



**College of Psychiatrists  
of Ireland**

Wisdom • Learning • Compassion

APPENDIX 2



**International Conference of the  
College of Psychiatrists of Ireland  
& the Royal College of Psychiatrists  
in Northern Ireland**

**WORKING TOGETHER**



**SLIEVE RUSSELL HOTEL, CAVAN**

**10th & 11th NOVEMBER 2016**

Name:

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Approved for 6 External CPD credits per day

# WELCOME

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November 2016

Dear colleagues

It is our great pleasure to welcome you to the Slieve Russell Hotel for the joint conference of the College of Psychiatrists of Ireland and the Royal College of Psychiatrists in Northern Ireland. This conference is an opportunity for the psychiatrists on this island (and indeed those visiting) to get together, make new friends, meet colleagues and learn from each other. Though we are dealing with two different health systems, we can share our experiences and try to pool our resources for the benefit of our patients.

There is no doubt that this is a trying and difficult time for psychiatry and for those with mental health difficulties. It is by working together that we can at least reduce some of the stresses that our patients face in attempting to obtain adequate mental health care.

With all this in mind, the conference looks at some resource poor areas, such as services for eating disorders and early intervention for psychosis. There is a consensus among many psychiatrists that these challenges have a better chance of developing if they are dealt with on an "all island" basis. There will hopefully be much informal discussion among conference participants about the development of these and other services. The interchange of ideas, experience, and knowledge are what make a conference. Often, such exchanges occur outside the conference rooms. The Slieve Russell Hotel offers many comfortable facilities for us to meet, discuss and plan.

The Trainees, students and interns are the next generation of psychiatric experts. The poster exhibition and the oral presentations reflect their enthusiasm for their chosen profession. We look forward to what they can teach us. Special thanks is extended to all those presenting over the two days, for giving up their time and for sharing their knowledge and experiences.

A major part of the proceedings is the conference dinner. It has become a source of fun, entertainment and general merriment. Do Not miss it!

With best wishes for a most successful event.

Sincerely



Dr John Tobin  
Vice-President,  
CPsychI



Dr Gerry Lynch  
Chair, RCPsych  
in NI

# THURSDAY 10th NOVEMBER

08.30 - 09.00	REGISTRATION & POSTER EXHIBITION	CRANAGHAN SUITE
09.00 - 09.15	WELCOME ADDRESS AND INTRODUCTION DR RUTH LOANE AND DR GERRY LYNCH	
CHAIR: DR GERRY LYNCH		
	09.15 - 10.00	MANAGING PERSONALITY DISORDERED OFFENDERS: THE UK PATHWAYS APPROACH
DR COLIN CAMPBELL	DR COLIN CAMPBELL, SOUTH LONDON & MAUDSLEY NHS FOUNDATION TRUST	
The UK Government's Offender Personality Disorder Strategy is one of the most significant developments in mental health and criminal justice services in recent years. In this presentation, its implementation in secure and community settings will be reviewed, including initial successes and difficulties, together with preliminary data from the national evaluation of the strategy.		
	10.00 - 10.45	THE BAP GUIDELINES ON MANAGEMENT OF WEIGHT GAIN & METABOLIC PROBLEMS IN PEOPLE WITH PSYCHOSIS
PROF. STEPHEN COOPER	PROF STEPHEN COOPER, ON BEHALF OF THE BAP GUIDELINE GROUP	
During the last ten years, mental health teams have developed increased awareness of the importance of recognising and monitoring metabolic and cardiovascular risk factors in their patients. The main focus of these guidelines, recently published by BAP, ( <a href="http://www.bap.org.uk/docsbycategory.php?docCatID=2">www.bap.org.uk/docsbycategory.php?docCatID=2</a> ) is on appropriate interventions for these risk factors, with particular emphasis on interventions relevant to weight gain. As well as providing an overall summary of the guidelines, this talk will also focus on the interventions recommended for consideration, where circumstances are appropriate, for excessive weight gain: lifestyle interventions, switching of antipsychotic drug treatment, prescription of adjunctive aripiprazole and prescription of adjunctive metformin.		
10.45 - 11.15	COFFEE AND POSTER EXHIBITION	
CHAIR: DR BRIAN HALLAHAN		
11.15 - 13.00	NCHD / TRAINEE RESEARCH ORAL PRESENTATIONS (The winner of the Best NCHD Research Oral Presentation will be announced at 12.45 on Friday)	
11.25-11.40	USE OF THE NET BENEFIT FRAMEWORK TO EVALUATE THE COST-EFFECTIVENESS OF EARLY INTERVENTION IN PSYCHOSIS - SHOULD THE HEALTH SERVICE BE WILLING TO PAY TO IMPLEMENT THE INTERVENTION? DR CARAGH BEHAN, ST JOHN OF GOD HOSPITAL & ST JAMES'S HOSPITAL, DUBLIN	
11.40-11.55	BEYOND THE WALLS: AN EVALUATION OF IRELAND'S FIRST PRE-RELEASE PLANNING PROGRAMME FOR MENTALLY ILL PRISONERS DR DAMIAN SMITH, NATIONAL FORENSIC MENTAL HEALTH SERVICE & TRINITY COLLEGE DUBLIN	
11.55-12.10	COMPARISON OF ONE YEAR OF ELECTROCONVULSIVE THERAPY PRACTICE BETWEEN DUBLIN, IRELAND & SANLIURFA, TURKEY: A RETROSPECTIVE CASE NOTE REVIEW DR MARTA FINNEGAN, ST PATRICK'S UNIVERSITY HOSPITAL & TRINITY COLLEGE DUBLIN	
12.10-12.25	CHARACTERISTICS & COGNITIVE OUTCOMES FOR PATIENTS WITH ANTI-NMDA RECEPTOR ENCEPHALITIS IN IRELAND DR ERIC KELLEHER, ST JAMES'S UNIVERSITY HOSPITAL & TRINITY COLLEGE DUBLIN	
12.25-12.40	EXAMINING STRESS - AN INVESTIGATION OF THE INTERACTION BETWEEN STRESS, MOOD & EXERCISE IN STUDENTS MR JAMES O'FLYNN, DEPARTMENT OF PSYCHIATRY & NEUROBEHAVIOURAL SCIENCE, UNIVERSITY COLLEGE CORK	
12.40-12.55	SOCIAL DETERMINANTS OF FORMAL THOUGHT DISORDER IN EARLY PSYCHOSIS DR ERIC ROCHE, DETECT EARLY INTERVENTION IN PSYCHOSIS SERVICE & BEAUMONT HOSPITAL, DUBLIN	

# THURSDAY 10th NOVEMBER

13.00 - 14.00	LUNCH AND POSTER EXHIBITION	
14.00 - 15.15	PARALLEL SESSIONS	PART 1
	CHAIR: DR JUDITH O'NEILL	ERNE SUITE
W2016.1	<b>SPORT &amp; PSYCHIATRY - ATHLETE ASSESSMENT, TREATMENT &amp; RECOVERY</b> PROF ALAN CURRIE, NEWCASTLE, UK	
	Whilst exercise is good for mental health, professional athletes do not exercise for health reasons and there is good evidence that most psychiatric morbidities are as common in sport as in non-sporting populations. This includes depression, anxiety and substance misuse – where the pattern of misuse may be different and includes performance-enhancing drugs. When sportsmen and women develop mental health problems, this needs to be identified early and accurately. They may need access to a psychiatrist able to understand not only the athlete and the illness, but also the sporting context in which the illness has emerged. Psychological and pharmacological treatment plans can then be developed and individualised with the aim of a successful return to sport.	
OR	CHAIR: DR MARIETTA CUNNINGHAM	CRANAGHAN SUITE
W2016.2	<b>REDUCING YOUR RISK, DEFENDING YOUR PRACTICE</b> DR SONIA MCCULLOUGH, MEDICAL PROTECTION SOCIETY	
	Dr McCullough will cover topics to include dealing with a Medical Council complaint, report writing, what to expect when attending an inquest and risk reduction in the field of psychiatry. This practical and interactive session will assist all attendees with medicolegal situations faced in their daily practice.	
OR	CHAIR: DR AOIBHINN LYNCH	CLADDAGH SUITE
W2016.3	<b>RESEARCH POSTERS – HOW TO PREPARE AN ABSTRACT &amp; PRESENT AN EFFECTIVE POSTER</b> DR AOIBHINN LYNCH, MATER MISERICORDIAE HOSPITAL, DUBLIN & DR TONY O'NEILL, QUEENS UNIVERSITY HOSPITAL & ROYAL VICTORIA HOSPITAL, BELFAST	
	This session is aimed at trainees and their supervisors who would like to learn more about how to prepare an abstract and a research poster. The facilitators will talk about the components of an effective abstract/poster and the steps involved in creating them. During the workshop, participants will have the opportunity to practice writing abstracts and posters, learning from their peers and the facilitators.	
OR	CHAIR: DR VERENA KEANE	PIKE SUITE
W2016.4	<b>MENTALIZATION BASED TREATMENT FOR BORDERLINE PERSONALITY DISORDER</b> DR ALYSON LEE, KILDARE / WEST WICKLOW MENTAL HEALTH SERVICE	
	Patients with borderline personality disorder (BPD) show reduced capacities to mentalize, which leads to problems with internal regulation, particularly in their interpersonal interactions. This session will give an overview of mentalization based treatment (MBT) as an intervention to promote mentalizing. Dr Lee will describe her experience of running a pilot MBT programme in an adult mental health service.	
15.15 - 15.45	COFFEE AND POSTER EXHIBITION	

