CPsychI
COLLEGE OF
PSYCHIATRISTS
OF IRELAND

WINTER CONFERENCE 2024

7TH & 8TH NOVEMBER

THE STRAND HOTEL, LIMERICK

CREATIVITY & THE ARTS



IN PSYCHIATRY

CPD APPROVAL – 13 EXTERNAL CPD CREDITS (7+6)



Welcome

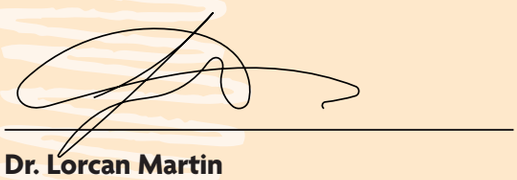
The clock has gone back, the evenings have drawn in and, once again, it is time for our Winter conference. I would like to extend a huge welcome to you all. Our theme this time is Creativity and the Arts in Psychiatry and we have a number of sessions inspired by this theme. However, we also have many wide-ranging sessions, both plenary and parallel, brought to you by speakers and facilitators from home and abroad. As a profession, we continue to face challenges, some of which will be addressed at this conference, but this is also a chance to leave them behind and look forward to some quality professional development.

This Winter conference is different in that it will not include a graduation ceremony for those who have been successful in the BST exams or have completed HST training. This will now take place in a stand-alone event on November 21st, recognising the significance of both training programmes. We will also have a meeting to seek membership approval of our revised College constitution which has been developed on legal advice and approved by Council.

Putting together an event like this takes time, effort and people. I would like to express appreciation to our Conference Academic Committee and also to Miriam, Jennie and the team in the College. I would also like to thank all our speakers, facilitators and Chairs whom you will see over the duration of the conference. We simply could not have managed without any of the above.

As always, our conference is not entirely about presentations and workshops and, when your knowledge has been all topped up, we hope you will enjoy the social aspect of the event. It is a great opportunity to network with colleagues, rekindle old acquaintanceships and make new ones – whether it is at a coffee break, lunch or while you dance the night away to our exciting post-dinner entertainment.

Whatever sessions you choose to attend and whatever way you choose to spend your 'me' time, I wish you a thoroughly informative and enjoyable conference.



Dr. Lorcan Martin
President and Acting Conference Academic Co-ordinator
College of Psychiatrists of Ireland

SCHEDULE OF EVENTS

THURSDAY 7TH NOVEMBER 2024

FROM 08.30	REGISTRATION POSTER EXHIBITION	Shannon Suite

CHAIRED BY DR JOANNE FEGAN

09:30 – 10:20 — **RELATIONAL PRESCRIBING:** THE HOW (NOT ONLY WHAT) TO PRESCRIBE — Shannon Suite

DR DIMITRIOS CHARTONAS, CONSULTANT PSYCHIATRIST, PERSONALITY DISORDER SERVICE, CAMDEN & ISLINGTON NHS FOUNDATION TRUST, LONDON.
MR DAVID ROGALSKI, LEAD PHARMACIST AND INDEPENDENT PRESCRIBER, CAMDEN & ISLINGTON NHS FOUNDATION TRUST, LONDON.

We will present an overview of the evidence-base supporting the significance of psychological and relational aspects of psychopharmacology. We will consider the problems of adherence, over-prescribing, deprescribing and sustainability. We will discuss the different types of psycho-pharmacological treatment resistance and consider relevant psycho-dynamic factors. Finally, we will present the overarching principles of relational psychopharmacology and propose a framework prescribers can use to navigate complex prescribing dilemmas.

10:20 – 11:00 — **IMPACT OF STORYTELLING AS AN IMPROVEMENT METHODOLOGY:** A PERSONAL AND PROFESSIONAL PERSPECTIVE

MS LESLEY GOODBURN, HEAD OF PUBLIC INVOLVMENT AND ENGAGEMENT, NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE, LONDON

Lesley shares her perspective of working professionally as experience of care lead; sharing her personal story and how that experience has shaped an improvement methodology at a national level.

11:00 – 11:10 — **PRESIDENT'S ADDRESS**

DR LORCAN MARTIN PRESIDENT, COLLEGE OF PSYCHIATRISTS OF IRELAND

11:10 - 11:40	COFFEE BREAK	SHANNON SUITE

11:40 – 13:10 — NCHD ORAL PRESENTATIONS — Shannon Suite

CHAIRED BY: DR LORCAN MARTIN

11:40 – 11:55 — **THE PROPORTION OF PEOPLE WITH A FIRST EPISODE OF PSYCHOSIS ADMITTED TO HOSPITAL AT THE TIME OF PRESENTATION. A SYSTEMATIC REVIEW AND META-ANALYSIS**

DR LOUISA GANNON, ST PATRICK'S UNIVERSITY HOSPITAL, DUBLIN

11:55 – 12:10 — **PERSPECTIVES OF CAREGIVERS OF CAMHS ATTENDEES IN IRELAND, PRE AND POST MASKEY REVIEW**

DR AOIFE GORDON, DEPARTMENT OF CHILD PSYCHIATRY, CHILDREN'S HEALTH IRELAND, CRUMLIN HOSPITAL, DUBLIN

12:10 – 12:25 — **PREVALENCE OF PSYCHIATRIC PATHOLOGY AMONG GYNAECOLOGY OUTPATIENTS: ENHANCING QUALITY AND INTEGRATION OF WOMEN'S MENTAL HEALTHCARE (EQUATE)**

DR YVONNE HARTNETT, ST VINCENT'S UNIVERSITY HOSPITAL, ELM PARK, DUBLIN

12:25 – 12:40 **INCIDENTS OF VIOLENCE AND PROPORTIONALITY OF RESTRICTIVE PRACTICES: A D-FOREST STUDY**

DR JOE LEAHY, CENTRAL MENTAL HOSPITAL, NATIONAL FORENSIC MENTAL HEALTH SERVICE, PORTRANE, DUBLIN

12:40 – 12:55 **DELIVERING INPATIENT PSYCHIATRIC CARE VIRTUALLY: OUTCOMES OF VIRTUAL VERSUS PHYSICAL ADMISSIONS TO AN INDEPENDENT SECTOR PSYCHIATRIC HOSPITAL**

DR CATHAL MCCAFFREY, ST PATRICK'S UNIVERSITY HOSPITAL, DUBLIN

12:55 – 13:10 **CLINICAL FEATURES OF PATIENTS WHO ARE ADMITTED UNDER DIFFERENT CRITERIA OF THE MENTAL HEALTH ACT, 2001: A RETROSPECTIVE COHORT STUDY**

DR BRIAN O'MAHONY, NEUROPSYCHIATRY DEPARTMENT, BEAUMONT HOSPITAL, DUBLIN

13:10 - 14:00 **LUNCH** **RIVER BAR & RESTAURANT**

14:00 – 15:15 **PARALLEL SESSIONS – PART 1**

SESSION 1 **PHYSICAL HEALTH MONITORING FOR ADULTS WITH MENTAL ILLNESS: FROM GUIDELINES TO PRACTICE** **Shannon Suite**

CHAIRED BY: DR ALICJA WROTNIAK

DR ALICJA WROTNIAK, CONSULTANT PSYCHIATRIST, SLIGO/LEITRIM MENTAL HEALTH SERVICE

DR EIMEAR MCGUIRE, CONSULTANT PSYCHIATRIST & CHAIR, PHYSICAL ILLNESS IN MENTAL HEALTH SPECIAL INTEREST GROUP, COLLEGE OF PSYCHIATRISTS OF IRELAND

People with severe mental disorders live 10-20 years shorter lives than the general population, primarily due to preventable physical health conditions. Their physical health is commonly overlooked, not only by themselves and the people around them but also by healthcare systems. Many lives can be saved by ensuring that their physical health is monitored and treated alongside their mental illness.

This presentation gives an overview of recommendations and international guidelines on monitoring and managing physical health in adults with mental illness, especially those on antipsychotic medication. It will explore barriers, provide possible ways of overcoming them, and be a platform for discussion about a consensus on monitoring physical health in people with mental disorders in Ireland.

SESSION 2 **THINKING IN PICTURES - A DESCRIPTION ON THE APPROACH USED IN CHILD ART PSYCHOTHERAPY AND THE EVIDENCE FOR ITS USE** **Harris Suite**

CHAIRED BY: PROFESSOR AISLING MULLIGAN

DR ANTONIA O'KEEFFE, CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST, MIDWEST CAMHS

PROFESSOR AISLING MULLIGAN, CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST, NORTH DUBLIN CAMHS

DR BARRY O'DONNELL, DIRECTOR OF PSYCHOTHERAPY, UCD SCHOOL OF MEDICINE & ST. VINCENT'S UNIVERISTY HOSPITAL, DUBLIN

Child Art Psychotherapy is a psychodynamic therapy for young people, which uses images and is taught in UCD. This workshop will explore how indirect and creative methods can allow us to access the unconscious; the evidence base for this therapy and illustrate the process with images from therapy.

SESSION 3 — **SUPER ATTENTION SKILLS** — Wogan/O'Brien Suite

MR BLAISE SMITH, RHA ARTIST AND FIGURATIVE PAINTER

An artists perspective on creativity and original thinking.

