

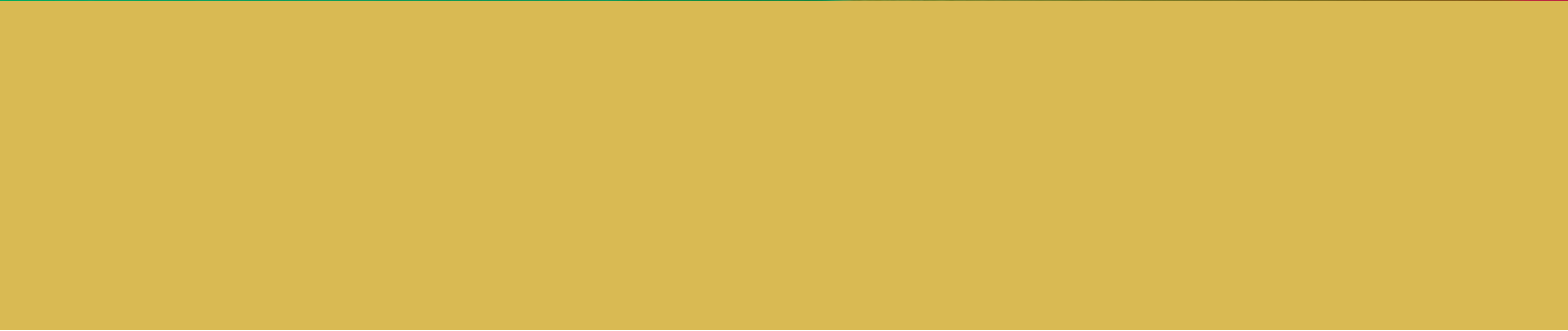


College of Psychiatrists
of Ireland

Wisdom • Learning • Compassion

Postgraduate Training Annual Report

TRAINING YEAR 2021-2022



Dr Aoibhinn Lynch

DEAN OF EDUCATION



INTRODUCTION

Welcome to our annual report of activity in the CPsychI Postgraduate Training Department. This report refers to the training year July 21- 22, probably our busiest training year to date. After agreeing a Workforce Planning strategy with HSE NDTP early 2021, we have been permitted to increase our intake to Psychiatry training by 30% over recent years. Our recruitment to BST training is now running at 100% so the absolute numbers of trainees and the occupancy of our training schemes have significantly increased over the last few years. We have also increased the number of new HST posts nationally. We are, therefore, busier than ever and particular thanks must go to Educational Supervisors who participate in Exams, ARPs, teaching and committee work with the College. We would also like to invite any new consultants to become involved in the structures of postgraduate training; we will need your help!

The Covid-19 pandemic has had a huge impact on us all and, in many ways, the effects are still being felt. Some of the adjustments made to training (such as hybrid or online training events) are likely to continue indefinitely. I must commend Trainees, Supervisors, Tutors, Vice Deans and HST Mentors, as well as our College staff, for maintaining their focus on training despite the personal and professional pressures involved. In the Postgraduate Training department, our main priority has been to support trainees in continuing their progress through the training programme while maintaining training standards. Despite the challenges, many new developments have been introduced such as new curricula for new post-CSCST Fellowships; the establishment of online examinations and annual reviews of progress; BST e-learning courses; and accreditation inspections of BST training schemes. Each of our College officers (Dr Fiona Crotty, Head of Continuous Assessment; Dr Martin Mahon, Chief Examiner; Professor Anne Doherty, Head of E-Learning and Courses, Dr Sabina Fahy) and Dr Micheal O’Cuill, Chair of PTC, deserve special mention for their leadership and support throughout this period. Particular thanks must also go to the managers of each of our training departments who have summarized and presented their departments’ data here and to Ms Kellie Myers for creating this amalgamated report.

We wish everyone an interesting and productive year ahead.

A handwritten signature in dark ink, appearing to read 'Aoibhinn Lynch', written in a cursive style.