15.45 - 17.00	PARALLEL SESSIONS	PART 2
	CHAIR: DR MIRIAM KENNEDY	CLADDAGH SUITE
W2016.5	<p><b>PROFESSIONAL COMPETENCE, NORTH AND SOUTH: WHAT WORKS, WHAT DOESN'T?</b>  DR MIRIAM KENNEDY, DIRECTOR OF PROFESSIONAL COMPETENCE, CPSYCHI;  DR JOAN MCGUINNESS, LEAD APPRAISER AND REVALIDATION LEAD;  MRS NORMA THOMPSON, HEAD OF MEDICAL &amp; NURSING REVALIDATION SUPPORT TEAM, SOUTHERN HEALTH AND SOCIAL CARE TRUST</p> <p>This workshop will compare and contrast CPD/CME systems on both sides of the border, looking at possible directions and developments to enrich its functionality, relevance and effectiveness for psychiatrists. The focus and guidance of the Medical Council in Ireland and the General Medical Council in the UK will also be examined in the context of professional competence. With a number of psychiatrists working both sides of the boarder and maintaining professional competence in both jurisdictions, it is timely to examine the frameworks, structures and what works.</p>	
OR	CHAIR: DR SARAH SEXTON	PIKE SUITE
W2016.6	<p><b>THE MENTAL HEALTH OF DEAF AND DEAFBLIND PEOPLE IN IRELAND</b>  DR MARGARET DU FEU</p> <p>This talk will give the facts and figures about the Deaf and Deafblind population in Ireland, including risk factors and epidemiology of mental health problems. Services past, present and future will be discussed with examples of both problems and best practice.</p>	
OR	CHAIR: DR MIKE SCULLY	ERNE SUITE
W2016.7	<p><b>CHANGES – DRUG TRENDS AND DRUG LAWS</b>  DR EAMON KEENAN &amp; DR GERRY MCCARNEY, DUBLIN  AS ORGANISED BY THE FACULTIES OF ADDICTIONS PSYCHIATRY</p> <p>This session will provide an update on recent drug use trends and topical issues to consider in addiction psychiatry.</p>	
OR	CHAIR: DR MIA MCLAUGHLIN	CRANAGHAN SUITE
W2016.8	<p><b>CAPACITY LEGISLATION AND DEPRIVATION OF LIBERTY AS ORGANISED BY THE FACULTIES OF OLD AGE PSYCHIATRY</b>  DR MIA MCLAUGHLIN, KILKENNY, PROF BRENDAN KELLY, DR KIERAN O DRISCOLL, DUBLIN</p> <p>This interactive session will consider the deprivation of liberty legislation and procedure in several jurisdictions. What protections are needed and the concerns and challenges of working with deprivation of Liberty will be discussed. The new proposals currently being developed in Ireland and the related processes will be examined. Feedback and discussion will be encouraged from those in attendance.</p>	
19.00	<b>CSCST GRADUATION &amp; EXAMINATION AWARD CEREMONY</b>	WOODFORD SUITE
19.30	<b>DRINKS &amp; CANAPÉ RECEPTION</b> (INCLUDED WITH DINNER BOOKING)	SHANNON SUITE
20.00	<b>CONFERENCE DINNER</b> (FREE SEATING, PARTNERS WELCOME)	ERNE SUITE

# FRIDAY 11th NOVEMBER

08.30 - 09.00	REGISTRATION AND POSTER EXHIBITION	CRANAGHAN SUITE
09.00 - 09.10	WELCOME ADDRESS AND INTRODUCTION	DR JOHN TOBIN
CHAIR: DR GERRY LYNCH		
09.10 - 09.25	REASONS WHY WE SHOULD WORK TOGETHER / PROMOTING BOTH SIDES OF THE BORDER. DR GERRY LYNCH, CHAIR, RCPSYCH IN NI AND DR RUTH LOANE, PRESIDENT OF CPSYCHI	
09.25 - 09.50	CROSS BORDER RELATIONS LORD JOHN ALDERDICE, HARRIS MANCHESTER COLLEGE, UNIVERSITY OF OXFORD	
	While the historic challenges of cross border relations were addressed to the satisfaction of the overwhelming majority of people in Britain and Ireland by the 1998 Good Friday / Belfast Agreement, the recent UK Referendum that resulted in a vote for the UK to leave the EU has changed the context of those relationships. In his presentation, Lord Alderdice will explore the challenges of this new situation in terms of the processes of large group psychology as well as some of the practical issues that now arise for psychiatry as a profession on the island.	
10.00-12.00	PSYCHIATRY IN NORTHERN IRELAND & PSYCHIATRY IN REPUBLIC THE CHALLENGES & THE OPPORTUNITIES	
CHAIR: DR CLARE O'TOOLE		
	10.00 - 10.45	SEVERE AND COMPLEX EATING DISORDERS: CHALLENGES AND OPPORTUNITIES. DR KEN YEOW, BELFAST HEALTH & SOCIAL CARE TRUST.
DR KEN YEOW	This talk will explain how we seek to help adults with severe and complex eating disorders through a network of specialist community services in Northern Ireland. The very real challenges such as those stemming from a lack of more intensive dedicated treatment environments will be discussed. Opportunities for effective service development will be highlighted including the potential for increased cross-border collaboration	
		EATING DISORDERS IN NORTHERN IRELAND & THE REPUBLIC: CHALLENGES AND OPPORTUNITIES IN TRAINING AND CLINICAL PRACTICE. DR NATASYA NOR, LOIS BRIDGES EATING DISORDERS TREATMENT CENTRE, DUBLIN
DR NATASYA NOR	Eating Disorders is an area of psychiatry that has been in the background for decades, somewhat overcast by other more publicised severe and enduring mental illnesses. Accessing services can be a challenging feat and it is now becoming more prevalent with the media influence and technological advances leading to more exposure to young people and individuals from all walks of life. This talk will attempt to identify the characteristics of a specialist within an Eating Disorder Service as well as to highlight the challenges in accessing training for future Eating Disorders psychiatrists, the opportunities in specialist training and attempts at bridging the identified services between the Republic and Northern Ireland.	
10.45 -11.15	COFFEE BREAK AND POSTER EXHIBITION	

CHAIR: DR CIARAN CORCORAN



PROF. CIARAN MULHOLLAND

11.15 - 12.00

**EARLY INTERVENTION IN PSYCHOSIS IN IRELAND – WHERE ARE WE NOW AND HOW CAN WE LEARN FROM EACH OTHER AND WORK TOGETHER TO DEVELOP EARLY INTERVENTION IN PSYCHOSIS SERVICES ACROSS THE ISLAND OF IRELAND?**  
**PROF CIARAN MULHOLLAND, NORTHERN HEALTH AND SOCIAL CARE TRUST & DR KATHERINE BROWN, HSE, DUBLIN**



DR KATHERINE BROWN

Dr Brown will provide an overview of the developments in Early Intervention in Psychosis since the programme was identified as one of the three National Clinical Programmes in Mental Health, established in 2010 as a joint initiative between the Health Service Executive, Clinical Strategy and Programmes Division and the College of Psychiatrists of Ireland. Dr Mulholland will outline the rationale for the development of services for young people who are at high risk of developing a psychotic illness – otherwise known as “at risk mental states” – and will make the case that the prevention of psychotic illness is not just possible but achievable. He will describe the service in which he works in the Northern Trust area which is based on this approach and other relevant early intervention service developments in Northern Ireland.



PROF. PETER MCGUFFIN

12.00 - 12.45

**NATURE, NURTURE AND MOOD DISORDERS**  
**PROF PETER MCGUFFIN, INSTITUTE OF PSYCHIATRY, KING'S COLLEGE LONDON**

It has long been recognised that mood disorders tend to run in families and twin studies together with adoption data indicate a genetic contribution to both unipolar (UPD) and bipolar (BPD) disorders. Interestingly the twin data indicates that the environmental contribution is largely or entirely non-familial. The twin data also suggests an overlap between the genes that contribute to UPD, BPD and schizophrenia and this has recently been confirmed by molecular genetic findings.