SESSION 4 — **MEDIA COMMUNICATION, TRAINING & POLITICAL PROCESSES WORKSHOP WITH GORDON MRM PR AND COLLEGE MEMBERS** — Henihan Suite

TWO-PART WORKSHOP FOR CONFERENCE DELEGATES ONLY - LIMITED NUMBER OF PLACES, PRE-BOOKING ESSENTIAL

A two-part session to provide an overview of the current media and political landscape and processes, and brief media skills training/practice. How and where the College advocacy for patients and psychiatry fits will also form part of the session with College member experiences of media and political systems.

President Dr Lorcan Martin, Dr Joanne Fegan, Prof Brendan Kelly, Mr Ray Gordon, Mr Julian Fleming and Ms Andrea Ryder (EAP) offer insights, information and practical tips through their experiences, knowledge and roles.

Media and political system knowledge and engagement, however local and small, enable and contribute to advocacy for those with mental illness as well as highlighting the role of psychiatry in society and mental health services.

This interactive session will incorporate presentations and conversation and includes a brief media training & skills practice. It will offer a limited number of delegates an opportunity to hone their communication skills for local and regional media outlets.
Communication skills are core to a psychiatrist's work. As one of Ireland's leading reputation and communications companies GMRM has a track record of helping professionals, including medical professionals, sharpen skills and confidence in this area.

PART 2 RESUMES AFTER COFFEE BREAK

15:15 - 15:45 — **COFFEE BREAK** — **SHANNON SUITE**

15:45 – 17:00 — **PARALLEL SESSIONS – PART 2**

SESSION 5 — **PERINATAL PSYCHIATRY FOR THE GENERAL ADULT PSYCHIATRIST** — Shannon Suite

DR CHAITRA JAIRAJ, CONSULTANT PERINATAL PSYCHIATRIST, THE COOMBE HOSPITAL AND MIDLAND REGIONAL HOSPITAL, PORTLAOISE
DR CATHERINE HINDS, CONSULTANT PERINATAL PSYCHIATRIST, NATIONAL MATERNITY HOSPITAL, DUBLIN

A workshop on managing a patient with a severe mental illness in the perinatal period.

SESSION 6 — **CREATIVE SELF-CARE BY MINDING CREATIVE MINDS** — Wogan/O'Brien Suite

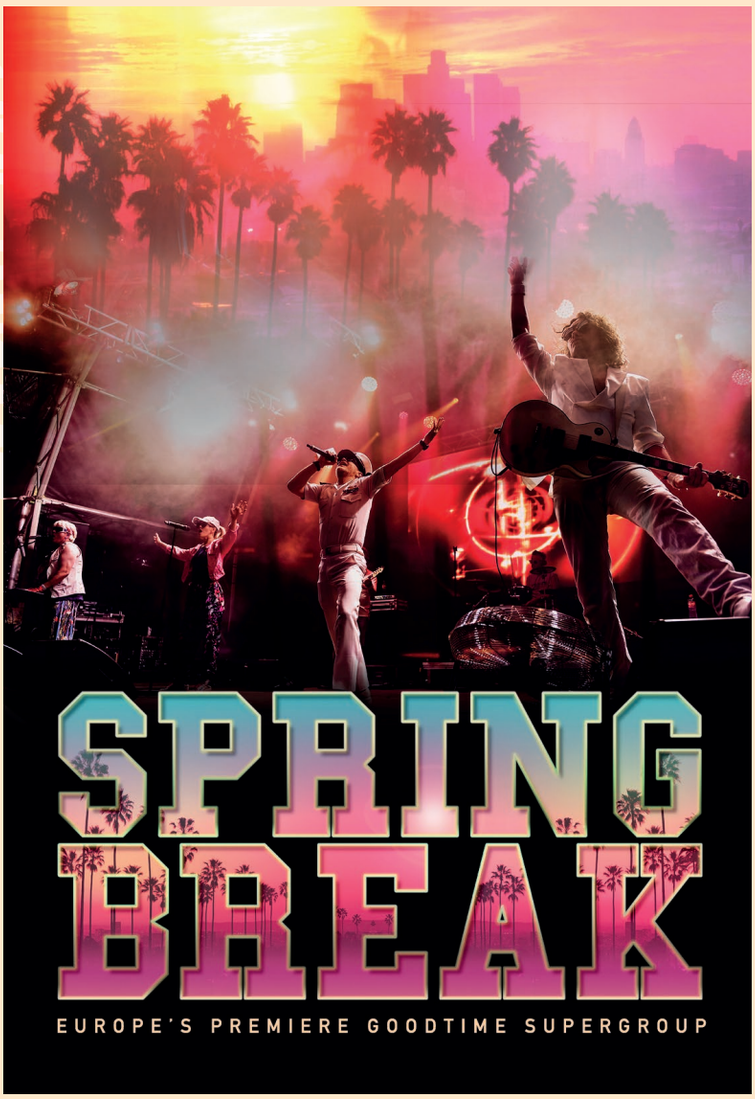
MR DAVID REID, FOUNDER & CEO, MINDING CREATIVE MINDS
MR KEVIN O'BYRNE, MUSICIAN & PSYCHOTHERAPIST

This workshop will give an overview of the conscious clinical use of creative arts for clinician self-care, offering up a few blends of empirical uses of either creative writing, receptive music therapy and rudimentary art therapy to help clinicians self-resource and internally process. It will also focus on teaching clinicians to extend this for use in their clinical interactions with patients.

SESSION 7 — **MEDIA COMMUNICATION, TRAINING & POLITICAL PROCESSES WORKSHOP WITH GORDON MRM PR AND COLLEGE MEMBERS** — Henihan Suite

PART 2 - FOR CONFERENCE DELEGATES ONLY - LIMITED NUMBER OF PLACES, PRE-BOOKING ESSENTIAL

17:00 - 17:10	ANNOUNCEMENT OF WINNERS OF THE NCHD ORAL PRESENTATION, NCHD POSTER PRESENTATION & IJPM AWARDS	Shannon Suite
17:15	COLLEGE OF PSYCHIATRISTS OF IRELAND EGM	Harris Suite
19:30 - LATE	**CPSYCHI CONFERENCE DINNER** **(Dinner ticket required, Pre-booking essential)** **DRINKS RECEPTION FOLLOWED BY CONFERENCE DINNER** **AFTER DINNER ENTERTAINMENT FROM 'SPRING BREAK'.**	Shannon Suite



FRIDAY 8TH NOVEMBER 2024

FROM 09:00 **REGISTRATION & POSTER EXHIBITION**

09:30 - 10:15 **Shannon Suite**

XENOS-STRANGER: THE CREATIVITY OF METAPHOR IN THE UNCONSCIOUS

CHAIRED BY: DR JUSTIN BROPHY

DR JONATHAN SKLAR, TRAINING ANALYST OF THE BRITISH PSYCHOANALYTICAL SOCIETY & FORMER CONSULTANT PSYCHOTHERAPIST AND HEAD OF DEPT OF PSYCHOTHERAPY, ADDENBROOKES, CAMBRIDGE

This presentation discusses ideas around the uses and functions of metaphor in language which transfers understanding and knowledge in the unconscious. The uses and functions of metaphor in language is a critical means of carrying the weight of the unconscious, which can transfer, as in transference, understanding and knowledge of that part of the mind. Dr Skalr will contrast the metaphors in the stories about St. Christopher and the Erl King as the psyche-soma sometimes needs to carry the burden that is too much to bear mentally.

10:15 - 11:00 **Shannon Suite**

KILLING TIME: THE WORK OF A FORENSIC PSYCHOTHERAPIST

CHAIRED BY: DR PAUL O'CONNELL

PROFESSOR GWEN ADSHEAD, CONSULTANT FORENSIC PSYCHIATRIST, SOUTHERN HEALTH NHS FOUNDATION TRUST & FORENSIC PSYCHOTHERAPIST

In this talk, Prof Adshead will share her experience of becoming a forensic psychotherapist and her work with violence perpetrators. She will discuss some of the ethical issues that arise in the work; then describe her work as therapist in more detail, with a focus on group therapy with homicide perpetrators. She will close with a reflection on time spent in therapy and what kinds of therapy violence perpetrators might need.

11:00 - 11:30 **COFFEE BREAK** **Shannon Suite**

11:30 - 12:10 **Shannon Suite**

TALKING TO MURDERERS: A CONVERSATION

CHAIRED BY: DR PAUL O'CONNELL

PROFESSOR GWEN ADSHEAD, CONSULTANT FORENSIC PSYCHIATRIST, SOUTHERN HEALTH NHS FOUNDATION TRUST & FORENSIC PSYCHOTHERAPIST

MR MARK O'CONNELL, AUTHOR 'A THREAD OF VIOLENCE' & COLUMNIST FOR THE IRISH TIMES

DR PAUL O'CONNELL, CONSULTANT FORENSIC PSYCHIATRIST, CENTRAL MENTAL HOSPITAL, PORTRANE, DUBLIN

This session will explore the controversial topic of conversations with murderers. Each speaker has approached this area from different perspectives. Prof Adshead and Dr O'Connell have backgrounds in forensic psychiatry. Prof Adshead's career has followed a different trajectory from general psychiatry. In becoming a forensic psychotherapist she led a distinguished career working therapeutically within the British forensic mental health and criminal justice systems. Her recent book, 'The Devil You Know: Stories of Human Cruelty and Compassion', illustrates the complexity of the clinical challenges faced in working with offenders who have killed. Mr O'Connell's book, 'A Thread of Violence', has a remarkably different story to tell, one developed through a series of personal encounters with Malcolm MacArthur. 'A Thread of Violence' is not a clinical case review. It is a primary source exploration of the extraordinary and shocking double murder that shook Irish society to a degree that remains unprecedented. Both Prof Adshead and Mr O'Connell's works invite the reader to question what it is to be responsible, what it is that is treatable, and perhaps how to have a conversation with a murderer.