Dr Aoibhinn Lynch
Dean of Education

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Postgraduate Training Committee

Dr Micheál Ó Cuill, Chair of PTC

Ms Kellie Myers, Operations Manager PGT

THE POSTGRADUATE TRAINING COMMITTEE HAS THE RESPONSIBILITY FOR THE DEVELOPMENT AND ONGOING MONITORING OF PSYCHIATRY POSTGRADUATE TRAINING PROGRAMMES IN IRELAND

KEY ACHIEVEMENTS

- HSE NDTP
 - Continued to work with NDTP and NCAGL Mental Health on WFP to ensure the availability of training places for HST July 2022.
 - There has been a small increase in our training SLA going forward which is very welcome
 - The College were successful in a bid for development funding for HST Masterclasses & E-Learning materials which will be free of charge and mandatory for trainees
 - Psychiatry received funding for five Post CSCST Fellowships for recruitment July 2022
 - Specialist Training Funds and Course refund schemes remained in place and available to trainees
- Draft accreditation report received from the Medical Council May 2022, arising from the Postgraduate Training Accreditation process undertaken in May 2021.
- The Regulations and the Curriculum are updated annually. Of note, The Trainee Support Panel and Anonymous Post Appraisals were introduced for July 2022.
- Job Sharing options, supported by NDTP, offered and implemented where possible for BSTs and HSTs.
- The Forum of Postgraduate Training Bodies launched the Strategic Framework for Postgraduate Medical Training in Ireland 2021-2030, CPsychI will engage in this process.
- A survey on the Impact of Patient Suicide on doctors was developed in collaboration with NOSP / NSRF.
- Agreed to develop Balint Leader training in collaboration with the Faculty of Medical Psychotherapy
- Graduation Ceremonies took place for CSCST and Examination recipients at the Winter Conference Thursday 10th November 2021.

IN DEVELOPMENT / ONGOING ACTIVITIES

- Action and implement the recommendations arising from the Medical Council Postgraduate Training Accreditation report.
- Consider development of Fellowship programmes for International Medical Graduates
- Plans to seek further development funding from HSE NDTP to develop Simulation Training
- Continue to review training requirements, the curriculum and regulations for training
- Continue to developing structures and supports where trainee remediation is required.
- Continue to engage with NDTP & WFP group to ensure sufficient posts available for Training
- Engage with the Forum on the Strategic Framework for Postgraduate Medical Training

Postgraduate Training Committee meetings

30th September 2021

25th November 2021

17th February 2022

12th May 2022

Specialist Training Recruitment

Ms Kellie Myers / Ms Caroline Keyes, Manager
 Ms Emma Lindsay, Senior Administrator (BST)
 Ms Jennifer Kavanagh, Senior Administrator (HST)

KEY ACHIEVEMENTS

BASIC SPECILIST TRAINING

- Recruitment to Basic Specialist Training in Psychiatry successfully completed, offering 80 places across all Deaneries for July 2022.
- In collaboration with the Vice-Deans, College's website enhanced to include useful information on each Deanery for prospective applicants.
- Interviews took place online across 14 panels over two days, 27th /28th Jan 2022. Utilised integrated online marking system.
- Improved communication, resulting in reduction in number of Trainees withdrawing from the competition post matching process / pre-commencement.

HIGHER SPECIALIST TRAINING

- Recruitment to Higher Specialist Training in Adult Psychiatry and Child and Adolescent Psychiatry successfully completed, offering 43 places in total, seven of which were non-streamlining candidates.
- Interviews took place online via zoom across 6 panels on 24th February 2022
- The allocations process for all HST trainees was completed successfully for July 2022



ASPIRE / POST CSCST FELLOWSHIPS

- Successful recruitment to three Post CSCST Fellowships for training year 2022- 2023





IN DEVELOPMENT / ONGOING ACTIVITIES

- It is expected that for recruitment for July 2023 BST interviews will remain online. HST interviews will revert to a face to face format from February 2023.
- Work is continuing with HSE NDTP to identify intake numbers for July 2023 in both BST and HST and it is expected additional HST posts will be required for General Adult in particular for July 2023.
- The College will continue to work with the Vice Deans to identify suitable BST posts as part of our ongoing work to increase intake numbers at BST level.
- A National Training Capacity project will be undertaken supported by NDTP, to identify non-training posts for future development of the Psychiatry specialist training programmes.
- Advocacy for continued funding for Aspire / Post CSCST Fellowships for July 2023

