Whole Person Care (Springer,2011). He has published numerous academic papers, given invited talks and workshops on whole person care around the world, and has published two further books on whole person care (2017 and 2019). In 2012, he was named to the Faculty Honour List for Educational Excellence at McGill. Dr Hutchinson chairs the biennial International Congress on Whole Person Care sponsored by McGill's Faculty of Medicine & Health Sciences.



KENNEDY, MATT (he/they) is an interdisciplinary empiricist in the area of trans studies, an educator and a writer. He is currently a research fellow at the University of Southampton's Winchester School of Art, an adjunct assistant professor at the School of Nursing and Midwifery, Trinity College Dublin and the outreach manager for the Trans* Research Association of Ireland. Prior to this he was employed in *'Belong To'*, Ireland's National LGBTQ+ youth organisation as the research and advocacy manager during which time he completed his PhD. His PhD was a qualitative, interdisciplinary, community-based project exploring transnormativity and the lifeworlds of young trans men in Ireland and is currently in progress as a monograph.

Biographies



KIRKBRIDE, JAMES is a Professor of Psychiatric and Social Epidemiology, and joint Head of Research Department of Epidemiology and Applied Clinical Research in the Division of Psychiatry, UCL. He is the Director and Founder of the PsyLife research group (www.psylife.eu) at UCL that explores the social and environmental determinants of psychosis and other mental health disorders. James is particularly interested in social inequalities in psychosis risk by person and place and has received numerous research grants and fellowships from the Wellcome Trust, NIHR, UKRI, Mental Health Research UK and other funders.

He trained in geography at the University of Nottingham, supervised by Professor John Giggs (2002). James also completed an M.Sc. in Epidemiology at the London School of Hygiene and Tropical Medicine (2003) and his Ph.D. in Psychiatric Epidemiology under the supervision of Professor Peter Jones at the University of Cambridge (2007). He has held both a Sir Henry Wellcome and Sir Henry Dale Fellowship from the Wellcome Trust, joining UCL for the latter in 2014. He became Professor of Psychiatric and Social Epidemiology at UCL in 2021.



KITTEL-SCHNEIDER, SARAH is a General Adult psychiatrist and researcher specializing in neurodevelopmental disorders like ADHD, mood disorders and perinatal mental health. Since June 2023, she is Chair of Psychiatry at University College Cork. She investigates biomarkers and human-induced pluripotent stem cell models, with a focus on mood disorders and ADHD. More recently she is also investigating gut-microbiota targeted interventions for depression and ADHD.

She is treasurer of the international Marcé-Society and co-leads international initiatives including the ECNP network iPSC Platform for neuropsychiatry and is workgroup leader in the EU Cost Action TREASURE. Her work bridges clinical practice with innovative biological research to develop personalized treatments.



LENNOX, BELINDA is Professor and Head of Department at the Department of Psychiatry, University of Oxford and Honorary Consultant Psychiatrist in the Early Intervention in Psychosis service for Oxford Health NHS FT.

She trained in General Adult Psychiatry in Nottingham, Oxford and Cambridge. Her interests are in discovering the causes of and developing more effective treatments for those with psychosis and in implementing those discoveries into clinical practice. Her research explores the possible autoimmune basis of psychosis www.sinapps.org.uk



MCINERNEY, SHANE MD, MB BCH BAO (HONS.), MSC (RESEARCH), BSC. (HONS.), MRC PSYCH (UK) MCPSYCHI is a General Adult Consultant Psychiatrist and Honorary Senior Lecturer in Psychiatry, University of Galway with a special interest in mood disorders and suicide intervention. Dr McInerney served as an Assistant Professor of Psychiatry at the University of Toronto where he was also the clinical lead at "The Centre for Depression and Suicide Studies" at St. Michael's Hospital, Toronto, Canada, for five years until his return to Ireland in 2019.

His academic and professional achievements include a fellowship in Brain and Therapeutics from the University of Toronto where he was honoured with the John M. Cleghorn Research Award and The Connaught Community Partnership Award. In 2022, the National Office of Suicide Prevention awarded his research team grant funding to examine a psychosocial intervention for those with suicidal thoughts and behaviour. In April 2024, he was appointed as the HSE's National Clinical Lead for the National Clinical Programme for Self-Harm and Suicide Related Ideation. He is involved as a Principal Investigator in international clinical trials for the treatment of Treatment Resistant Depression and PTSD. He was appointed as the interim chair of the Galway Clinical Research Ethics Committee (CREC) in October 2024.



