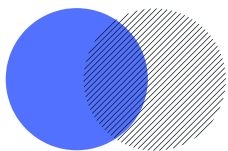
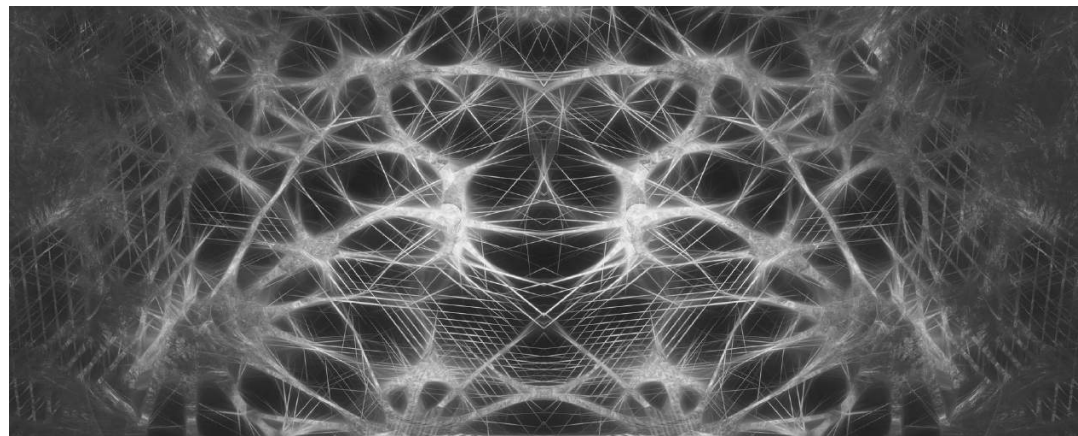
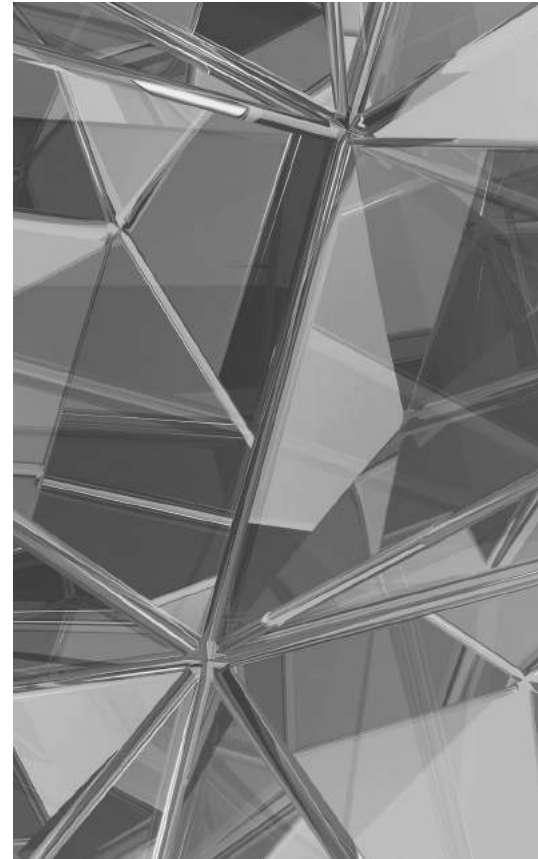




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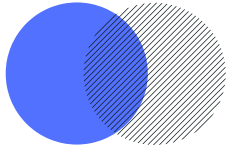
Wisdom • Learning • Compassion



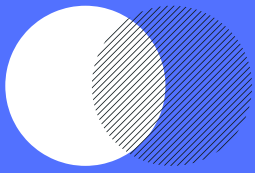
# KEEPING • THE • LAW • IN • MIND

NCHD Conference 2019

Friday | 1st March | 2019  
Hilton Hotel, Kilmainham



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# Welcome to the NCHD Conference 2019

**Dr Anna Feeney and David Weir**  
Trainee Committee Co-Chairs



Dear NCHDs,

On behalf of the Trainee Committee, we would like to warmly welcome you to the 10th NCHD conference. We are delighted to see the conference reach its 10th anniversary. The conference continues in its popularity amongst NCHDs and every year we see a high level of discussion and reflection.

This year's theme is "Keeping the Law in Mind". In reviewing what NCHDs had asked to see addressed in future conferences, we noted a clear desire to see some of the more difficult or 'anxiety-provoking' experiences of clinical practice discussed. Many of these experiences involve our interaction with the legal system, like appearances in the coroner's court, involvement in legal cases and writing reports. With this in mind, we set out to plan a conference that addressed some of these areas.

