

THE MONETARY IMPACT OF MENTAL ILLNESS:

Conversations that Matter in Signposting

A CPsychl REFOCUS symposium & workshop Approved for: 5 External CPD Credits

This symposium and workshop will provide attendees with up to date, useful and practical information and insights that can help minimise the negative consequences of mental illness on a person's employment/employability, finances, housing and education all of which can severely impede recovery when impacted.

Featuring speakers from key stakeholders as well as consultant psychiatrists and REFOCUS* members with lived experience, this event will combine presentations, panel discussion and Q&A with practical exercises. See full programme below and overleaf.

Morning Session 1:

- 08.45 09.30 Registration with Tea/Coffee
- 09.30 09.35 Welcome:

Dr William Flannery, CPsychl President

09.35 - 09.45 Format and objectives for the day:

Christine McCabe, Joint Chair REFOCUS and Dr Tiago de Castro Gomes, REFOCUS member and Psychiatry Trainee

09.45 - 10.05 Employment and the Law - Hindrance or Help?

Ms Aine Hynes, Solicitor and Founder Irish Mental Health Lawyers Association

- 10.05 10.20 Q&A and Panel Discussion
- 10.20 10.50 MABS (Money Advice and Budgeting Service): How MABS works, services provided and how they work with those with mental illness & distress.

Ms Una Mc Neill, Money Adviser, MABS

Ms Charleen McGuane, Dedicated Mortgage Arrears Adviser, MABS

10.50 - 11.00 Lived experience of MABS and its key role in personal Recovery:

Mr Rick Rossiter, REFOCUS member and See Change Ambassador

11.00 - 11.20 ETBI (Education and Training Boards Ireland): How ETBI works, its community focus, services provided and how they work with those with mental illness and distress.

Ms Fiona Maloney Director of Further Education and Training Support Services, ETBI

11.20 - 11.30 Lived experience of key role of the ETBI in personal Recovery and other agencies offering education and re-skilling courses.

Mr George Bridges, REFOCUS member

11.30 - 11.40 Tea/Coffee Break



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Morning Session 2:

11.40 - 12.00 Q&A and Panel Discussion with ETBI, MABS & REFOCUS

12.00 - 12.20 The Psychiatrist's role in supporting training/employment interventions:

Dr Siobhán MacHale, Consultant Psychiatrist, Liaison Psychiatry, Beaumont Hospital

12.20 - 12.30 Lived Experience of positive impact of psychiatrist & employer of 20+ years working together: Mr Diarmaid Ring, REFOCUS member and UCC University Librarian

12.30 - 12.45 Q&A /Panel Discussion

12.45 - 13.30 Lunch

Afternoon Session 2:

13.30 - 14.00 Workgroups: Objective 1 - short term goal

14.00 - 14.30 Panel Discussion

Dr Malcolm Garland, Consultant General Adult Psychiatrist, Kilbarrack Mental Health Services Dr Marina Bowe, Consultant General Adult Psychiatrist and REFOCUS Member REFOCUS members

14.35 - 15.20 Workgroups: Objective 2 - longer term goal

15.20 - 15.30 Summary and Close

*The College **REFOCUS** (**Recovery Experience Forum of Carers and Users of Services**) group is made up of people with experience of the mental health services – patients/service users, family members/carers and psychiatrists. The committee's role is to inform and influence all aspects of the College business objectives, particularly the training experience of young future psychiatrists and identifying ways to improve the mental health services with psychiatrist members.

To book your place contact Karen McCourt directly at kmccourt@irishpsychiatry.ie

Specialist Member Rate: €150 | NCHD Member Rate: €60 | Non-Member Rate: €225