MCKEON, JOHN is a social entrepreneur with 30 years of corporate experience in building teams and functions globally within multinational companies. Following the tragic loss of his eldest son, Kieran, to suicide in 2013, John became committed to improving mental health recovery supports in Ireland.

In 2020, he founded a charity to bring the Therapeutic Farm model—pioneered by Gould Farm in the U.S.—to Ireland. With the support of the charity's board and a dedicated network of advocates, the organization has successfully acquired a 57-acre farm in County Kildare and secured planning permission for a residential step-down facility designed to support up to 40 guests in their mental health recovery. The next critical step is raising the necessary funds to bring this vision to life.

John is passionate about developing innovative, community-based solutions for mental health recovery and looks forward to sharing insights on this transformative project.



O'CALLAGHAN, LORNA is Professional Competence Manager at the College of Psychiatrists of Ireland. With a background in business and management, she has spent over fifteen years advancing professional competence within the College. She initially managed the Irish College's voluntary CPD Scheme before leading the development and implementation of the Medical Council's mandatory Professional Competence Scheme (PCS) from 2011 on. Lorna and the PCS Department team are committed to supporting psychiatrists to meet the requirements of the updated Maintenance of Professional Competence Framework, which the Medical Council will introduce for all doctors on 1st May 2025.



O'DWYER, SARAH is a dual qualified General Adult and Old Age Psychiatrist who works in both specialities. She is a member of the College of Psychiatrists of Ireland and a Fellow of the Royal College of Psychiatrist in the UK. She is a senior clinical lecturer in Trinity College Dublin and a Medical Visitor to the High Court with a special interest in complex capacity assessments. She is the clinical lead for the Special Care Unit in St. Patrick's University Hospital where she cares for the majority of detained patients admitted to the hospital and those presenting with severe enduring mental illness with more acute risk profiles. She is also the clinical lead for the psychosis programme run within the hospital for patients with psychotic disorders. Her current interests include capacity and shared decision making in treatment in major mental illness, along with management of metabolic disorder and obesity in patients with major mental disorders. She was part of the research team for the recently published National Clinical Practice Guidelines for Management of Obesity in Ireland and lead author in the chapter of Mental Health Management in Obesity



O'FARRELL-MOLLOY, SHANNON My name is Shannon O'Farrell-Molloy, I am 27 years old. I have Cerebral palsy, Epilepsy, and a mild learning disability. I live in the sunny South-East. I attend Cumas, New Ross which is a day service. I also work in a leisure centre in New Ross known as the Apex and I also work in S.E.T.U as Peer-Facilitator once a week. Being disabled is like being on a remarkable journey you meet so many incredible people on the way. I have loved working on the EQUIP Project. I really enjoyed the project, meetings, chats, tea, laughter, and friendships.

I strongly encourage people with disabilities, brain injury, strokes, etc to take control of their health. If your condition requires medication do your research or speak with your doctor. Every medication has massive benefits but it also has side effects. I once had a bad experience with medication and its side-effect so now I do my research before starting any new medications. I look at the side effects and how they might affect my body or how they may impact the way I may feel so when I start a medication, I am aware of these possible side effects. Everyone's body responds differently to medications.

At age 25, Trinity College showed me and my mum this cool machine to test your bones they then explained the importance of bone health. I went home and booked a Dexa scan. I in my 20s never thought of worrying about bone health but with my disabilities, I know now it's something I need to keep an eye on. Be proactive with your health.



O'ROURKE. LINDA is a Consultant Psychiatrist working in Consultation Liaison Psychiatry at the Mater Misericordiae University Hospital and the National Rehabilitation Hospital. Her role includes the provision of psychiatric assessment and care to patients admitted to hospital following acute polytrauma from initial presentation in ED, Critical care or the trauma ward to the point of discharge following rehabilitation at the National Rehabilitation Hospital. She works alongside ANP Áine Richards in the Mater Hospital and Dr Maria Frampton and Dr Aisling Parsons at the NRH.



