

# External Affairs and Policy **NEWSLETTER**

January - February 2020

## **EAP HIGHLIGHTS**

- In advance of the General Election, the EAP department designed and published the College Election Manifesto, which featured key statistics on mental health and our top 6 priorities in mental health service provision. This was sent to all current Oireachtas members and the government parties, as well all College members.
- The College Harms of Cannabis Committee has completed draft fact sheets aimed at medical
  professionals on (i) cannabis and its harms to mental health, educational attainment,
  work performance and other aspects and (ii) CBD products. Both have been recently
  circulated to all College faculties and committees for feedback. Further factsheets aimed at the
  general public and outlining legislative controls in place around cannabis are in development.
- Papers on (i) the use of telepsychiatry in Irish Mental Health Services and (ii) Gambling Disorder have also been circulated to College groups for comment.
- A REFOCUS co-produced symposium on "The Monetary Impact of Mental Illness" received overwhelmingly positive feedback from College members who attended. The importance of advocacy, social prescribing and empowerment were all key themes that emerged throughout the day and attendees were particularly enthusiastic about presentations from outside agencies including MABS/ETBI.









#### Top Search Bar Terms:

- 1. Dr John Hillery
- 2. Spring Conference
- 3. Exam
- 4. Moodle
- 5. ADHD

\*the keywords used in the inbuilt website search bar



No. of Website Visitors: 14, 533 (1st Jan - 13th Feb 2020)



# **■●\*\*)) MEDIA ROUND-UP**

EAP Media Activities: The College and the press

January & February 2020

"Inaccurate and Misleading: HSE and Psychiatrists warn over Scientologylinked group leaflet on antipsychotic medication", TheJournal.ie, January 2020

Dr Maeve Doyle was quoted in a major piece debunking erroneous claims about mental illness and the prescribing of anti-psychotic medication that feature in a leaflet being



distributed in Dublin by the "Citizens Commission on Human Rights", a group linked to the Church of Scientology. A large number of media queries and requests for interview with Dr Maeve Doyle were received by the EAP department in relation to the above Journal.ie piece, and the story was subsequently covered online by *The Examiner*, *BreakingNews.ie*, *Extra.ie* and *Western People*. Dr Mike Scully also recorded an interview with *The Moncrieff Show (Newstalk)*.

#### "How Common are Real Personality Disorders", The Irish Times, January 2020

An interview with Dr Caragh Behan outlined the incorrect usage of stigmatising language relating to mental illness in society, e.g. calling a person "OCD" or a "narcissist" and explained the diagnoses of personality disorders. Subsequently, Dr Behan was interviewed for Kildare FM, for a piece further outlining this subject which aired in early February 2020.

**"Top 100 healthcare professionals 2019", Hospital Professional News, January 2020**Dr John Hillery, as President of the College, featured marking the College's 10 year anniversary.

#### Other Press Activity:

- (i) Further queries re. Scientology leaflet on antipsychotic medication from: (i) Kildare FM, (ii) Pat Kenny Show (Newstalk), and (iii) Newstalk news desk.
- (ii) Liaised with Irish Times journalist on story they are compiling on rates of self-prescribing amongst Irish doctors (based on research report by doctors in St. Patrick's University Hospital". Comment provided advising re. recognition of doctor health and professional behaviour in the Psychiatry training programme, resources available relating to doctor well-being and Your Training Counts' statistics on stress/bullying etc within medicine.
- (iii) Request for possible comment on RTE radio re. difficulties coming off SSRIs/antidepressants.
- (iv) Request for written comment on HRB 2019 census of Irish Psychiatric Units and bed numbers. Sent to College Champions.

# Press statements issued by the EAP department:

- (i) "Monetary Impact of Mental Illness symposium" College REFOCUS group develops and hosts first co-produced educational event for member psychiatrists and trainees on conversations in signposting that matter for Recovery.
- (ii) "Use of Language at Election Time" College of Psychiatrists urges caution around use of language, diagnostic terms and medication references when canvassing and debating before the fast approaching Election Day.

## EAP COMMITTEE REPORTS

#### HUMAN RIGHTS AND ETHICS COMMITTEE Chair: Dr Pauline Twomey, Vice-Chair: Dr Ciaran Clarke

#### VIVAC.

To provide support and advice to the College and its members on the ethical dimension of patient care.

To ensure there is an ethical input into College submissions, policy and position papers.

To ensure members have an awareness and expertise in Human Rights Legislation and its impact on mental health care.

Preparations for a parallel session using vignettes that involve ethical decision making is under way.

Next Meeting: 25th February 2020

#### LAW COMINITTEE Chair: Dr Mike Scully, Vice-Chair: Dr Valerie Murphy

#### AIM:

To provide expert psychiatric opinion based on mental health and law and to contribute to development of better mental health law.

#### **OBJECTIVES:**

To respond to requests for submissions on legal issues related to mental health.

To inform and educate members on matters related to law and mental health.

To assist the College in informing the general public on matters related to law and mental health.

- Valerie Murphy was elected as Vice-Chair of the Committee at a meeting on Tuesday, 17th November 2019.
- The main item of activity/concern, currently, remains the proposed DoLs addendum to the ADM (C) Act.

Next Meeting: 25th April 2020

# **REFOCUS - RECOVERY EXPERIENCE FORUM OF CARERS AND USERS OF SERVICES** Joint Chairs: Dr Mia McLoughlin and Ms Christine McCabe **AIMS:**

To engage actively in genuine partnership with the College so that training, ongoing competence and day to day practice of Psychiatry is informed and guided by those who have had experience of mental illness, or who have cared for those with mental illness. The forum comprises 23 members which includes service users/patients (8), family members/carers (8) & psychiatrists (8)

- Most recent meeting took place in December 2019.
- A REFOCUS run Symposium on the Monetary Impact of Mental Illness took place on Thursday, 23rd January 2020 in the Ashling Hotel, Dublin and was well received by Specialist and Trainee attendees. It is hoped that similar sessions could be run in locations nationally, as well as at the NCHD Academic days in clinical sites.
- Sub-groups on (ii) psychiatric diagnosis and (iii) family dynamics jointly met to discuss and draft a proposal for video projects relating to these themes.

Next Meeting: 6th March 2020



## EXTERNAL STAKEHOLDERS

### Family Carers Ireland (FCI)

Family Carers Ireland presented and partook in a panel discussion at a recent PCS Hot Topics session on Carers. They focused on the recent national survey of Carers carried out with the College and other practical information for attendees around supports for family carers.