



Training Across Ireland

The PTC & Training Advances in Northern Ireland

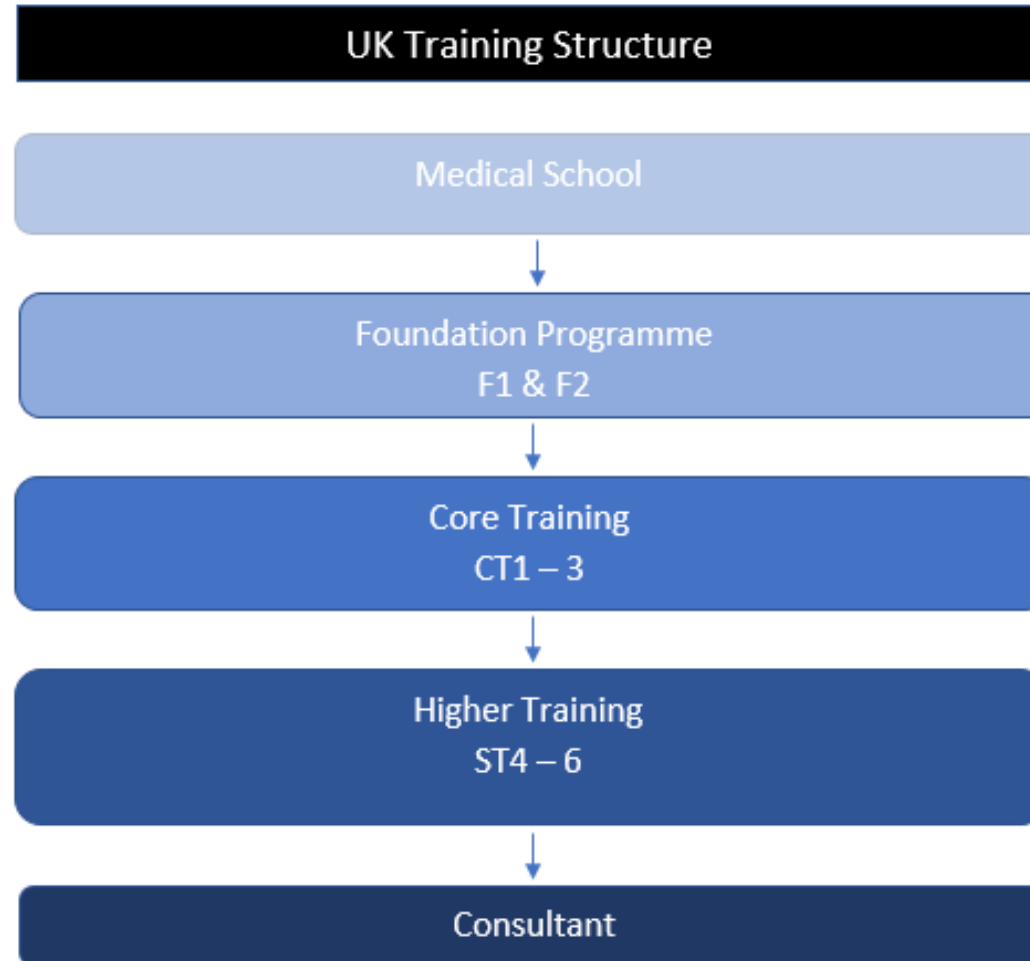
Dr. Amy Grimason, Dr. Laura Somerville, Dr. Fiona Martin