RAKOVAC, ANA is a Consultant Chemical Pathologist in Tallaght University Hospital (TUH), Naas General Hospital (NGH) and Peamount Healthcare and a National Specialty Director for Chemical Pathology with Royal College of Physicians of Ireland (RCPI). Ana started working on sustainability in healthcare after joining Irish Doctors for the Environment (IDE) in 2019. Since 2024 she chairs the RCPI Advisory Group on Climate Action, aiming to incorporate knowledge on climate change and sustainable healthcare into all RCPI curricula as well as professional competence education in 2025. She helps run the HSE/SPARK My Green Lab initiative, funding My Green Lab certification for 30 clinical laboratories in the Irish healthcare system, a first national initiative of its kind, having previously established My Green Lab certification in Tallaght University Hospital and Naas General Hospital and the Clinical Laboratories My Green Lab Network. She is also the EFLM Task Force: Green and Sustainable Laboratories Certified National Expert, representing the RCPI Faculty of Pathology and she chairs the TUH Green Committee and wrote TUH Climate Action Strategy

Biographies



RICHARDS, AINE is an ANP with extensive experience as an RPN, currently working as part of the Liaison Psychiatry Team at MMUH. In this role, she collaborates closely with the MDT to provide specialised mental health care to patients presenting with often complex psychiatric and medical conditions in a high-acuity trauma setting. In addition to clinical practice, Áine is a PhD student researching the role of nursing within Liaison Psychiatry, with a particular emphasis on improving the understanding of the unique role of the nurse within the team.



RYAN, SHARON received her CAMHS CSCST in July 2024. She is now working as a Clinical Fellow with the ADMiRE ADHD service in Linn Dara and as a Clinical Tutor with Trinity College Dublin. Sharon was involved in the development of the Children's Health Ireland cross hospital guideline for Management of Acute Behavioural Disturbance, along with Dr Bond, Dr Barrett and their paediatric colleagues. She is passionate about children's mental health and providing a holistic, recovery based approach.



SADLIER, MATT is a Consultant Psychiatrist working in Consultation Liaison Psychiatry of Old Age in the Mater Misericordiae University Hospital. He is an Associate Clinical Professor in UCD School of medicine and is a former president of the IMO



SMYTH, MARK is a Chartered Senior Clinical Psychologist with over 20 years experience. He works in a Child & Adolescent Mental Health Service and also works therapeutically with all ages in his private practice. He is the lead Clinical Psychologist for Rugby Players Ireland Mental Health service and Clinical Consultant for the *'Tackle Your Feelings'* campaign. Mark was the Chair of the Sharing the Vision Specialist Youth Mental Health Group. In 2020 he was the President of the Psychological Society of Ireland during its 50th anniversary year. Mark specialises in working with clients with difficulties in the areas of anxiety, trauma and self-harm.



TRACY, DEREK is the Chief Medical Officer of South London and Maudsley NHS Foundation Trust, and Deputy Chair of the Cavendish Square Group of London CMOs. He's an adjunct Professor in the Department of Psychosis Studies, at the Institute of Psychiatry, Psychology, and Neuroscience, King's College London, an Honorary Professor at Brunel Medical School, and an Honorary Senior Lecturer at Imperial and University College London. His PhD was in NHS policy on integrated care, and other research interests include 'new psychoactive substances'. Derek is a member of the UK's Advisory Council on the Misuse of Drugs that advises the Home Office and Home Secretary on drug harms and classification. He has published over 140 peer-review papers and 20 book chapters, including the leading UK textbook on coroner's inquests. He is a Deputy Editor at the British Journal of Psychiatry, where he has a specific role in public education. Notable awards include the 2015 King's College London 'Teaching Excellence' award, the 2019 RCPsych 'communicator of the year', the 2021 RCPsych 'team of the year' and the 2024 RCPsych President's medal.