12.45 - 13.00

**ANNOUNCEMENT OF PRIZE WINNERS**

NCHD / Trainee Research Prize Oral - NCHD / Trainee Research Prize Poster - IJPM Presentation of John Dunne Medal 2015 - Dr Charles Smith 2016 Essay Competition

13.00 - 14.00

LUNCH

14.00 - 16.30

PARALLEL SESSIONS

CHAIR: PROF VINCENT RUSSELL

CRANAGHAN SUITE 1

W2016.9

**ARE WE THERE YET? THE CURRENT STATUS OF HOME TREATMENT IN IRELAND**  
**DR KAREN O' CONNOR, SOUTH LEE MENTAL HEALTH SERVICES, CORK, DR BEN O'KEEFFE, CAVAN MENTAL HEALTH SERVICES, DR PAT GIBBONS, CELBRIDGE HEALTH CENTRE, CO. KILDARE, & DR NETA CHADA, SOUTHERN HEALTH AND SOCIAL CARE TRUST, BELFAST**

This symposium will present a profile of the current status of home treatment services in Ireland. Our aim is to facilitate networking and helpful discussion among clinicians and service managers on the challenges and opportunities that surround this service model and its future development in Ireland.

OR

DR HELEN KEELEY

CRANAGHAN SUITE 2

W2016.10

**CRISIS MENTAL HEALTH CARE PROVISION FOR YOUNG PEOPLE AS ORGANISED BY THE FACULTIES OF CHILD AND ADOLESCENT PSYCHIATRY**

**A NEW CRISIS RESOLUTION SERVICE? NEWS OF A DIFFERENCE**  
**DR RICHARD WILSON & MS CAROLINE BROWN, NORTHERN HEALTH AND SOCIAL CARE TRUST, NORTHERN IRELAND**

Dr Wilson and Ms Brown will present their experience of the setting up and operationalization of a new crisis resolution service in an established CAMHS service. The effect of the new service in meeting response targets and the effect of admission rates will be outlined. The consequences of this new service on existing CAMHS practice will be examined and the challenges and opportunities explored.

**PAEDIATRIC LIAISON PSYCHIATRY IN AN INNER CITY LOCATION – A GLIMPSE INTO THE FUTURE. ARE WE PLANNING OR SLEEPWALKING FORWARD?**  
**DR BRIAN HOULIHAN, TEMPLE STREET CHILDREN'S UNIVERSITY HOSPITAL, DUBLIN**

**THERAPEUTIC ASSESSMENT FOR ADOLESCENTS PRESENTING WITH SELF-HARM**  
**DR DENNIS OUGRIN, INSTITUTE OF PSYCHIATRY, LONDON**

Long-term follow up therapeutic assessment is a novel brief intervention for adolescents presenting with self-harm in emergency. Short term studies indicate significantly improved engagement with follow up care compared with usual assessment. Long-term outcomes are reviewed in this presentation.

# BIOGRAPHIES OF SPEAKERS

**LORD JOHN ALDERDICE** FRCPSYCH is a Liberal Democrat member of the House of Lords, Senior Research Fellow and Director of the Centre for the Resolution of Intractable Conflict at Harris Manchester College, Oxford, a Clinical Professor in the Department of Psychiatry at the University Maryland and Chairman of the Centre for Democracy and Peace Building in Belfast. As Leader of the Alliance Party of Northern Ireland for eleven years from 1987, he played a significant role in negotiating the 1998 Good Friday Agreement, was first Speaker of the Northern Ireland Assembly and from 2004 to 2011 was appointed by the British and Irish Governments as one of four international commissioners overseeing security normalization and terrorist demobilization. This involvement on the security front continued with his appointment by the First and Deputy First Ministers of Northern Ireland to help produce earlier this year a report on disbanding paramilitary groups. Formerly President of Liberal International (the global federation of more than 100 liberal political parties), he is now Presidente d'Honneur. Formerly a consultant psychiatrist in psychotherapy in Belfast, he continues consulting, mediating, negotiating, teaching and writing on fundamentalism, radicalization and violent political conflict around the world. He has been recognized with many honorary degrees and prizes including the International Psychoanalytic Association Award for Extraordinarily Meritorious Service to Psychoanalysis, the World Federation of Scientists Prize for the application of Science to the Cause of Peace, Liberal International's 2015 Prize for Freedom and various honorary degrees and fellowships.

**CAROLINE BROWN** qualified in 1997 as an Occupational Therapist, working in a range of physical and mental health settings. In 2004 she began working within a newly formed Crisis Resolution and Home Treatment Team in England and by 2006, she became team leader. She developed the service from 9 initial staff working initially on a Home Treatment model, to a workforce of over 50 staff, operating a 24 hour service delivering a crisis resolution and home treatment, a 136 place of safety, an emergency department team and street triage. In 2015, she relished the opportunity to return home to Northern Ireland and begin to develop a CAMHS crisis resolution team within the Northern Trust.

**KATHERINE BROWN** MB MRCPI MRCPsych MA in Healthcare Management, Consultant Adult Psychiatrist, Clinical Director and most recently Consultant in Rehabilitation/Recovery in Laois/Offaly Mental Health Services. Vice Chair and subsequently Chair of the Faculty of Social and Rehabilitation Psychiatry of the CPsychI from 2012-2016 and member of CPsychI Council from 2014-2016. Appointed Clinical Lead for the HSE National Clinical Programme for Early Intervention in Psychosis in April 2016.

**COLIN CAMPBELL** is Consultant Forensic Psychiatrist in the Forensic Intensive Psychological Treatment Service (FIPTS), South London and the Maudsley NHS Foundation Trust and in the London Pathways Unit, HMP Brixton. He trained at the Maudsley Hospital and the Institute of Psychiatry, King's College London. His research at King's College focuses on the developmental neurobiology of aggression, the use of neuroscience in criminal justice settings and the evaluation of services for personality disordered offenders.

**NETA CHADA** was appointed as a Consultant Psychiatrist with the Southern Health and Social Care Trust in 1999. Her first post was to a traditional community-based service covering a GP catchment area which entailed Inpatient, Outpatient and CMHT work. In 2006 she was asked to develop a Home Treatment Crisis Response Service within the Southern Trust and she was subsequently appointed as a consultant to that service at its inception in January 2007. Since then she has overseen a number of further developments in HTCR.

**STEPHEN COOPER** was Head of the Department of Psychiatry, Queen's University Belfast and a Consultant Psychiatrist in General Adult Psychiatry at Belfast City Hospital. Since 2011 he has been the Clinical Lead for the UK National Audit of Schizophrenia. He is one of the two lead authors for the recent BAP Guidelines on aspects of the management of weight gain and cardiovascular risk in people with psychosis.

**ALAN CURRIE** MB CHB, MPHIL, FRCPSYCH is a Consultant and Lecturer in the Regional Affective Disorders Service in Newcastle, England. He is an ex-athlete who remains active in recreational sport, coaching and administration. He is a board member of the International Society for Sports Psychiatry (ISSP) and consultant to a number of national sports organisations. He holds a visiting professorship at Sunderland University in the Department of Sport and Exercise Sciences. He edited the recently published Handbook of Sports Psychiatry (Oxford University Press) and has authored and co-authored more than 20 peer-reviewed articles and 9 book chapters.

**MARGARET DU FEU** OBE is the Consultant Psychiatrist for the Republic of Ireland Mental Health and Deafness Service. She has previously developed Mental Health and Deafness Services in Birmingham and NI. She is Deafened herself with a cochlear implant and uses British Sign Language and Irish Sign Language. She is Chair of the General Adult Faculty in NI. She was Chair of the Scientific Committee for the 6th World Congress on Mental Health and Deafness in September 2014. Her text book, Mental Health and Deafness (du Feu and Chovaz – Oxford University Press, NY) was published in 2014.

**PAT GIBBONS M.D.** has been working as a psychiatrist since 1990, primarily in Ireland, and also spent a number of years teaching in the Universidad Tecnologica de El Salvador. He has had a longstanding interest in patient and family education in mental health as a fundamental aspect to promoting recovery, and has previously published work in this area. He has led the development of a family education programme in the field of psychosis running in the North Kildare area since 2003. He has been chair of the EOLAS Project since its inception in 2010.

**BRIAN HOULIHAN** is Consultant Child Psychiatrist at the Children's University Hospital, Temple Street and Assoc. Clinical Professor at UCD School of Medicine. Having completed training in Dublin he was Senior Lecturer at University College London and returned to take up a joint post between CUH and the Mater Hospital where he is Medical Director at St Paul's Hospital for Children with Autism. He is also a graduate of King's Inns (Law) and Mater Dei (Theology). His main interests include the overlap between paediatrics / legislation and ethics, the impact of chronic illness on children and families, and service development for Autism with a particular interest in respite provision.

**EAMON KEENAN** is a Consultant Psychiatrist in Substance Misuse in the National Drug Treatment Centre and HSE Addiction Services. Recently Dr Keenan was seconded into the role of National Clinical Lead for Addiction Services in HSE. His areas of research interest include pregnant opioid users, new psychoactive substances and changing patterns of drugs misuse.

