



**College of Psychiatrists
of Ireland**

Wisdom • Learning • Compassion

WINTER CONFERENCE 2023

**GLOBAL PERSPECTIVES ON PSYCHIATRY:
BRIDGING BORDERS FOR BETTER MENTAL HEALTH CARE**

16th – 17th November
SHERATON HOTEL, ATHLONE

CPD APPROVAL – 13 External / Internal CPD credits (7 + 6)

Welcome

Welcome to our Winter Conference 2023!

I would like to start by acknowledging our College team (Miriam Silke, Jennie Dalton and Karen Smith) who have worked extremely hard to organise this conference and our conference academic committee (listed below) who have contributed many ideas for themes and speakers.



The theme of the winter conference this year is “Global Perspectives on Psychiatry: Bridging Borders for Better Mental Health Care.” This conference represents a valuable opportunity to explore the intersection of Irish psychiatry with the wider world, bringing together clinicians and researchers from Europe and Ireland to discuss future directions in psychiatry. This conference aims to forge connections both nationally and internationally, and promote the exchange of ideas. Together, we aim to bridge borders and shape a brighter future for mental health care not only in Ireland but across the globe.

Our “Global” theme is evident on the first day with keynote lectures from Professor Norman Sartorius, former director of Mental Health at WHO; Dr Marisa Casanova-Diaz, President of the Psychiatry section of UEMS and Professor Subodh Dave, Dean of Education of the Royal College of Psychiatrists UK. After coffee we hold the annual NCHD oral presentation competition with 6 BST and HST trainees presenting their work. After lunch there is a varied series of parallel sessions ranging from “Evolution and ADHD” to the new disease-modifying treatments for dementia; from forensic psychiatry to learning health systems; and workshops on “How to do clinical research” and “Preventing burnout as a consultant”. Truly something for everyone!

In the evening we have one of the highlights of the College year – the CSCST and Exam awards ceremony followed by our conference reception and dinner. A great chance to unwind and meet colleagues we have not seen since the last conference!

Friday starts with a presentation about the “The Irish Journal of Psychological Medicine” which is going from strength to strength with the award of its first impact factor. This is followed by a thought-provoking lecture by Professor Sir Robin Murray on how psychiatry should respond to its critics. After coffee we continue the global psychiatry theme with the launch of the Global Mental Health special interest group – an active SIG within the College and this launch includes presentations about mental health care and training in places as diverse as Malawi and Zambia.

Just before lunch we will announce the winners of the oral and poster presentations and the Journal prizes. The conference ends with a very topical session on Child and Adolescent psychiatry and learnings from the recent Maskey report. This session is of interest to all who practice psychiatry in Ireland with a focus on patient care and safety and psychotropic prescribing. Although this session marks the end of the Winter conference, we hope that this will just be start of many fruitful discussions and that we will all meet again in the Spring to continue the conversations.

A handwritten signature in black ink that reads "Mary Cannon".

Professor Mary Cannon
Vice-President and Conference Academic Coordinator
College of Psychiatrists of Ireland

CONFERENCE ACADEMIC COMMITTEE: Prof Mary Cannon, Dr Caragh Behan, Dr Angela Carballedo, Dr Caoimhe Clarke, Prof David Cotter, Dr Rachael Cullivan, Dr Richard Duffy, Dr Brian Fitzmaurice, Dr Maeve Haran, Dr Gillian Hughes, Dr Deirdre Jackson, Dr Kevin Lally, Prof Aoibhinn Lynch, Prof Geradline McCarthy, Dr Valerie Murphy, Prof Henry O’Connell, Dr Paul O’Connell, Prof John Sheehan, Dr Patricia Walsh

NCHD POSTER JUDGES: Dr Caragh Behan, Dr Fiona Crotty, Dr Mary Scriven & Dr Thekiso Thekiso

NCHD ORAL JUDGES: Dr Caragh Behan, Dr Mary Scriven & Dr Thekiso Thekiso

MEDICAL STUDENT POSTER JUDGES: Professor John Lyne & Professor Fiona McNicholas

THURSDAY 16TH NOVEMBER 2023

| | | |
|---------------|---|---|
| FROM 08:00 | REGISTRATION | HOEY SUITE |
| 08:00 – 09:00 | COFFEE & POSTER EXHIBITION | BURKE SUITE |
| 09:00 – 09:10 | WELCOME ADDRESS Dr Lorcan Martin, President, College of Psychiatrists of Ireland | HOEY SUITE |
| 09:10 – 11:00 | THE FUTURE OF PSYCHIATRY | HOEY SUITE |
| 09:10 – 09:30 | <p>THE FUTURE OF PSYCHIATRY IN A GLOBALISED WORLD PROFESSOR NORMAN SARTORIUS, FORMER DIRECTOR OF MENTAL HEALTH, WORLD HEALTH ORGANISATION AND FORMER PRESIDENT OF THE WORLD PSYCHIATRIC ASSOCIATION AND THE EUROPEAN PSYCHIATRIC ASSOCIATION</p> <p>VIRTUAL PRESENTATION</p> <p>The presentation will discuss the major socio-economic trends influencing the future of health care and then refer to changes in the principles of medicine observed already now. The second part of the presentation will list priorities which should be considered in thinking about ways to organize health care in the years to come.</p> | |
| 09:30 – 10:10 | <p>THE FUTURE OF PSYCHIATRY IN A GLOBAL CONTEXT - THRIVING IN DIVERSITY DR MARISA CASANOVA-DIAS, PRESIDENT, PSYCHIATRY SECTION OF UEMS AND CLINICAL ACADEMIC PSYCHIATRIST, CARDIFF UNIVERSITY</p> <p>Our world is diverse and interconnected, and it's important that we work together to improve mental health care. The UEMS Section of Psychiatry is committed to this goal by setting standards for postgraduate training and continuing education for psychiatrists in Europe. We develop evidence-based guidelines for training and service-related matters; establish standards for professional development and promote harmonization of professional standards. This session will provide an overview of the diverse training and practices across Europe and the measures we take to learn from and improve upon them.</p> | |
| 10:10 – 10:50 | <p>WORKFORCE WELLBEING – CHALLENGES & SOLUTIONS IN THE POST COVID WORLD PROFESSOR SUBODH DAVE, DEAN OF EDUCATION, ROYAL COLLEGE OF PSYCHIATRISTS UK & PROFESSOR OF PSYCHIATRY, UNIVERSITY OF BOLTON</p> <p>Workplace health and safety has been woven into law in most places in the world and hard hats are now a mandatory feature on building sites across the world. However, the focus of these safety features has been on physical health safety and psychological safety has largely been ignored. This is best illustrated in healthcare, where, despite the fact that most workers are likely to encounter significant morbidity, distress and even mortality in their professional life, there is no equivalent of a psychological hard hat. Post-Covid, there has been a spotlight on workforce stress, burnout, moral injury and mental illness and more tragically also on suicides related to workforce related factors. The talk will highlight the need for proactive investment in workforce wellbeing and in creating psychological safe spaces and the role that we can play as Psychiatrists in helping achieve and maintain workforce wellbeing.</p> | |
| 10:50 – 11:00 | PANEL DISCUSSION | CHAired BY: DR MYLES DOYLE & DR FIZNA FYSAL |
| 11:00 – 11:30 | COFFEE BREAK | BURKE SUITE |
| 11:30 – 13:00 | NCHD ORAL PRESENTATION COMPETITION | HOEY SUITE |
| 11:30 – 11:45 | <p>THE MASKEY IMPACT SURVEY: THE IMPACT OF THE MASKEY REPORT, PUBLISHED FOLLOWING AN INDEPENDENT REVIEW OF SOUTH KERRY CAMHS ON CHILD AND ADOLESCENT PSYCHIATRISTS WORKING IN IRELAND DR LAURA BOND, UNIVERSITY COLLEGE DUBLIN</p> | |
| 11:45 – 12:00 | <p>THE MICROBIOTA-GUT BRAIN AXIS IN SOCIAL ANXIETY DISORDER DR MARY I. BUTLER, MERCY UNIVERSITY HOSPITAL, CORK</p> | |
| 12:00 – 12:15 | <p>AMID MAGIC AND MENACE: PSYCHIATRISTS' ATTITUDES TO PSILOCYBIN THERAPY DR ANDREW GRIBBIN, NATIONAL DRUG TREATMENT CENTRE, DUBLIN</p> | |
| 12:15 – 12:30 | <p>A COMPARISON OF RATE AND METHODS OF PROBABLE SUICIDE FOR 2 YEARS PRE AND POST THE ONSET OF THE COVID-19 PANDEMIC DR DYLAN MANNIX, ADULT ACUTE MENTAL HEALTH UNIT, UNIVERSITY HOSPITAL GALWAY</p> | |
| 12:30 – 12:45 | <p>SIMULATION BASED EDUCATION FOR MEDICAL EMERGENCIES IN PSYCHIATRY: A QUALITATIVE EVALUATION OF THE IMPLEMENTATION OF AN INTERPROFESSIONAL WORKSHOP FOR PSYCHIATRY MEDICAL AND NURSING STAFF DR EIMEAR MCMAHON, DEPARTMENT OF PSYCHIATRY, MATER MISERICORDIAE HOSPITAL, DUBLIN</p> | |

