CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

NCHD CONFERENCE

"NAVIGATING PSYCHIATRY IN A CHANGING WORLD: A LOOK AT HOW WE CAN EMBRACE THE FUTURE"

FRIDAY, 21ST FEBRUARY 2025

8:30AM TO 16:30PM

5.5 CPD EXTERNAL CREDITS

The Hilton Hotel, Dublin 8

www.irishpsychiatry.com

CPsychI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

WELCOME TO THE NCHD CONFERENCE 2025





Drs Christopher Mohan and Harriet Ryan
Trainee Committee Chair & Vice-Chair

Dear NCHDs,

On behalf of the Trainee Committee of the College of Psychiatrists of Ireland, we warmly welcome you to the 16th Annual NCHD Conference 2025. The event continues to be popular among NCHDs, and every year, we see a high level of discussion and reflection.
This year's theme is '**Navigating psychiatry in a changing world: a look at how we can embrace the future'.**

We have a range of presentations during the day, which we hope will help NCHDs reflect on past events, consider future changes and inspire you to think about how you can shape your training and career in psychiatry.

In the morning sessions, we will hear about the proposed Voluntary Assisted Dying Bill, learn from the Maskey Report, and hear about how to develop your own career path in psychiatry. Before lunch, we will hear about EFPT and the opportunities for NCHDs to get involved with our fellow psychiatry trainees across Europe.

After lunch, we have three parallel sessions aimed at NCHDs at different stages of training – how and why to apply to the CPsychI training scheme, BST examination skills and tips for tribunals. Following this, we will come back together for the final sessions of the afternoon, including hearing from REFOCUS about their role with the College and the experiences of patients and their loved ones. Our final session will be about inclusion health.

We would like to thank Iryna Pariyarath for helping coordinate this event, our fellow Trainee Committee members for their time and effort in organising the conference and all the staff of the College of Psychiatrists of Ireland for their continued support. We also would like to thank our sponsors for today - MPS and the Credit Union. The sponsors will be available in the foyer during the breaks, so please feel free to approach them and ask questions.

Finally, we would like to thank you all for supporting the NCHD conference. We hope the day is informative and that you have an enjoyable day meeting your fellow NCHD colleagues working in psychiatry.

Drs Christopher Mohan and Harriet Ryan
Trainee Committee Chair & Vice-Chair

Conference Working Group Members:

Dr Christopher Mohan, Dr Harriet Ryan, Dr Louisa Gannon, Dr Niamh Crowley, Dr Niamh Murray, Dr Rona Hunt, Dr João Costa, Dr Gurjot Brar, Dr Henry Roberts

CPSYCHI
COLLEGE OF PSYCHIATRISTS OF IRELAND

EVENT SCHEDULE

08.30 - 09.15: **Registration & Coffee**

09.15 - 09.30: Welcome Address - Dr Lorcan Martin

09.30 - 10.10: Assisted Dying Bill - Dr Eric Kelleher

10.10 - 10.50: Maskey Report - Prof. Fiona McNicholas

10.50 - 11.20: **Coffee Break**

11.20 - 12.20: Keynote: Carving your own career path - Dr Miriam Kennedy

12.20 - 12.30: European Federation of Psychiatric Trainees - Dr Kezanne Tong

12.30 - 13.50: **Lunch**

13.50 - 14.50: **Parallel Sessions**

1. Examination Preparation — Dr Lorcan Martin
2. Tips for Tribunals — Dr Sarah O'Dwyer
3. CPsychI Training Programme: why and how to apply — Prof. Aoibhinn Lynch

14.50 - 15.20: **Coffee Break**

15.20 - 15.50: REFOCUS

15.50 - 16.30: Inclusion Health - Dr Eileen Corroon Sweeney

16.30 **Closing Address**

CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

BIOGRAPHIES



MARTIN, DR LORCAN is President of the College of Psychiatrists of Ireland. He previously held the position of Vice-President and Director of Professional Competence.

He is a Consultant in General Adult Psychiatry with Longford/Westmeath Mental Health Services. He trained in Trinity College and with the Eastern Health Board as was. His special area of interest is greater integration of mental health services into the community and he has been instrumental in developing many new initiatives in this regard including a Primary Care Liaison Service, a service for deaf clients, an ongoing public mental health awareness programme and a consultative group so that service users/carers may be involved in service development. He has presented these projects and others at a number of international conferences. Dr Martin has also been involved in training programmes in the area of mental health for a number of statutory and voluntary agencies, and also has a particular interest in the clinical training and examination of Non-Consultant Hospital Doctors working in psychiatry.



ERIC, DR KELLEHER is a Consultant Liaison Psychiatrist at Cork University Hospital and Mercy University Hospital, Cork and Honorary Senior Lecturer with Department of Psychiatry, University College Cork (UCC). A graduate of UCC, he completed basic specialist training in both internal medicine (MRCP) and psychiatry (MRCPsych) before completing a PhD in the field of autoimmune encephalitis through the Department of Psychiatry, Trinity College Dublin. He completed higher specialist training in psychiatry in Ireland, and intercalated specific training in cognitive behavioural therapy (CBT) during this time. He was awarded the Richard Steeven's fellowship in 2016 where he undertook training in neuropsychiatry and functional neurological disorders at the National Hospital for Neurology and Neurosurgery, Queen Square, London. He is a former Chair of the Trainee Committee (2012-2014) with the College of Psychiatrists. He is the current Vice-Chair of the Human rights and Ethics Committee. He represented the College alongside colleagues at the Joint Committee on Assisted Dying in 2023.

CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

BIOGRAPHIES



MCNICHOLAS, PROF FIONA is a Consultant in Child and Adolescent Psychiatry in Lucena Clinic, Rathgar and Our Lady's Hospital for Sick Children, Crumlin (from 2000). She trained in psychiatry in Guys hospital, and in child Psychiatry in Great Ormond Street Hospital, London. She carried out a fellowship in Stanford University, CA (1989-1990) and was Assistant Professor at Columbia University, NY (1998-2000). Her clinical interests are ADHD, 22q11.2ds and Eating Disorders and transitions from CAMHS to AMHS. Her research interests are aligned to quality care, advocacy and include research into innovative service delivery and staff retention, including research into burnout. She is chair in child psychiatry at University College, Dublin and actively involved in undergraduate and postgraduate teaching. She was a founding member of Lucena Foundation, an organization developed to deliver psycho-education, training and research in the area of child and adolescent mental health wellbeing. She contributes to the training of GPs, teachers and pediatricians and has over 200 scientific papers.

KENNEDY, DR MIRIAM is a Fellow of the Irish College of Psychiatrists, having qualified in Galway, pursued a PhD and gained other qualifications (in medical education, interpersonal psychotherapy, membership of the Royal and Irish colleges of Psychiatrists) along the route of her long journey to the Holy Grail of Consultant Psychiatrist (in General Adult and Old Age). Learning from peers, patients, and life, Dr Kennedy is passionate about the many opportunities (and challenges) in Medicine and especially in Psychiatry that can enable you to be the Doctor you want to be! She has worked in the public and private sectors, had urban and rural placements, engaged in the College, and hopes that sharing her experiences and thoughts will contribute to those in attendance today confidently pursuing their own best choices for themselves!

CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

BIOGRAPHIES



TONG, DR KEZANNE is the current Past President of the European Federation of Psychiatric Trainees (EFPT). She joined the Board of Directors of EFPT in July 2022 after being elected President-Elect at the EFPT Forum Malta 2022. Dr Tong completed her BST in the NUIG Deanery before moving to Dublin to pursue her training in General Adult and Forensic Psychiatry. She completed her CSCST in Psychiatry in January 2023 and is currently a Consultant Forensic Psychiatrist in the National Forensic Mental Health Service (NFMHS) in Portrane, Dublin. She is the vice-chair of the Faculty of Forensic Psychiatry in the College of Psychiatrists of Ireland and a Consultant Clinical Tutor to basic specialist trainees rotating through NFMHS. Outside work, she is passionate about Lego building, badminton and golf.



SARAH, DR O'DWYER is a dual qualified General Adult and Old Age Psychiatrist who works in both specialities. She is a member of the Irish College of Psychiatrists and a Fellow of the Royal College of Psychiatrists in the UK. She is a senior clinical lecture in Trinity College Dublin and a Medical Visitor to the High Court with a special interest in complex capacity assessments. She is the clinical lead for the Special Care Unit in St. Patrick's University Hospital where she cares for the majority of detained patients admitted to the hospital and those presenting with severe enduring mental illness with more acute risk profiles. She is also the clinical lead for the psychosis programme run within the hospital for patients with psychotic disorders. She regularly attends Mental Health Tribunals as part of her role of as Clinical Lead for the Special Care Unit in St. Patrick's University Hospital.

CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

BIOGRAPHIES



LYNCH PROF. AOIBHINN - MD, MRCPsych, MSc (Medical Education) is a Consultant in Old Age Psychiatry in Dublin North City/North West and UCD Associate Clinical Professor. She is currently Dean of Education for the College of Psychiatrists of Ireland.



SWEENEY CORROON, DR EILEEN is a Consultant General Adult and Old Age Psychiatrist and the Clinical Lead for the Inclusion Mental Health Team in Dublin South City. She is a Clinical Senior Lecturer at Trinity College, Dublin and her main clinical and research interest is the connection between early-life trauma, social exclusion and mental illness.

CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

Recovery
Experience
Forum
Of
Carers &
Users of the
Services



“REFOCUS members have all been through major personal crises, and over time they have developed a resilience and understanding that offers invaluable insights for psychiatrists.”
Psychiatrist

REFOCUS is a unique College committee of people with experience of mental health services - patients/service users, family members/carers and psychiatrists. Conceived in 2011 REFOCUS is a forum where the views and experiences of its members around mental illness inform and influence College objectives and activities, in particular, the training and education of College members and trainees. REFOCUS members have produced papers, presented at events both in the College and externally and informed policy makers through working respectfully and collaboratively from different perspectives , ‘co-produce’, and to advocate for better informed services and practices.

CPSYCHI
COLLEGE OF PSYCHIATRISTS OF IRELAND



Directions to the Venue:

The Hilton Hotel, Inchicore Road, Kilmainham, Dublin 8

Driving:

Follow the M7 and N7 towards City Centre. Take the M50 (northbound) turn off. Continue forward on the M50 and take the N4/ City centre exit (keep to the right for City Centre). Continue straight towards City centre. When you get to the roundabout for Kilmainham (the last one before Heuston Station) take the right turn off, then take the immediate left turn and the hotel is located on your right hand side.

Rail:

The hotel is a short walk from the country's main intercity rail station, Heuston Station. This station links Dublin to the west and south of the country and is the city's main rail hub. Taxis are always available at Heuston Station to cover the 10 minutes walk to the hotel.

Luas:

The Suir Road stop is 5 minutes walk from the hotel. There is also a main stop at Heuston Station.

Parking:

Car parking is on a first come first serve basis. Delegates attending this meeting will be charged for car parking. €3 per hour or €12 per day. It is advisable to arrive early or, preferably, to travel via public transport. There are also car parks at IMMA (Royal Hospital, Kilmainham) and at Heuston Station.

CPSYCHI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

The Committee would like to thank MPS and HSSCU for attending and supporting the NCHD Conference 2025

Medical
Protection

HSSCU