Poster Presentations

NCHD POSTER PRESENTATIONS

1. STANDARDIZED SHORT DISCHARGE SUMMARY: A QUALITY IMPROVEMENT PROJECT

MIAN SAAD AHMED[1], USHNA USMAN[2], HAJRA MEHWISH KHAN[3] ANTONION LAINS[4]

[1] National Forensic Mental Health Service, Portrane, Co Dublin
[2] Ashlin Centre, Beaumont Hospital, Dublin
[3] Kilbarrick West Team, North Dublin Mental Health Services
[4] Highfield Hospital, Dublin

2. THE USE OF A COMPUTERISED ASSESSMENT TOOL (QBTEST) IN THE EVALUATION OF ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

QURRAT UL AIN[1], MOHAMED NALEEF AHAMED MAZHAR[1], DAVID O'DRISCOLL[1]

[1] CAMHS, SNAP, Ballincollig Primary Care Centre, Cork

3. AUDIT OF ADHD MEDICATION MONITORING IN SOUTH WESTMEATH CAMHS PATIENTS

KASHIF ALI[1], VIJO JOEL VERGHESE[2], MOHD KABIL BIN MOHD YUSOP[1], CHIZOMA ANNE OSUJI[3], ZUBAIR AHMED[1], MUHAMMAD USAMA MASOOD KHAN[4]

[1] South Westmeath CAMHS, Mullingar, Co Westmeath
[2] Tevere Day Hospital, Shelbourne Road, Limerick
[3] Psychiatry of Later Life, Longford/Westmeath
[4] YAMHS, Longford/Westmeath

4. PROLACTIN MONITORING IN CHILDREN AND ADOLESCENTS PRESCRIBED ON RISPERIDONE IN MHID CAMHS SERVICE

HALA ALSAYED[1], IVONA KUSEN[1], HANARDI SULIMAN[2], MICHELLE MULCAHY[3]

[1] City General Hospital, Infirmary Road, Cork
[2] Acute Mental Health Unit, Cork University Hospital, Cork
[3] Blackrock Hall, Blackrock Avenue, Cork

5. "PUTTING HEADS TOGETHER" - SAFETY HUDDLE INTERVENTION BETWEEN LIAISON PSYCHIATRY AND EMERGENCY DEPARTMENT STAFF TO REDUCE ADVERSE EVENTS IN AN ADULT POPULATION PRESENTING WITH PSYCHIATRIC COMPLAINTS

ELLA CALAHAN[1], LAURA DUNCAN[2], AMY O'HALLORAN[2], ALAN COSTELLO[2], EIMEAR MCMAHON[2]

[1] Department of Psychiatry, University Hospital Galway
[2] Consultation Liaison Psychiatry Team, Adult Mental Health Unit, University Hospital Galway

6. AN ANALYSIS OF THE EFFECT OF CRT INTERVENTION ON MENTAL HEALTH SERVICE PRESENTATIONS

JOSEPH DOYLE[1], ELIZABETH GETHINS[1]

[1] Crisis Resolution Team, Sligo/Leitrim Mental Health Services, Clarion Road, Sligo

7. PSYCHOTROPIC USE IN EARLY PREGNANCY IN THE ANTENATAL CARE CLINIC IN SLIGO UNIVERSITY HOSPITAL, OBSERVATIONAL STUDY

MOHANAD ELTIEB[1], ELIZABETH GETHINS[2], MAIREAD BYRNE[3]

[1] Specialist Perinatal Mental Health team, University Maternity Hospital, Limerick
[2] Crisis Resolution Team, St Columba's Campus, Sligo
[3] Maternity Department, Sligo University Hospital, Sligo

8. AUDIT OF PRN MEDICATION PRESCRIBING PRACTICE IN A SPECIALIST REHABILITATION UNIT

DIARMUID HICKEY[1], ZEYNI AYABAKTI[1], JACK DORAN[1] MARINA BOWE[1]

[1] Highfield Healthcare, Whitehall, Dublin

9. DEMOGRAPHICS AND MENTAL HEALTH CHARACTERISTICS OF INDIVIDUALS ATTENDING THE LIAISON MENTAL HEALTH SERVICE FOR THE DEAF IN IRELAND

ORLA KENNY[1], AIDAN COLLINS[2,3]

[1] Department of Psychiatry of Old Age, Eccles St, Dublin
[2] Consultant Psychiatrist, Liaison MHS for the Deaf Community, Cabra, Dublin
[3] Adjunct Clinical Professor, University of Limerick School of Medicine, Limerick