THURSDAY 16TH NOVEMBER 2023

12.45 – 13.00

PSYCHIATRISTS - “A LOT OF THEM ARE QUITE NORMAL.” ATTITUDES OF FINAL YEAR MEDICAL STUDENTS TOWARDS PSYCHIATRY IN THE IRISH MIDWEST
DR ROBERT SCROOBY, WEST CLARE CAMHS, QUIN ROAD BUSINESS PARK, ENNIS, CO CLARE

CHAired BY: PROFESSOR DAVID COTTER

13:00 – 14:00

LUNCH

LA PROVENCE RESTAURANT

14:00 – 15:15

PARALLEL SESSIONS – PART 1

SESSION 1

**DISEASE MODIFYING TREATMENTS FOR ALZHEIMER’S:
IS IRELAND READY FOR THEM?**
PROFESSOR IRACEMA LEROI, TRINITY COLLEGE DUBLIN

HOEY SUITE

Until 2021, there was no licenced treatment to delay or slow the progression of the neurodegeneration that characterises Alzheimer disease. However, over the past decade, evidence supporting the potential for dementia prevention through risk reduction has increased, alongside a growing pipeline of medications with the potential for disease modification, targeting the very earliest stages of AD, mild cognitive impairment (MCI) and the mild stage dementia. Of the current ongoing trials of nearly 130 agents for AD worldwide, about 80% are classified as DMT, as opposed to symptomatic therapies for cognitive enhancement or management of neuropsychiatric symptoms. Current potential ‘disease modifying treatments’ (DMTs) for AD include human monoclonal antibody-based agents targeting beta amyloid, two of which have recently received regulatory approval from the FDA in the USA. While promising for the treatment of AD in Ireland, the complexity of drug eligibility, administration, cost, and safety of the DMTs necessitates adopting new models of treatment and care pathways for AD. This presentation will introduce this new class of treatments and discuss the outcomes of a working group which was convened to consider the implications of and health system readiness for DMTs for AD in the Irish context.

CHAired BY: DR ATIQA RAFIQ

SESSION 2

EVOLUTION AND PSYCHIATRY SIG
PROFESSOR HENRY O’CONNELL, CHAIR OF EVOLUTION AND
PSYCHIATRY SPECIAL INTEREST GROUP

GRACE SUITE 2 & 3

AN EVOLUTIONARY PERSPECTIVE ON ADHD

DR ANNIE SWANEPOEL, CONSULTANT CHILD AND ADOLESCENT PSYCHIATRIST, SET CAMHS
LEARNING DISABILITY, NORTH EAST LONDON FOUNDATION TRUST

ADHD is now recognised to be a common neurodevelopmental disorder, which raises the question of why it was not eliminated through natural selection. In this talk, we will consider the evidence for ADHD being a “disorder” and raise the question of whether it can be more accurately seen as being at the end of a spectrum of neurodiversity, which has adaptive advantages in certain situations. People with ADHD are caught in an evolutionary mismatch in which the current environment of sedentary work which requires concentration does not fit with the environment in which humans evolved. An evolutionary perspective on ADHD can help psychiatrists understand and help people with ADHD with more compassion and more skill.

**THE ONLY SIG WITH A ‘STACK: THE FOUNDATIONS OF A MONTHLY
COLLABORATIVE ‘JOURNAL’ ON EVOLUTION & PSYCHIATRY’**

DR GURJOT BRAR, VICE CHAIR OF EVOLUTION AND PSYCHIATRY SPECIAL INTEREST GROUP

CHAired BY: PROFESSOR HENRY O’CONNELL

SESSION 3

HOW TO DO CLINICAL RESEARCH
PROFESSOR PAUL FEARON, PROFESSOR MARY CLARKE, PROFESSOR GERALDINE MCCARTHY,
DR AOIFE O’CALLAGHAN, DR SEAN NAUGHTON

GRACE SUITE 1

This session will explore the practical issues around how to successfully commence, sustain and complete clinical research in the context of working in a clinical post, whether at trainee or at senior level. The session will also consider the evolving, increasingly important relationship between research ethics committees (and how to navigate them successfully), available infrastructure and your research.

CHAired BY: PROFESSOR PAUL FEARON

15:15 – 15:45

COFFEE BREAK

BURKE SUITE

THURSDAY 16TH NOVEMBER 2023

15:45 – 17:00

PARALLEL SESSIONS – PART 2

SESSION 4

MANAGING A CONSULTANT PRACTICE PREVENTING BURN-OUT

HOEY SUITE

DR DECLAN MURRAY & DR PATRICK DEVITT

A satisfied career in Psychiatry requires, above all, organisation and prioritisation skills. We discuss basic principles and then workshop various thorny scenarios from everyday practice. We expect that attendees will come away with a renewed sense of focus and optimism.

CHAired BY: DR MARY SCRIVEN

SESSION 5

THE DUNDRUM FORENSIC REDEVELOPMENT EVALUATION STUDY (D-FOREST) - EVALUATING THE PATIENT BENEFIT OF THE MOVE OF THE NATIONAL FORENSIC MENTAL HEALTH SERVICE (NFMHS) TO THE PORTRANE CAMPUS, DUBLIN

GRACE SUITE 2 & 3

**DR MARY DAVOREN, DR M. UMER WAQAR, DR MOHAMED ALSAFFAR, DR BABAFEMI
OGUNNAIKE, DR SEAN MURRAY & DR AISLING O'REILLY**

The Dundrum Forensic Redevelopment Evaluation Study (D-FOREST) is a prospective study of patient benefit from the move of the National Forensic Mental Health Service to a new modern campus in Portrane, Co. Dublin. This workshop will present the methodology and early results of the D-FOREST study, focusing on acuity of mental health needs on admission, physical health concerns and the patient experience.

- Introduction to the D-FOREST study – Dr Mary Davoren.
- Rates of admission, urgency of need for admission and the need for restrictive practices after admission to the CMH – Dr M. Umer Waqar.
- Self-rated measures of programme completion and recovery among the patient group of the NFMHS – Dr Mohamed Alsaffar.
- Repeated measures of overweight and obesity among patients in the NFMHS – Dr Babafemi Ogunnaike.
- Structured measures of insight into schizophrenia among patients in the NFMHS – Dr Sean Murray.
- Self-rated measures of ward atmosphere and quality of life before and after the move to the CMH Portrane campus – Dr Aisling O'Reilly.
- Treatment Resistant Psychoses in the National Forensic Mental Health Service population – Dr M. Umer Waqar.
- Discussion and questions

CHAired BY: DR MARY DAVOREN

SESSION 6

WORKSHOP: AN INTRODUCTION TO LEARNING HEALTH SYSTEMS

GRACE SUITE 1

**DR TOM FOLEY, CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST,
DONEGAL MENTAL HEALTH SERVICES**

In this session, we will explore how to create services and whole health systems that have the capability to learn from every patient who is treated. With hospitals deploying Electronic Health Records and a new national Integrated Community Case Management System in procurement, how can we bring IT and Quality Improvement together to create a Learning Health System? What does a Learning Health System look like and how might it apply in mental health services? We will discuss the importance of complexity in improving services, describe the building blocks of a Learning Health System and offer advice on how to get started.

17.00 – 17.10

ANNOUNCEMENT OF THE MEDICAL STUDENT POSTER COMPETITION PRIZE

HOEY SUITE

THURSDAY 16TH NOVEMBER 2023

19:00 – 19:30

CSCST & EXAM AWARDS CEREMONY

GRACE SUITE 2 & 3

Photographer available from 6pm
Ceremony begins at 7pm

19:30 - LATE

COLLEGE OF PSYCHIATRISTS OF IRELAND CONFERENCE DINNER

(Dinner ticket required, Pre-booking essential)