Northern Ireland PTC Reps

CPsychI/RCPsych NI Winter Conference

14th November 2019

Overview of Training

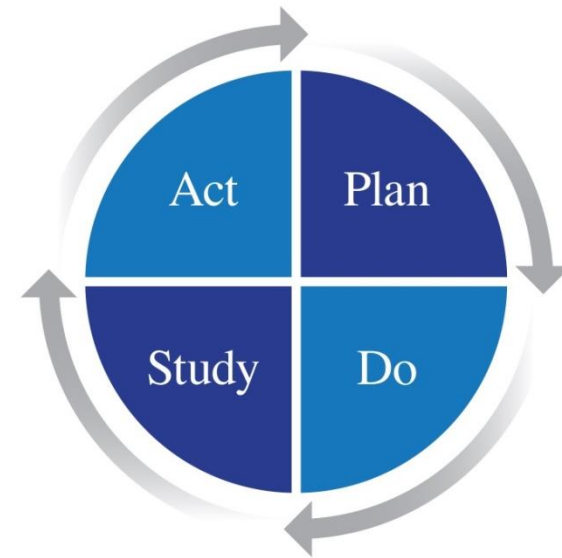
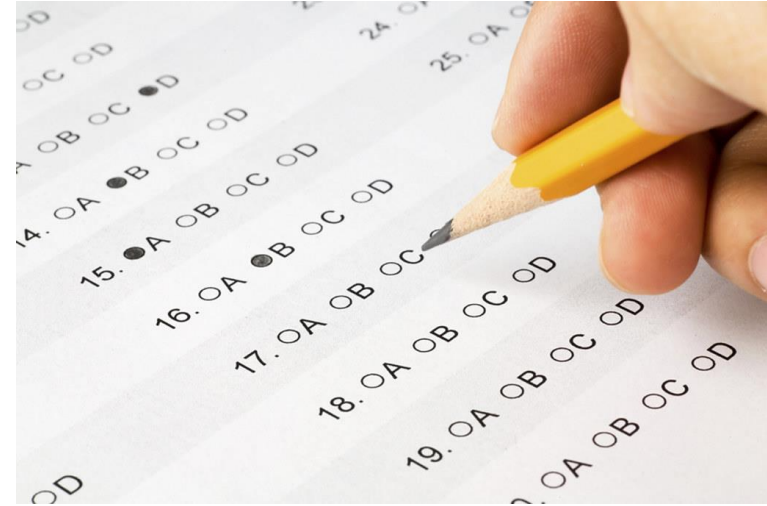


Recruitment

- For CT1
 - Satisfactory completion of Foundation Programme or equivalent
 - Interview
- For ST4
 - Satisfactory completion of Core Training
 - Interview
 - Subspecialty selection
- Local recruitment for core and higher training
- Fill rates are higher in NI than other areas of the UK

Progression in Training

- Exams
 - Written papers A&B; CASC
- Portfolio
 - WPBA, emergencies, reflections
- Psychotherapy
 - Short & long case
- Audit & QI
- Leadership & management



Training Opportunities

- Dual training
- ADEPT
 - Clinical leadership fellowship programme
- Mentoring
 - Higher trainee and core trainee
- Academic
 - Academic clinical fellow
 - ICAT



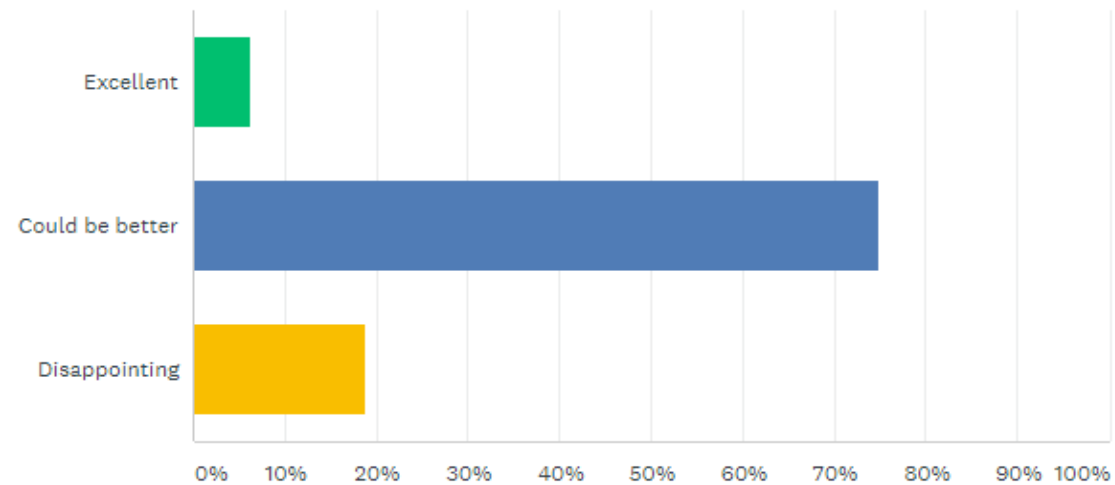
Training Challenges

- Placements and rotas
 - Changeover every 6-12 months
 - Rota gaps
- Availability of psychotherapy experience
- Engagement
 - National
 - Local – survey



How would you rate the ease of communication among trainees for non clinical discussions e.g. news about events or training?

