

A DECADE LOST

In the ten year period between 2009 and 2019, carers have poorer health, less support and are more worried about the future

Comparisons between the findings from the 2009 and 2019 surveys show that:

THE CARER



How many people are they caring for?

Caring for 50+ hours per week

2009

81% caring for one person

15% caring for two people

70%


2019

75% caring for one person

20% caring for two people

82%

CARERS' HEALTH



Poor overall health

Diagnosed with depression

Diagnosed with anxiety

Back injuries

High blood pressure

29%

20%

31%

33%

24%

36%


35%

39%

40%

26%

SUPPORTS FOR CARERS



The carers' loved one has no access to respite

Ongoing support from GP

Ongoing support from public health nurse

Ongoing support from care workers

Ongoing support from special schools

43%

69%

58%

68%

58%

71%


52%

27%

18%

21%

CARERS' WORRIES



What will happen in I die or can't care any longer due to illness?

What happens if the person I care for dies?

Not having enough money in the future

My loved-ones' illness may go on forever

Not understanding my loved-one's condition and what lies ahead

56%

39%

46%

35%

20%

74%

56%

72%

47%

34%