12:10 - 12:15 **Shannon Suite**

ANNOUNCEMENT OF WINNER OF THE MEDICAL STUDENT POSTER PRESENTATION

12:15 - 13:15 **MENTAL HEALTH BILL 2024** **Shannon Suite**

CHAIRED BY: DR LORCAN MARTIN

DR LORCAN MARTIN, PRESIDENT, COLLEGE OF PSYCHIATRISTS OF IRELAND & CONSULTANT PSYCHIATRIST, ST. LOMAN'S HOSPITAL, MULLINGAR
PROFESSOR BRENDAN KELLY, CONSULTANT PSYCHIATRIST, TALLAGHT UNIVERSITY HOSPITAL & PROFESSOR OF PSYCHIATRY, TRINITY COLLEGE DUBLIN
DR JOANNE FEGAN, CONSULTANT OLD AGE PSYCHIATRIST, MAYO UNIVERSITY HOSPITAL
DR VALERIE MURPHY, CONSULTANT LEARNING DISABILITY PSYCHIATRIST, TOSNÚ MENTAL HEALTH CENTRE, CORK

Despite some changes from its initial iteration, the proposed mental health legislation still contains significant issues of concern. This session will contain a brief overview of the Bill and will allow for questions and discussion.

13:15 - 14:00 **LUNCH** **RIVER BAR & RESTAURANT**

CHAIRED BY: DR CARINA FREITAS

14:00 - 15:20 **MUSIC AND MEDICINE: FROM NEUROSCIENCE TO MUSIC THERAPY** **Shannon Suite**

DR CARINA FREITAS, CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST, KERRY CAMHS

This session will discuss the role and history of music in healthcare. It will describe current evidence of music-based interventions and how the emergent field of clinical neurosciences of music is supporting the use of music and its basic elements as a therapeutic modality. There are different musical behaviours, including listening, imagining, playing and singing. The session will also describe the brain mechanisms and the health benefits of music listening and singing.

MUSIC THERAPY AND MUSIC IN MENTAL HEALTH SERVICES: PRACTICE AND RESEARCH

PROFESSOR HILLARY MOSS, MUSIC THERAPY, UNIVERSITY OF LIMERICK

This presentation will give examples of how music and music therapy is used to support the health and wellbeing of service users and staff in mental health services in Ireland. Case examples will be shared to demonstrate the work of professional music therapists. Examples of using music in healthcare settings to improve the environment and make it more conducive to care and wellbeing will follow. Evidence-based research in the area will be shared. The aim of this presentation is to inspire and educate participants on how music and music therapy can make a valuable contribution to health and wellbeing within mental health service delivery.

15:20 - 16:00 **STRANGERS IN TIME: TRANSGENERATIONAL TRAUMA AND THE ARTS**

CHAIRED BY: DR CARINA FREITAS

MR CHRISTOPHER BAILEY, ARTS & HEALTH LEAD, WORLD HEALTH ORGANISATION

With storytelling, Bailey will discuss WHO's work on trauma recovery around the world, his families experience, recent findings on the neurology of transgenerational trauma, and the effect the arts may play in reversing the negative effects.

16:00 **CLOSE**

BIOGRAPHIES



ADSHEAD, GWEN is a forensic psychiatrist and psychotherapist. She trained in forensic psychiatry at St George's Hospital and in trauma psychiatry at the Maudsley. She is also trained as a medical psychotherapist; and is qualified as a group analyst, a mindfulness based cognitive therapist and in Mentalising based therapy. For the last 30 years, Gwen has worked as a therapist in secure psychiatric hospitals (both high and medium secure) and in prisons; running therapy groups for people who have killed and MBT groups for patients in secure care. She is interested in the role of attachment insecurity as a risk factor for violence, especially with people who abuse their children. She also has a long-standing interest in ethical dilemmas in forensic psychiatry and psychotherapy and in 2013 was awarded the Royal College of Psychiatrists President's medal for her work in mental health ethics. Gwen has published widely in academic domains; she has co-authored or co-edited a number of textbooks, including the Oxford Handbook of forensic psychiatry, and the Oxford handbook of medical psychotherapy. In 2021, she published her first book for a general audience, with her good friend, Eileen Horne. Entitled 'the Devil You Know', this book is an invitation to look at the world of forensic psychiatry from the offender's perspective. She is currently working on a book about trauma and will be delivering the 2024 Reith Lectures on the theme of violence and its complexity.



BAILEY, CHRISTOPHER is the Arts and Health Lead at the World Health Organization and a co-founder of the Jameel Arts and Health Lab. The lab focuses on the evidence base for the health benefits of the arts by building up a global network of research centers to look at effective practice as well as the foundational science of why the arts may benefit physical, mental and social wellbeing. The emphasis of the program is supporting underserved communities around the world. Through its Healing Arts activities, the program also engages with the global media and communities to promote pro-health messaging and build solidarity on health issues through all media.

Educated at Columbia and Oxford Universities as well as the American Academy of Dramatic Arts, after a career as a professional actor and playwright, Bailey joined the Rockefeller Foundation as their Research Manager, and from there was recruited to WHO where he led the Health Informatics work and later their on-line communications team before starting the Arts and Health program. As an ambassador for the field, Bailey has also performed original pieces such as Stage 4: Cancer and the Imagination, Strangers in Time: trans-generational trauma and the arts, and The Vanishing Point: A journey into Blindness and Perception, in venues around the world, from the Hamwe Festival in Rwanda, to the Welcome Collection in London, to the World Bank in DC, as well as Lincoln Center and Carnegie Hall in NY, the LA Opera, LACMA, the Warner Bros Studios in LA, the Conservatory of Music in San Francisco, The Metropolitan Museum of Art, the Budapest Opera, the National Theatre of the Ukraine, and the Kennedy Center among many others. The basic message of his work is to amplify the WHO definition of health which states that health is not merely the absence of disease and infirmity, but the attainment of the highest level of physical, mental and social wellbeing. The arts have uniquely evolved to do just that.



CHARTONAS, DIMITRIOS is a consultant psychiatrist at the specialist Personality Disorder Service in the Camden and Islington NHS Foundation Trust, North Central London Mental Health Partnership. There he has developed a relational approach to prescribing and leads a formulation-based prescribing supervision group and several service development projects focusing on medication optimisation and deprescribing. He is a psychoanalytic psychotherapist and member of the British Psychotherapy Foundation. He has a teaching and research interest in psychodynamic psychiatry and reflective practice. He has taught extensively on personality disorder, relational prescribing, and formulation-based psychiatric practice. Both he and his co-speaker David Rogalski are founding members of the group Psychodynamics of Prescribing - UK (PoP-UK) and co-authors of the paper 'Will this tablet make me happy again? The contribution of relational prescribing in providing a pragmatic and psychodynamic framework for prescribers'. They have both given numerous talks on relational prescribing locally, nationally and internationally. They have also collaborated to produce an up-to-date prescribing guidance for treating people with borderline personality disorder for the North Central London Mental Health Partnership, with a focus on relational factors.

BIOGRAPHIES



FEGAN, JOANNE is the Director of Communications and Public Education with the College of Psychiatrists of Ireland since March 2024. She is a Consultant in Later Life Psychiatry with Mayo Mental Health Services. She is an alumnus of the graduate entry medical program from the University of Limerick and has completed dual training in both General Adult and Later Life Psychiatry. Prior to commencing her career in medicine, she worked in private industry in IT for 12 years and has used this experience to make many contributions to medical service delivery by refining information flow and handover procedures. She is part of a research program that is delivering ballint (reflective practice) to medical students in the West and has led ballint groups for medical students for 2 years.



FREITAS, CARINA joined the HSE in September 2023 as a consultant child and adolescent psychiatrist, working remotely for Kerry CAMHS. She completed her medical and psychiatry training in Portugal and later earned a PhD in Neuroscience from the University of Toronto, Canada. Dr. Freitas also holds a postgraduate degree in Media and Medicine from Harvard Medical School and a Master´s in Music Therapy from the Autonomous University of Madrid.

In addition to her medical career, she is a singer-songwriter who has participated in various song festivals since childhood, releasing her debut album, Alquimia, in 2006. Her dual passion for music and medicine led her to explore the brain mechanisms involved in music listening in children with autism spectrum disorders. She is a passionate advocate for the transformative power of music and the arts in promoting health and wellbeing. In Portugal, she is one of the coordinators of the postgraduate course in Neurosciences of Music at the Institute of Health Sciences at the Portuguese Catholic University. She also pioneered the Music and Medicine course at the Faculty of Medicine at the University of Lisbon.



