



Hot Topics in Psychiatry

TWO SPEAKERS, TWO CPD CREDITS, ONE THURSDAY EVENING

GALWAY - THURSDAY 20TH SEPTEMBER 2018

6:30pm - 8:30pm

Clayton Hotel Galway (Ballybrit)

DATE:	Thursday 20th September 2018
TIME:	6:30pm - 8:30pm (Registration & Coffee 6.00pm - 6:30pm)
VENUE:	Ballroom 2, Clayton Hotel Galway (Ballybrit) Free Parking - (Click here for directions)
FEE:	CPsychl members: €30 Psychiatrists (Non-CPsychl members): €90 Other Specialties (Non-Psychiatrists): €50 Continuous Professional Development Support Scheme (CPD-SS): <i>Limited CPD-SS places available and must be booked in advance by emailing completed booking form to louise@irishpsychiatry.ie</i>

PROGRAMME

TOPIC: "WHAT THE PSYCHIATRIST NEEDS TO KNOW ABOUT BARIATRIC MEDICINE"

We will focus on the epidemiology of severe obesity as well as some of the therapeutic options available for affected patients. We will examine some of the environmental factors driving the problem and consider why some people are more prone than others to develop complications from obesity.



SPEAKER: PROF FRANCIS FINUCANE, Consultant Endocrinologist, Galway University Hospitals and NUI Galway

Francis Finucane is a consultant endocrinologist at Galway University Hospitals and an honorary personal professor in medicine at NUI Galway. He completed an MRC-funded post-doctoral career development fellowship at the Institute of Metabolic Science in Cambridge, UK, where he led an aetiological randomised controlled trial of a lifestyle intervention to reduce metabolic risk in older people. Since returning to Ireland, Prof. Finucane has established a regional bariatric service for patients with severe and complicated obesity. His clinical research focuses on the relationship between adiposity and insulin resistance.

TOPIC: "AN UPDATE ON BIPOLAR DISORDER"

This presentation will provide a clinical update for psychiatrists in the assessment and management of bipolar disorder. Areas will include the clinical boundaries of the disorder, recent developments in understanding its aetiopathogenesis, and management strategies including pharmacotherapeutic and non-pharmacological treatments.

Learning Outcomes: (i) understand the current clinical criteria for the diagnosis of bipolar disorder and its interface with related conditions; (ii) be aware of recent clinical research developments into the underlying neurobiology of the illness; (iii) understand the options for pharmacotherapeutic interventions for the different phases of the illness.



SPEAKER: PROF COLM MCDONALD, Professor of Psychiatry, NUI Galway

Colm McDonald is Professor of Psychiatry at National University of Ireland, Galway, and Consultant Psychiatrist at Galway Roscommon Mental Health Services. He completed his basic clinical training in Dublin and then moved to the Institute of Psychiatry in London, where he completed his clinical and research training and received his PhD. He is Vice Dean of the NUIG Deanery for postgraduate basic specialist training in psychiatry, Director of the Clinical Neuroimaging Laboratory at NUI Galway and co-director of the Centre for Neuroimaging and Cognitive Genomics (NICOG). His clinical research program focuses on investigating neurobiological and neuroimaging abnormalities associated with major psychotic and affective disorders, as well as health services research. His

research projects have been supported by the Wellcome Trust, Medical Research Council, Health Research Board, Irish Research Council, Royal Society, National Alliance for Research on Schizophrenia and Depression, Mental Health Commission. He has authored 180 original publications in peer reviewed journals.