19:30 – 20:00

DRINKS RECEPTION

SIEGE SUITE

20:00 - LATE

CONFERENCE DINNER

HOEY SUITE

Followed by music from the House DJ until late

FRIDAY 17TH NOVEMBER 2023

| | | |
|--|---|-------------|
| 09.20 – 09.30 | WELCOME ADDRESS Professor Mary Cannon, Vice President, College of Psychiatrists of Ireland | HOEY SUITE |
| 09.30 – 10:00 | IRISH JOURNAL OF PSYCHOLOGICAL MEDICINE: IMPACT FACTOR AND HOW JOURNAL PUBLICATIONS CAN MAKE IMPACT PROFESSOR ANNE DOHERTY, CONSULTANT LIAISON PSYCHIATRIST, MATER MISERICORDIAE HOSPITAL AND SOCIAL MEDIA EDITOR, IJPM AND PROFESSOR JOHN LYNE, ASSOCIATE PROFESSOR, RCSI, CONSULTANT PSYCHIATRIST, WICKLOW MENTAL HEALTH SERVICES AND EDITOR-IN-CHIEF, IJPM This session will discuss recent developments in the Irish Journal of Psychological Medicine, including the relevance of journal impact factor. The session will also focus on how research published in journals can influence and have impact on clinical practice, service development and mental health policy. | HOEY SUITE |
| 10:00 – 10:45 | KEYNOTE SPEAKER HOW SHOULD PSYCHIATRY RESPOND TO ITS CRITICS - WITH VEHEMENCE OR CONCILIATION? PROFESSOR SIR ROBIN MURRAY, INSTITUTE OF PSYCHIATRY, KINGS COLLEGE LONDON Psychiatry is often criticised, for example for the continued use of ECT, preoccupation with the minutia of DSM/ICD diagnoses, excessive use of medications or compulsory treatment. The critics include pseudo religious groups such as the Scientologists with whom dialogue is impossible. Others with extreme views include radical psychologists who consider that their profession should take over the care of most of the mentally ill from psychiatrists. However, significant criticism also comes from user groups, other mental health professionals, Hearing Voices groups, psychiatric historians, and even from fellow psychiatrists such as those in “Critical Psychiatry”. This criticism can, at times, be vitriolic - see the website for “Mad in America” (and its offspring “Mad in the UK”). Psychiatry sets out to provide care for those with mental health problems i.e. to provide a service to them. Service industries (e.g. hotels, airlines), generally survey their consumers to assess their satisfaction or otherwise. However, the orthodox psychiatric response to criticisms of care has often been to discount sceptics as ill-informed, paranoid, or simply misled. Some psychiatrists have attempted to have dialogue with the critics, not always successfully. This presentation will consider the options, bearing in mind that bad experience of psychiatric care drives patients away, and that companies that lose touch with their customers tend to go out of business. | HOEY SUITE |
| CHAired BY: PROFESSOR COLM MCDONALD | | |
| 10:45 – 11:15 | COFFEE BREAK | BURKE SUITE |
| 11:15 – 12:45 | GLOBAL MENTAL HEALTH – REACHING OUT | HOEY SUITE |
| 11:15 – 11:40 | GLOBAL MENTAL HEALTH SPECIAL INTEREST GROUP LAUNCH DR HIBERET TESSEMA BELAY, CONSULTANT PSYCHIATRIST, CONNOLLY HOSPITAL, BLANCHARDSTOWN | |
| 11:40 – 12:00 | OPPORTUNITIES IN GLOBAL MENTAL HEALTH (ZAMBIA) PROFESSOR JOHN SHEEHAN, ASSOCIATE CLINICAL PROFESSOR, UNIVERSITY COLLEGE DUBLIN International psychiatry is of increasing importance in modern Ireland. With globalisation and attendant migration, Ireland has become a multicultural, multi-ethnic society. As part of an initiative of the SIG in Global Mental Health, four Irish psychiatrists recently visited Zambia in southern Africa to explore the possibility of collaboration between the CPsychI and the mental health services of Zambia. At present, the services in Zambia are underdeveloped with just eleven psychiatrists covering the population of 20 million people. The needs are great. The CPsychI could assist in the training of psychiatrists in Zambia, particularly using on-line technologies, and at the same time, learn about international psychiatry. Such an arrangement could be of mutual benefit. | |

12:00 – 12:30

THE SCOTLAND-MALAWI MENTAL HEALTH EDUCATION PROJECT - SUCCESSES AND LESSONS LEARNED

DR ROBERT STEWART, UNIVERSITY OF EDINBURGH

The Scotland Malawi Mental Health Education Project (SMMHEP) was established in 2008 as a partnership between UK psychiatrists and the College of Medicine, University of Malawi (now Kamuzu University of Health Sciences). With funding largely from the Scottish Government, SMMHEP has successfully supported the development of mental health education in Malawi. Over 100 psychiatrists have volunteered to deliver undergraduate psychiatry teaching, and a postgraduate psychiatry programme has been established, with 4 psychiatrists graduated and 6 more in training. Other activities include an annual mental health conference, training of 500 primary care health workers, establishing a quality improvement team in Malawi's main psychiatric hospital, and publishing of a practical manual for frontline health workers. In this presentation I will describe the history of this hugely rewarding partnership, as well as flagging up some of the challenges and lessons learned, with the aim of encouraging other similar projects and partnerships.

12:30 – 12:45

PANEL DISCUSSION

**PANEL MEMBERS: PROFESSOR ANNE DOHERTY, DR FIONA FENTON &
PROFESSOR FIONA MCNICHOLAS**

CHAired BY: DR HIBERET TESSEMA BELAY & DR ZAHRA LEGRIS

12:45 – 13:00

ANNOUNCEMENT OF PRIZES NCHD ORAL AND POSTER COMPETITIONS, IJPM JOHN DUNNE MEDAL 2022, IJPM ADA ENGLISH MEDAL 2022

HOEY SUITE

13:00 – 14:00

LUNCH

LA PROVENCE RESTAURANT

14:00 – 16:15

PSYCHOTROPIC PRESCRIBING AND PATIENT SAFETY; “SPOTLIGHT ON CHILD AND ADOLESCENT PSYCHIATRY” LEARNINGS FROM RECENT EXPERIENCES IN CAMHS

HOEY SUITE

**DR COLETTE HALPIN, CONSULTANT CHILD PSYCHIATRIST & INDEPENDENT CHAIR, EXPERT
AUDIT TEAM**

**DR SUZANNE MCCARTHY, SENIOR LECTURER IN CLINICAL PHARMACY, UCC & MEMBER EXPERT
AUDIT TEAM**

**DR ORLA HEALY, DIRECTOR, NATIONAL CLINICAL DIRECTOR OF QUALITY AND PATIENT
SAFETY, HSE**

**DR AMANDA BURKE – CONSULTANT CHILD PSYCHIATRIST, EXECUTIVE CLINICAL DIRECTOR
AND NATIONAL CLINICAL LEAD FOR CHILD AND YOUTH MENTAL HEALTH.**

January 2022 saw the publication of the Maskey Report on the “Look Back Review into CAMHS” in South Kerry. It highlighted serious and concerning deficits in patient care, governance and administration of the service in the local area. This has prompted intense unprecedented focus on CAMHS in the whole country by the political system, the media, the public and many stakeholders. As a result, An Taoiseach and the Minister of State for Mental Health directed that national Audits of prescribing, COGs and an experience of service study be carried out. The first ever inspection of Community CAMHS by the Inspector of Mental Health services was also carried out with a subsequent damning report, published in July 2023, resulting in a call for immediate regulation of CAMHS.

Central to all of this is the core concern of “patient care and safety” in every area of the services, with an emphasis on prescription of psychotropics and monitoring for adverse effects. In this session, we will present results of the first ever audit of psychotropic prescribing of this scale in Ireland, “National Audit of Prescribing in CAMHS” (February 2023), the importance of audit in patient safety, the role of the National Centre for Clinical Audit, and explore potential future directions.

CHAired BY: DR TOM FOLEY

Biographies



ALSAFFAR, MOHAMED is a Higher Specialist Trainee specialising in General Adult and Forensic Psychiatry. He is Trainee Editor at the Irish Journal of Psychological Medicine. Currently he is undertaking a research post at the Institute of Psychiatry, Psychology and Neuroscience, King's College London.



BELAY, HIBERET TESSEMA, MD, MRCPsych, is a Consultant General Adult Psychiatrist at Connolly Hospital Blanchardstown, Dublin and Honorary Senior Lecturer with the RCSI, Department of Psychiatry. Dr Belay completed her undergraduate degree in Ethiopia, Gondar College of Medical Sciences. She completed her basic and higher specialist training in psychiatry in Ireland. She has interest in medical education and global mental health. She has been awarded an Erasmus scholarship and obtained her master's degree in Humanitarian Assistance from UCD. She is Chair of the Global Mental Health Special Interest Group with the College of Psychiatrists of Ireland.



BRAR, GURJOT is a Higher Specialist Trainee dual training in General Adult Psychiatry and Psychiatry of Intellectual Disability. He has recently taken the position of Vice-Chair of the Evolution and Psychiatry SIG in the College of Psychiatrists of Ireland. Additionally, he holds a master's in medical education and clinical neuropsychiatry. He retains a lively interest in evolutionary psychiatry and has begun publishing in the field. He is founding co-editor of the Evolution and Psychiatry Substack with Professor Henry O'Connell.



BURKE, AMANDA has recently been appointed as National Clinical Lead for CAMHS and Youth Mental Health. She has worked as the Executive Clinical Director of the Galway/Roscommon Mental Health Services since 2013 and as Clinical Director of the CAMHS Services in CHO2 since 2011. Amanda qualified from TCD in 1992 and achieved MRCPsych in 1996. She graduated as a systemic family therapist from UCD and attained a MSC in Health Service management from TCD. She holds further qualifications in medical management, health informatics, medical education and trauma informed care.

Dr Burke is a previous Chair of the Faculty of Child and Adolescent Psychiatry and Executive member of the College of Psychiatrists of Ireland. She has been a passionate advocate for development of CAMHS and Youth mental health services. Dr Burke was a member of the oversight group that developed the mental health policy "Sharing the Vision". Her research interests include the development of advocacy services in CAMHS, the use of telemedicine to provide equitable access to services through the development of CAMHS Hubs and the introduction of trauma informed care and trauma specific services into the mental health services.