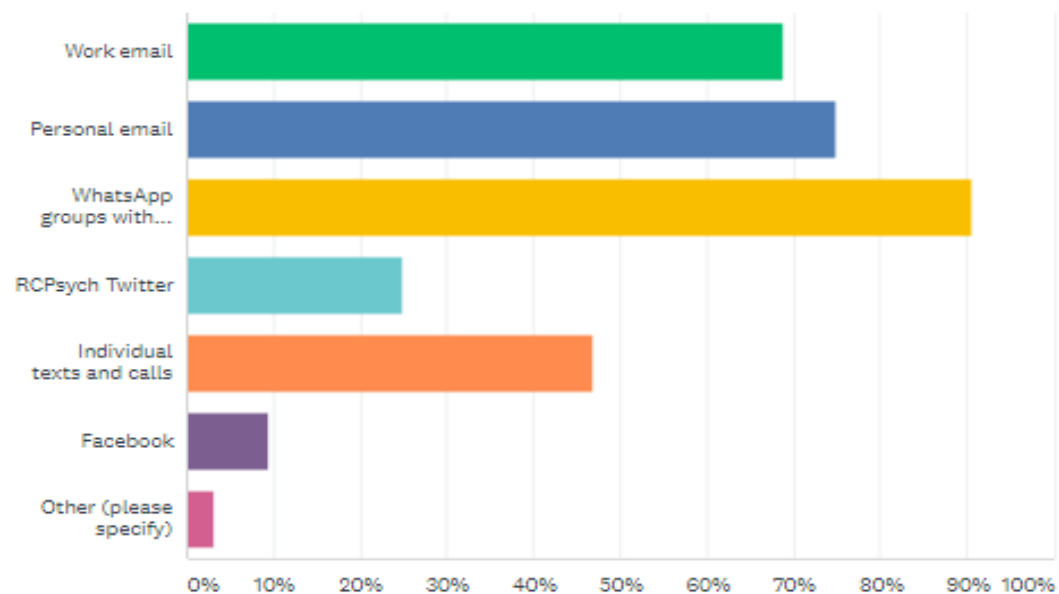
Answered: 32 Skipped: 0



ANSWER CHOICES	RESPONSES
▼ Excellent	6.25% 2
▼ Could be better	75.00% 24
▼ Disappointing	18.75% 6
TOTAL	32 ↗

Select all the platforms you currently use for this purpose

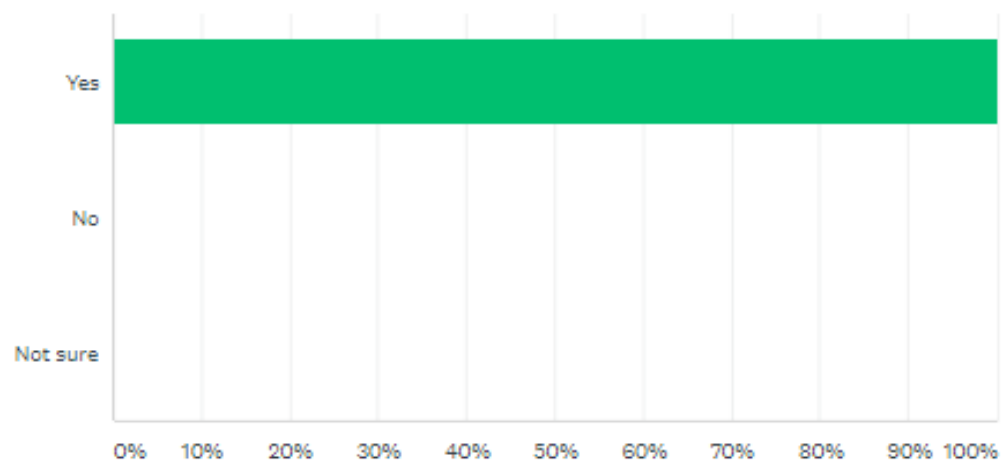
Answered: 32 Skipped: 0



ANSWER CHOICES	RESPONSES
▼ Work email	68.75% 22
▼ Personal email	75.00% 24
▼ WhatsApp groups with other trainees	90.63% 29
▼ RCPsych Twitter	25.00% 8
▼ Individual texts and calls	46.88% 15
▼ Facebook	9.38% 3
▼ Other (please specify)	Responses 3.13% 1

Do you think it would be useful to have a deanery-wide forum or app to share relevant information for trainees while rotating through core and higher training in psychiatry?

