

# External Affairs and Policy **NEWSLETTER**

May - September 2019

#### **EAP HIGHLIGHTS**

- Dr Maeve Doyle officially took over as **Director of Public Education and Communication** in May. We would like to sincerely thank her predecessor, Dr Miriam Kennedy, for her commitment, enthusiasm and progressive ideas while in the role.
- The **EAP department team changed** with Karen McCourt (formerly Postgraduate Training) now in the role of Communications and Policy Officer and new to the College, Ian Rice as Communications Assistant.
- A College committee has been set up to look at the **harms of cannabis** and related legislation. The first meeting will take place on the 26th September.
- The College Position paper 'Recovery: Supporting Personal Recovery- The Role of the Psychiatrist' has been finalised and awaits final approval from Council.
- The **Alcohol Health Alliance** was awarded **Best Public Affairs Campaign** at the Awards for Excellence in Public Relations 2019. The College was a key member of the steering group of the Alliance, which actively advocated for full enactment of the Public Health (Alcohol) Bill, and continues to drive for the full implementation of same while also educating the public of the consequences of harmful alcohol consumption. The College focused on the effects on mental health and services.



Most Visited EAP Page:
"What is a Multidisciplinary team?"



Top Search Bar Terms:

1. John Hillery 2. Moodle 3. Jobs



Average No. of Website Visitors: 8,060 (May - September)



No. of Twitter Followers: 3,902 (September 2019)



### (1)) MEDIA ROUND-UP

The College in the press and on our blog

May - September 2019

#### No Child 2020, an Editorial initiative by the Irish Times.

Dr Maeve Doyle, speaking as Director of Communication and Public Education of the College, was interviewed by Sheila Wayman for the print version of the IT in June, covering lack of resources and waiting lists, as well as the issues of mis-referral to CAMHS, highlighting that same should be freed up to deal with the "2% of children who have very severe mood disorder, depression, psychotic disorder or eating disorder..." and that early intervention with regards to MH issues during childhood is key. The article is also online.



#### "A Vision for Change But Not Enough Action", Sunday Business Post, June 2019

A full page report, with the help of Q4PR, was published (and online with free access for a number of weeks). The report entailed 6 of our College Champions along with Dr John Hillery as President reflecting on the policy, highlighting disappointment with the lack of implementation and resourcing of the recommendations in AVFC, and outlining their individual wishes for the review and the future of the policy.

## Press statements issued by the EAP department:

(i) Launch of the "Paying the Price: The Physical, Mental and Psychological Impact of Caring' report, June 2019

- (ii) Model of Care for Psychosis Launch, June 2019
- (iii) Careers in Psychiatry days in Cork and Dublin, August 2019

- (iv) Foundation Year induction week, August 2019 (Covered in IMT)
- (v) Launch of 2019/2020 Hot Topics in Psychiatry series, September 2019

#### "Surge in cases of children with anxiety, reveals HSE data", Sunday Times, Sept 2019

Dr Maeve Doyle and Dr Ian McLelland quoted re. diagnoses of anxiety in children, acute admissions and discharges

#### "Your Training Counts - 2017"

EAP also highlighted the results of the "Your Training Counts - 2017", the Medical Council's annual national trainee experience survey, in a blog post which received 56 page views. It was also Tweeted. Trainees in the Irish Postgraduate Training Programme in Psychiatry rated training in psychiatry for the 4th consecutive significantly higher across every category when compared to trainees in all other specialties, scoring the highest D-RECT (Dutch Residency Educational Climate Test) score of all training bodies surveyed.

#### EAP COMMITTEE REPORTS

#### **HUMAN RIGHTS AND ETHICS COMMITTEE** Chair: Dr Pauline Twomey

#### AIMS:

To provide support and advice to the College and its members on the ethical dimension of patient care.

To ensure there is an ethical input into College submissions, policy and position papers.

To ensure members have an awareness and expertise in Human Rights Legislation and its impact on mental health care.

- Dr Ciaran Clarke elected as Vice-Chair.
- The **Professional Ethics for Psychiatrists** document has been published. As well as being available on the College website, it was emailed to all members. A number of A5 hard copies will also be produced and distributed to each College member with the membership renewal notice. A copy was also provided to Junior Minister for Mental Health, Mr Jim Daly.

The document was presented by Dr Kate Bielinski and Dr Pauline Twomey on behalf of the Committee, to the incoming Trainees at the Foundation Year induction week this past August.

- The Committee has taken "The Right to Treatment" as their theme for activity in 2019/2020. This topic can bring in specific issues regarding the prison and homeless population, advocacy, whistle-blowing, lack of resources and more.
- The Committee plan to host a parallel session at the Spring meeting in 2020 in Kilkenny.

Next Meeting: November 2019

#### **LAW COMMITTEE** Chair: Dr Mike Scully

#### AIM:

To provide expert psychiatric opinion based on mental health and law and to contribute to development of better mental health law.

#### **OBJECTIVES:**

To respond to requests for submissions on legal issues related to mental health.

To inform and educate members on matters related to law and mental health.

To assist the College in informing the general public on matters related to law and mental health.

The main item of activity/concern is the proposed DoLs addendum to the Assisted Decision Making (Capacity) Act.

Next Meeting: 17th November 2019

# **REFOCUS - RECOVERY EXPERIENCE FORUM OF CARERS AND USERS OF SERVICES** Joint Chairs: Dr Mia McLoughlin and Ms Christine McCabe **AIMS:**

To engage actively in genuine partnership with the College so that training, ongoing competence and day to day practice of Psychiatry is informed and guided by those who have had experience of mental illness, or who have cared for those with mental illness. The forum comprises 23 members which includes service users/patients (8), family members/carers (8) & psychiatrists (8)

- Meetings in March, May and September this year so far.
- Working in sub-groups on projects around (i) the monetary impact of mental illness seminar/workshop, (ii) psychiatric diagnosis and (iii) family dynamics.
- Members contributed to the Careers Days in Cork and Dublin in August and took part in the communications workshops as part
  of the Foundation Year training induction, also in August.

Next Meeting: 6th December 2019

### **EXTERNAL STAKEHOLDERS**



#### Launch of "Paying the Price: The Physical, Mental and Psychological Impact of Caring

The College in collaboration with Family Carers Ireland (FCI) and the UCD School of Nursing, Midwifery and Health Systems launched this report and published phase 1 of findings in June 2019. 1,102 family carers across Ireland were surveyed, 1 in 3 noting a diagnosis of depression and almost 2 in 3 now providing more than 100 hours of care per week. Phase 2 of the survey findings will be launched mid-October at the FCI national conference by Dr John Hillery.