Biographies



CASANOVA DIAS, MARISA is a clinical academic psychiatrist at Cardiff University. She was awarded an MRC (Medical Research Council) Clinical Research Training Fellowship to pursue a PhD to study bipolar disorder in the perinatal period, which she combines with being an honorary consultant psychiatrist. Marisa was seconded to the Parliamentary Office of Science and Technology where she worked on a policy briefing on the mental health impacts of the COVID-19 pandemic. She has worked at King's College London, researching women's mental health and contributing to the Policy Research Unit work. Marisa trained at the Maudsley and University College London schemes and holds an MSc in Psychiatric Research from University College London. During her training, she was awarded a year-long leadership fellowship at the National Institute for Health and Care Excellence (NICE), where she contributed to the Bipolar Guideline.

She is president of the European Union of Medical Specialists (UEMS) Section of Psychiatry, secretary of the European Psychiatric Association's (EPA) Section on Women's Mental Health and member of the EPA's Publication Committee. She is an executive committee member of the Faculty of Perinatal Psychiatry and the International Advisory Committee of the Royal College of Psychiatrists. She is a past president of the European Federation of Psychiatric Trainees (EFPT) and set up the EFPT Exchange Programme. Marisa was appointed to the Lancet Psychiatry 'Commission on the Future of Psychiatry in Ukraine: A Vision for Change' and is chairing the Education and Training group.



CLARKE, MARY is a consultant psychiatrist at St John of God Community Services and the Clinical Lead of the DETECT early intervention in psychosis service, which covers CHO 6. She is a Clinical Professor of Psychiatry in UCD and Vice Dean of the St Vincent's University Hospital/UCD Deanery. Her research interests focus on long term outcomes in first episode psychosis, physical health in serious mental illness and service development and evaluation in early intervention in psychosis programmes. She is a fellow of the Royal College of Psychiatrists UK and the Royal College of Physicians in Ireland.



DAVE, SUBODH (pronounced – Soo -both but replace t with a d) was elected as Dean of RCPsych UK in 2021. He holds this role until 2026. He has overall responsibility for setting standards for and facilitating the effective delivery of psychiatric education and training.

Subodh is an international medical graduate having done his MD and DNB (Psychiatry) from Grant Medical College, Mumbai, India. He moved to the UK in 1995 and obtained his CCT in General Adult Psychiatry with an endorsement in Liaison Psychiatry. He works as Consultant Liaison Psychiatrist in Derbyshire Healthcare Foundation Trust and is Professor of Psychiatry at the University of Bolton. He is Deputy Director of Undergraduate Medical Education and in that role has led innovations in introducing and embedding simulation and lived-experience involvement in the training of medical students at the University of Nottingham. Subodh has held training roles at all levels spanning undergraduate, foundation and postgraduate training both in the UK and internationally.

He is passionate about ensuring that training, assessment structures and CPD (Continuing Professional Development) programmes lead to improvements in patient care and clinical outcomes.

To that effect, his key priorities are: 1) Address health inequalities: faced by patients with mental illness often compounded by other disadvantages, for example, poverty, early-life trauma, race and gender-based discrimination.

2) Integrate advances in neurosciences and social sciences to increase focus on public mental health and personalised care in our training and assessment.,
3) Patient-focused use of data/digital tools and embedding lived-experience to make our training and practice more rewarding for learners and patients.

4) Improve well-being: Happy doctors = Happy patients. Making learning personally fulfilling, meaningful, intellectually stimulating, emotionally engaging and fun.

Subodh enjoys running and has run several marathons to raise money for mental health charities. He recently ran the Berlin marathon in under 3 hours.

Biographies



DAVOREN, MARY MB BCh BAO, M.D., FRCPsych is a Consultant Forensic Psychiatrist at the National Forensic Mental Health Service, Portrane, Dublin and Clinical Senior Lecturer in Forensic Psychiatry, Trinity College University of Dublin. She is visiting Professor of Forensic Psychiatry University of Bari “Aldo Moro”, Italy and visiting lecturer in Forensic Psychiatry at University College Dublin. Dr Davoren is Vice-President of the Medical Council of Ireland. Dr Davoren completed Adult Psychiatry Training in Ireland (CSCST College of Psychiatry of Ireland) and Forensic Psychiatry Training in London (CCT Royal College of Psychiatrists). She was previously an academic clinical fellow in Forensic Psychiatry at the Violence Prevention Unit, Queen Mary University of London, a partner site of the Violence Prevention Alliance of the World Health Organisation. Prior to taking up her current role in NFMHS Ireland, Dr Davoren was a Consultant Forensic Psychiatrist and High Secure Research Lead at Broadmoor High Secure Hospital England. Dr Davoren is currently the lead consultant on the high dependency ward at the NFMHS, Portrane and visiting Psychiatrist at Arbourhill Prison, Dublin. Dr Davoren completed her M.D. higher degree in research on Forensic Recovery Pathways, at Trinity College Dublin. Dr Davoren has published book chapters and research papers in the area of recovery in forensic settings, prisoner healthcare needs and physical health of patients in secure settings. Dr Davoren is editor of the forthcoming book, *Seminars in Forensic Psychiatry* second edition, for the Royal College of Psychiatrists and Cambridge University Press.



DEVITT, PATRICK is a Consultant Psychiatrist with a variety of interests over his career, including Management, Community Psychiatry, Law/Regulation and Medico-legal Psychiatry.



DOHERTY, ANNE is Associate Professor of Psychiatry at University College Dublin, Consultant Liaison psychiatrist at the Mater Misericordiae University Hospital, and is the Head of Courses and E-Learning at the College of Psychiatrists of Ireland. She previously held substantive posts at Galway University Hospital and King's College Hospital, London, where she led the award-winning 3 Dimensions of Care for Diabetes service (3DFD). She is Editor in Chief of the Books Programme at the Royal College of Psychiatrists, London and Social Media Editor at the Irish Journal of Psychological Medicine.



FEARON, PAUL is Medical Director of St Patricks Mental Health Services, Clinical Professor of Psychiatry at Trinity College Dublin and Chair of the Faculty of Academic Psychiatry in the College of Psychiatrists of Ireland. He graduated in Medicine from University College Dublin, and after 5 years postgraduate training in general medicine, he specialised in psychiatry. He completed his training at the Maudsley Hospital, London and was a consultant general adult psychiatrist there for 7 years. As a senior lecturer at the Institute of Psychiatry in London, he headed the Section of Social Psychiatry and Epidemiology. He returned to Dublin to take up his post as Clinical Professor in Psychiatry and General Adult Consultant Psychiatrist in St. Patricks Hospital and Trinity College Dublin in 2008. He acted as Assistant Medical Director from 2015 prior to taking up his post as Medical Director in January 2020. He has published over 100 peer-reviewed papers, largely in the areas of the epidemiology and the role of socioenvironmental factors in schizophrenia and bipolar disorder and in Quality of Care in Mental Health Services.

Biographies



FENTON, FIONA has been a Consultant Psychiatrist in the HSE National Drug Treatment Centre and Beaumont Hospital since 2013. She is the College of Psychiatrists' Tutor in the HSE NDTC and is also an Assistant Clinical Professor in UCD. Having initially trained in General Practice, she worked in the UK and Australia. Dr Fenton commenced basic training in Psychiatry at the Royal Edinburgh Hospital and completed her higher specialist training on the West of Scotland Scheme in Glasgow, obtaining her CCST in 2004. On her return to Ireland, she worked in Old Age Psychiatry services and the Mental Health Commission. She obtained an MSc in Healthcare Ethics and Law in 2009 and a Diploma in Leadership and Quality Improvement in 2014. Dr Fenton is an active member of the College and is a member of the Faculty of Addictions Psychiatry and the Professional Competence Committee. She sits on the National Oversight Committee in the Department of Health, which is tasked with a review of the National Drugs Strategy. Additionally, Dr Fenton chairs the Strategic Implementation Group 3 which is developing integrated care pathways for high-risk drug users to achieve better health outcomes.

Recent research publications include a serological study on COVID-19 infection in patients receiving OAT during the SARs-COV-2 pandemic and consideration of the potential protective effects of OAT therapy on COVID-19 infection.



FOLEY, TOM is a consultant Child and Adolescent psychiatrist in Donegal. He is also the Principal Investigator on the Health Foundation Funded, Learning Healthcare Project at Newcastle University. Until 2020, he was Senior Clinical Lead for Data at NHS Digital, where he had clinical responsibility for the English national data collections. Before moving home, Tom worked with NHS England, NHSX, Health Education England, the Care Quality Commission and the General Medical Council.

One of his reports on Learning Health Systems can be found here: <https://learninghealthcareproject.org/wp-content/uploads/2021/05/LHS2021report.pdf>



HALPIN, COLETTE Consultant Child Psychiatrist, FRCPSych, FRANZCP. Previous Chair of the Faculty of Child and Adolescent Psychiatry and Irish College of Psychiatrists, present member of Council, CPsychI. Consultant Child Psychiatrist in the Midland Region for 17 years followed by 5 years as Consultant and Head of Service at Paediatric Consultation Liaison and Gender Diversity services, Princess Margaret Hospital in Perth, West Australia. Since returning to Ireland in 2018 she has held various part-time locum clinical posts in CAMHS, various consultation assignments, Chair of the National Audit of Prescribing in CAMHS and presently Chair of the Look Back Review in North Kerry CAMHS.