GOODBURN, LESLEY has spent the last ten years working to improve awareness of pancreatic cancer, the need for emotional and psychological support for people with a late stage diagnosis and a short prognosis, improving end of life care and highlighting the need for grief and bereavement support. This work is driven by the death of her husband Seth in 2014 from late stage pancreatic cancer thirty three short and heartbreaking days after diagnosis. Lesley will share her personal story and the work she has done with storytellers at NHS England to influence policy. The storytellers will share their stories, how it felt and the impact. This session is a personal experience of storytelling and a professional perspective of how storytelling can be used in healthcare at a national level including her current work at the National Institute for Health and Care Excellence.



HINDS, CATHERINE is a perinatal psychiatrist at the Specialist Perinatal Mental Health Service (SPMHS) at the National Maternity Hospital. She is the Chair of the Perinatal Psychiatry Special Interest Group at the College of Psychiatrists of Ireland.

She sits on the National Oversight Committee for SPMHS and the Steering Group for the refreshing of the Model of Care for Ireland for SPMHS. She is committed to improving perinatal mental healthcare for women with the most severe forms of perinatal mental illness, by campaigning for a Mother and Baby inpatient unit in Ireland, and other initiatives.



JAIRAJ, CHAITRA is a consultant perinatal psychiatrist and researcher with an interest in perinatal mental disorders. Chai is a consultant perinatal psychiatrist in The Coombe Hospital, Dublin, and has academic affiliation with Trinity College Dublin.

Following undergraduate medical studies in the University of New South Wales in Sydney, Australia, Chai completed her basic specialist training in psychiatry at the Dublin University Psychiatric Training Rotational Program and achieved membership of the Royal College of Psychiatrists, UK, in 2014. Chai completed higher specialist training in psychiatry at the Maudsley Training Program in London, and worked in the Perinatal Mental Health Service at the Guy's and St Thomas' NHS Foundation Trust in London. She is a member of the Expert Advisory Group Guideline Committee for National Clinical Guidelines in Obstetrics and Gynaecology. Chai holds a PhD from Trinity College Dublin for a study examining the effects of antenatal depression on maternal and infant hypothalamic-pituitary-adrenal axes. Chai has continued to engage in perinatal mental health research, with an ongoing focus on perinatal mood disorders.

BIOGRAPHIES



KELLY, BRENDAN is Professor of Psychiatry at Trinity College Dublin and Consultant Psychiatrist at Tallaght University Hospital. In addition to his medical degree (MB BCh BAO), he holds masters degrees in epidemiology (MSc), healthcare management (MA), Buddhist studies (MA), and mindfulness-based interventions (MSc); doctorates in medicine (MD), history (PhD), governance (DGov), and law (PhD); and a higher doctorate in history (DLitt). In 2024, he was elected to membership of the Royal Irish Academy.

Professor Kelly has authored and co-authored over 300 publications in peer-reviewed journals, over 700 non-peer-reviewed publications, 26 book chapters and book contributions, and 20 books (including 13 as sole author).

In 2018, Professor Kelly became Editor-in-Chief of the International Journal of Law and Psychiatry. In 2023, he co-edited, with Professor Mary Donnelly, the first edition of the 'Routledge Handbook of Mental Health Law'.

Professor Kelly's recent books include 'Asylum: Inside Grangegorman' (Royal Irish Academy, 2023) and 'The Modern Psychiatrist's Guide to Contemporary Practice: Discussion, Dissent, and Debate in Mental Health Care' (Routledge, 2024), which is available on an open access basis: https://www.taylorfrancis.com/books/oa-mono/10.4324/9781003378495/modern-psychiatrist-guide-contemporary-practice-brendan-kelly



MARTIN, LORCAN is President of the College of Psychiatrists of Ireland. He previously held the position of Vice-President and Director of Professional Competence. He is a Consultant in General Adult Psychiatry with Longford/Westmeath Mental Health Services. He trained in Trinity College and with the Eastern Health Board as was. His special area of interest is greater integration of mental health services into the community and he has been instrumental in developing many new initiatives in this regard including a Primary Care Liaison Service, a service for deaf clients, an ongoing public mental health awareness programme and a consultative group so that service users/carers may be involved in service development. He has presented these projects and others at a number of international conferences. Dr Martin has also been involved in training programmes in the area of mental health for a number of statutory and voluntary agencies, and also has a particular interest in the clinical training and examination of Non-Consultant Hospital Doctors working in psychiatry.



MCGUIRE, EIMEAR is a general adult consultant psychiatrist working in the Sligo Leitrim Mental Health Service. She is a member of the College of Psychiatrists of Ireland and the Royal College of Psychiatrists UK. In addition, she holds membership of both the Irish College of General Practitioners and the Royal College of Physicians in Ireland. She is the founding member and Chair of the Physical Illness in Mental Illness Special Interest Group in the College of Psychiatrists of Ireland. She is dedicated to improving physical outcomes of patients with mental illness through promotion of collaborative working and integration



MOSS, HILARY is a Professor of Music Therapy at UL. She has worked as a musician, music therapist and researcher for over 25 years in the field of music therapy and mental health. She currently leads the training of professional music therapists at the only Masters level professional training in Ireland. She is author of Music and Creativity in Healthcare Settings: Does music matter? (Routledge, 2021) and is co-lead of PPI Ignite at UL.

BIOGRAPHIES



MULLIGAN, AISLING MD DCH MSc(CBT) MRCPCH MRCPsych; is a HSE consultant child and adolescent psychiatrist and UCD clinical professor in community CAMHS in North Dublin since 2007. She is also the academic lead to the UCD Professional Masters in Child Art Psychotherapy – this is a 4-year programme with clinical placements in CAMHS and Tusla therapy services nationally. She has performed a number of research studies on the use of child art psychotherapy in CAMHS. Prof Mulligan is also interested in person-centred care, and outcome measures. She developed and validated a colourful, cartoon and emoji self-report tool for use with children, known as the 'My Feelings Form'. A digital version known as telTaz has been developed, with funding from the Ireland East Hospital Group and from Enterprise Ireland. She has a special interest in ADHD, with numerous publications on topics such as the overlap of ADHD and ASD, and environmental factors and genetic factors in ADHD. She is the National Clinical Lead for ADHD in Children and Adolescents.



MURPHY, VALERIE PhD, MRCPsych, is a consultant psychiatrist in intellectual disabilities working in Cork. She is the current chair of the Law Committee at the College of Psychiatrists of Ireland. Her research interests are the interface between law enforcement/criminal justice/ human rights and intellectual disabilities and/or autism. She has numerous publications which include peer reviewed journal articles and book chapters



O'BYRNE, KEVIN is a working musician and qualified psychotherapist who frequently collaborates with Minding Creative Minds as well as running a private practice in Dublin City. Prior to qualification as a talk therapist, Kevin studied on the NHS accredited MSc Music Therapy in Queen Margarets University Edinburgh alongside clinical placement in Dublin's National Rehabilitation Hospital working as part of a multidisciplinary team. Kevin practises under the ethos of 'curious not critical', holding both an empirically informed grounding with a strong emphasis on meaning and creativity across the lifespan.



O'CONNELL, MARK is the author of A Thread of Violence, Notes from an Apocalypse, and To Be a Machine. 'To Be a Machine' was awarded the 2018 Wellcome Book Prize, the 2019 Rooney Prize for Irish Literature, and was shortlisted for the Baillie Gifford Prize for Non-Fiction. 'A Thread of Violence' was named Non-Fiction Book of the Year at the 2023 Irish Book Awards, and was shortlisted for the Writer's Prize. He is a regular contributor to The New York Review of Books, and his work has appeared in The New Yorker, The New York Times Magazine, Slate, and The Guardian. He writes a weekly column for The Irish Times.



O'CONNELL, PAUL is is a Forensic Psychiatrist with over 30 years of experience, currently practicing at the Central Mental Hospital in Portrane where he specializes in treating adults with severe mental illnesses, particularly schizophrenia. Dr. O'Connell's psychiatric training began in Galway and Mayo, before he moved to the UK and advanced his studies at the Institute of Psychiatry and Maudsley Hospital in London. His introduction to Forensic Psychiatry occurred at Hellingly Hospital, leading to specialized training at Broadmoor. He then worked at the Trevor Gibbons Unit in Kent as a Consultant before being appointed to Clinical Director. In 2004 he returned to Ireland where his responsibilities have included male and female acute admissions, outpatient rehabilitation, and patients with co-occurring mental illness and intellectual or developmental disorders. His experience has extended beyond hospital settings with clinics at prisons and participation in the on-call rotation that provides mental health expertise to Gardaí and crisis negotiators. He conducts risk assessments for other mental health services, provides expert consultation to regulatory bodies and serves as an expert witness in both criminal court proceedings and a wide range of civil litigation matters. His academic interests includes research in schizophrenia and violence. Dr. O'Connell enjoys engaging in the teaching and promotion of Forensic Psychiatry through both attending and giving presentations at various academic events

BIOGRAPHIES



O'DONNELL, BARRY is Director of Psychotherapy Programmes in UCD School of Medicine. He is Director of The School of Psychotherapy at St. Vincent's University Hospital. He is a psychoanalytic practitioner. For decades he has advocated how psychoanalysis and psychotherapy can serve as a very valuable resource for psychiatry. He is a member of the Irish School for Lacanian Psychoanalysis (ISLP).