Plenary talks and workshops will explore the interface between psychiatry and the law, as it applies to all psychiatrists in their day to day practice. Experts from both the psychiatric and legal profession will present on topics including Practicalities of Law for the Psychiatrist, Capacity, Legal Issues in Eating Disorders, and Children and the Law, to name but a few.

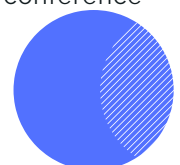
Beyond the more practical aspects of our interaction with the law, we wanted to look at how we, as NCHDs, look after ourselves in the face of adverse events and legal issues. We work in a specialty associated with unpredictability and risk, and often in high-pressure environments. How we cope in the face of such challenges is important to openly discuss and reflect upon. We hope to address some of these issues and start a conversation on wellness amongst NCHDs today. As well as talks addressing this area, we'll be holding a panel discussion with consultants, trainees, service users and the Department of Health represented. Our hope is for the audience to join the conversation about how we make tough decisions in a working environment that can often be pressurised and under-resourced.

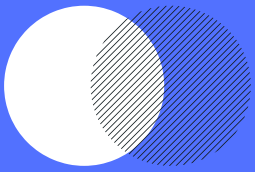
As part of the conference, we'll be asking NCHDs to complete a survey on wellness, in the hope that we as a Trainee Committee can better address NCHD's needs' in this area.

Finally, this year we will be hosting a social event after the conference. Our hope is to encourage more networking and support amongst NCHDs as we progress in our careers. We hope that you enjoy the conference and will join us for this social event afterwards.

We'd like to say a sincere thank you to Karen McCourt, Elizabeth Kavanagh, Mary Hayes and all the administrative staff of the College of Psychiatrists of Ireland for all their assistance in making this conference happen.

Drs Anna Feeney and David Weir  
Trainee Committee Chairs





## Schedule of Events:

- 8.30 - 9.15:** Registration (Including Tea/Coffee)
- 9.15 - 9.30:** Opening Address
- 9.30 - 10.20:** Keynote
- 10.20 - 10.30:** Awarding of the Medical Student and Intern Essay Prize 2019
- 10.40 - 13.30:** Plenary Sessions (including Coffee Break)
- 13.30 - 14.30:** Lunch
- 14.30 - 15.45:** Parallel Sessions (followed by Coffee Break)
- 15.45 - 16.45:** Panel Discussion
- 16.45 - 17.00:** Closing Address
- 17.00 - 19.00:** Social Event





# Morning Session



## 9.15 - 9.30: Opening Address

### 9.30 - 10.20: Mental Health and the Law in Ireland

#### Justice Iarfhlaith O'Neill

This Keynote address will trace briefly the history of the law dealing with mental illness, in the community and criminal law contexts, leading up to the two current legislative schemes governing these areas of mental health. Justice O'Neill will then discuss in more detail the salient features of the Mental Health Act 2001 and the Criminal Law [Insanity] Act 2006 and conclude with a consideration of the success and perhaps some deficiencies experienced with these two Acts with a few suggestions for reform.

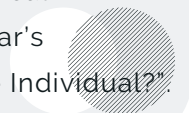
Justice Iarfhlaith O'Neill is a former Judge of the High Court and is currently Chairman of the Mental Health [Criminal Law] Review Board.



### 10.20 - 10.30: Announcement of Winners

#### Medical Student and Intern Essay Prize

The Medical Student and Intern Essay Prize is an initiative of the Trainee Committee of the College of Psychiatrists of Ireland, which has been running annually since 2010. The Committee is actively involved with promoting Psychiatry as a specialty and engaging with Medical Students and Interns at a number of events throughout the year. The title for this year's competition was "Mental Healthcare in Ireland: Does it Respect the Autonomy of the Individual?"



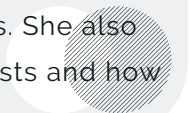
## 10.30 - 10.40: Short Break

### 10.40 - 11.20: The new Capacity legislation from a Psychiatry perspective.

#### Dr Sabina Fahy

This Plenary will focus on some of the changes to assessments of capacity in patients in Mental Health services.