10. EVALUATING THE IMPACT OF ADMiRE, IRELAND'S PIONEERING EARLY ACCESS SERVICE FOR CHILDHOOD ADHD

OLATEJU MAFE[1], SARAH SEXTON[2], BARBARA CAWLEY[2], JENNIFER KEANE[2], RUTH BUCKMASTER[2], SARAH WATTERS[2], JACQUELINE BEHAN[2], LOUISE O'ROURKE[3], TIM QUANE[2], SHARON RYAN[3], MARGARET GRACE[2], BRENDAN DOODY[2], JANE MCGRATH[2]

[1] Carlow/Kilkenny CAMHS. Dublin Road, Kilkenny
[2] ADMiRE ADHD Pathway, Linn Dara Community Building, Cherry Orchard Hospital, Dublin
[3] Eist Linn Inpatient Unit, Blackrock, Cork

11. RETROSPECTIVE CASE NOTES STUDY OF PSYCHIATRIC EMERGENCIES IN THE EMERGENCY DEPARTMENT OF AN URBAN GENERAL HOSPITAL

KEVIN MCDONNELL[1]

[1] St Patrick's University Hospital, Dublin

12. REFERRALS AND ADMISSIONS TO AN IRISH PAEDIATRIC APPROVED CENTRE

EMILIA HABIBA MOHAMAD JAMIL[1], SINEAD HAUGH[2], SEAN GUNNIGLE[3], FIONNUALA HEALY[4], CLAIRE M. DOHERTY[5], AISHLING COLLINS[6], IMELDA WHYTE[2]

[1] CAMHS-ID, Kildare & West Wicklow, Kildare Primary Care Centre, Kildare
[2] Linn Dara Approved Centre, Chery Orchard Hospital, Dublin
[3] CAMHS South Lee, HSE CAMHS, Blackrock Hall, Cork
[4] Northern Health Epping, Melbourne, Australia
[5] Mater Misericordiae University Hospital, Dublin
[6] Lucena Clinic, Exchange Hall, Tallaght, Dublin Primary Care Centre, Cork

13. AN AUDIT ASSESSING COMPLIANCE TO THE MENTAL HEALTH ACT REGULATION 15 INDIVIDUAL CARE PLANNING IN NORTH MAYO CHILD AND ADOLESCENT COMMUNITY MENTAL HEALTH SERVICE

KATE MULHOLLAND[1], AOIFE ROCHE[1], SALIMA BOUDJELLALI[1]

[1] North Mayo CAMHS, Ballina, Co Mayo

NCHD POSTER PRESENTATIONS (Continued)

14. AUDIT OF SOUTH LOUTH CAMHS TO ASSESS IF AN 'INFORMATION TECHNOLOGY BASED INTERVENTION' COULD LEAD TO IMPROVED ADHERENCE TO SEVERAL SECTIONS OF HSE COG 2019 INCLUDING ICP STATUS, KEY WORKER DESIGNATION, AND COMMUNICATION TO GP/REFERRAL AGENT

SINEAD MURPHY[1], MICHEÁL MORGAN[1], DENISE CANAVAN[1]
[1] South Louth CAMHS, St Mary's Hospital Campus, Drogheda, Co Louth

15. PROFILE OF ADULTS 65 YEARS AND UNDER ATTENDING NEW MEMORY ASSESSMENT AND SUPPORT SERVICE (MASS) SLIGO LEITRIM FROM AUGUST 2022 TO THE END OF JANUARY 2025

DASITHA NARANGODA[1], ASHOK GODAVARTHI[2], SOPHIE ALOOKARAN[1], MAJELLA O'DONNELL[1], SHINY JOY[1], AOIFE HIGGINS[1], YVONNE KELLY[1], JACQUELINE O'CONNOR[1], ANGELA MILAN-TOMAS[3], BREFFNI DRUMM[3], CATHERINE DOLAN[1]
[1] Memory Assessment & support services Ambulatory hub, Woodhaven, First Sea road, Sligo
[2] Liscarney House, Coornageeha, Sligo
[3] Sligo University Hospital, Sligo

