DERADICALISATION AND THE PSYCHIATRIST: WHAT IS OUR LANE?

Dr Mayura Deshpande Southern Health NHS Foundation Trust

Legal challenge launched against government over 'whitewash' review of counter-extremism programme

Exclusive: Legal action lodged at High Court argues appointment of Lord Carlile violates law requiring review to be independent

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HM Government

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De-Radicalisation in the UK Prevent Strategy

Security, Identity and Religion

Prevent Strategy



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The UK must do more to address the social and economic challenges facing British Muslims



Presented to Parliament by the Secretary of State for the Home Department by Command of Her Majesty



Quick Background...

- UK government's counter-terrorism strategy CONTEST (2011)
- States following enable terrorism
 - Conflict and instability
 - Aspects of modern technology
 - Pervasive ideology
 - Radicalisation
- Four arms Pursue, Prevent, Protect & Prepare

Contest 2011

- Key aspect of CONTEST
- Aims (2011):
 - Respond to the ideological challenge of terrorism and the threat we face from those who promote it
 - Prevent people from being drawn into terrorism and ensure that they are given appropriate advice and support
 - Work with a wide range of sectors (including education, criminal justice, faith, charities, the internet and health) where there are risks of radicalisation which we need to address

Counter-Terrorism & Security Act 2015

 Language in this much more aligned to that of safeguarding – "...To safeguard and support those vulnerable to radicalisation, to stop them from becoming terrorists or supporting terrorism..." & "...Re-enforce safeguarding at the heart of Prevent to ensure our communities and families are not exploited or groomed into following a path of violent extremism..."

Prevent

- Emphasis on understanding radicalisation –
 "...Develop a series of multi-agency pilots to
 trial methods to improve our understanding of
 those at risk of involvement in terrorism and
 enable earlier intervention...."
- Focus on communities "...Build stronger partnerships with communities, civil society groups, public sector institutions and industry to improve Prevent delivery...."

Role of Health

- Duty on specified authorities "...must, in the exercise of their functions, have due regard to the need to prevent people from drawn into terrorism..."
- Prevent training programme
- All areas of health but psychiatry and mental health services especially so?

RCPsych Position Statement

- PS04/16 Counter-terrorism and psychiatry (2016)
- Complex area conceptual issues, definitions, boundaries, evidence base for effectiveness (and harm), need for more research, the role of mental illness...
- And the duty of the psychiatrist

Ethical concerns

- RCPsych Professional Practice & Ethics Committee
- Ethical considerations arising from the government's counter-terrorism strategy – supplement to PS04/16 (Nov 2017)

Many Ethical Concerns!

- At every step
 - Definitional problems
 - Relationship between mental disorder and risk of radicalisation/terrorism
 - Confidentiality/information sharing
 - Risk assessment
 - Fundamental role of psychiatrist
 - And other issues

Definitions

- What is radicalisation?
- What is mental illness?
- Is there an overlap?
- Mental illness vs psychological difficulties
- Psychological difficulties vs isolation, disadvantage, deprivation/abuse/neglect

Confidentiality

- Not an absolute right, can be breached
- Necessary and proportionate disclosure
- However what thresholds?
- "Ultimate good"

Evidence Base

- For assessments risk assessments, assessments to identify risk of radicalisation, and risk of radicalised → terrorist acts
- For interventions/treatments

The Role of the Psychiatrist

- Assess, diagnose and treat mental disorder
- Act within expertise
- GMC, RCPsych guidance

So where does this leave us?

- Individual medical duties vs members of society/community
- Duty to help vs duty not to harm
- Perhaps duty to question and challenge?