BST Recruitment July 2022

			
Applicants	136	70	66
Eligible	124		
Shortlisted	124		
Interviewed	121		
Appointed	80	40	30
Reserve	8		
EU Nationals appointed	41		
Non EU Nationals appointed	39		

HST Recruitment July 2022

						
Applicants	42	25	17	10	4	6
Eligible	39			10		
Shortlisted	39			10		
Interviewed	39			10		
Appointed	35	23	12	8	4	4
Reserve	0			0		
EU Nationals appointed	28			1		
Non EU Nationals appointed	7			7		

BST Clinical Examination

Dr Martin Mahon, Chief Examiner

Ms Caroline Keyes, Manager

Ms Emma Lindsay, Senior Administrator

KEY ACHIEVEMENTS

- Completion of two examinations with 100% of candidates successfully completing each sitting.
- Hybrid exam format for Summer 2022 with a face-to-face OSCE in Croke Park Stadium and CFME conducted online via Zoom.
- Minimal number of online examination reruns on exam days despite the technological complexity required.
- In-house development of online training resources for examiners and candidates [i.e. Mock online OSCE videos, video demonstrations for examiners, candidate walkthroughs of exam days and the invigilation process etc].
- New Examiner Induction Training, 1st April 2022 (in-person in Croke Park Stadium).
- Refresher Examiner Training, 29th April 2022 (Online via Zoom)
- Standard Setting meetings took place on 23rd September 2021 & 10th March 2022.
- New CFME examiner feedback mechanism integrated post Summer 2022 exam [i.e., allows examiner panels to compare their mean scores with the other panels on the day]. Will also be adopted for the OSCE from Winter 2022.



PASS RATES

EXAMINERS



APPEALS

WINTER 2021

35 candidates

OSCE 84%
CFME 94%

38

0 - 0 upheld

SUMMER 2022

28 candidates

OSCE 81%
CFME 74%

29

0 - 0 upheld

IN DEVELOPMENT / ONGOING ACTIVITIES

- Increase in BST intake will impact on exam candidate numbers, investigate new exam venues and the possibility of increasing to three exam sittings in a training year.
- Regular statistical input for exam data analysis.
- Using feedback from examiners, candidates and actors to enhance the exam process for all stakeholders.
- On-going development of exam OSCE material and recording of new CFME interviews.
- Consideration of further development of the examination structure.
- Consideration of CPsych1 Part 1 written exam

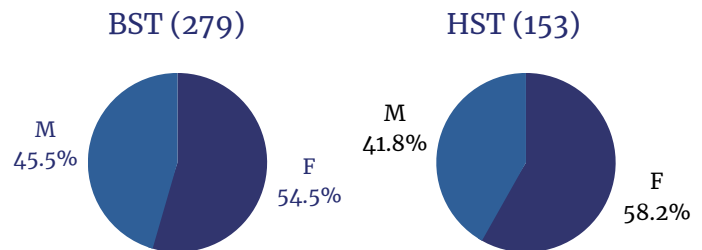
Continuous Assessment / ePortfolio

Dr Fiona Crotty, Head of Continuous Assessment
Mr Kevin Costello, Manager
Ms Meg Kennelly-Murphy, Senior Administrator

KEY ACHIEVEMENTS

- Completion of three ARP processes with the largest number of portfolio reviews in any training year to date (13% increase on previous year).
- A new e-portfolio introduced for Senior Registrars commencing HST in July 2021, in addition to the new FYs and those commencing BST 1 in July 2021 also using the system.
- Training webinars were provided for new users of the e-portfolio in July 2021 and January 2022.
- The first ARP process to review HST trainees using the e-portfolio was conducted in May 2022. In total, 134 e-portfolios (107 BST; 27 HST) were reviewed by ARP panels.
- Development of the HST curriculum with addition of learning outcomes for new sub-specialty posts in Psychotherapy.
- Trainer Induction for new Educational Supervisors in December 2021, recording also available on Moodle.
- Introduction of Q&A sessions to further assist trainees with queries on the ARP process, curriculum and regulations for training.
- Bespoke curricula devised and agreed with fellows and their respective supervisors for Aspire Post-CSCST Fellowships.
- ARP Process Report 2016 - 2022 published (available on the website)
- ARP Panel members
 - Total trained to date: 257
 - Next scheduled training: September 2022