HEALY, ORLA MD, MPH FRCP FFFPHM (I) and National Clinical Director of Quality and Patient Safety in the HSE. A graduate of UCC, Orla worked in hospital medicine for five years before embarking in a career in Public Health Medicine. She has occupied a range of senior executive and clinical leadership roles at regional and national levels in the health services including Director of Quality, Governance and Patient Safety, Director of Strategy, Planning and Population Health and Chief Operations Officer. In 2018, she was made Adjunct Clinical Professor in the School of Public Health UCC. Since taking up post as National Clinical Director of Quality and Patient Safety in the HSE in April 2021, Orla has reconfigured the Corporate Quality and Patient Safety Directorate, to deliver on the organisations Patient Safety Strategy. The goal of NQPSD is to work in partnership with HSE operations, patient representatives and other internal & external partners to improve patient safety and the quality of care.

Biographies



LEROI, IRACEMA is a Professor of Geriatric Psychiatry, Trinity College Dublin and the Global Brain Health Institute (www.gbhi.org), and a consultant geriatric psychiatrist at St James' Hospital, Dublin. She trained in Canada and in the US, in the neuropsychiatry programme at Johns Hopkins University, and until recently, was Professor of Psychiatry at the University of Manchester where she founded and led the Greater Manchester Dementia Clinical Trials' Programme. She is now leads HRB-CTN Dementia Trials Ireland network. Iracema has a particular interest in the mental health aspects of Lewy body diseases. She has been the lead or co-applicant on grants worth over £30 million. She is currently the Chief Investigator of EU-wide H2020 SENSE-Cog programme (www.sense-cog.eu) involving 8 nations and 37 investigators. SENSE-Cog aims to understand better the links among age-related hearing, vision and cognitive impairment and the impact of improving hearing and vision in people with dementia.



LYNE, JOHN is an Associate Professor in Royal College of Surgeons in Ireland and Consultant Psychiatrist in Wicklow Mental Health Services. Dr Lyne has been Editor-in-Chief of Irish Journal of Psychological Medicine since 2016. He has completed doctoral research on negative symptoms in early psychosis and is authored on over 70 peer reviewed scientific papers.



MCCARTHY, GERALDINE is a graduate of UCD, Cardiff University (MD) and University of Galway. She completed postgraduate training in Australia, Dublin, Cardiff and Bristol before establishing a new service in 2001 as Consultant in Psychiatry of Old Age covering Sligo, Leitrim West, Cavan and South Donegal. She has been working in the NorthWest as a Clinician in a deprived rural setting and has been involved in innovation, education, service development and services-based research from the start. She is an Honorary Full Professor with NUIG School of Medicine since 2017. She is actively involved in undergraduate and postgraduate education and research and is Dean of Undergraduate Medical Education, Sligo Medical Academy (University of Galway) and Vice Dean of the CPsychI BST Postgraduate Psychiatry Training Programme, University of Galway/RCSI Deanery. She advocates for service improvement (with a robust evidence base) in her roles as Clinical lead, Model of care for Older Persons, Mental Health service provision, sits on National Dementia Office steering group, Co-Applicant on Dementia Trials Ireland and PI on a number of Cross Border/European studies. She has a keen interest in services-based research, has published widely and current interests include Delirium, Genetics, Carer Burden, Dementia and she loves supporting students and trainees on their research journey



MCCARTHY, SUZANNE is a Senior Lecturer in Clinical Pharmacy at the School of Pharmacy, University College Cork where she has worked since 2008. Prior to this, Suzanne worked as a researcher in University of London and worked as a pharmacist in various hospitals across the UK, including the Evelina Children's Hospital and Kings College Hospital, London. Suzanne has conducted extensive pharmacoepidemiology and pharmacovigilance research in the area of child and adolescent mental health, with a particular focus on the use and safety of medication for the treatment of ADHD. She has published over 50 papers in journals including The Lancet Psychiatry, BMC Psychiatry, JAMA Psychiatry and was a co-author on the highly cited 'World Federation of ADHD international consent statement' published in 2021. Suzanne was a member of the group tasked to undertake the national audit of prescribing in CAMHS and is co-PI on the project commissioned to explore service users' experiences of CAMHS..

Biographies



MCNICHOLAS, FIONA is a Consultant in Child and Adolescent Psychiatry in Lucena Clinic, Rathgar and Our Lady's Hospital for Sick Children, Crumlin. She trained in Psychiatry in Guys Hospital, and in Child Psychiatry in Great Ormond Street Hospital, London. She carried out a research fellowship in Stanford University, CA in 1999-2001 and returned as visiting professor in 2013/2014. She was Assistant Professor at Columbia University, NY prior to her appointment in 2001 as full professor and academic lead in Dept. of Child and Adolescent Psychiatry, School of Medicine and Medical Science, University College Dublin. Prof Fiona McNicholas' main area of clinical work at present is eating disorders, 22Q11DS, and acute psychiatry presentations via her role in paediatric liaison psychiatry. She has a particular interest in increasing knowledge about, access to, and delivery of, evidence-based services within child and adolescent mental health services (CAMHS), along with clinician wellbeing. She contributes to postgraduate training within psychiatry and other disciplines including Paediatrics, GP, Social Work and education. She is also very active by way of public dissemination and provides regular information sessions for families, schools and hosts a UCD weekly webinar on matters related to mental health. She is recipient of many research grants and has published over 300 articles, book chapters and co-authored a book on mental health in child and adolescents, a guide for teachers, with an upcoming book for GPs. <https://orcid.org/0000-0001-9428-6908>



MURRAY, DECLAN was a consultant psychiatrist with the NHS in England from 1990 to 1994, then a consultant psychiatrist with the HSE from 1994 to 2016. His work at HSE has included Community Mental Health Team, Dialectical Behaviour Therapy Team Leader and full-time on an acute inpatient unit. He is currently a Consultant Psychiatrist in Medico-Legal and Occupational Psychiatry. He is an Adjunct Senior Clinical Lecturer in University of Limerick and was an examiner with the Royal College of Psychiatrists for 20 years. He has published on perinatal depression, suicide risk assessment and ADHD in general adult psychiatry.



MURRAY, ROBIN is Professor of Psychiatric Research at the Institute of Psychiatry, London. He was one of the first to suggest that schizophrenia was in part a neurodevelopmental disorder, and he has contributed to the understanding that environmental factors such as obstetric events, drug abuse and social adversity increase the risk of psychosis. He is the most frequently cited psychosis researcher outside the USA, has supervised 80 PhDs and 12 MD Theses, and 40 of his students have become full professors. He was elected a Fellow of the Royal Society in 2010 and received a knighthood in 2011.



MURRAY, SEAN is an Irish higher specialist trainee in General Adult Psychiatry and Liaison Psychiatry with special interests in Forensic Psychiatry and Psycho-Oncology.

Biographies



O'CALLAGHAN, AOIFE, is a Higher Specialist Trainee dual training in General Adult and Old Age Psychiatry on the Academic pathway. She obtained a PhD in Psychiatry from Trinity College Dublin on work studying perceived coercion in inpatient psychiatry settings.



O'CONNELL, HENRY works as a Consultant Psychiatrist with Laois-Offaly Mental Health Service, based in Portlaoise, and he is Adjunct Clinical Professor with the School of Medicine at the University of Limerick. A graduate of Trinity College Dublin in 1997, Henry holds Masters and Doctorate level qualifications in medical education and in delirium research. He has a career long interest in the application of evolutionary principles to the study of mental health and illness and in 2021 he became the Founding Chair of the College of Psychiatrists of Ireland Evolution and Psychiatry Special Interest Group. In 2023 he was elected to the executive committee of the World Psychiatric Association Section of Evolutionary Psychiatry. His textbooks include 'Problem-Based Psychiatry' (2020) and 'Evolution and Psychiatry: Clinical Cases' (2022).



SARTORIUS, NORMAN MD, PhD, FRCPsych was the Director of the Mental Health Division of the World Health Organization and served as the President of the World Psychiatric Association and of the European Psychiatric Association. He is now the President of the Association for the Improvement of Mental Health Programs, a non-governmental organization located in Geneva. Professor Sartorius holds several professorial positions in Europe, the USA and elsewhere. He published more than 500 papers in peer-reviewed journals and authored, co-authored, edited or co-edited more than 120 books.

Professor Sartorius' main areas of interest at present are the comorbidity of mental and physical disorders, the protection of human rights of people with mental illness and their carers, the reduction of the stigma of mental disorders and the education of psychiatrists and other stakeholders in the field of mental health. In his previous positions he was the principal investigator of a number of international collaborative studies and projects dealing with schizophrenia and other major mental diseases, comorbidity of mental and physical illnesses, health service development and education of different categories of staff.