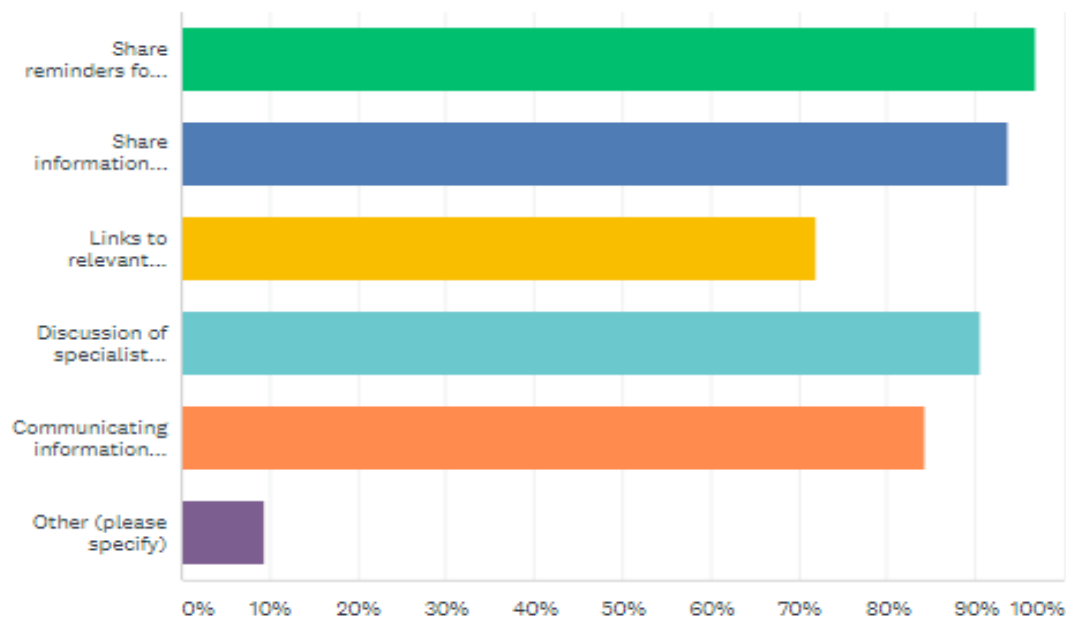
Answered: 32 Skipped: 0



ANSWER CHOICES	RESPONSES
Yes	100.00% 32
No	0.00% 0
Not sure	0.00% 0
TOTAL	32

Which of the following purposes would be appropriate for such a forum in your opinion?

Answered: 32 Skipped: 0



ANSWER CHOICES	RESPONSES
▼ Share reminders for upcoming events, competitions and opportunities	96.88% 31
▼ Share information from conferences trainees have attended for the benefit of those who couldn't attend including sharing files e.g. template for tribunal report, FAQs at trainee conference	93.75% 30
▼ Links to relevant articles in the media and wider public domains e.g. on medical prescribing of cannabis	71.88% 23
▼ Discussion of specialist interest options across the deanery	90.63% 29
▼ Communicating information from TPDs about local training issues	84.38% 27
▼ Other (please specify)	Responses 9.38% 3
Total Respondents: 32	

What is the PTC?

- RCPsych Psychiatric trainees committee

- Represent psychiatric trainees across the UK

“We believe passionately that by driving improvements in the quality of training and through supporting and valuing each other, we can improve the quality of care and the lives of people with mental illness”

Who are the PTC?