**BRENDAN KELLY** FRCPsych FRCPI is Professor of Psychiatry at Trinity College Dublin and Consultant Psychiatrist at Tallaght Hospital. In addition to his medical degree (MB BCH BAO), Professor Kelly holds master's degrees in epidemiology (MSc), healthcare management (MA) and Buddhist studies (MA); and doctorates in medicine (MD), history (PhD), governance (DGov) and law (PhD). Professor Kelly has authored and co-authored over 200 peer-reviewed papers and 300 non-peer-reviewed papers, as well as a number of book chapters and books. His most recent books are Dignity, Mental Health and Human Rights: Coercion and the Law (Routledge, 2015), Mental Illness, Human Rights and the Law (RCPsych Publications, 2016) and Hearing Voices: The History of Psychiatry in Ireland (Irish Academic Press, 2016).

**MIRIAM KENNEDY** is a Consultant Psychiatrist (General Adult and Later Life) at Hampstead Clinic, Highfield Healthcare, Dublin and part-time lecturer at TCD. Dr Kennedy has a PhD in Medical Physiology, is an interpersonal psychotherapist (IPT), and her research area focuses on capacity and consent to treatment. She is currently the Director of the Professional Competence Scheme at CPsych.

**ALYSON LEE** is a Consultant Adult Psychiatrist in Kildare/West Wicklow Mental Health Service. She previously worked as a Consultant medical psychotherapist in NHS Scotland. She is a co-leader in a pilot MBT programme for borderline personality disorder in Kildare.

**AOIBHINN LYNCH** MD, MRCPsych, MSc (Medical Education) is a Consultant in Old Age Psychiatry in Dublin North City/North West and UCD Associate Clinical Professor. She is currently Chief Examiner for the College of Psychiatrists of Ireland.

**GERRY MCCARNEY** works as a Consultant Child and Adolescent Psychiatrist with the Addiction Services in Dublin. He works at the National Drug Treatment Centre, Pearse Street where he is the Clinical Lead for the Young Persons' Programme treating U-21 opiate users. He also covers a large community catchment area in North Dublin with the SASSY community team where his treatment group consists mainly of polydrug using adolescents. He is also a visiting psychiatrist to the Aislinn Residential Drug Treatment Centre, Co Kilkenny. He has been a member of the College's Professional Competence Committee since its formation in 2010 and is a member of the Human Rights and Ethics Committee.

**SONYA MCCULLOUGH** MB BCH BAO MRCOG MSc FFLM PGDip Healthcare Law & Ethics  
Dr Sonya McCullough is a Medicolegal Adviser and joined MPS in 2009, providing medicolegal advice and representation to doctors. Sonya works in Medical Protection's Edinburgh office. She is the Country Lead for the Republic of Ireland. Sonya worked in the NHS for 17 years. She worked in obstetrics and gynaecology in both Belfast and South Africa for four years, obtaining MRCOG in 1996. She then did a Master of Science degree in sexually transmitted infections at University College, London before obtaining a specialist registrar job in Chelsea and Westminster Hospital. She worked in clinics in London, Dublin and Belfast before completing her training in genito-urinary medicine in 2007. She worked for a time as a consultant in both London and Belfast. Sonya also worked as a forensic medical officer for seven years with both the Metropolitan Police in London and the Police Service of Northern Ireland in Belfast, providing care for victims of sexual assault. She was granted membership of the Faculty of Forensic and Legal Medicine of the Royal College of Physicians in 2009. Sonya obtained a Post Graduate Diploma in Healthcare Law & Ethics from the University of Dundee on 20 November 2014.

**PETER MCGUFFIN** MB PHD FRCP FRCPSYCH FMEDSCI is Emeritus Professor of Psychiatric Genetics at the Institute of Psychiatry, King's College London. He qualified in medicine at Leeds University in 1972 and after postgraduate training in internal medicine he completed his psychiatric training at the Maudsley Hospital London. Thereafter he was awarded a Medical Research Council (MRC) Fellowship and obtained his PhD completing a thesis on one of the first genetic marker studies of schizophrenia. He subsequently became MRC senior clinical fellow in genetics of the Institute of Psychiatry and in 1987 was appointed to Chair of Psychological Medicine at the University of Wales, College of Medicine, Cardiff. He returned to London as Director of the MRC Social, Genetic and Developmental Psychiatry Centre, King's College London in 1998 and was Dean of the Institute of Psychiatry 2007-2010. He is a Founding Fellow of Britain's Academy of Medical Sciences and has won a number of awards and prizes. He was active clinically until

retirement at the end of 2013 and now continues to dabble in academic work but mainly spends his time riding horses, sailing boats, looking after grandchildren and attempting to learn to play the piano and to speak Welsh.

**JOAN MCGUINNESS** is a Consultant Psychiatrist and Clinical Director for Intellectual Disability, Southern HSCT NI and Medical Lead for Appraisal and Revalidation for all permanent medical staff in the SHSCT.

**CIARAN MULHOLLAND** is a Consultant Psychiatrist with the Northern Health and Social Care Trust. In 2014 he established the first service specifically for young people who are at risk of developing a psychotic illness (those with an "At Risk Mental State") in Ireland with his colleague Dr Ciaran Shannon. He also works as a Senior Lecturer in Psychiatry at the Centre for Medical Education at The Queen's University of Belfast where he is responsible for delivering education on mental health issues to medical students. He is a Visiting Professor at the Bamford Centre for Mental Health and Well-Being at the University of Ulster Magee. He has successively held the positions of Treasurer, Secretary and Chair of the Northern Ireland Mental Health, Ageing and Learning Disability Translational Research Group and is currently Clinical Co-Lead for the Northern Ireland Clinical Research Network-Mental Health Group. His research interests are in the causation of schizophrenia and related psychotic illnesses and in the examination of the impact of psychological trauma.

**NATASYA NOR** LRCPI & SI MB BCh BAO, DCP, MSc Healthcare Management, MRCPsych is a Consultant Psychiatrist and was appointed Clinical Director of Lois Bridges Eating Disorders Treatment Centre in Sutton, Dublin in January 2016. She trained in St Patrick's University Hospital Basic Psychiatric Specialist training programme and subsequently completed her National Higher Specialist Training in 2015 with special interests in Liaison and Rehabilitation Psychiatry. She is currently leading a multidisciplinary team delivering holistic and evidence-based interventions via Residential and Day Programme for Eating Disorders.

**KAREN O'CONNOR**, Consultant Psychiatrist, set up a new home based treatment team in South Lee Mental Health Services in Cork in 2015. She graduated from UCC in 2004 and completed her basic and higher specialist training in Psychiatry in Dublin. She completed a Fellowship in Youth Mental Health and Early Intervention for Psychosis in Melbourne, Australia and has a particular interest in early intervention and home based treatment. Her MD thesis was in the area of early intervention and she has a postgraduate diploma in medical education and also in leadership. She is a former chair of the Trainee Committee of the College of Psychiatrists of Ireland.

**KIERAN O'DRISCOLL** was privileged to work as a Neuropsychiatrist in both Manchester and Liverpool Neuroscience Centres from where he retired last year (before Brexit) to repatriate with family. In Liverpool he led the setting up of the first NHS inpatient brain injury rehabilitation service in the UK. He has also been privileged to be part of the National Neurobehavioural Brain Injury Clinic at the National Rehabilitation Hospital, a truly unique multidisciplinary service. He also works at Bloomfield Hospital and provides independent brain injury medico-legal expert witness reports.

**BENJAMIN O'KEEFFE** BSc BA HDip Ed MB MPH MRCPsych is a Higher Specialist Trainee, Year 2, currently working in Cluain Mhuire Community Mental Health Services in South Dublin. He completed the St John of God/UCD Basic Specialist Training Programme in 2013. He worked for a number of years in the National Forensic Psychiatry Service in Dublin before working in Cavan/Monaghan MHS. It was here that he was introduced to a Home Based Treatment Programme which has been in operation since 1998.

**TONY O'NEILL** is a consultant psychiatrist in the Belfast HSC Trust and is also part of a resettlement team responsible for the community rehabilitation of patients with long-term illness. His interests include Genetic Epidemiology of Psychosis and Substance Misuse using molecular and epidemiological approaches to look at the complex causal pathways for a psychiatric illness. He is also interested in the overlap between movement disorder and psychiatric symptoms and the use of stratified medicine approaches to the treatment of psychosis. He has an interest in creativity and mental health and has been part of a HTA funded trial of Art Therapy. Tony is a member of the Northern Ireland Public Health Research Network Subgroup interested in Arts in Health and also a member of the Centre for Evidence and Social Innovation and the George S. Mitchell Institute for Global Peace, Security and Justice at Queens University. He was a script advisor for series three of the BBC/RTE series *The Fall*.