SHEEHAN, JOHN graduated in Medicine from UCD in 1980 and trained in General Medicine, Psychotherapy and Psychiatry in Ireland and the UK. For two years in the early 80s, he worked as a medical officer in a mission hospital in Zambia. He was appointed as a Consultant Psychiatrist to both the Mater Misericordiae University Hospital and the Rotunda Hospital, Dublin in 1995, specialising in Liaison and Perinatal Psychiatry. In 2016, he was appointed as an Associate Clinical Professor in the UCD School of Medicine. He has held several executive roles in the Royal College of Psychiatrists, the Irish College of Psychiatrists and the College of Psychiatrists of Ireland.

Biographies



STEWART, ROBERT is a psychiatrist and founding member of the Scotland-Malawi Mental Health Education Project (SMMHEP). He has worked in Malawi since 2005 in teaching, clinical and research roles. He is currently employed by the University of Edinburgh on a family/birth cohort to study the impact of maternal mental health on child health.



SWANEPOEL, ANNIE, is a Consultant Child and Adolescent Psychiatrist in the SET CAMHS Learning Disability team in the Northeast London Foundation Trust. She is the co-chair of the World Psychiatric Association Evolutionary Psychiatry Section and the newsletter editor of the Evolutionary Psychiatry Special Interest Group of the Royal College of Psychiatrists in the UK. She holds a PhD in Human Physiology and has a special interest in developmental trauma and neurodevelopmental disorders.

BIOGRAPHIES

NCHD POSTER PRESENTATIONS

1. ADHERENCE TO STANDARDS OF INDIVIDUALISED CARE AND RECOVERY PLANNING (ICP) DOCUMENT IN AN APPROVED ACUTE MENTAL HEALTH CARE CENTRE. A COMPLETE AUDIT CYCLE

ZARA ANUM¹, SYED MOHAMMAD UMAR KABIR², MICHELLE DONNELLAN¹, DAYANANDA SIDDAIAH¹, RUTH COLLINS¹, PATRICK KIRWAN¹

¹St. Michael's Unit, Mercy University Hospital, Cork

2. CHALLENGES FOR AN GARDA SÍOCHÁNA AS FIRST RESPONDERS TO CHILDREN AND YOUNG PEOPLE PRESENTING WITH MENTAL HEALTH CRISES FROM THE PERSPECTIVE OF EMERGENCY DEPARTMENT PROFESSIONALS

LAURA BOND¹, LOUISE ROONEY¹, DEIRDRE HEALY¹, FIONA MCNICHOLAS¹

¹University College Dublin

3. SLEEP PROBLEMS IN CHILDREN AND ADOLESCENTS IN AN ATTENTION DEFICIT HYPERACTIVITY DISORDER SERVICE

LAURA BOND¹, DANIEL MCTIERNAN¹, MICHAEL CONNAUGHTON¹, ELIZABETH HERON¹, ANDREW COOGAN², JANE MCGRATH¹

¹Trinity College Dublin

²Maynooth University, Co Kildare

4. EVALUATING THE USE OF SCID-5-PD TO AID DIAGNOSTIC FORMULATION IN AN ADULT PSYCHIATRIC INPATIENT POPULATION

MOLLY BREDIN¹, HENRY ROBERTS², IOLANDA TIEDT³, SORCHA MCMANUS⁴, GAVIN RUSH⁴

¹Highfield Healthcare, Swords Road, Dublin

²South Kildare Linn Dara CAMHS, Athy Primary Care Centre, Co Kildare

³ADMIRE ADHD Specialist Service, Cherry Orchard Hospital, Dublin

⁴St Patrick's Mental Health Services, James' Street, Dublin

5. THE USE OF ANTIPSYCHOTIC MEDICATIONS FOR NON-COGNITIVE SYMPTOMS OF DEMENTIA WITHIN A COMMUNITY PSYCHIATRY OF LATER LIFE TEAM - A COMPLETED AUDIT CYCLE

SHANNON CLEARY¹, OLAN KERRIGAN², MAURA YOUNG³

¹Senan House, Listowel, Co Kerry

²North Lee Mental Health Services, Cork

³Old Caherina, Tralee, Co Kerry

6. EVALUATION OF A SIMULATION BASED TRAINING COURSE FOR NON-CONSULTANT HOSPITAL DOCTORS (NCHD'S) IN PSYCHIATRY

KATE CORRIGAN¹, GENEVIEVE CRUDDEN², ANNE DOHERTY³

¹St Vincent's University Hospital, Dublin

²National Maternity Hospital, Holles Street, Dublin

³Mater Misericordiae Hospital, Dublin

7. CASE SERIES: THE USE OF LITHIUM IN BIPOLAR AFFECTIVE DISORDER AND END-STAGE RENAL DISEASE

KATE CORRIGAN¹, DARRAGH LARKIN¹, GIOLA GIUSTI², MARGARET GALLAGHER¹, ALLYS GUERANDEL¹

¹St Vincent's University Hospital, Dublin

²University of Pisa, Pisa, Italy

8. MOTIVATION TO MOTIVATE: PILOT OF MOTIVATIONAL INTERVIEW TRAINING IN A TERTIARY UNIVERSITY HOSPITAL

KATE CORRIGAN¹, GENEVIEVE CRUDDEN², ANA MARIA CLARKE³, ANNE DOHERTY⁴

¹St Vincent's University Hospital, Dublin

²National Maternity Hospital, Holles Street, Dublin

³Naas General Hospital, Kildare

⁴Mater Misericordiae Hospital, Dublin

9. EXPLORING THE ROLE OF PSYCHOTHERAPY IN CONTEMPORARY PSYCHIATRIC PRACTICE: A SURVEY OF IRISH PSYCHIATRISTS AND PSYCHIATRY TRAINEES' EXPERIENCES IN RECEIVING THEIR OWN PERSONAL THERAPY AND PROVIDING PSYCHOTHERAPY TO THEIR PATIENTS

CATHAL COYNE¹, REBEKAH AUBRY², MICHEAL MORGAN³, GRAINNE DONOHUE⁴, JOHN OGRODNICZUK⁵

¹St Patrick's University Hospital, Dublin

²Lucena Clinic, Rathgar, Dublin

³South Louth CAMHS, St Mary's Hospital Campus, Dublin

⁴School of Medicine, University College Dublin

⁵Department of Psychiatry, University of British Columbia, Vancouver, Canada

10. ANTIPSYCHOTIC PRESCRIBING IN A MENTAL HEALTH SERVICE FOR ADULTS WITH INTELLECTUAL DISABILITIES

PAUL CROWLEY¹

¹Children's Health Ireland, Crumlin Hospital, Dublin

11. CLINICAL AUDIT ON LOSS TO FOLLOW-UP AT A PSYCHIATRIC OUTPATIENT CLINIC IN CLUAIN MHIURE MENTAL HEALTH SERVICES

ORLA DONNELLAN¹, AFWAN WAHAB², RONAN HEARNE³, DOREEN O'ROURKE³

¹Newcastle Hospital, Co Wicklow

²Mental Health Intellectual Disability, Celbridge, Co Kildare

³Cluain Mhuire Mental Health Services, Blackrock, Dublin

12. SYSTEMATIC REVIEW OF ENVIRONMENTAL AND PSYCHOSOCIAL RISK FACTORS ASSOCIATED WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER, OPPOSITIONAL DEFIANT DISORDER, AND CONDUCT DISORDER IN CHILDREN AND ADOLESCENTS

RASHA ELBAGIR¹, MOHD FAISAL², SUSAN O'HANRAHAN¹

¹HSE-West CAMHS, Quin Road Business Park, Ennis, Co Clare

²St Anne's Community Mental Health Centre, Limerick

13. ANTIPSYCHOTIC PRESCRIBING FOR NON-COGNITIVE SYMPTOMS OF DEMENTIA (NCS) ACROSS THREE COMMUNITY PSYCHIATRY OF LATER LIFE TEAMS

NATASSHA GOH¹, JAMES M'CLOUGHLIN¹, JOE LEAHY¹

¹Adult Acute Mental Health Unit, University Hospital Galway

14. CANNABINOID HYPEREMESIS SYNDROME IN PREGNANCY; A CASE SERIES

SARAH HANLEY¹, IMCHA MENDINARO², MAS MAHADY MOHAMMAD²

¹Adult Acute Mental Health Unit, University Hospital Galway

²University Maternity Hospital Limerick

15. AN AUDIT EXAMINING COMPLIANCE WITH ANNUAL METABOLIC SCREENING FOR PATIENTS ON ANTIPSYCHOTIC MEDICATION

SINEAD HAUGH¹, SINEAD CARR¹, RICHELLE KIRRANE¹

¹West Blanchardstown Mental Health Services, Dublin

16. PERSONS EXPERIENCING HOMELESSNESS REFERRED TO SPECIALIST MENTAL HEALTH TEAMS IN THE DUBLIN REGION. AN ANALYSIS OF DEMOGRAPHICS AND CO-MORBIDITIES

RONA HUNT¹, EIMEAR KELLY², MARGARET GALLAGHER³

¹St. Frances' Clinic, Children's Health Ireland at Temple Street, Temple Street Hospital, Dublin