16. AUDIT OF MONITORING OF SOUTH WESTMEATH CAMHS PATIENTS PRESCRIBED ADHD MEDICATIONS

CHIZOMA ANNE OSUJI[1], ZUBAIR AHMED[2], VIJO JOEL VERGHESE[2], KABIL YUSOP[2], KASHIF ALI[2]
[1] St Loman's Hospital, Mullingar, Co Westmeath
[2] CAMHS, Primary Healthcare Centre, Mullingar, Co Westmeath

17. PARENTAL STRESS AND WELL-BEING IN THE CONTEXT OF ADOLESCENT EATING DISORDERS

DORCAS OYEWANDE[1], SARA MCDEVITT[2], ANA MOIRERA[3], ANNE GOLDEN[3], STEPHEN MARICLE[2]
[1] Department of Psychiatry, Cork University Hospital, Cork
[2] HSE Cork/Kerry Child & Adolescent Regional Eating Disorder Service, Model Farm Road, Cork
[3] HSE Adult Eating Disorder Service, Cork

18. A PROFILE OF NURSING HOME REFERRALS TO THE PSYCHIATRY OF OLD AGE SERVICE

LAUREN REILLY[1], FIONA CROTTY[2]
[1] Highfield Healthcare, Swords Road, Dublin
[2] Psychiatry of Old Age, North Dublin City, Dublin

19. REFERRALS TO A SPECIALIST ADHD SERVICE. A REVIEW OF AMHS & CAMHS REFERRALS AND THEIR CLINICAL OUTCOMES. A RETROSPECTIVE CHART REVIEW

AIDAN ROARTY[1], AIVEEN KIRLEY[2]
[1] Department of Later Life Psychiatry, 2nd Floor, Sheaf House, Exchange Hall, Tallaght, Dublin
[2] ADAPT Adult ADHD Service, Cluain Mhuire, Sandyford, Dublin

20. AUDIT OF QUALITY OF CLINICAL CORRESPONDENCE TO GENERAL PRACTITIONERS FROM A GENERAL ADULT PSYCHIATRY OUTPATIENT CLINIC

AIDAN ROARTY[1], RICHELLE KIRRANE[2], JAWARIA AKHTAR[3]
[1] Psychiatry of Later Life, Sheaf House, Exchange Hall, Tallaght, Dublin
[2] Department of Psychiatry, Connolly Hospital, Dublin
[3] Centre for Living, Cluain Mhuire, Blackrock, Dublin

21. ASSESSING THE RELATIONSHIP BETWEEN SLEEP QUALITY AND ADHD SEVERITY IN CHILDREN AND ADOLESCENTS IN IRELAND

SHARON RYAN[1], SONITA SHARMA[1], JANE MCGRATH[1]
[1] ADMiRE ADHD Clinic, Linn Dara CAMHS, Cherry Orchard Hospital Campus, Ballyfermot, Dublin

22. THE LONG TERM ILLNESS SCHEME: A SURVEY OF CHILD AND ADOLESCENT MENTAL HEALTH PRESCRIBING CLINICIANS

MARK SAVAGE[1], MARIE BOLTON[2], LOUISE O'ROURKE[2], JANE MCGRATH[2]
[1] St. Stephen's Hospital, Glanmire, Cork
[2] Unaffiliated

23. HIGH DOSE ANTIPSYCHOTIC TREATMENT (HDAT) AND ITS MONITORING – AN AUDIT WITHIN A DUBLIN MENTAL HEALTH IN INTELLECTUAL DISABILITIES (MHID) TEAM

ZAINAB SHOBOWALE[1], LUKASZ KOWALEWSKI[2], ATIQUE RAHMAN[3] ABBAS BAKTHIARI[3]
[1] St Patrick's University Hospital, Lucan, Co Dublin
[2] Seefin Centre, Kilnamanagh/Tymon Primary Care Centre, Tallaght, Dublin
[3] St James's University Hospital, Dublin