**DENNIS OUGRIN** graduated from medical school in Ukraine in 1998 and undertook his postgraduate training in England. He completed his higher training in child and adolescent psychiatry at Guy's and Maudsley and is currently a consultant in child and adolescent psychiatry leading a Supported Discharge Service at South London and Maudsley NHS Foundation Trust. Dr Ougrin is also a visiting lecturer at the Institute of Psychiatry. He leads a programme of information exchange between the UK and Ukraine and organises annual conferences on psychiatric services development in Ukraine. His main professional interests include prevention of Borderline Personality Disorder and effective interventions for self-harm. He is the author of *Therapeutic Assessment*, a novel mode of assessment for young people presenting with self-harm in emergency. He is the chief investigator of a randomised controlled trial of a Supported Discharge Service versus Treatment as Usual in adolescents admitted for in-patient care. Dr Ougrin is a mental health theme editor of *London Journal of General Practice* and an honorary research and audit consultant at NHS Brent. He is a Consultant Child and Adolescent Psychiatrist at South London and Maudsley NHS Foundation Trust and a Clinical Senior Lecturer at King's College London.



**NORMA THOMPSON** is a senior manager in The Revalidation Support Team and Trust Lead for Medical and Nursing Revalidation. She has an extensive background in Human Resources, and currently has extensive responsibilities within the Medical Directorate, which also includes development of an in-house medical leadership development / training programme.

**RICHARD WILSON** has been a Consultant in Child and Adolescent Psychiatry since 1995. He is the lead clinician in the Northern Health & Social Care Trust in Northern Ireland. His clinical interests include developmental neuropsychiatry and CAMHS service development. He is currently Chair of the Faculty of Child and Adolescent Psychiatry in the Royal College of Psychiatrists in Northern Ireland.

**KEN YEOW** is a Consultant Psychiatrist in Eating Disorders in the Belfast Health & Social Care Trust, working within a network of multidisciplinary community services that specialises in the treatment of adults with severe and complex eating disorders.

## POSTER PRESENTATION OF ABSTRACTS ON DISPLAY

### 1. THE ADHD CLINIC: CLINICAL AUDIT & IMPROVED PATHWAY OF CARE IN A CAMHS OUTPATIENT ADHD CLINIC FOLLOWING REVIEW OF NICE GUIDELINES

**DR EMER AHERN<sup>1</sup>, DR CATHERINE O'BRIEN<sup>1</sup>**

<sup>1</sup>CAMHS, Merlin Park Hospital, Galway

### 2. A CROSS SECTIONAL SURVEY ON THE LEVEL OF NICOTINE DEPENDENCE AMONG A GENERAL ADULT MENTAL HEALTH POPULATION IN GALWAY/ ROSCOMMON MENTAL HEALTH SERVICE

**DR MIGDAM AHMED<sup>1</sup>, DR SABINA FEENEY<sup>2</sup>, MR CIARAN MCMAHON<sup>2</sup>**

<sup>1</sup>Mayo Mental Health Service

<sup>2</sup>Ballinasloe Day Centre, Galway/Roscommon Mental Health Service

### 3. LITHIUM PATIENT MONITORING IN A COMMUNITY MENTAL HEALTH TEAM: MILLMOUNT CLINIC AND IONA DAY SERVICE A CASE STUDY

**DR RAMNIQUE BAINS<sup>1</sup>, EMMANUEL UMAMA-AGADA<sup>1</sup>, MONA KILDUFF<sup>1</sup>**

<sup>1</sup>St. Vincent's Hospital, Dublin

### 4. THE GUT MICROBIOTA IN SCHIZOPHRENIA

**DR AISLING BAMBURY<sup>1</sup>, PROF TED DINAN<sup>1,2</sup>,**

<sup>1</sup>APC Microbiome Institute, University College Cork,

<sup>2</sup>Cork University Hospital, Cork

### 5. PRESCRIBING PRACTICES IN AN ACUTE PSYCHIATRIC INPATIENT UNIT

**DR AISLING BAMBURY<sup>1,2</sup>, DR MARGARET KELLEHER<sup>3</sup>**

<sup>1</sup>APC Microbiome Institute, University College Cork

<sup>2</sup>Acute Psychiatric Unit, Cork Univeristy Hospital

<sup>3</sup>University Hospital Kerry

### 6. WHAT PRICE MY HEALTH? THE PERSONAL COST OF DEVELOPING PSYCHOSIS

**DR CARAGH BEHAN<sup>1,2</sup>, SARAH MASTERSON<sup>1</sup>, ERIC ROCHE<sup>1</sup>, LAOISE RENWICK<sup>3</sup>, BRENDAN KENNELLY<sup>4</sup>, CATHERINE MCDONOUGH<sup>5</sup>, PAUL MCCRONE<sup>6</sup>, MARY CLARKE<sup>1,7</sup>**

<sup>1</sup> St John of God Hospital, Dublin

<sup>2</sup> St James's Hospital, Dublin

<sup>3</sup> University of Manchester,

<sup>4</sup> NUIG

<sup>5</sup> Cavan & Monaghan Mental Health Service

<sup>6</sup> King's College London

<sup>7</sup> University College Dublin

### 7. MEDFEST 2016 -"FRAMING TRAUMA": THE USE OF FILM TO EDUCATE MEDICAL STUDENTS ON PTSD AND THE IMPACT OF TRAUMA ON MENTAL HEALTH

**DR DAVID BELL<sup>1,2,3</sup>, DR NIALL CORRIGAN<sup>1,2</sup>, DR RUTH GRANT<sup>1,2</sup>, PROF CIARAN MULHOLLAND<sup>1,2</sup>, DR DES O' RAWE<sup>1,2</sup>**

<sup>1</sup> South Eastern Health Social Care Trust, Dundonald

<sup>2</sup> Belfast Health Social Care Trust

<sup>3</sup>Queen's University Belfast

### 8. DIFFERENT WAYS OF ESTIMATING ADHD PREVALENCE RATES AND THE IMPLICATIONS FOR MENTAL HEALTH SERVICE

**DR PHILIP BRADY<sup>1</sup>, DR ALEKSANDRA GRONOSTAJ-MIARA<sup>2</sup>, DR UDO REULBACH<sup>3</sup>, DR BLÁNAID GAVIN<sup>4</sup>, PROF FIONA MCNICHOLAS<sup>3,4,5</sup>**

<sup>1</sup>St Vincent's University Hospital, Dublin

<sup>2</sup>St John of God Research Foundation, Dublin

<sup>3</sup>Lucena Clinic Rathgar, Adolescent Team, Dublin

<sup>4</sup>University College Dublin

<sup>5</sup>Our Lady's Children's Hospital, Dublin

**9. INTERNATIONAL BENCHMARKING AND ROUTINE OUTCOME MEASUREMENTS IN FORENSIC MENTAL HEALTH SERVICES**

**DR PHILIP CAMPBELL**<sup>1</sup>, **DR PHILIP ANDERSON**<sup>1</sup>, **DR NIALL CORRIGAN**<sup>1</sup>, **PROFESSOR HARRY KENNEDY**<sup>2</sup> **DR CHRISTINE KENNEDY**<sup>3</sup>

<sup>1</sup>Belfast HSC Trust

<sup>2</sup>National Forensic Mental Health Service, Central Mental Hospital, Dublin

<sup>3</sup>Northern HSC Trust

**10. IMPLEMENTATION OF SMALL GROUP TEACHING IN A PRE-CLINICAL PSYCHIATRY MODULE**

**DR MARIEL CAMPION**<sup>1,2</sup>, **PROF ALLYS GUERANDEL**<sup>1,2</sup>,

<sup>1</sup>St Vincent's University Hospital, Dublin

<sup>2</sup>University College Dublin

**11. AN AUDIT OF CARDIOMETABOLIC MONITORING IN OUTPATIENTS ON ANTIPSYCHOTICS**

**DR SINEAD CARR**<sup>1</sup>, **JOHN ASPILL**<sup>2</sup>, **CARMEL WATSON**<sup>2</sup>, **MARIA BEGGAN**<sup>2</sup>, **MARGRET FITZGERALD**<sup>3</sup>

<sup>1</sup>University Hospital Waterford,

<sup>2</sup>Clonskeagh Hospital, Dublin

<sup>3</sup>St Vincent's University Hospital, Dublin

**12. LITHIUM PRESCRIBING PRACTICES: AN AUDIT OF PRESCRIBING AND MONITORING OF LITHIUM IN THE OWENDOHER SECTOR OF DUBLIN SOUTH CITY MENTAL HEALTH SERVICES**

**MS AISHLING COLLINS**<sup>1</sup>, **PROFESSOR AIDEN CORVIN**<sup>2</sup>, **DR CATHERINE DOLAN**<sup>2</sup>, **KAREN LOUGHREY**<sup>2</sup>

<sup>1</sup>Trinity College Dublin

<sup>2</sup>St James's Hospital, Dublin

**13. AUDIT OF USE OF MOOD-STABILISERS IN WOMEN WITH CHILD-BEARING POTENTIAL IN THE OUTPATIENT DEPARTMENT POPULATION OF A PSYCHIATRIC UNIT**