CURRENT TRAINEES



ARP REVIEWS



ARP APPEALS



PROGRESSION (AFTER APPEALS)



TRAINING COMPLETIONS CSCST



- General Adult 13
- GA & Learning Disability 2
- GA & Old Age 10
- Child & Adolescent 6

SCCAARP Meetings

9th September 2021

11th November 2021

10th March 2022

23rd June 2022

Continuous Assessment / ePortfolio

Dr Fiona Crotty, Head of Continuous Assessment

Mr Kevin Costello, Manager

Ms Meg Kennelly-Murphy, Senior Administrator

IN DEVELOPMENT / ONGOING ACTIVITIES

- Three ARP processes scheduled for 2022-2023. There will be a significant increase in the number of ARP reviews via the e-portfolio system
- Training webinar in late July 2022 and January 2023 for new users of the e-portfolio.
- The SCCAARP sub-committee is continuing with a comprehensive curriculum review and will establish a working group to conduct the review.
- Ongoing review of learning outcomes and assessment methods via SCCAARP.
- Development of code of conduct / guidance for educational supervisors.
- Liaising with Aspire Post-CSCST Fellows and their supervisors to devise training requirements.

Courses & E-Learning

Dr Anne Doherty, Head of Courses & E-Learning
Ms Aideen Butler, Courses & E-Learning Coordinator

KEY ACHIEVEMENTS

- The suite of Foundation Year eModules were launched at Spring Conference 2022. The eModules are available on CPsychI moodle and are mandatory for incoming Trainees from July 2022. Thank you to all contributors so far.
- Due to ongoing Covid-19 restrictions all previous course delivery has continued by webinar
- Successful in development funding bid to NDTP to pilot a Simulation workshop for 'physical health emergencies in psychiatry'.
- Foundation Year Induction was held as a two-day online event, 19th & 20th August 2021
- The Courses & E-Learning Sub-Committee was re-established and reviewed its term of reference. CEL commenced work on creating a list of eModules to be produced.

COURSES/WEBINARS (JULY 2021 - JULY 2022)

- Recovery Training in Psychiatry (BST) - 10th September 2021
- Suicide Assessment and Mitigation - 15th September and 4th October 2021
- Affective Disorders (HST CAP) - 23rd September 2021
- Eating Disorders (HST CAP) - 26th November 2021
- ADHD - Across the Ages - 2nd December 2021
- ADHD (HST CAP) - 13th January 2022
- ADHD (BST) - 3rd February 2022
- Introduction to Psychotherapy - 11th February 2022
- Neuropsychiatry (BST) - 11th March 2022

FOUNDATION YEAR eMODULES LAUNCHED

- The Psychiatric Assessment
- Psychopathology
- Communication Skills
- Safe Prescribing
- Mental Health Legislation & Mental Capacity Assessment
- An Introduction to Affective Disorders
- An Introduction to Psychosis
- Suicide and Self-Harm: Reduction and Prevention
- Anxiety Disorders

IN DEVELOPMENT / ONGOING ACTIVITIES

- Ongoing development of BST eModules, with a number due to be launched at Winter Conference 2022
- HST Masterclasses will be launching from September 2022. The masterclasses will be held via Zoom webinar.
- Roll out pilot Simulation workshops for 'physical health emergencies in psychiatry' on three sites.