Dr Fahy has 18 years' experience working as a Consultant in the area of Psychiatry of Later life. Her research interests include Depression in the Elderly and Dementia. She has an interest in teaching and postgraduate training having chaired the Postgraduate Training committee in the College for the past 2 years and the Accreditation subcommittee for the past 4 years. She also has an interest in the Capacity legislation in terms of how it will impact on Psychiatrists and how they will conduct capacity assessments in light of the new legislation.





# Morning Session



**11.20 - 11.40: Coffee Break**

## **11.40 - 12.20: Medicolegal, Death Investigation and the role of the Coroner Dr Brian Farrell**

Dr Farrell will review Irish (and International) medicolegal death investigation (including reporting and certification) and coronial inquest practice.

Dr Brian Farrell, emeritus Dublin City and District Coroner, is a former consultant pathologist and barrister-at-law. He is presently consultant coroner at the Dublin District Coroner's Office and a member of the Coroners' Society of England and Wales. Dr Farrell has sat on a number of high level committees including Review of the Coroner Service, Bioethics, National Guidelines for Autopsies and presently, technical and expert advisory groups on mass exhumations and suicide prevention. Dr Farrell is the author of Coroners Practice and Procedure, Round Hall, Sweet and Maxwell, 2000. Professional Death Investigation, a technical and internet resource, is in preparation.



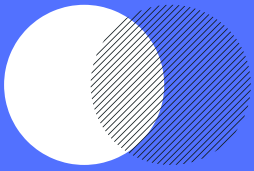
**12.20 - 12.30: Short Break**

## **12.30 - 13.30: Trainee Burnout- From individual vulnerability to supporting systemically**

### **Dr Elizabeth Barrett and Dr John Hillery**

Over the past 10 years there is increased interest in clinician burnout, compassion fatigue, and the impact of this on clinicians and indeed on patients. Ten years ago, the Trainee Conference was initiated to look at the unmet needs of Irish trainees, and this was very much to the fore. Ten years on, have things moved on? What sorts of approaches can be helpful? Many approaches have focussed on individual resilience - this session will look at individual approaches but also systemic ones. What can trainees, and the College, do about these issues? The session will highlight evidence, and discuss trainee feedback.

**Dr Elizabeth Barrett** is a Consultant in Child and Adolescent Liaison Psychiatry at Children's University Hospital Temple St and an Associate Professor at UCD. As a Liaison Psychiatrist she is especially interested in the interface between mental and physical health, neuropsychiatry, eating disorders and psychosomatic medicine. She has a Masters degree in medical education



# Morning Session

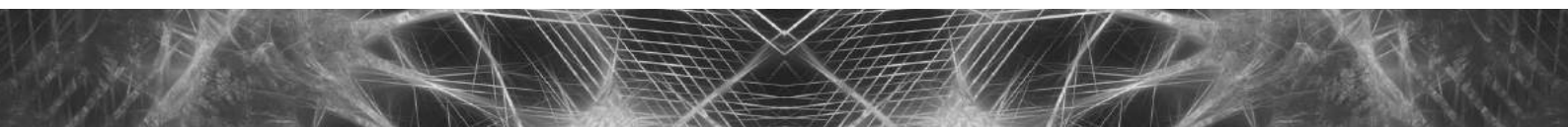
and is active in the UK Child and Adolescent Liaison Psychiatry network, the CAP STATE study group exploring European training, and hosts international trainees on the EFPT exchange programme, of which she was a founding member.

Currently she leads Balint groups for Paediatric, psychiatry and surgical postgraduate groups. She is Clinical Lead for Schwartz rounds in the paediatric hospital and for the National Paediatric Hospital Project Psychological medicine group. She has a long-standing interest in Trainee Wellbeing - as a BST trainee set up the first Trainee Conference and previously chaired the Child and Adolescent Psychiatry SR group, the EFPT CAP section, and led the Irish component of the BOSS Trainee Burnout Study. In 2017, with colleagues at Oxford University, she established MindReading, an ongoing Literature and Medicine collaboration, supporting doctors to utilise literature in clinical and reflective practice (now a network of interdisciplinary Colleagues at UCD, Oxford and Birmingham).

**Dr. John Hillery** was a Consultant Psychiatrist in the services for people with intellectual disability run by Stewarts Care, Dublin and St. John of God Kildare Services as well as the HSE Mental Health Services at Tallaght. He resigned in February 2018. He is a former President of the Medical Council and the International Association of Medical Regulatory Authorities. Dr Hillery was also a member of the Council of the Pharmaceutical Society of Ireland and of the Independent Monitoring Group of A Vision for Change (the national policy on Mental Health). He is currently the President of the College of Psychiatrists of Ireland having formerly been the Director of Communications and Public Education.