24. ADULT ADHD IN IRELAND: IMPROVING REFERRAL PATHWAY EFFICIENCY THROUGH AUDIT

DESHWINDER SINGH SIDHU[1], MARIA MANGAN[2], BAMIDELE OGUNSOLA[3], SUTHA MURTHY[2]
[1] Newcastle Hospital, Greystones, Co Wicklow
[2] Sligo Mental Health Services, HSE
[3] Central Mental Hospital, Portrane, Dublin

25. SURVEY OF CURRENT ADMINISTRATIVE CORRESPONDENCE PRACTICE AMONG NCHDS IN NEWCASTLE HOSPITAL

DESHWINDER SINGH SIDHU[1], MOAYYAD KAMALI[2]
[1] Newcastle Hospital, Newcastle, Co Wicklow

26. MAINTENANCE OF THE QUALITY OF PATIENT RECORDS IN A COMMUNITY MENTAL HEALTH TEAM SETTING

EMILY SWAN[1], RICHELLE KIRRANE[2], AIDAN ROARTY[2]
[1] Darndale CMHT, Coolock Primary Centre, Coolock, Dublin
[2] West Blanchardstown Community Mental Health, Dublin

NCHD POSTER PRESENTATIONS (Continued)

27. PSYCHOTROPIC USE IN THE MANAGEMENT OF MENTAL AND BEHAVIORAL DISORDERS IN PEOPLE WITH INTELLECTUAL DISABILITY

VILMA MARIA VERA PEZO[1], CAITRIONA RYAN[2], EIMEAR O'NEILL[3]

[1] Home Based Treatment Team, South Lee Mental Health Services, Blackrock Hall, Cork

[2] Trinity Centre for Ageing and Intellectual Disability, Trinity College Dublin

[3] Child and Adolescent Regional Eating Disorder Service (CAREDS), Fastnet House, Cork Business and Technology Park, Model Farm Road, Cork

28. AUDIT ON MONITORING OF PHYSICAL HEALTH IN OLDER ADULTS ON ANTIPSYCHOTIC MEDICATIONS IN OUTPATIENT SETTING

JELENA VOJNIC BARISIC[1], FADDY ORAHA[2], ELAINE DUNNE[1]

[1] Block 3, St Mary's Health Campus, Gurranabraher, Cork

[2] City General Hospital, Cork

DISPLAY ONLY

THE ADMIRE ADHD APP: A DIGITAL PLATFORM TO SUPPORT MEASUREMENT-BASED CARE FOR CHILDREN AND ADOLESCENTS WITH ADHD

JANE MCGRATH[1], SARAH SEXTON[1], BARBARA CAWLEY[1], JACQUELINE BEHAN[1], SHARON RYAN[1], SARAH WATTERS[1], THOMAS COLEMAN[2], DES O'TOOLE[3], DAVID COLEMAN[2], BRENDAN DOODY[1], CAROL M MCCANN[4], JASON REDDIN[4], MARGARET GRACE[1], TIM QUANE[1], MATTHEW SHIPSEY[1], OLATEJU MAFE[1], NIAMH SNEYD[5], SINEAD FRAIN[1], AOIFE LUDLOW[1], ROBERT WHELAN[6], TOMAS WARD[7], LOUISE O'ROURKE[1], JENNIFER KEANE[1], RUTH BUCKMASTER[1], KEVIN BRADY[8]

[1] ADMiRE ADHD specialist service, Lily suite, Linn Dara CAMHS Community building, Cherry Orchard Hospital, Ballyfermot, Dublin

[2] Media Cube, Kill Ave, Dún Laoghaire, Co. Dublin

[3] Technology and Transformation Team, Dr Steevens Hospital, Dublin

[4] CHO 8, Area Office, Arden Road, Tullamore, Co. Offaly

[5] NSAI, 1 Swift Square, Northwood, Santry, Dublin

[6] TCIN, Lloyd Building, Trinity College Dublin

[7] School of Computing, DCU, Dublin

[8] Oak House, Millennium Park, Naas, Co. Kildare

NCHD POSTER PRESENTATION JUDGES:

DR FIONA CROTTY
PROFESSOR ANNE DOHERTY
DR AOIBHINN LYNCH

DATE FOR YOUR DIARY

JOINT CPSYCHI & RCPSYCH NI WINTER CONFERENCE 2025

13TH & 14TH NOVEMBER

Hilton Hotel, Belfast

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