CAP SC meetings

25th January 2022

26th April 2022

Courses & ELearning SC meetings

3rd September 2021

22nd October 2021

18th February 2022

25th March 2022

10th June 2022

Training Programme Accreditation

Dr Aoibhinn Lynch & Dr Sabina Fahy
Mr Kevin Costello, Manager

KEY ACHIEVEMENTS

- Appointment of Head of Accreditation in May 2022.
- Seven new HST posts were approved by Accreditation Sub-committee for the July 2022-2023 training year. Of these, three are on the Adult Psychiatry programme and four on the CAP programme.
- The BST Deanery inspections process has progressed with inspections completed in the UL, UCD/MMUH, UCD/SVUH and RCSI Deaneries.
- Approved Deanery inspection reports for UCC and UL inspections are now available to trainees and supervisors on Moodle.
- Revised terms of reference for Accreditation Sub-committee agreed and updated.

IN DEVELOPMENT / ONGOING ACTIVITIES

- NUIG Deanery inspection is scheduled for Autumn 2022. This is the final BST Deanery to be inspected in the first cycle.
- Application process for new posts commencing in August 2022, with particular focus on new HST posts for the Adult Psychiatry programme.
- EAF renewal process will commence in September 2022 through to November 2021.
- Development of HST programme accreditation process.
- Introduction of new, anonymised, trainee feedback mechanism to replace post appraisal submissions in portfolio. Removal of post appraisal templates from curriculum.
- Planned development of the PGT Accreditation team with one new team member, as the workload expands.

Accreditation SC meetings

*30th September 2021
22nd November 2021
31st January 2022
20th May 2022*

Accredited Psychiatry Training Posts

<i>BST</i>	<i>351</i>
<i>HST Adult</i>	<i>131 (126 funded)</i>
<i>HST CAP</i>	<i>48 (45 funded)</i>

Trainee Committee

Dr Rebecca Conlan-Trant & Dr Kevin Lally Co-Chairs
Ms Vivienne Keeley, Administrator

KEY ACHIEVEMENTS

- Successfully advocated for a less restrictive policy for trainees regarding non-annual non-educational (NANE) leave regulations. Although positive changes were made to this policy, the Trainee Committee will continue to advocate for more support and leniency for trainees who require NANE leave during training.
- Organised the 13th annual NHCD Conference on 25th February 2022 with the theme Moving Horizons. This was an online conference with several international speakers, excellent attendance and positive feedback from attendees.
- Organised, judged and awarded the annual medical student and intern essay competition with the title The Future of Psychiatry – Prevention or Cure?
- Organised well attended recruitment events in Cork and Dublin in August 2021 for medical students and interns to provide them with information about careers and training in psychiatry in Ireland
- Developed an Education and Research Group (ERG) in liaison with Prof Aoibhinn Lynch with the aim to provide a clear pathway for early-stage research mentorship within the College

IN DEVELOPMENT / ONGOING ACTIVITIES

- Planning recruitment events for medical students and interns in August 2022 and October 2022
- Planning the 14th annual NCHD Conference for Spring 2023
- Advocating for additional supports for NCHDs who have been involved with adverse events
- Creating a trainee FAQ section for the college website with relevant information for both BST and HST trainees
- Reviewing on call services by gathering information on differences between on call services across different sites
- Reviewing the College's maternity leave policy and comparing this to other postgraduate training colleges
- Reviewing the College's disability supports and supports for trainees with learning difficulties

Trainee Committee meetings

27th July 2021

7th September 2021

19th October 2021

30th November 2021

11th January 2022

1st March 2022

5th April 2022

17th May 2022

28th June 2022

CPsychI Trainee Awards

JULY 2021 - JULY 2022

BST CLINICAL EXAMINATION - THE SWANWICK MEDAL

Winter 2021 - Dr Eva Carter

Summer 2022 - Dr Síofra McDonagh

CPSYCHI CONFERENCE AWARDS

IJPM Ada English Medal 2020 - Dr Isabel Cotter

IJPM John Dunne Medal 2020 - Dr Joseph McAndrew

Winter Conference 2021 NCHD Oral Presentation Winner - Dr Waqas Khan

Winter Conference 2021 NCHD Poster Presentation Winner - Dr Sean Crowley

Spring Conference 2022 NCHD Poster Presentation Winner - Dr Firdous Murad and Dr Muhammad Umer Iqbal (Joint winners)