O'KEEFFE, ANTONIA is a Consultant Child and Adolescent Psychiatrist, working in CAMHS. She has a degree in Fine Art and a personal daily drawing practice. She qualified as a Child Art Psychotherapist through UCD and the School of Psychotherapy. She advocates for children and young people to be able to use image making as part of their therapeutic process.



REID, DAVID is the founder / CEO of Minding Creative Minds, a 24/7 Wellbeing resource for the Irish Creative Sector. MCM offers a 24/7 helpline, free counselling, financial, career and legal advice in addition to other initiatives including a comprehensive Mentoring programme for the Irish Arts Sector. Since launching in 2020 Minding Creative Minds has helped over 4000 members of the Irish Creative Sector. Dave was previously a board member of the First Fortnight Mental Health Arts Festival. Dave is the co-founder and organiser of the RTE Choice Music Prize. The project continues to provide valuable domestic and international exposure for Irish artists valued in excess of €2M annually. The project is currently sponsored by RTE and the event encompasses three separate live broadcasts on 2fm, a one hour TV show on RTE 2 and a one day conference 'The RTE Choice Music Prize Conversations Conference'.

He is also an artist manager and manages Robert Grace who is signed to Sony Music Germany and to Arista Records US. Robert's single 'Fake Fine' has achieved double platinum status in Ireland and in 2022 Robert was the most viewed Irish artist on Tik Tok.



ROGALSKI, DAVID is a lead pharmacist and independent prescriber working in the NHS at Camden and Islington NHS Foundation Trust. He has postgraduate qualifications in advanced pharmacy practice and psychiatric therapeutics and is a credentialed member of the College of Mental Health Pharmacy. He works in a single point of access mental health advice and assessment service alongside GPs delivering direct patient care and consultation on medications for complex psychiatric conditions. His field of interest is in relational prescribing. He also holds a senior pharmacy role leading the drugs and therapeutics group reviewing medication treatments using an evidence-based approach, delivering education and training, developing prescribing guidelines, and formulary management. Both he and his co-speaker Dr Dimitrios Chartonas are founding members of the group Psychodynamics of Prescribing - UK (PoP-UK) and co-authors of the paper 'Will this tablet make me happy again? The contribution of relational prescribing in providing a pragmatic and psychodynamic framework for prescribers'. They have both given numerous talks on relational prescribing in London, nationally and internationally. They have also collaborated to produce an up-to-date prescribing guidance for treating people with borderline personality disorder for the North Central London Mental Health Partnership, with a focus on relational factors.

BIOGRAPHIES



SKLAR, JONATHAN LRCP, MRCS, MBBS, FRCPsych, TQAP trained in medicine at the Royal Free, University of London in 1973. He qualified in psychiatry at Friern and the Royal Free in 1977. He also trained in psychoanalytic psychotherapy in the Adult Department, Tavistock Centre and the same time at the Institute of Psychoanalysis. He has been a psychoanalyst since 1983 and a training analyst since 1996. Jonathan was a Consultant Psychotherapist and Head of Department of Psychotherapy, Addenbrookes and Fulbourne Hospitals, Cambridge 1984-1996 and Balint group leader for 25 years, he led the first Balint group for psychiatrists.

BOOKS: *Landscapes of the Dark:History, Trauma ,Psychoanalysis. Karnac 2011; Balint Matters-Psychosomatics and the Art of Assessment Karnac 2017; Dark Times:Psychoanalytic Perspectives on Politics, History and Mourning Phoenix 2019; The Soft Power of Culture-Art, Transitional Space,Death and Play Karnac April 2024*



SMITH, BLAISE R.H.A. is a figurative artist who has exhibited widely in Ireland and abroad. His artistic practice documents Irish life in the 21st century with painterly realist works observed from life. He has had over twenty solo shows featuring the Irish landscape, still life and several large-scale multi-work commissions portraying communities linked by a shared aim. He has painted many notable official portraits including Chief Justice Frank Clarke and the Taoiseach Brian Cowen. His much-celebrated group portrait "8 Scientists", a portrait of leading Irish female scientists for the Royal Irish Academy and Accenture's Women on Walls Campaign in 2016, has won numerous prizes. Elected a member of the RHA in 2011, he teaches advanced oil painting techniques and drawing and composition at the RHA Drawing School. He has given talks to accompany his exhibitions in the Crawford, The RHA, Visual in Carlow and (naturally) the Electric Picnic.



WROTNIAK, ALICJA M.D is a consultant in general adult psychiatry with 16 years of experience working across two European healthcare systems. She graduated from the Jagiellonian University of Cracow and worked for many years at one of the largest psychiatric hospitals in Poland, Babinski Hospital, Cracow. In 2020, she joined Sligo Leitrim Mental Health Services and is currently working with the Psychiatry of Old Age team in Sligo. Dr Wrotniak has a special interest in the physical health of psychiatry patients. She is a clinical lead for simulation training in physical and mental health for Sligo Leitrim Mental Health Services. She is also a member of the Physical Illness in Mental Illness Special Interest Group, leading the works on developing physical health monitoring forms.

POSTER PRESENTATIONS

NCHD POSTER PRESENTATIONS

1. IMPROVING CLINICAL HANDOVER IN LIAISON PSYCHIATRY SERVICE: A QUALITY IMPROVEMENT PROJECT BASED ON THE PRINCIPLE OF ISOBAR

MIAN SAAD AHMED[1], PATRICK SWEENEY[2], MOHAMMAD HARITH[2] ANEES UR REHMAN[3], TAHIR SALEEM[4], SHAERAINE RAAJ[2,5]
[1] Highfield Healthcare Hospital, Swords Road, Dublin
[2] Connolly Hospital, Dublin
[3] St Vincent's University Hospital, Elm Park, Dublin
[4] St Dympna's Hospital, Carlow
[5] Phoenix Care Centre, Grangegorman, Dublin

2. WHY DO PEOPLE ATTEND THE EMERGENCY DEPARTMENT WITH MENTAL HEALTH ISSUES?

ABIGAIL AKIN-LAGUDA[1], ELIZABETH GETHINS[1], ONIZE MAYAKI[1]
[1] Sligo/Leitrim Mental Health Services, Sligo University Hospital, Sligo

3. AN AUDIT OF ADHERENCE WITH ANNUAL RISK ACKNOWLEDGMENT FORM (ARAF), A MANDATORY REQUIREMENT FOR CHILDBEARING WOMEN ON VALPROATE

AROOSA ALI[1], ORR GOV[1], MICHAEL MORRIS[1]
[1] Carlow/Kilkenny Mental Health Services, St Luke's Hospital, Kilkenny

4. IMPACT OF THE COVID-19 PANDEMIC ON PATIENTS WITH PRE-EXISTING MOOD DISORDERS

PETER AYLWARD[1], BRIAN O'MAHONY[2], BRIAN HALLAHAN[3]
[1] St Vincent's Hospital, Fairview, Dublin
[2] Neuropsychiatry Department, Beaumont Hospital, Dublin
[3] University of Galway

5. 5 YEARS ON: THE IMPACT OF A SPECIALISED EATING DISORDER SERVICE ON COMMUNITY CAMHS TEAMS

ANDREW BEGLEY[1], TARA RUDD[2]
[1] National Drug Treatment Centre, Dublin
[2] Linn Dara, Cherry Orchard Hospital, Dublin

6. AN EVALUATION OF REFERRAL PATTERNS AND RESOURCE UTILISATION IN A SPECIALIST PERINATAL MENTAL HEALTH TEAM

LOUISE BURKE[1], CHAITRA JAIRAJ[1], ANN O'GRADY-WALSHE[1], JOANNE FENTON[1], YVONNE HARTNETT[1]
[1] The Coombe Hospital, Dublin

7. AN INVESTIGATION INTO THE REFERRAL PATTERN AND SERVICE USAGE OF UKRAINIAN NATIONALS TO THE PSYCHIATRIC SERVICES IN GUH FOLLOWING THE UKRAINIAN WAR

SARA BURKE[1], ELIZABETH WALSH[1], CIARAN WATERS[1], KELECHI CHUKWUDI[1]
[1] Adult Acute Mental Health Unit, Newcastle Road, Galway

8. DEVELOPING A NOVEL WELLBEING STRATEGY FOR JUNIOR DOCTORS IN IRELAND THROUGH SYSTEMATISED REVIEW OF EXISTING EVALUATION TOOLS AND INTERVENTIONS

SARAH CASEY[1], KILLIAN MCCARTHY[2]
[1] Reimse Day Hospital, Clonskeagh Hospital, Dublin
[2] Reservoir House, Ballymoss Road, Sandyford Business Park, Dublin

9. THE EFFECT OF NEURONAL ACTIVITY ON PYK2 EXPRESSION AT SYNAPSES

JACK COLLINS[1], SIVAPRATHA NAGAPPAN-CHETTIAR[2], HISASHI UMEMORI[2]
[1] Galway University Hospital, Galway
[2] Umemori Lab, Boston Children's Hospital, Harvard Medical School, Boston, USA

10. IMPACT OF A WELLNESS CLINIC ON MODIFIABLE PHYSICAL HEALTH RISK FACTORS IN A PSYCHIATRIC OUTPATIENT SETTING

RONALDO COSTA[1], BRIAN O RUAIRC[1], MARGARET GALLAGHER[1]
[1] Elm Mount Unit, St Vincent's University Hospital, Dublin

11. THE IMPACT OF ANOREXIA NERVOSA ON BIOLOGICAL AGEING

EIMEAR DOODY[1], DECLAN MCLOUGHLIN[2], CLARE O'TOOLE[2], KAREN RYAN[3]
[1] University Hospital Waterford
[2] St Patrick's Mental Health Services, Dublin
[3] Trinity College Dublin

12. APPLICATIONS FOR INVOLUNTARY ADMISSION MADE TO A DUBLIN APPROVED CENTRE FROM 2021-2022: WHO INITIATED THE APPLICATIONS?