**DR ROISIN CONNOLLY**<sup>1</sup>, **DR JOANNE MINAY**<sup>2</sup>

<sup>1</sup>Belfast Health and Social Care Trust

<sup>2</sup>Southern Health and Social Care Trust, Craigavon

**14. RETROSPECTIVE ANALYSIS OF PATIENT OUTCOMES FOLLOWING MENTAL HEALTH REVIEW TRIBUNALS (MHRTs) IN THE BELFAST TRUST**

**DR NIALL CORRIGAN**<sup>1</sup>, **DR AIDAN TURKINGTON**<sup>1</sup>

<sup>1</sup>Belfast Trust and Social Care Trust

**15. A CONTENT ANALYSIS OF TRAUMA REPRESENTATIONS IN IRISH 'TROUBLES' FILMS –ARE WE FORGETTING THE VICTIMS?**

**DR NIALL CORRIGAN**<sup>1,2</sup>, **PROF CIARAN MULLHOLLAND**<sup>1,2</sup>, **DR DES O'RAWE**<sup>1,2</sup>, **DR DAVID BELL**<sup>1,2</sup>

<sup>1</sup>Belfast Trust

<sup>2</sup>Queen's University Belfast

**16. SERVICE USERS' AND CARERS' EXPERIENCE OF EAST GALWAY PSYCHIATRY OF LATER LIFE SERVICES: A SURVEY**

**DR SINEAD COSTELLO**<sup>1</sup>, **SONN PATEL**<sup>1</sup>, **P VAUGHAN**<sup>1</sup>, **SABINA FAHY**<sup>1</sup>

<sup>1</sup>University Hospital Galway

**17. COMPLIANCE WITH ECG MONITORING IN THOSE ON REGULAR ANTIPSYCHOTICS IN PRIMARY CARE**

**DR GRAINNE DONAGHY**<sup>1</sup>, **MR STEPHEN GUY**<sup>1</sup>, **DR PAM MCGUCKEN**<sup>1</sup>, **DR MICHAEL DOHERTY**<sup>1</sup>

<sup>1</sup>Belfast H&SC Trust

**18. AN AUDIT OF THE TRANSITION OF CARE OF PATIENTS FROM ADOLESCENT TO ADULT MENTAL HEALTH SERVICES WITHIN A PRIVATE UNIVERSITY HOSPITAL SETTING**

**DR ANNA FEENEY**<sup>1</sup>, **DR LAURA BOND**<sup>1</sup>, **DR SOPHIA MORGAN**<sup>1</sup>, **DR AILEEN MURTAGH**<sup>2</sup>, **DR SUSAN HEALY**<sup>2</sup>, **DR PADDY POWER**<sup>1</sup>

<sup>1</sup>Young Adult Service, St Patrick's University Hospital, Dublin

<sup>2</sup>Adolescent Service, St Patrick's University Hospital, Dublin

**19. PATIENTS PREFER CLINICS THAT ARE ACCESSIBLE AND INTEGRATED INTO PRIMARY CARE**

**DR COLIN FERNANDEZ**<sup>1</sup>, **ALLYS GUERANDEL**<sup>1</sup>, **MARIA BEGGAN**<sup>2</sup>, **DONNA WOODS**<sup>3</sup>

<sup>1</sup>St Vincent's University Hospital, Dublin

<sup>2</sup>Vergemount Hall, Dublin

<sup>3</sup>Irishtown and Ringsend Primary Care Centre, Dublin

**20. ANTICHOLINERGIC BURDEN OF PATIENTS WITH DEMENTIA ATTENDING A PSYCHIATRY OF LATER LIFE SERVICE**

**MS ROISIN FLYNN**<sup>1</sup>, **DR RÓISÍN VAUGHAN**<sup>2</sup>, **DR NOLA GREENE**<sup>2</sup>

<sup>1</sup>Trinity College Dublin

<sup>2</sup>Tallaght Hospital Dublin

**21. AN AUDIT OF THE RISK ASSESSMENT, CARE PLAN AND KEY WORKER DOCUMENTATION IN SERVICE USER FILES**

**DR ZORINA GIBBONS**<sup>1</sup>, **DR LARKIN FEENEY**<sup>2</sup>

<sup>1</sup>Drug Treatment Centre Board Dublin

<sup>2</sup>Cluain Mhuire Community Mental Health Service, Co Dublin

**22. AN AUDIT TO ASSESS ELECTROCARDIOGRAM MONITORING OF QTC IN A COHORT OF PATIENTS ATTENDING A TERTIARY REFERRAL ADDICTION SERVICE**

**DR YVONNE HARTNETT**<sup>1</sup>, **DR ZORINA GIBBONS**<sup>1</sup>, **DR MIKE SCULLY**<sup>1</sup>

<sup>1</sup>Drug Treatment Centre Board Dublin

**23. SYSTEMATIC REVIEW OF BEDSIDE TESTS OF ATTENTION USED IN THE DIAGNOSIS OF DELIRIUM**

**DR MUBASHAR HASSAN**<sup>2</sup>, **HENRY O'CONNELL**<sup>1</sup>, **CLIONA BUCKLEY**<sup>1</sup>, **DAVID MEAGHER**<sup>1</sup>, **AMMAD RAUF**<sup>2</sup>

<sup>1</sup>University of Limerick

<sup>2</sup>St Fintan's Hospital Portlaoise

**24. ADHD: IS THERE AN APP FOR THAT?**

**MR DAVID HOGAN**<sup>1</sup>, **BLÁNAID GAVIN**<sup>1</sup>, **FIONA MCNICHOLAS**<sup>1,2</sup>

<sup>1</sup>University College Dublin

<sup>2</sup>Our Lady's Hospital for Sick Children, Dublin



**25. DEATHS IN CUSTODY: A RETROSPECTIVE STUDY OF CAUSES OF UNNATURAL DEATHS BETWEEN 2009 AND 2014 IN THE IRISH PRISON SERVICE**

**DR MADEEHA IQTIDAR**<sup>1</sup>, **RONAN MULLANEY**<sup>1,2</sup>, **KAPIL SHARMA**<sup>1</sup>, **MYRA CULLINANANE**<sup>3,4</sup>, **ENDA T KELLY**<sup>5</sup>, **MARY KEEVENS**<sup>5</sup>, **HARRY KENNEDY**<sup>1,2</sup>, **DAMIAN MOHAN**<sup>1,2</sup>

<sup>1</sup> National Forensic Mental Health Service, Central Mental Hospital Dublin

<sup>2</sup> Trinity College Dublin

<sup>3</sup> Dublin City Coroner

<sup>4</sup> Department of Forensic and Legal Medicine, University College Dublin

<sup>5</sup> Irish Prison Service

**26. SURVEY OF PRESCRIBING HABITS OF PSYCHIATRIC MEDICATIONS COMMONLY USED IN CHILD AND ADOLESCENT PSYCHIATRY IN IRELAND**

**DR KATHERINE IRVINE**<sup>1</sup>, **PROFESSOR FIONA MCNICHOLAS**<sup>2</sup>, **DR BLANAID GAVIN**<sup>2</sup>

<sup>1</sup> St John of God Hospital, Dublin

<sup>2</sup> Fellows of Geary Institute of Public Policy & Department of Child and Adolescent Psychiatry, University College Dublin

**27. MATERNAL DEPRESSION DURING PREGNANCY: AN EARLY LIFE STRESSOR FOR THE FETUS?**

**DR CHAI JAIRAJ**<sup>1</sup>, **NIAMH O'LEARY**<sup>1</sup>, **VERONICA O'KEANE**<sup>1</sup>

<sup>1</sup> Trinity College Institute of Neuroscience, Trinity College Dublin

<sup>2</sup> Trinity Centre for Health Sciences, Tallaght Hospital, Dublin

**28. ADDICTION SERVICES IN IRELAND AND BEYOND – WHAT IS THE DEMAND FOR TREATMENT AND WHERE ARE PEOPLE TREATED?**

**MS MARIANNE KEENAN**<sup>1</sup>, **EDYTA TRUSZKOWSKA**<sup>2</sup>, **ALLYS GUERANDEL**<sup>2</sup>

<sup>1</sup> University College Dublin

<sup>2</sup> St Vincent's University Hospital, Dublin

**29. AN AUDIT OF METABOLIC SCREENING IN PATIENTS PRESCRIBED ANTI-PSYCHOTIC MEDICATION IN A COHORT OF PATIENTS ATTENDING A TERTIARY ADDICTION SERVICE**

**DR LOUISA KELLY**<sup>1</sup>, **DR ZORINA GIBBONS**<sup>1</sup>, **DR MIKE SCULLY**<sup>1</sup>

<sup>1</sup> National Drug Treatment Centre, Dublin

**30. THE ATTITUDES AND PRACTICES REGARDING THE USE OF 'PRO RE NATA' (PRN) MEDICATIONS ON AN ACUTE PSYCHIATRIC WARD**

**DR SADAF KHAN**<sup>1</sup>, **DR SARAH O'DWYER**<sup>2</sup>

<sup>1</sup> Martha Whiteway Day Hospital, Dublin

<sup>2</sup> The Adelaide and Meath Hospital, Dublin

**31. AN EXPLORATION OF ORGANISATIONAL DYNAMICS AND GROUP PROCESSES FOR MENTAL HEALTH STAFF WORKING IN ACUTE AND RECOVERY SERVICES**