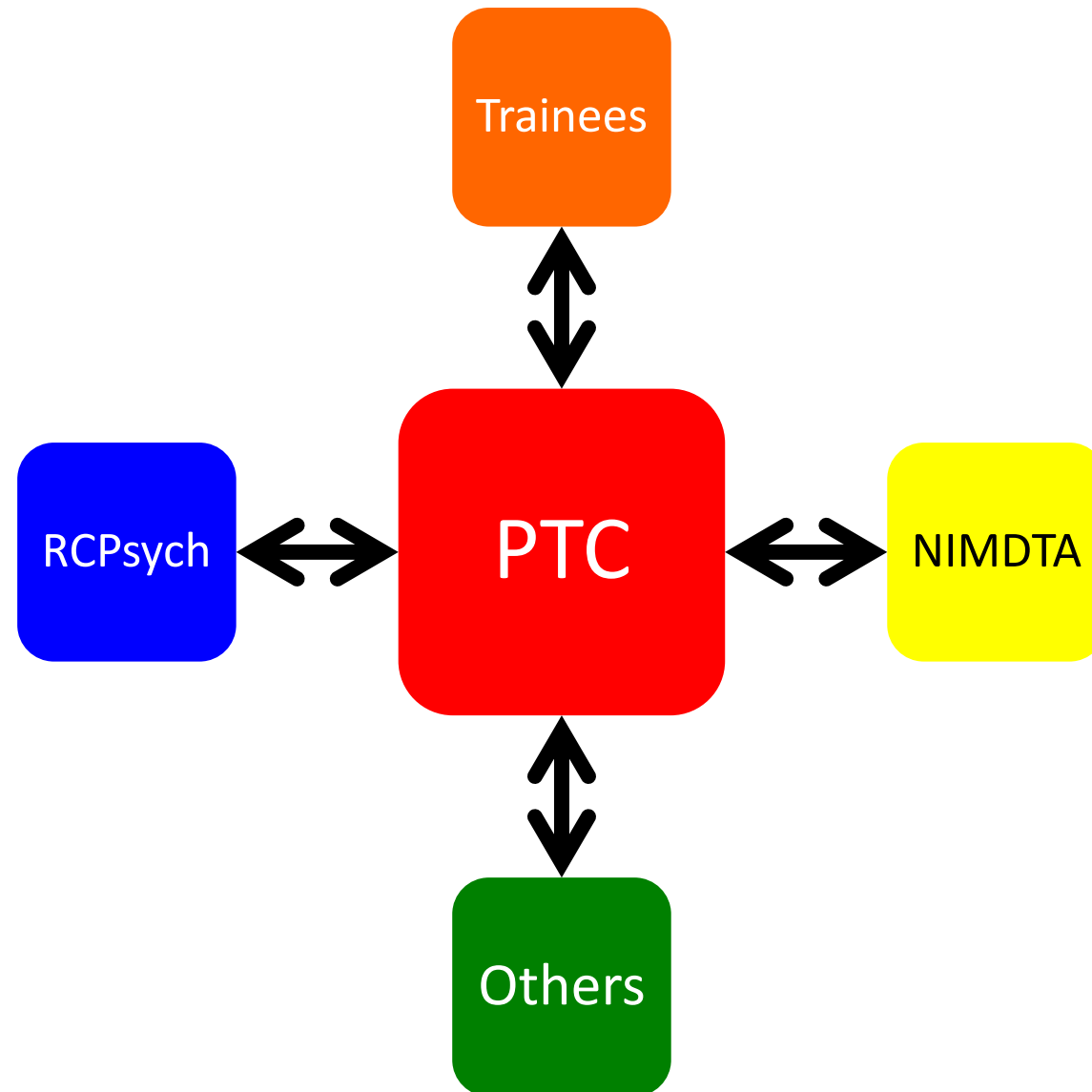
- 39 elected representatives from all UK divisions
- Other representatives: International medical graduate, Military, Medical student, Foundation doctor, Patient & Carer
- Editor of *The Registrar*
- Ex officio: The Dean, Associate Deans, last Chair

Who are the PTC?