DOROTHEE DRIEVER[1], ANNA FEENEY[2], ANGELA NOONAN[3]
[1] CAMHS Dublin North Inner City and Clontarf, North Great George's Street, Dublin
[2] Louth/Meath Mental Health Services, Singleton House, St Laurence's St, Drogheda, Co Louth
[3] Connolly Norman House, North Circular Road, Cabra, Dublin

13. THE DUNDRUM THEORY SCALE: RELATING THE DUNDRUM PROGRAMME COMPLETION AND RECOVERY TOOLS TO ENGAGEMENT, CYCLE OF CHANGE, AND RECOVERY THEORY

DOROTHEE DRIEVER[1], RIAZ MOOLA[2], M UMER WAQAR[3], HARRY G KENNEDY[4], MARY DAVOREN[3]
[1] CAMHS Dublin North Inner City and Clontarf, North Great George's Street, Dublin
[2] St Vincent's Hospital, Fairview, Dublin
[3] National Forensic Mental Health Service, Central Mental Hospital, Dublin
[4] University of Bari, Aldo Moro, Italy

14. AN EXAMINATION OF THE IMPACT OF THE COVID-19 PANDEMIC ON FIRST EPISODE PSYCHOSIS PRESENTATIONS IN TWO EARLY INTERVENTION IN PSYCHOSIS SERVICES

AINE DUGGAN[1], STEPHEN BUCKLEY[2], EMMA FLETCHER[3], DONAL O'KEEFFE[4], SEAN NAUGHTON[3], KAREN O'CONNOR[2], MARY CLARKE[3]
[1] St. Michael's Unit, Mercy University Hospital, Cork
[2] Home Based Treatment Team & RISE Early Intervention in Psychosis Team, South Lee Mental Health Services, Blackrock Primary Care Centre, Cork
[3] DETECT Early Intervention in Psychosis Service, Co Dublin
[4] ARCHES (Advancing Recovery in Community Healthcare East Services) Recovery College, Clonskeagh Hospital, Dublin

NCHD POSTER PRESENTATIONS (Continued)

15. HAPPY IN THE HOMELAND? SATISFACTION WITH LIFE AND ITS CORRELATION WITH FLOURISHING AND AFFECT BALANCE IN FOREIGN-TRAINED, REPATRIATED PHYSICIANS OF PAKISTAN

MADAH FATIMA[1], ALI MADEEH HASHMI[2], MUHAMMAD TALHA FAROOQ[3]
[1] Dublin North Mental Health Services, Navan Road Primary Care Centre and Connolly Hospital, Dublin
[2] Academic Department of Psychiatry and Behavioural Sciences, King Edward Medical University, Lahore, Pakistan
[3] Department of Psychiatry, Gartnavel Royal Hospital, Glasgow, Scotland

16. AUDIT OF SODIUM VALPROATE PRESCRIBING IN MALES FOLLOWING DISCOVERY OF NEW POTENTIAL RISKS

EMMA FLETCHER[1], LEONA JUDGE[2]
[1] National Drug Treatment Centre, Dublin
[2] Balbriggan Community Mental Health Team, Balbriggan Primary Care Centre, Co Meath

17. A PROFILE OF ADULTS 65 YEARS AND UNDER ATTENDING A NEW MEMORY ASSESSMENT AND SUPPORT SERVICE (MASS) SLIGO LEITRIM

ASHOK GODAVARTHI[1], DASITHA RAVINAKA NARANGODA[1], CATHERINE DOLAN[1], AMR ABDOON[2], SOPHIE ALOOKARAN[2], MAJELLA O'DONNELL[2], SHINNY JOY[2], AOIFE HIGGINS[2], YVONNE KELLY[2], JACQUELINE[2], BREFFNI DRUMM[2]
[1] Psychiatry of Old Age Team, Liscarney House, Sligo
[2] MASS team, Wood Heaven, First Sea Road, Sligo

18. A SERVICE AUDIT OF PSYCHIATRIC PRESENTATIONS OF DISPLACED UKRAINIANS IN THE EMERGENCY DEPARTMENT OR AS A WARD CONSULT IN UNIVERSITY HOSPITAL GALWAY FROM MARCH 2022 TO DECEMBER 2023

NATASSHA GOH[1], IJEOMA ONWUEMELIE[2], SONN PATEL[2]
[1] National Forensic Mental Health Service, Portrane, Co Dublin
[2] University Hospital Galway

19. A RETROSPECTIVE CHART REVIEW OF FACTORS INFLUENCING PATIENTS' AND PARENTS' DECISIONS TO SEEK UNSCHEDULED PAEDIATRIC PSYCHIATRIC AND 'MENTAL HEALTH' CARE IN C.H.I. CRUMLIN HOSPITAL PAEDIATRIC EMERGENCY DEPARTMENT

ISABEL GRIBBIN BOURKE[1], KIERAN MOORE[2]
[1] Cork University Hospital, Wilton, Cork
[2] Children's Health Ireland, Crumlin Hospital, Dublin

20. ASSESSING THE CHARACTERISTICS OF SUICIDAL IDEATION AND SELF-HARM IN A NATIONAL OLDER ADULT POPULATION ATTENDING THE EMERGENCY DEPARTMENT

FIONA HOARE[1], ANN O'DONOGHUE[2], COLM SWEENEY[3], GERALDINE MCCARTHY[4], KATERINA KAVALIDOU[5], VINCENT RUSSELL[5], MICHAEL NORTON[6], ANNE DOHERTY[7,8]
[1] Ladywell Centre, Louth County Hospital
[2] Department of Psychiatry, St Patrick's University Hospital, Dublin
[3] National Forensic Mental Health Service, Portrane, Co Dublin
[4] University of Galway, Sligo Campus, Sligo University Hospital, Co Sligo
[5] National Clinical Programme for Self-Harm and Suicide-Related Ideation, HSE, Dr Steeven's Hospital, Dublin
[6] Recovery and Engagement Project Lead, HSE, Dr Steeven's Hospital, Dublin
[7] Department of Liaison Psychiatry, Mater Misericordiae University Hospital, Dublin
[8] School of Medicine, University College Dublin

21. COMPARATIVE ANALYSIS OF CLINICAL PROFILES IN EATING DISORDER PATIENTS: IMPACT OF NASOGASTRIC FEEDING AND RESTRAINT PRACTICES

EMILIA JAMIL[1], FIONNUALA HEALY[2], AISHLING COLLINS[3], NICOLE BARRETT[1], IMELDA WHYTE[1]
[1] Linn Dara Approved Centre, Cherry Orchard Hospital, Dublin
[2] Northern Health Epping, Melbourne, Australia
[3] Lucena Clinic, Exchange Hall, Tallaght, Dublin

22. IMPACT OF COVID-19 ON CLINICAL PROFILES AND TREATMENT OUTCOMES IN EATING DISORDER PATIENTS: A COMPARATIVE STUDY OF PRE AND POST PANDEMIC ADMISSIONS

EMILIA JAMIL[1], FIONNUALA HEALY[2], AISHLING COLLINS[3], NICOLE BARRETT[1], IMELDA WHYTE[1]
[1] Linn Dara Approved Centre, Cherry Orchard Hospital, Dublin
[2] Northern Health Epping, Melbourne, Australia
[3] Lucena Clinic, Exchange Hall, Tallaght, Dublin

23. A SCOPING REVIEW OF PHYSICAL ACTIVITY INTERVENTIONS IN YOUTH ATTENDING CHILD AND ADOLESCENT MENTAL HEALTH SERVICES

DAVID KILLEEN[1], MAEVE HARAN[2], FIONA MCNICHOLAS[3]
[1] East Kildare CAMHS
[2] Wicklow CAMHS
[3] Lucena Clinic, Rathgar, Dublin

24. AUDIT CYCLE ASSESSING PRESCRIBING COMPLIANCE IN A MID-WEST IRELAND POLL SETTING WITH "SAFE PRESCRIBING AND DISPENSING OF CONTROLLED DRUGS" JOINT GUIDANCE BY THE IRISH MEDICAL COUNCIL AND PHARMACEUTICAL SOCIETY OF IRELAND