**13.30 - 14.30: Lunch - Served in the Cinammon Restaurant**





# Afternoon Session

## 14.30 - 15.15: Parallel Sessions - Choice of 3

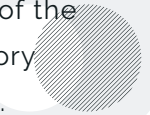


### 1. Child and Adolescent Mental Health and the Law

#### Prof Brendan Doody

The session will focus on how the law informs clinical decision making in situations that arise in everyday practice.

Dr Brendan Doody is a Graduate of Trinity College Dublin. He is Clinical Director of the Health Service Executive, Linn Dara Child and Adolescent Mental Health Service, and Clinical Associate Professor in Psychiatry, Trinity College Dublin. Brendan was previously the Chair of the Child and Adolescent Faculty in the College of Psychiatrists of Ireland, and a member of the HSE Expert Advisory Group on Mental Health. He has served as a Member of the Mental Health Commission from 2007 to 2012. He also held a part-time advisory role with the HSE on Child and Adolescent Mental Health Services, and published five Annual Reports on Child and Adolescent Mental Health Services from 2009-2013. He served on the Board of the European Society of Child and Adolescent Psychiatry (ESCAP) from 2007-2015 and as a member of the GAA Health and Wellbeing Committee from 2013-2018. He was a member of the Advisory Group on the formulation of the HSE Standard Operating Procedures for CAMHS (2015).

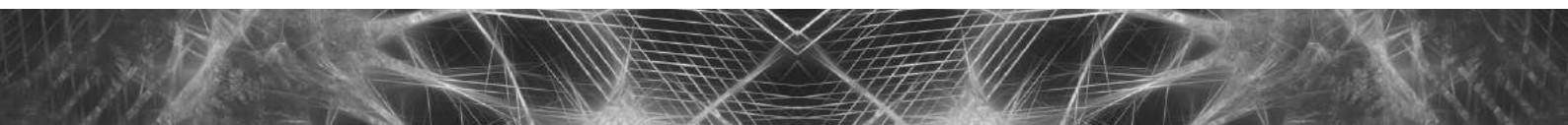


### 2. 'Navigating legal issues in managing Eating Disorder patients from a clinician's perspective'

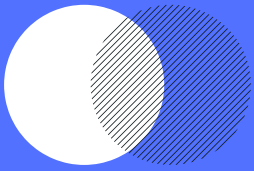
#### Dr Caroline Maher

This is a practical discussion on dealing with the legal issues that we have encountered in treating our patients, using cases to illustrate.

Dr Caroline Maher has been Consultant Psychiatrist to the Eating Disorder Programme in St. Vincent's Hospital since 2006. The multidisciplinary team manages a case load of both in-patients and out-patients, including patients admitted medically for re-feeding on a medical ward, those being treated under the Mental Health Act, and those who have required referral to the High Court as they cannot consent to treatment. Dr Maher is a member of the College's Eating Disorder Special Interest Group and also chaired the College's Clinical Advisory Group who assisted in the passage of the Eating Disorder Clinical Programme.







# Afternoon Session

## 14.30 - 15.15: Parallel Sessions - Choice of 3

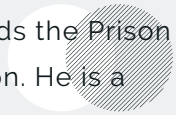


### 3. Court Report Writing

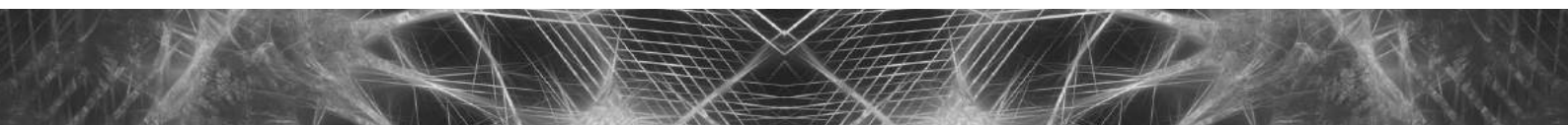
#### Dr Conor O'Neill

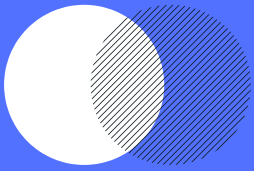
Psychiatrists may be asked to complete psychiatric reports by courts and lawyers. If you intend taking on this kind of work, it is important to have a clear structure for preparing such reports, and to use appropriate style. There are a number of different types of court report which will be discussed, with case examples. Differences between court types and reports expected will be described.