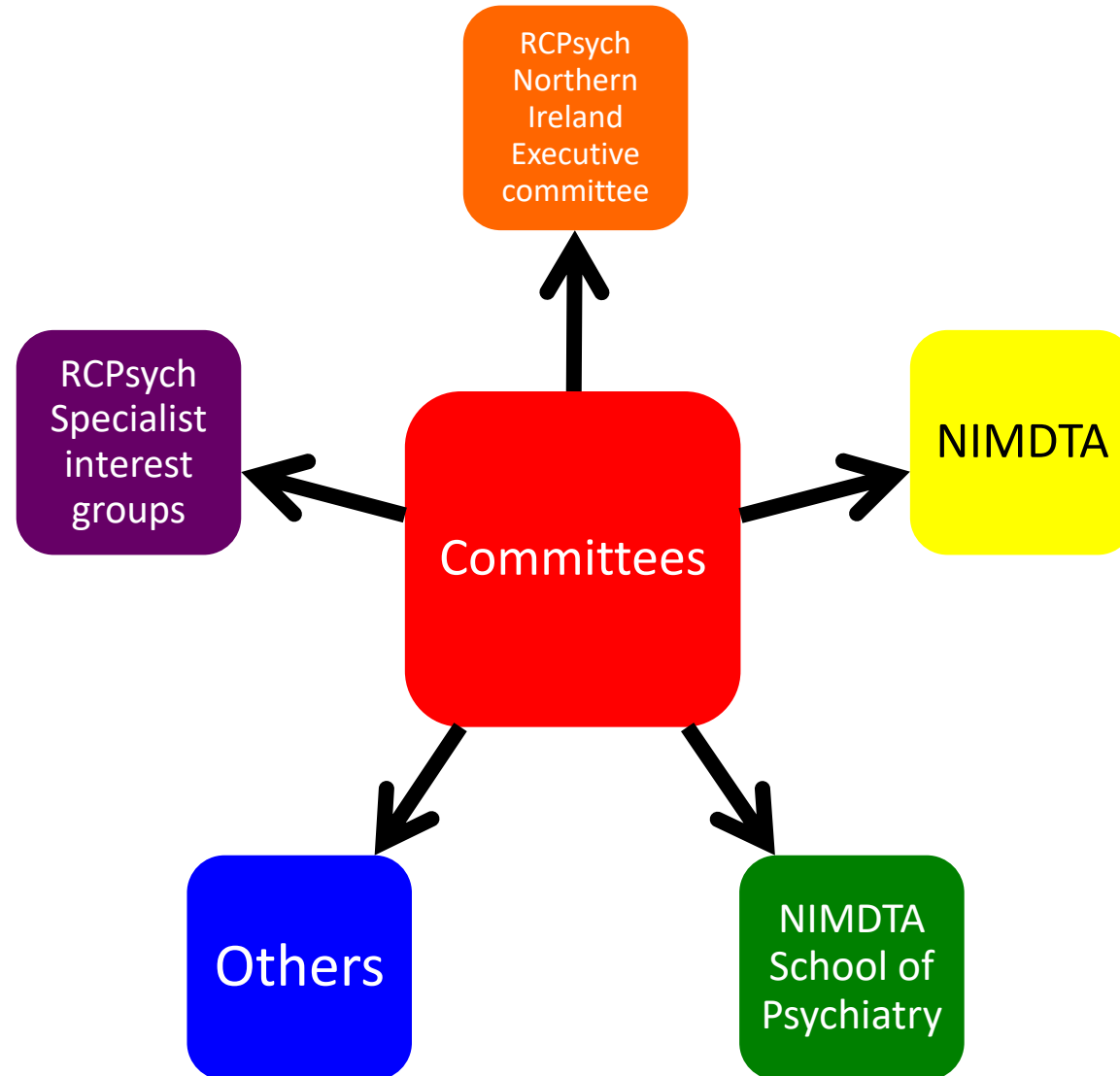
- Chair:
Dr. Ross Runciman
- Vice Chair:
Dr. Luke Baker
- Co-secretaries:
Dr. Laura Stevenson
Dr. Rosemary Gordon



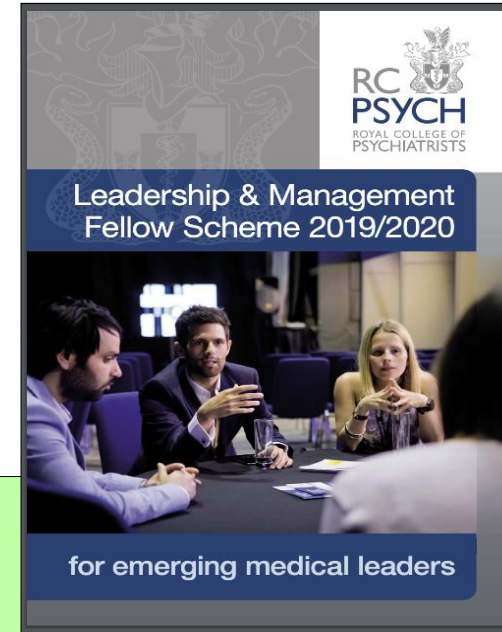
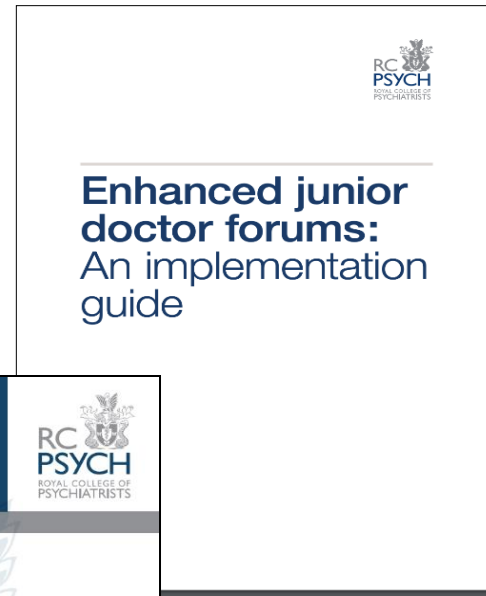
What does the PTC do?