²Department of Psychiatry, Mater Misericordiae Hospital, Dublin

³Department of Psychiatry, St Vincent's University Hospital, Dublin

17. AUDIT ON THE QUALITY OF MEDICAL DOCUMENTATION IN AN ACUTE DAY HOSPITAL; A COMMUNITY SPECIALIST TERTIARY PSYCHIATRY OF OLD AGE SERVICE

KATE KEENAN¹, CAOIMHE CLARKE²

¹Children's University Hospital, Temple Street, Dublin

²Department of Psychiatry of Old Age, Dublin North City Central, 61 Eccles Street, Dublin

18. SECLUSION PATTERNS IN A PSYCHIATRY INTENSIVE CARE UNIT (PICU): A FIVE-YEAR LONGITUDINAL FOLLOW UP STUDY

MARY KEENAN¹, LORENZO GHELFI², LORRAINE ANDERSON³, AZIEMAH ALI⁴, ROY BROWNE⁵, SHAERAINA RAAJ⁵

¹South Meath Mental Health Service, Ashbourne, Co Meath

²Liaison Psychiatry, Beaumont Hospital, Dublin

³Phoenix Care Centre, Dublin

⁴Department of Psychiatry, St James' Hospital, Dublin

⁵Department of Psychiatry, Connolly Hospital, Dublin

19. AN ANALYSIS OF REFERRALS RECEIVED AND DECLINED BY THREE SPECIALISED HOMELESS MENTAL HEALTH SERVICES IN DUBLIN. ARE WE MISSING A CORE GROUP?

EIMEAR KELLY¹, RONA HUNT², MARGARET GALLAGHER³

¹Mater Misericordiae Hospital, Dublin

²Temple Street University Hospital, Dublin

³St. Vincent's University Hospital, Dublin

NCHD POSTER PRESENTATIONS (Continued)

20. REVIEW OF COMMUNITY PATIENT'S PERSPECTIVE AND EXPERIENCE OF CREATING AN INDIVIDUAL CARE PLAN (ICP)

SARA-ANNE KENNEDY¹, MAURA YOUNG², NOREEN NOLAN²

¹St Michael's Unit, Mercy University Hospital, Cork

²Psychiatry of Later Life, Tralee, Co Kerry

21. QUALITY OF THE REFERRALS TO LINN DARA INPATIENT UNIT IN 2019 AND 2021

BEATA KOWALEWSKA¹, AOIFE FREYNE², ELEANA NI MHURCHU², DANIEL WOLDE-GIORGIS², BRENDAN DOODY²

¹St Michael's House

²Linn Dara CAMHS Service, Cherry Orchard Hospital, Dublin

22. TEN YEAR INCIDENCE AND SEVERITY OF EATING DISORDERS IN CHILDREN AND ADOLESCENTS IN A GEOGRAPHICALLY-DEFINED CATCHMENT AREA: THE IMPACT OF COVID 19

SINEAD LALLY¹, NATASSHA GOH², MARAH SHAIKH YOUSEF³, PEADAR SWEENEY⁴, ALI ALSINAN⁵, EMMA BEATTY⁶, EDINA MOYLETT⁷, MICHAL MOLCHO⁸, DERMOT COHEN⁹

¹National Maternity Hospital, Holles Street, Dublin

²Adult Acute Mental Health Unit, University Hospital Galway

³Children's Health in Ireland, Crumlin Hospital, Dublin

⁴West Galway CAMHS, Ballard House, Galway

⁵Children's Health Ireland, Temple Street, Dublin

⁶North Mayo CAMHS

⁷Paediatrics Department, University Hospital Galway

⁸Sociologist & Head of Children Studies Department, University of Galway

⁹South Galway CAMHS, Merlin Park Hospital, Galway

23. IN VIVO BRAIN FRONTAL AND OCCIPITAL GLUTATHIONE LEVELS ARE UNCHANGED IN ADULTS WITH AUTISM SPECTRUM DISORDER

ALISON LEONARD^{1,2*}, ANDREIA C PEREIRA^{3*}, HESTER VELTHUIS³, NICHOL WONG³, CLAIRE ELLIS³, FRANCESCA M PONTEDURO³, MIHAIL DIMITROV³, LUKASZ KOWALEWSKI³, DAVID LYTHGOE³, DIANA ROTARU³, RICHARD A. E. EDDEN³, GLYNIS IVIN³, JUMANA AHMAD³, CHARLOTTE M. PRETZSCH³, EILEEN DALY³, DECLAN G. M. MURPHY³, GRAINNE MCALONAN³

¹Newcastle Hospital, Co Kildare

²Royal College of Surgeons, Dublin

³Kings College London

*Joint first authors

24. AUDIT ON SMOKING CESSATION IN AN ADULT ACUTE MENTAL HEALTH UNIT - (CYCLE COMPLETION)

JOHN MALAKA¹, JANE GILHOOLEY¹, MIRUNA HUGIANU-COZMA¹

¹Acute Mental Health Unit, Cork University Hospital

25. EXAMINING EMERGENCY DEPARTMENT ATTENDANCES WITH MENTAL HEALTH TRIAGE CODES AND UTILIZATION OF PRE-HOSPITAL EMERGENCY SERVICES

RIAZ MOOLA¹, ANNE DOHERTY¹

¹Mater Misericordiae Hospital, Dublin

26. AUDIT OF ECG COMPLETION IN PATIENTS PRESCRIBED METHADONE IN THE NATIONAL DRUG TREATMENT CENTRE

NIAMH MURRAY¹, DAN O'CONNOR², MIKE SCULLY³

¹Department of Psychiatry, Avista CLG

²Jonathan Swift Clinic, St James' Hospital, Dublin

³HSE National Drug Treatment Centre, Dublin

27. TO SCREEN OR SCREEN WITH CAUTION: A CASE REPORT HIGHLIGHTING THE INHERENT INACCURACIES IN POINT OF CARE URINE DRUG TESTS

TARA O'BRIEN¹, CAROL KAVANAGH¹, BRID KIRWAN¹

¹National Forensic Mental Health Service, Central Mental Hospital, Portrane, Dublin

28. THE EXPERIENCE OF RESEARCH FOR PSYCHIATRIC TRAINEES IN IRELAND: A CROSS SECTIONAL SURVEY

CIARA O'CONNOR¹, PAUL CROWLEY², DECLAN MCLOUGHLIN¹

¹St Patrick's Mental Health Services, James St, Dublin

²Children's Health Ireland, Crumlin Hospital, Dublin

29. AUDIT ON THE ADMISSION PROTOCOL IN ST PATRICK'S MENTAL HEALTH SERVICES

CIARA O'CONNOR¹, PAULINA KOWALSKA-BEDA¹, ANN O'DONOGHUE¹, NIAMH DHONDT¹, MATTHEW SHIPSEY¹, DIARMUID BRENNAN¹

¹St Patrick's Mental Health Services, James' Street, Dublin

30. OBESITY IN SECURE HOSPITAL SETTINGS: CHANGES IN BMI OVER TIME AMONG A COMPLETE NATIONAL COHORT OF FORENSIC INPATIENTS IN DUNDRUM HOSPITAL, IRELAND

BABAFEMI OGUNNAIKE¹, M. UMER WAQAR^{1,2}, HARRY G. KENNEDY², MARY DAVOREN^{1,2}

¹National Forensic Mental Health Service, Central Mental Hospital, Portrane, Co Dublin

²Dundrum Centre for Forensic Excellence, Trinity College Dublin

31. CLINICIAN EVALUATION OF AN ONLINE RESOURCE FOR ADHD (ATTENTION DEFICIT HYPERACTIVITY DISORDER) PSYCHOEDUCATION

CAIT O'MAHONY¹, JANE MCGRATH², LOUISE O'ROURKE³, IAN LIHOU⁴, PRIMA NANDA VEJAYAN⁵, MARY CHOCAS⁶, SIMI ADESOKAS⁷, OLATEJU MAFE²

¹Mercy University Hospital, Cork

²ADMiRE ADHD Child Services, Cherry Orchard Hospital, Dublin

³Lucan CAMHS, Cherry Orchard Hospital, Dublin

⁴Clinical Nurse Manager, Liaison Psychiatry, Cork

⁵South Tipperary Community Mental Health, Clonmel, Co Tipperary

⁶School of Medicine, Trinity College Dublin

⁷Trinity Biomedical Science Institute, Trinity College Dublin

32. CHANGE IN QUALITY OF LIFE AFTER THE RELOCATION OF A NATIONAL FORENSIC MENTAL HEALTH SERVICE: A DUNDRUM FORENSIC REDEVELOPMENT EVALUATION STUDY (D-FOREST)

AISLING O'REILLY¹, M. UMER WAQAR^{1,2}, MUHAMMAD UMER IQBAL^{1,2}, HANIA AMIN^{1,2}, HARRY G. KENNEDY², MARY DAVOREN^{1,2}

¹National Forensic Mental Health Service, Central Mental Hospital, Portrane, Co Dublin