**DR MARGARET KELLY**<sup>1</sup>

<sup>1</sup> Queen's University, Belfast

**32. AUDIT ON DOCUMENTATION REGARDING THE USE OF MECHANICAL RESTRAINTS IN AN APPROVED CENTRE FOR PEOPLE WITH INTELLECTUAL DISABILITY**

**DR HUMERA KHAN**<sup>1</sup>, **DR PETER LEONARD**<sup>1</sup>

<sup>1</sup> St Joseph's Intellectual Disability Services, Dublin

**33. A SURVEY OF PATIENT PREFERENCES IN RELATION TO THE MODEL OF INPATIENT CONSULTANT PSYCHIATRIC CARE IN THE LOUTH MENTAL HEALTH SERVICE**

**DR MOHAMMAD KASHIF**<sup>1</sup>, **SABINA KHAN**<sup>1</sup>, **LORNA WILSON**<sup>1</sup>, **MACDARA MACCAULEY**<sup>1</sup>, **ERIC ROCHE**<sup>2</sup>

<sup>1</sup> Drogheda Department of Psychiatry, Crosslanes, Drogheda, Co Louth

<sup>2</sup> Swords Community Mental Health Service, Curam Clinic, Co Dublin

**34. LACTOBACILLUS RHAMNOSUS (JB-1): A PSYCHOBIOLOGIC LOST IN TRANSLATION?**

**DR JOHN KELLY**<sup>1,2</sup>, **ANDREW P. ALLEN**<sup>1,2</sup>, **ANDRIY TEMKO**<sup>3</sup>, **WILLIAM HUTCH**<sup>4</sup>, **PAUL J. KENNEDY**<sup>1</sup>, **NILOUFAR FARID**<sup>2</sup>, **EILEEN MURPHY**<sup>5</sup>, **JOHN BIENENSTOCK**<sup>6</sup>, **JOHN F. CRYAN**<sup>1,7</sup>, **GERARD CLARKE**<sup>1,2</sup>, **TIMOTHY G. DINAN**<sup>1,2</sup>

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<sup>5</sup> Alimentary Health Ltd, Cork

<sup>6</sup> Dept of Pathology & Molecular Medicine, McMaster University Canada

<sup>7</sup> Dept of Anatomy & Neuroscience, University College Cork

**35. CLINICAL DIAGNOSIS OF DEMENTIA WITH LEWY BODIES IN ROUTINE SECONDARY CARE CLINICAL SERVICES: RESULTS FROM THE DIAMOND-LEWY STUDY**

**DR JOSEPH KANE**<sup>1</sup>, **AJENTHAN SURENDRANATHAN**<sup>2</sup>, **SALLY BARKER**<sup>1</sup>, **ALLISON BENTLEY**<sup>2</sup>, **LOUISE ALLAN**<sup>1</sup>, **JOHN-PAUL TAYLOR**<sup>1</sup>, **ALAN THOMAS**<sup>1</sup>, **PETER JAMES**<sup>3</sup>, **DAVID BURN**<sup>1</sup>, **IAN MCKEITH**<sup>1</sup>, **JOHN O'BRIEN**<sup>1,2</sup>

<sup>1</sup> Institute of Neuroscience, Newcastle University

<sup>2</sup> Department of Psychiatry, University of Cambridge

<sup>3</sup> Institute of Health and Society, Newcastle University

**36. AN EXPLORATION OF THE ROLE OF THE MEDICAL EDUCATOR IN PROMOTING DIAGNOSTIC REASONING IN AN UNDERGRADUATE MEDICAL CURRICULUM**

**DR LEONA LALLY**<sup>1</sup>

<sup>1</sup> Sligo Leitrim Mental Health Service

**37. ANTICOAGULANT PRESCRIBING AND MONITORING AT THE NATIONAL DRUG TREATMENT CENTRE**

**DR MARIE LYNCH**<sup>1</sup>, **DR ZORINA GIBBONS**<sup>1</sup>, **DR EAMON KEENAN**<sup>1</sup>

<sup>1</sup> National Drug Treatment Centre, Dublin

**38. CLINICAL AUDIT OF KNOWLEDGE, BEHAVIOUR AND ATTITUDES TOWARDS SMOKING AND SMOKING CESSATION IN AN ACUTE PSYCHIATRIC UNIT**

**DR KEVIN LALLY**<sup>1</sup>, **DR SHEILA TIGHE**<sup>1</sup>

<sup>1</sup> University Hospital Limerick

**39. PAEDIATRIC CONSULTATION LIAISON PSYCHIATRY SERVICES - WHAT ARE THEY ACTUALLY DOING?**

**MR FIONN LYNCH**<sup>1</sup>, **DR CLAIRE KEHOE**<sup>2</sup>, **SARAH MACMAHON**<sup>2</sup>, **EDEL MCCARRA**<sup>2</sup>, **RACHEL MCKENNA**<sup>2</sup>, **DR ANTOINETTE D'ALTON**<sup>2</sup>, **PROF FIONA MCNICHOLAS**<sup>2</sup>

<sup>1</sup> Royal College of Surgeons in Ireland

<sup>2</sup> Our Lady's Hospital for Sick Children, Dublin

**40. ANTIPSYCHOTIC PRESCRIBING IN PATIENTS WITH DEMENTIA IN LATER LIFE PSYCHIATRY DEPARTMENT IN GALWAY WEST**

*DR BHARAT MAGAR*<sup>1</sup>, *DR KARENA MEEHAN*<sup>1</sup>,  
*DR LEONA LALLY*<sup>2</sup>

<sup>1</sup>Galway Roscommon Mental Health Service

<sup>2</sup>Sligo Leitrim Mental Health Service

**41. AUDIT OF METABOLIC MONITORING OF PATIENTS ON ORAL ANTIPSYCHOTIC TREATMENT IN THE CELBRIDGE MENTAL HEALTH SERVICE, A COMPLETED AUDIT**

*DR JOANNE MAHER*<sup>1</sup>

<sup>1</sup>Celbridge Mental Health Service

**42. IDENTIFYING TRAUMATIC EXPERIENCES OF INPATIENTS IN A TIER FOUR ADDICTIONS UNIT**

*DR MICHAEL MCMORRAN*<sup>1</sup>, *JOY WATSON*<sup>1</sup>

<sup>1</sup>Downshire Hospital, Downpatrick, South-Eastern Trust

**43. REFERRAL PATTERNS TO PSYCHIATRY INTENSIVE CARE UNIT: PHOENIX CARE CENTRE**

*DR FIRDOUS MURAD*<sup>1</sup>, *SHAERAINÉ RAAJ*<sup>1</sup>, *ROY BROWNE*<sup>1</sup>,  
*P TWOMEY*<sup>1</sup>, *A BHAGAWAN*<sup>1</sup>, *E NWARIE*<sup>1</sup>, *S NAVANATHAN*<sup>1</sup>

<sup>1</sup>Royal College of Surgeons in Ireland

**44. THE STEP PSYCHOSIS PREVENTION TEAM: A DESCRIPTION OF OUR SERVICE AND AUDIT OF INITIAL REFERRALS**

*DR DAVID MONGAN*<sup>1</sup>, *PROF CIARAN MULHOLLAND*<sup>1</sup>

<sup>1</sup>Northern Health & Social Care Trust, Holywell Hospital, Antrim

**45. A QUALITATIVE ANALYSIS OF CONSULTANT PSYCHIATRISTS' ATTITUDES TO THE DIAGNOSIS OF EMOTIONALLY UNSTABLE PERSONALITY DISORDER AND ITS DISCLOSURE TO PATIENTS: WHY DO THEY DELAY?**

*DR RYAN MCNAMARA*<sup>1,2</sup>, *DR RICHARD INGRAM*<sup>1,2</sup>

<sup>1</sup>Southern Health and Social Care Trust, Craigavon

<sup>2</sup>New Buckinghamshire University, High Wycombe, UK

**46. AN EXPLORATORY STUDY INTO THE PORTRAYAL OF ELECTROCONVULSIVE THERAPY IN A SAMPLE OF IRISH MEDIA OUTLETS**

*DR LEONA MOORE*<sup>1</sup>, *DANIEL HERLIHY*<sup>1</sup>

<sup>1</sup>University Hospital Waterford

**47. PATTERN OF REFERRALS, DEMOGRAPHICS AND INTERVENTION IN A POPULATION ATTENDING A CHILDREN'S INTELLECTUAL DISABILITY PSYCHIATRY SERVICE**

*DR LARA NELSON*<sup>1</sup>, *LOUISE SHARKEY*<sup>1,2</sup>

<sup>1</sup>Linn Dara CAMHS, Dublin

<sup>2</sup>Linn Dara Neurodevelopmental Disability Service, National Children's Hospital, Dublin