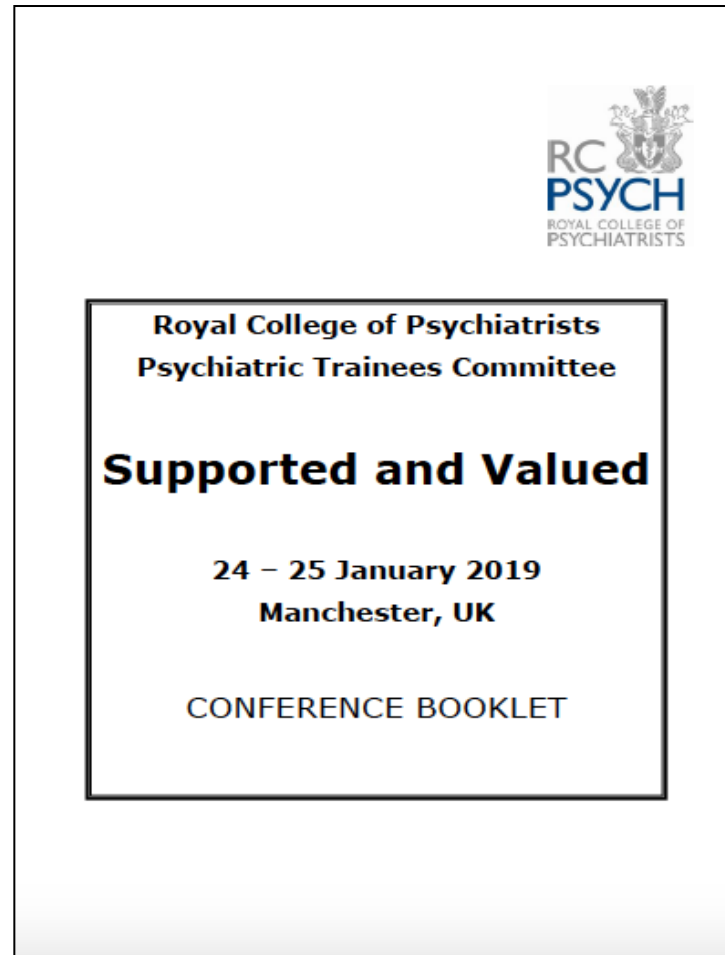
What does the PTC do?



What has the PTC done?