Dr Conor O'Neill is a Consultant Psychiatrist at the Central Mental Hospital and leads the Prison Inreach and Court Liaison Service (PICLS) at Cloverhill, Ireland's main remand prison. He is a Senior Lecturer in Forensic Psychiatry at Trinity College, Dublin



## 15.15 - 15.45: Coffee Break





# Afternoon Session

**15.45 - 16.45 Panel Discussion**

## **Making Tough Decisions - The Doctor and Patient Perspective**

**Mr Tom O'Brien - Programme Manager, Mental Health Unit of the Department of Health**

Tom O'Brien is Programme Manager in the Mental Health Unit of the Department of Health. Tom has lead responsibility for the implementation of the Youth Mental Health Task Force, the refresh of the National Mental Health policy Vision for Change and is leading on the digital health priorities for mental health with Minister Jim Daly TD. Tom has worked with the HSE for over 20 years working with vulnerable populations. He was Addiction Services Manager for Dublin North City and County and programme manager for BowelScreen in the National Screening Service. Tom has a primary degree in Health and Social Care and a Masters degree in Palliative Care in partnership with St Francis Hospice and Trinity College Dublin.

**Dr Justin Brophy - Consultant Psychiatrist**

Dr Justin Brophy is currently part Consultant Psychiatrist in General Adult Psychiatry at HSE Wicklow Mental Health Services, and is also the Clinical Advisor to Ireland's 'National Office of Suicide Prevention'. He is a Fellow of The Royal College of Psychiatrists, a Senior Lecturer in Psychiatry at the Royal College of Surgeons of Ireland and a Director of 'Jigsaw', a national youth mental health service charity. Dr Brophy is a former ECD and CD of HSE Dublin South East / Wicklow Mental Health Services. He was the Foundation President of the College of Psychiatrists of Ireland.

**Mr Rick Rossiter - REFOCUS Committee Member**

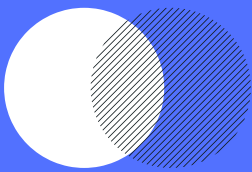
Rick Rossiter is a Mental Health Advocate for a number of groups in Ireland. Rick is a member of the College's REFOCUS (Recovery Experience Forum of Carers and Users of the Services) Committee which assimilates views from carers, service users and psychiatrists to better understand and develop new approaches to Recovery and Care. He moderates online content for ReachOut Ireland and Aware as well as his own Blog. He is a See Change Ambassador fighting the challenges of stigma surrounding mental health in Ireland and is a committee member for a local volunteer group call CLASP that focuses on Secondary Youth and their mental health.

**Dr Erica Maguire - Trainee Psychiatrist**

Dr. Erica Maguire is currently in the final year of Psychiatry BST in the TCD Deanery. She came to medicine via the Graduate Entry route after originally studying Law and working as a barrister for four years. She was elected as the NCHD member of the Medical Council in 2018 and sits on the Preliminary Proceedings Committee.



**16.45 - 17.00: Closing Address followed by Social Event/Refreshments in the Broyage Bar**



### ***Directions to the venue***

## **The Hilton Hotel, Inchicore Road, Kilmainham, Dublin 8**

**Driving:** Follow the M7 and N7 towards City Centre. Take the M50 (northbound) turn off. Continue forward on the M50 and take the N4/City Centre exit (keep to the right for City Centre). Continue straight towards City centre. When you get to the roundabout for Kilmainham (last one before Heuston Station) take the right turn off, then take the immediate left turn and the hotel is located on your right hand side.

**Rail:** The hotel is a short walk from the country's main intercity rail station, Heuston Station. This station links Dublin to the west and south of the country and is the city's main rail hub. Taxis are always available at Heuston Station to cover the 10 minutes walk to the hotel.

**Luas:** The Suir Road stop is 5 minutes walk from the hotel. There is also a main stop at Heuston Station.

**Parking:** Please note that secure underground parking is available at the Hilton Hotel at a €7/Day Delegate Rate but this is very limited. It is advisable to arrive early or, preferably, to travel via public transport. There are also car parks at IMMA (Royal Hospital, Kilmainham), Heuston South Quarter and at Heuston Station.



**NCHD Conference**

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