STEPHEN KILLILEA[1], SEAN CROWLEY[2], NIAMH MCCARTHY[3], TOM REYNOLDS[3]
[1] Community Mental Health Centre, Dromin House, Nenagh, Co Tipperary
[2] Ravenscourt, St Finbarr's Hospital, Douglas Road, Cork
[3] Gort Glas Day Centre, Lifford Road, Ennis, Co Clare

25. THE ROLE OF PHYSICAL HEALTH AND MEDICATIONS IN MENTAL HEALTH INTELLECTUAL DISABILITY (MHID): A CATCHMENT AREA OVERVIEW

NIALL LALLY[1], ÓRFHLAITH MCTIGUE[2]
[1] CAMHS North Galway, Ballard House, Galway
[2] Adult Mental Health Unit, Mayo University Hospital, Mayo

NCHD POSTER PRESENTATIONS (Continued)

26. HEALTHCARE PRACTITIONERS' VIEWS OF SELF-HARM MANAGEMENT PRACTICES IN OLDER ADULTS IN IRELAND: A QUALITATIVE STUDY

CAOIMHE LONERGAN[1], M. ISABELA TROYA[2]
[1] University Hospital Kerry
[2] National Suicide Research Foundation, University College Cork

27. THE KNOWLEDGE AND ATTITUDE OF MENTAL HEALTH CLINICIANS ENGAGING WITH PATIENTS FROM ETHNIC MINORITY GROUPS

JOHN MALAKA[1], EIMEAR O'NEILL[2], HALA ALSAYED[3], HIJAB GARDEZI[4], RANJOTH SINGH[5], SARAH KITTEL-SCHNEIDER[4]
[1] St Stephen's Hospital, Glanmire, Cork
[2] CAMHS, Eist Linn Unit, Bessborough, Blackrock, Co Cork
[3] CAMHS, City General Hospital, Cork
[4] Cork University Hospital, Wilton, Cork
[5] St Michael's Unit, Mercy University Hospital, Cork

28. ATTITUDES OF MENTAL HEALTH PROFESSIONALS TOWARDS THE RECOVERY MODEL IN THE WEST OF IRELAND IN RECOVERY PRACTICE

KATE MULHOLLAND[1], CONAL DEVLIN[1]
[1] Mayo Mental Health Services, Co Mayo

29. ECG ABNORMALITIES IN CHILDREN AND ADOLESCENTS PRESCRIBED AN ANTIPSYCHOTIC MEDICATION AT A PHYSICAL HEALTH MONITORING CLINIC IN IRELAND: A CROSS-SECTIONAL STUD

SIMON MUNRO[1], AEDÍN RYAN[2], RAMONA NOVAC[3], DERMOT COHEN[4], AOIFE WALSH[3], RONAN RICE[5], ANNA PAPAEFSTATHIOU[4], DELIA MCGUINNESS[3], CATHERINE O'BRIEN[1]
[1] CAMHS Inpatient Unit, Merlin Park University Hospital, Galway
[2] Department of Paediatrics, University Hospital Galway
[3] CAMHS Connect, Merlin Park University Hospital, Galway
[4] South Galway CAMHS, Merlin Park University Hospital, Galway
[5] Community Eating Disorder Service, CAMHS Connect, Merlin Park University Hospital, Galway

30. AUDIT CYCLE OF IMPLEMENTATION OF AN EIP EARLY INTERVENTION PSYCHOSIS SUMMARY REPORT FORM IN CAMHS INPATIENT UNIT MERLIN PARK GALWAY LEADING TO CREATING AN EIP CLINICAL CARE PATHWAY ALGORITHM

SIMON MUNRO[1], CATHERINE O'BRIEN[1]
[1] CAMHS Inpatient Unit, Merlin Park University Hospital, Galway

31. AN INVESTIGATION INTO URINARY DRUG SCREENING (UDS) AT THE NATIONAL DRUG TREATMENT CENTRE: A COMPLETE AUDIT CYCLE

AIDAN O'MAHONEY[1], MIKE SCULLY[2]
[1] St James's Hospital, Dublin
[2] National Drug Treatment Centre, Dublin

32. ANTICHOLINERGIC BURDEN IN PEOPLE WITH INTELLECTUAL DISABILITY LIVING IN A NURSING SUPPORTED HOUSING

NIKITA PILLAY[1], NIAMH MURRAY[2], GURJOT BRAR[3], NIAMH MULRYAN[4], ANITA AMBIKAPATHY[4], FIONNUALA KELLY[4], JEAN LANE[4]
[1] St Patrick's University Hospital, Dublin
[2] Mater Misericordiae Hospital, Dublin
[3] Tallaght University Hospital, Dublin
[4] Avista, St Vincent's Centre, Navan Road, Dublin

33. STANDARDISE DISCHARGE LETTER: A QUALITY IMPROVEMENT PROJECT IN LIAISON PSYCHIATRY

TAHIR SALEEM[1], MIAN SAAD AHMED[2], MUHAMMAD HARITH KAMAL[3], ZEESHAN ZAFAR[4], MUSTAFA SHAHID[5], OMER NAJIB CHAUDHARY[4], SHAERAINE RAAJ[3,6]
[1] St. Dympna's Hospital, Carlow
[2] Highfield Healthcare Hospital, Dublin
[3] Connolly Hospital, Blanchardstown, Dublin
[4] Newcastle Hospital, Greystones, Co Wicklow
[5] Laois CAMHS, St Fintan's Campus, Portlaoise
[6] Phoenix Care Centre, Grangegorman, Dublin

34. PREVALENCE OF AUTISM SPECTRUM DISORDER IN YOUNG PEOPLE ATTENDING ADMIRE, IRELAND'S FIRST SPECIALIST PAEDIATRIC ATTENTION DEFICIT HYPERACTIVITY DISORDER SERVICE

MATTHEW SHIPSEY[1], JANE MCGRATH[2], SINEAD KILLEEN[3]
[1] University College Dublin
[2] ADMiRE, Linn Dara CAMHS, Cherry Orchard Hospital, Dublin
[3] Linn Dara CAMHS, Cherry Orchard Hospital, Dublin

35. THE RELATIONSHIP BETWEEN NON-TECHNICAL SKILLS AND OVERALL SCORES IN UNDERGRADUATE OSCES IN PSYCHIATRY

CLAIRE SMITH[1], AILBHE DOHERTY[2], KATHERINE STROUGHAIR[3], BRIAN O'DONOGHUE[3], ALLYS GUERANDEL[3], MARGARET GALLAGHER[3], ANNE M DOHERTY[2]
[1] CAMHS Ballymun and Finglas, Dublin
[2] Department of Psychiatry, Mater Misericordiae University Hospital, Dublin
[3] Department of Psychiatry, St Vincent's University Hospital, Dublin

NCHD POSTER PRESENTATIONS (Continued)

36. SELF-RATED AND CLINICIAN-RATED GLOBAL ASSESSMENT OF FUNCTIONING (MIRECC GAF): COMPARING CLINICIAN VIEWS AND PATIENT SELF-RATED VIEWS OF OVERALL FUNCTIONING IN A FORENSIC PSYCHIATRIC HOSPITAL COHORT

CLAIRE SMITH[1], DAVID MARTIN[2], TARA O'BRIEN[3], MONETTE DIMITROV[4], EIMEAR KELLY[5], IJAZ AHMAD[6], HARRY G KENNEDY[7], MARY DAVOREN[6,7,8]

[1] CAMHS Ballymun and Finglas , Dublin
[2] Seefin Mental Health Services, Tallaght, Dublin 24
[3] Department of Psychiatry, Drogheda, Co Louth
[4] Department of Psychiatry, St James's Hospital, Dublin
[5] Department of Psychiatry, Ashlin Centre, Beaumont Hospital, Co. Dublin
[6] National Forensic Mental Health Services, Central Mental Hospital, Portrane, Dublin
[7] The Dundrum Centre for Forensic Excellence, Trinity College, Dublin
[8] Sapienza University of Rome, Italy

37. EXPLORING THE APPLICATIONS OF GENERATIVE ARTIFICIAL INTELLIGENCE IN UNDERGRADUATE MEDICAL EDUCATION: A SCOPING REVIEW

AFWAN WAHAB[1], NOEL HANNAN[2]

[1] Cluain Mhuire Community Mental Health Services, Blackrock, Co Dublin
[2] St John of God Kildare Services, St Raphael's, Celbridge, Co Kildare

38. DEBRIEFING AFTER INCIDENTS AND RESTRICTIVE PRACTICES: A D-FOREST STUDY

BARRY WALLS[1], ANNA LINDNER[2], JOE LEAHY[1], DEARBHLA DUFFY[1], PATRICK MCLAUGHLIN[1], HARRY G. KENNEDY[3,4,5], MARY DAVOREN[1,3,5]

[1] Central Mental Hospital, National Forensic Mental Health Service, Portrane, Dublin
[2] University Medical Centre of the Johannes Gutenberg-University, Mainz, Germany
[3] Department of Psychiatry, Trinity College Dublin
[4] Skou Professor of Forensic Psychiatry, University of Aarhus Denmark
[5] Visiting Professor of Forensic Psychiatry, University of Bari 'Aldo Moro', Italy