Supported & valued conference



Just needing finishing touches

Cost of training
review

Psychotherapy
training survey

Social media
guide

Parental leave
guide

Coming up

Breaking
barriers
conference

Staying well
guide

International
medical
graduates

Workplace

Other things we're involved in

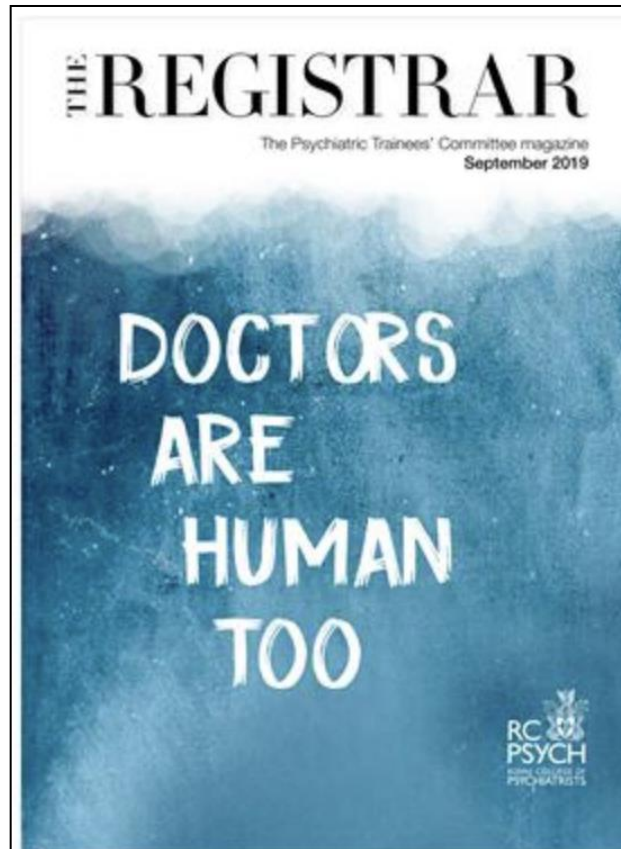
Curriculum
development

Portfolio
development

Exam
development

Physicians
associates

Publications



**Psychiatric Trainees' Committee
Newsletter**

August 2019

Welcome to our August 2019 PTC newsletter. We would like to welcome all of the new CT1's to psychiatry and hope that everyone is enjoying their new posts! We are certainly looking forward to welcoming the new PTC representatives to the Committee at our annual meeting in Belfast in September, and look forward to representing your views at the College over the coming year. For us to be able to do that as well as possible, it is really important that you share your views with your local representatives or contact us via email or Twitter, and we look forward to hearing from you.

We really want to engage with all psychiatry trainees across the UK, so please get in touch about the newsletter and tell us how we can improve it. Click [here](#) to find out more about the PTC and your College.

Get involved

- Become a PTC rep
- Get in touch

ptcsupport@rcpsych.ac.uk

@rcpsych Trainees

RCPsych Trainees



Workplace

A pilot project



@workplace by facebook

- Owned by Facebook
- Designed for professional use and use by companies
- Allows posts, polls to be created, documents uploaded etc
- Really easy to use!



Background

- One of the central Psychiatry Trainees Committee's aims is to try and improve our engagement with trainees.
- In addition, locally we felt there was scope for trying to improve connections/communications between ourselves.
- Workplace used by PTC



Workplace- A Pilot Project

- In Severn deanery, Workplace had been set up by a trainee, for trainees to communicate more easily
- Approved by Dr Lovett (Dean), local Head of School and medical education leads in local trusts
- Up and running ~2 years, 200 members
- Feedback positive



Workplace- A Pilot Project

- Interest by ourselves and trainees in East of England to pilot in other regions
- Project subsequently adopted by the PTC as part of our engagement work.



Workplace- A Pilot Project

Background work-

- Linking in with trainee leading project in Severn
- Working with digital support staff within the college
- Development of a terms of use policy
- Survey



Now live!

- NI trainee page is now live as part of a pilot project to see if it is useful for trainees
- Under RCPsych jurisdiction
- PTC reps are administrators
- Also being piloted in deanery in England





Northern Ireland Trainees >

CLOSED MULTI-COMPANY GROUP · 31 MEMBERS



- Photos
- Events
- Files
- Albums



Write something...



LIVE



New activity



Amy Grimason uploaded a file.



28 October at 21:24 · 📷

Hi all,

Thomas from RCPsych NI has been in touch- as part of the college's work with Action Mental Health they've been asked to work on a research project that is centred around the development of a 'mental health chat bot'. The lead researcher has asked for a group session of aro... [See more](#)



21:51



Northern Ireland Trainees



Seen by 25



Like



Comment



Fiona Martin shared a link.



18 October at 13:45 · 📷

This is an exciting upcoming Psychodynamic Psychiatry Conference which looks like it could be really helpful. 'A Psychoanalytic Approach to understanding Mental Disturbance and its Impact on Staff' is going ahead on 1st November 2019 at the College in London.



RCPSYCH.AC.UK

Psychodynamic Psychiatry; A Psychoanalytic Approach to understanding Mental Disturbance and Its Impact on Staff



1

Seen by 24





You and 4 others

Seen by 25

Like

Comment



Joe Kane

9 October at 22:25

QUB Mind Matters (Psychiatry Society) are hosting a Twitter Takeover next Monday 14th October from 6-7pm. There will be plenty of people about to coordinate the discussion but everyone is welcome to join in using #PsychSocTakeover - the more the merrier. Help answer questions, share your experiences and inspire the next generation of NI psychiatry trainees!



You and 4 others

Seen by 25



What we see it being used for

- Spread information about events, training opportunities
- Feedback updates from central PTC meetings, local college meetings.
- If successful and rolled out across UK special interest pages for trainees to link in with others in UK
- Maybe the odd social?!
- All info in the one place rather than loads of emails



What we'd like to avoid...

- Union issues
- Local work issues
- Rota issues/swaps



How you can join

- Really easy!
- Download the app/register with Workplace online
- Can't register with ac.uk email address (work ones are ok)
- Give us your email address and we will send you a link to access the page

