Local
Occupational
Health Service

https://bit.ly/2WF6CIY

HSE
Employee Assistant
Programmes Counselling

https://bit.ly/2xr6C4L

and Psychosocial Supports

HSE Healthcare Worker COVID-19 Helpline

1850 420 420

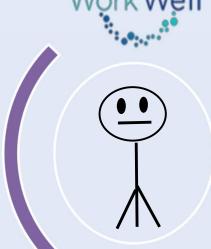
I have signs & symptoms of COVID-19 virus

I am feeling anxious & worried, stressed & fatigued overwhelmed

I need to get advice or talk to someone about psychosocial self-care & support or counselling

I need advice & information about COVID-19 at work

I am looking for contact details for local staff support services



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I am a healthcare Worker

Where do I go for advice & support on **COVID-19**?