**48. EFFECTS OF ANTIPSYCHOTIC TREATMENT ON WHITE MATTER IN SCHIZOPHRENIA: A META-ANALYSIS**

*MR OISIN O BRIEN*<sup>1</sup>, *KARA O'CONNELL*<sup>1</sup>

<sup>1</sup>Department of Psychiatry, Trinity College Dublin

**49. AN AUDIT OF PRESCRIBING IN AN OLD AGE POPULATION IN THE ACUTE MENTAL HEALTH UNIT USING THE STOPP/START CRITERIA FOR POTENTIALLY INAPPROPRIATE PRESCRIBING IN OLDER PEOPLE: VERSION 2**

*DR AOIFE O CALLAGHAN*<sup>1</sup>, *DR AOIFE NÍ CHORCORÁIN*<sup>1</sup>

<sup>1</sup>Acute Mental Health Unit, Cork

**50. MONITORING OF PHYSICAL HEALTH PARAMETERS AT BASELINE IN SERVICE USERS WITH FIRST EPISODE PSYCHOSIS**

*DR THERESE O'CARROLL*<sup>1</sup>, *PRIYOLA GOUNDEN*<sup>1</sup>, *ROISIN MCCAFFERTY*<sup>2</sup>, *KAREN LOUGHREY*<sup>2</sup>, *AIDEN CORVIN*<sup>2</sup>,  
*CATHERINE DOLAN*<sup>2</sup>

<sup>1</sup>Linn Dara, Cherry Orchard Hospital

<sup>2</sup>St. James's Hospital, James's Street, Dublin

**51. AUDIT ON THE DEGREE OF ENQUIRY ABOUT PREVIOUS PSYCHOTHERAPY AND COUNSELLING IN ADMISSION ASSESSMENTS OF NEW PATIENTS IN ST PATRICK'S UNIVERSITY HOSPITAL**

*DR MOLLY O'CONNELL*<sup>1</sup>, *DR CONOR FARREN*<sup>1</sup>

<sup>1</sup>St Patrick's University Hospital, Dublin

**52. DO ANTI-EPILEPTIC DRUGS, REGARDLESS OF THE TREATMENT INDICATION, PREDICT AN INCREASED RISK IN THE INCIDENCE OF FALLS AND FRACTURES?**

*DR JANE O CONNOR*<sup>1</sup>, *DR ROSE GALVIN*<sup>2</sup>

<sup>1</sup>Stewart's Care, Palmerstown, Dublin

<sup>2</sup>Department of Clinical Therapies, University of Limerick

**53. CHANGES IN USE OF NOVEL PSYCHOACTIVE SUBSTANCES (NPS) AMONG ADOLESCENTS ATTENDING A DRUG AND ALCOHOL TREATMENT SERVICE FOLLOWING A LEGISLATIVE BAN FROM JANUARY TO AUGUST 2010 TO 2014**

*DR ELIZABETH A. OGUNJIMI*<sup>1</sup>, *BOBBY P. SMYTH*<sup>2</sup>, *PHILIP JAMES*<sup>3</sup>

<sup>1</sup>Youth Drug and Alcohol Service, HSE, Tallaght, Dublin

<sup>2</sup>Child and Youth Mental Health service, Queensland, Australia

<sup>3</sup>Louth/Meath Adolescent Substance Use Service, Ardee, Co Louth

**54. AUDIT OF APPLICATIONS UNDER MHA 2001 FOR CLIENTS PRESENTING TO SJOG HOSPITAL APPROVED CENTRE FOR AN 18-MONTH PERIOD FROM JANUARY 2014 TO AUGUST 2015**

*DR DAMIEN O'RIORDAN*<sup>1</sup>, *DR CIARAN SOMERS*<sup>2</sup>

<sup>1</sup>St John of God Hospital, Co Dublin

<sup>2</sup>Cluain Mhuire Mental Health Service, Co Dublin

**55. A SIMPLE HEURISTIC METHOD FOR TIMELY SCREENING FOR VOLTAGE-GATED POTASSIUM CHANNEL ANTIBODY ASSOCIATED LIMBIC ENCEPHALITIS**

*DR DIARUID O'SULLIVAN*<sup>1</sup>, *BRUCE O'DONNELL*<sup>2</sup>, *DEIRDRE SMITHWICK*<sup>3</sup>, *ELIJAH CHAILA*<sup>4</sup>

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<sup>2</sup>Castletroy Medical Centre, Limerick

<sup>3</sup>South Sector Community Mental Health Team, Midwest Mental Health Services, Clare

<sup>4</sup>Department of Neurology, University Hospital Limerick



**56. AN AUDIT TO IMPROVE THE PROCESS OF GIVING INFORMATION TO PATIENTS REGARDING DRIVING FOLLOWING A DIAGNOSIS OF DEMENTIA.**

**DR SIMON PATTERSON<sup>1</sup>**

<sup>1</sup> South Eastern Health and Social Care Trust, Downpatrick, Co Down

**57. AUDIT OF REFERRALS TO LIAISON PSYCHIATRY SERVICE IN GENERAL HOSPITAL SETTING. CONSEQUENT SURVEY OF ATTITUDES TO AND SATISFACTION WITH LIAISON PSYCHIATRY/MENTAL HEALTH REFERRALS OF NCHD'S IN GENERAL HOSPITAL**

**Dr THARSHANAN EDWIN PEIRIS<sup>1</sup>, DR LEONARD DOUGLAS<sup>1</sup>**

<sup>1</sup> St Vincent's University Hospital, Dublin

**58. IMPROVING THE QUALITY OF REFERRALS TO A GENERAL LIAISON PSYCHIATRY SERVICE FOR ELDERLY HOSPITAL IN-PATIENTS WITH DELIRIUM: A COMPLETED AUDIT CYCLE**

**DR NIAMH QUIGLEY<sup>1</sup>, SIOBHAN MACHALE<sup>1</sup>, DAVID COTTER**

**<sup>1</sup>, AISYAH SYAKIRAH<sup>2</sup>, SUSAN MOORE<sup>1,2</sup>**

<sup>1</sup> Beaumont Hospital, Dublin

<sup>2</sup> Royal College of Surgeons in Ireland

**59. ANTI-PSYCHOTIC PRESCRIBING IN DEMENTIA PATIENTS**

**DR AIDAN ROARTY<sup>1&2</sup>, MARIA SALMAN<sup>1</sup>, DR CAMILLA LANGAN<sup>2</sup>, DR RAJ RAJPAL<sup>3</sup>**

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<sup>2</sup> Mayo University Hospital

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**60. THE COGNITIVE IMPACT OF ANTICHOLINERGIC BURDEN IN AN INTELLECTUAL DISABILITY COHORT**

**DR HAMI SADI<sup>1</sup>, DR MORGAN SAVAGE (RIP)<sup>1</sup>, MS PATRICIA BOYLAN<sup>1</sup>, DR IFEYINWA OBIENU<sup>1</sup>, DR PATRICIA WALSH<sup>1</sup>, DR BRENDAN MCCORMACK<sup>1</sup>**

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**61. CHANGES IN PATTERNS OF INPATIENT LIAISON PSYCHIATRY REFERRALS IN A GENERAL HOSPITAL – MONITORING THE EFFECTS OF INTRODUCTION OF CLINICAL PROTOCOLS**

**DR RAYMOND SCANLON<sup>1</sup>, DR RICHARD FARRELLY<sup>1</sup>, PROFESSOR MARY CANNON<sup>1</sup>**

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**62. CASE SERIES ON THE USE OF METFORMIN TO ATTENUATE WEIGHT GAIN ASSOCIATED WITH ANTI-PSYCHOTIC USE IN AN ADOLESCENT IN-PATIENT UNIT**

**DR SARAH SEXTON<sup>1</sup>, DR A KEARNEY<sup>2</sup>, MR PAUL HAWKINS<sup>3</sup>, MS APRIL HUNT<sup>3</sup>, DR D MCNAMARA<sup>3</sup>**

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**63. PSYCHIATRIC TRAINEES' ATTITUDES TO SUICIDAL PATIENTS AND PERCEPTIONS OF SUICIDE RISK: A PSYCHODYNAMIC EXPLORATION**

**DR RUTH THORNBURY<sup>1</sup>**

<sup>1</sup> HSC Leadership Centre, Belfast

**64. THE ASSOCIATION BETWEEN BULLYING, SELF-ESTEEM AND EATING DISORDERS FOR MALES AND FEMALES**

**MS SOPHIE TURNER<sup>1</sup>, ZARAH FLEMING<sup>1</sup>, NORMA RAINEY<sup>1</sup>**

<sup>1</sup> Queen's University Belfast

**65. NURSING HOME REFERRALS OVER A TWO-YEAR PERIOD TO A PSYCHOGERIATRIC SERVICE IN THE DUBLIN SOUTH CITY AREA**

**DR LORNA WILSON<sup>1</sup>, DR CLODAGH POWER<sup>1</sup>, PROF BRIAN LAWLOR<sup>1</sup>**

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