²Dundrum Centre for Forensic Excellence, Trinity College Dublin

33. USER SATISFACTION WITH THE NEW CAMHS PRACTICE OF EMALING PRESCRIPTIONS FOR PATIENTS VIA HEALTHMAIL

LOUISE O'ROURKE¹, JANE MCGRATH², LOUISE CREED³, SINEAD O'BRIEN⁴, AOIFE O'SULLIVAN⁵, ANNE BEUG⁶, EAMONN SHANAHAN⁷, LAURA NYHAN⁸, BARBARA NAWLEY⁹, OLATEJU MAFE², CAIT O'MAHONY⁹, DANIEL LEAHY¹⁰, KATHRYN HALLAHAN¹¹

¹Lucan CAMHS Linn Dara, Cherry Orchard Hospital Campus, Dublin

²ADMiRE ADHD Service, Cherry Orchard Hospital Campus, Dublin

³HSE Primary Pharmacist, St Finbarrs Campus, Cork

⁴Home Based Crisis Team, St Mary's Health Campus, Cork

⁵ICGP HSE Primary Care Lead Mental Health & Cork GP in Student Health, UCC, Cork

⁶Coombe Family Practice, Dublin

⁷President of ICGP & Farranfore Medical Centre, Farranfore, Kerry

⁸Chief 2 Pharmacists CHO 6,7 & 9, HSE, Block B The Civic Centre, Bray, Co Wicklow

⁹Intern, Neurology Surgery Department, Cork University Hospital, Cork

¹⁰North Lee CAMHS, Cork

¹¹South Lee CAMHS, Blackrock, Cork

34. THE EFFECTIVENESS OF ADJUNCTIVE CARIPRAZINE FOR TREATMENT OF NEGATIVE SYMPTOMS: A SYSTEMATIC REVIEW OF RANDOMISED CONTROLLED TRIALS

FRANCESCO PIACENZA¹, JOHN PAUL LYNE², BRIAN O'DONOGHUE³, JULIJA RADOVIC³

¹University Hospital Waterford

²Newcastle Hospital, Wicklow

³Unaffiliated

35. A CASE SERIES ON NON-DEPRESSIVE CONDITIONS WHICH WERE RESPONSIVE TO ELECTROCONVULSIVE THERAPY (ECT)

MAIREAD RAFFERTY¹

¹Cork University Hospital

36. INSIGHT INTO ILLNESS AMONG INPATIENTS IN A NATIONAL FORENSIC MENTAL HEALTH SERVICE: A DUNDRUM FORENSIC REDEVELOPMENT EVALUATION STUDY (D-FOREST)

M. UMER WAQAR^{1,2}, SEAN MURRAY¹, AISLING O'REILLY¹, HARRY G. KENNEDY², MARY DAVOREN^{1,2}

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MEDICAL STUDENT POSTER COMPETITION

1. STAFF AND STUDENT COLLABORATION IN THE DEVELOPMENT OF A COMPASSIONATE HEALTHCARE TOOLKIT IN RCSI

YARA ALEMI¹, VALERIE ROZWADOWSKI¹, NIAMH QUIGLEY¹, HARSHITA KAMAL¹, NIAMH MULLEN¹, CARAGH BEHAN¹

¹Royal College of Surgeons in Ireland, Dublin

2. WHY IS THE MENTAL HEALTH OF TEENAGE GIRLS DETERIORATING? A POPULATION-BASED SURVEY OF IRISH ADOLESCENTS

DELIA COTTER¹, NIAMH DOOLEY¹, MARY CANNON², EMMET POWER², DAVID COTTER²

¹Royal College of Surgeons in Ireland, Dublin

²Royal College of Surgeons in Ireland, Beaumont Hospital, Dublin

3. A RETROSPECTIVE REVIEW OF PSYCHIATRIC REFERRALS RECEIVED OVER A 20 YEAR PERIOD REGARDING PATIENTS RESIDING IN A SMALL TOWN/RURAL CATCHMENT AREA

AOIFE DEMPSEY¹, ALIN DUMITRESCU², COLM O'TUATHAIGH³

¹University College Cork

²St Stephen's Psychiatric Hospital, Cork

³School of Medicine, University College Cork

4. CAN COMPASSION CHANGE THE BRAIN? A SCOPING REVIEW OF THE NEUROSCIENCE OF COMPASSION FOCUSED MEDITATION

HARSHITA KAMAL¹, CARAGH BEHAN¹

¹Royal College of Surgeons in Ireland, Dublin

5. A TOOL TO MONITOR PHYSICAL PARAMETERS IN PATIENTS PRESCRIBED STIMULANTS FOR ADHD

EOIN MCCARTHY¹, KIM HOPKINS², AISLING MULLIGAN²

¹Trinity College Dublin

²Child & Adolescent Mental Health Service, Grangegorman Primary Care Centre, Dublin

6. DELIRIUM ASSESSMENT IN SLIGO INTENSIVE CARE UNIT – A RETROSPECTIVE STUDY

PADDY MURPHY¹, PATRICK SWEENEY¹, EOGHAN KENNEDY¹, EOGHAN FARRELL², CLIODHNA HANLEY², CIARAN FITZGERALD², NADINE VAN STADEN², BRUNO BIANCARDI², DIMITRIOS ADAMIS³, GERALDINE MCCARTHY²

¹University of Galway

²Sligo University Hospital, Sligo

³Sligo Mental Health Services

7. A 2-YEAR LONGITUDINAL EVALUATION OF THE IMPACT OF THE COVID-19 PANDEMIC ON PATIENTS WITH PRE-EXISTING MOOD DISORDERS

EMMA O'GORMAN¹, AOIBHEANN RAINFORD¹, EMMA DEVANEY¹, JAMES MCLOUGHLIN¹, BRIAN HALLAHAN¹

¹University of Galway

8. UNEARTHING THE SHORTCOMINGS IN ASSESSING CANNABIS USE AND DEPENDENCE IN RESEARCH: A COMPREHENSIVE REVIEW

EMMA O'HORA¹, LINDA KELLY¹, MICHAEL O'CONNOR¹, SAHAR RIAZ², AN HSU¹, CIÁRAN BROWNE¹, MARY CANNON², DARREN W. RODDY³

¹Royal College of Surgeons in Ireland, Dublin

²Department of Psychiatry, Beaumont Hospital, Dublin

³RCSI Education and Research Centre, Beaumont Hospital, Dublin

9. IMPACT OF THE CAMHS KERRY REVIEW AND MASKEY REPORT ON CLINICIAN VIEWS OF CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)

JIA ZHE ONG¹, FIONA MCNICHOLAS^{1,2}, LAURA BOND^{1,2}

¹University College Dublin

²Lucena Clinic, Rathgar, Dublin

10. PSYCHO, SCHIZO AND DELUDED: THE IRISH MEDIA'S PERSPECTIVE ON PSYCHOSIS

LIA PEARE¹, MARGARET GALLAGHER², CIARA O'CONNOR², YVONNE HARTNETT², AMR ALKHOTANY³

¹Trinity College Dublin

²St Vincent's University Hospital, Dublin

³University College Dublin

11. THE ONGOING IMPACT OF COVID-19 ON THE RATES AND NATURE OF ACUTE PSYCHIATRY PRESENTATIONS TO A PAEDIATRIC EMERGENCY DEPARTMENT

EMMA PHAIR¹, ANGELA O'DONNELL¹, MAEVE HARAN¹, SARAH MCMAHON², FIONA MCNICHOLAS²

¹University College Dublin

²Children's Health Ireland, Crumlin Hospital, Dublin

12. QTC PROLONGATION AND ELECTROCARDIOGRAM ABNORMALITIES CAUSED BY ADHD MEDICATIONS AMONGST THE PAEDIATRIC POPULATION: A SYSTEMATIC REVIEW AND META-ANALYSIS

RHYS SCULLY¹, WILLIAM RITCHIE², CHARLES LING¹, FIONA MCNICHOLAS²

¹University College Dublin

²Children's Health Ireland, Crumlin Hospital, Dublin

13. AUDIT OF BASELINE PHYSICAL HEALTH PARAMETER RECORDING IN PATIENTS PRESCRIBED MEDICATION FOR ADHD IN DUBLIN NORTH INNER CITY CAMHS

ELENA TAN¹, EOIN MCCARTHY², KIM HOPKINS³, AISLING MULLIGAN³

¹Royal College of Surgeons in Ireland, Dublin

²Trinity College Dublin

³Child & Adolescent Mental Health Service, Grangegorman Primary Care Centre, Dublin

14. TELTAZ DIGITAL MENTAL HEALTH ASSESSMENT TOOL FOR CHILDREN: A USABILITY STUDY IN A COMMUNITY CAMHS

ELENA TAN¹, AISLING MULLIGAN², ANNE COFFEY³

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²Child & Adolescent Mental Health Service, Grangegorman Primary Care Centre, Dublin

³Department of Child Art Psychotherapy, UCD School of Medicine, University College Dublin

15. FUNCTIONALITY IN ADULTS WITH ADHD

SAM WEST¹

¹School of Medicine, University of Galway



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7TH & 8TH NOVEMBER,

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