39. AUDIT OF COLLATERAL HISTORY TAKING AS PART OF THE PSYCHIATRY ASSESSMENT IN THE EMERGENCY DEPARTMENT

NILOFER ZAMANI[1], SUSAN MOORE[1], CHRISTOPHER MOHAN[2]

[1] St. Vincent's University Hospital, Dublin
[2] Unaffiliated

MEDICAL STUDENT POSTER PRESENTATIONS

1. DIFFERENCES IN DEMOGRAPHIC & CLINICAL DATA ACROSS THREE AGE COHORTS: AN 18-YEAR COMPREHENSIVE EVALUATION

AHMED ALHSSAR[1], BRIAN HALLAHAN[2,3]

[1] University of Galway
[2] Senior Lecturer & Head of International Students, University of Galway
[3] Consultant Psychiatrist, University Hospital Galway

2. CANNABIS USE AND BRAIN DEVELOPMENT: A SYSTEMATIC REVIEW

SARAH ALSHAMERY[1], V SOOKNARINE[1], L KELLY[1], C BROWN[1], M O'CONNOR[1], A HSU[1], C MAC RUAIRI[1], E O'HORA[1], R NEETOO[1], A NASA[1], D RODDY[1], M CANNON[1]

[1] Royal College of Surgeons Ireland, Dublin

3. MICROSTRUCTURAL CHANGES IN CINGULUM SUBSECTIONS IN MAJOR DEPRESSIVE DISORDER

FRANKLIN J. CROSSEN[1], ANURAG NASA[2], JOHN KELLY[3], VERONICA O'KEANE[3], DARREN RODDY[4], EMMA O'HORA[4], MICHAEL O'CONNOR[4], LIAM KENNEDY[1]

[1] Trinity College Dublin
[2] St Vincent's University Hospital, Dublin
[3] Trinity Institute of Neuroscience, Dublin
[4] Royal College of Surgeons Ireland, Dublin

4. ACTIVITY IN THE DEFAULT MODE NETWORK DURING RUMINATIONS IN DEPRESSION: A SYSTEMATIC REVIEW

EMER CULLEN[1], SAHAR RIAZ[2], EMMA O'HORA[1], AISHLING OZKAYA[2], DARREN RODDY[1], MICHAEL CONNAUGHTON[2]

[1] Royal College of Surgeons Ireland, Dublin
[2] Unaffiliated

5. THE NEUROSCIENCE OF COMPASSION – A SCOPING REVIEW OF THE LITERATURE ON THE NEUROSCIENCE OF COMPASSION AND COMPASSION RELATED THERAPIES

LAURA DELANEY[1], CLAIRE O'DOHERTY[1], MICHAEL O'CONNOR[1], LINDA KELLY[1], EMMA O'HORA[1], HARSHITA KAMAL[1], CARAGH BEHAN[1], DARREN RODDY[1]

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6. BREAKING THE BARRIERS: ETHICAL DILEMMAS AND SYSTEMIC STRUGGLES IN DEMENTIA CARE

HEATHER DIGNAM[1], DERVLA KELLY[1], ANNE-MARIE MORRISSEY[2]

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7. ASSESSING THE TRAVELLER COMMUNITY'S EXPERIENCES OF MENTAL HEALTH ISSUES AND EXPERIENCES IN SEEKING APPROPRIATE MENTAL HEALTH CARE WITHIN THE NORTH CORK AREA

RACHAEL DUNNE[1], ALIN DUMITRESCU[2]

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MEDICAL STUDENT POSTER PRESENTATIONS (Continued)

8. INVESTIGATING THE EFFECTIVENESS OF ORAL KETAMINE ON PAIN, MOOD AND QUALITY OF LIFE IN TREATMENT RESISTANT CHRONIC PAIN

EUNICE LEYVA[1], MICHAEL O'CONNOR[1], KIRK LEVINS[2]
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9. RECOVERY FROM RESTRICTIVE PRACTICES: READINESS TO END SECLUSION: A D-FOREST STUDY

ANNA LINDNER[1,2], BARRY WALLS[2], JOE LEAHY[2], DEARBHLA DUFFY[2], PATRICK MCLAUGHLIN[2], HARRY G. KENNEDY[3,4,5], MARY DAVOREN[2,3,5]
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[3] Department of Psychiatry, Trinity College Dublin
[4] Skou Professor of Forensic Psychiatry, University of Aarhus Denmark
[5] Visiting Professor of Forensic Psychiatry, University of Bari, Italy

10. THE RELATIONSHIP BETWEEN BODY ROUNDNESS INDEX (BRI) AND SUICIDAL IDEATION (SI): RESULTS OF THE 2011–2018 NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY (NHANES)

PINCHENG LUO[1], YANXUE LIAN[1]
[1] University of Galway

11. DIFFERENTIAL CORTISOL RESPONSES TO PHYSICAL AND PSYCHOLOGICAL STRESSORS IN PSYCHOSIS: A META-ANALYSIS

MICHAEL MIKHAIL[1], EMMA O'HORA[1], MICHAEL O'CONNOR[1], DARREN RODDY[1]
[1] Royal College of Surgeons Ireland, Dublin

12. NUMBERS AND CLINICAL PROFILE OF ACUTE MENTAL HEALTH PRESENTATIONS TO THE EMERGENCY DEPARTMENT AT CHILDREN'S HEALTH IRELAND (CHI) – TALLAGHT HOSPITAL

ZEESHAN MOHAMMED[1], KRISTEN MAUNDER[2]
[1] University College Dublin
[2] Children's Health Ireland (CHI), Tallaght Hospital, Dublin

13. NEURODEVELOPMENTAL CONSEQUENCES OF ADOLESCENT CANNABIS USE: A REVIEW OF WHITE MATTER INTEGRITY THROUGH DIFFUSION MRI

MICHAEL O'CONNOR[1], LINDA KELLY[2], EMMA O'HORA[1], CIARAN BROWN[1], AN HSU[1], FRANK CROSSAN[3], DARREN RODDY[2], MARY CANNON[1]
[1] Royal College of Surgeons Ireland, Dublin
[2] Beaumont Hospital, Dublin
[3] Trinity College Dublin

14. MRI VOLUMETRIC CHANGES IN HIPPOCAMPAL SUBFIELDS IN PSYCHOSIS: A SYSTEMATIC REVIEW AND META-ANALYSIS

CLAIRE O'DOHERTY[1], EMMA O'HORA[1], MICHAEL O'CONNOR[1], DARREN RODDY[1]
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15. A TWO-YEAR LONGITUDINAL EVALUATION OF THE IMPACT OF THE COVID-19 PANDEMIC ON PRE-EXISTING MENTAL HEALTH SERVICE ATTENDERS

EMMA O'GORMAN[1], AOIBHEANN RAINFORD[2], EMMA DEVANEY[2], BRIAN O'MAHONY[2], BRIAN HALLAHAN[1]
[1] University of Galway
[2] University Hospital Galway

16. IMAGING THE THREE HUMAN PRIMARY AMYGDALA OUTPUT TRACTS WITH AGE AND SEX CHARACTERISATION ACROSS THE LIFESPAN

EMMA O'HORA[1], MICHAEL O'CONNOR[1], DARREN W. RODDY[1]
[1] Royal College of Surgeons Ireland, Dublin

17. A COMPARISON OF THE ANTERIOR-POSTERIOR AXIS OF THE HIPPOCAMPUS IN PATIENT'S WITH MDD AND CONTROLS

LUCY-ANNE O'SULLIVAN[1], DARREN RODDY[1], EMMA O'HORA[1], MICHAEL O'CONNOR[1]
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18. INVESTIGATING STRUCTURAL ABNORMALITIES IN POSTERIOR THALAMIC RADIATIONS IN ADOLESCENTS WITH PSYCHOTIC EXPERIENCES: A DIFFUSION TENSOR IMAGING STUDY

KHYBER AFRIDI RABBI[1], JUDITH ESTHER LINARES GÓMEZ[1], LUCY-ANNE O'SULLIVAN[1], MICHAEL O'CONNOR[1], DARREN RODDY[1]
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19. EXAMINING THE CORRELATES OF SUICIDALITY IN A HOMELESS POPULATION ATTENDING THE EMERGENCY DEPARTMENT WITH MENTAL HEALTH PRESENTATIONS

PHOEBE REYNOLDS[1], ANNE DOHERTY[2]
[1] University College Dublin
[2] Mater Misericordiae University Hospital, Dublin

20. MAPPING EARLY PSYCHOSIS: HIPPOCAMPUS & AMYGDALA CHANGES IN ADOLESCENTS WITH PSYCHOTIC EXPERIENCES

JAMES WALSH[1], DARREN RODDY[1], AHMAD ALMULLA[1], EMMA O'HORA[1], LINDA KELLY[1], MICHAEL O'CONNOR[1], ASSAEL ALSEHLI[2], ANURAG NASA[2], CIARAN BROWNE[2], SAHAR RIAZ[2], MARY CANNON[2]
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