



**COGNITIVE  
BEHAVIOURAL  
PSYCHOTHERAPY  
IRELAND**

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**WORKSHOP PLAN FOR THE DAY**

<b>Registration</b>	<b>Open at 8.30 (tea and Coffee available for Delegates)</b>
<b>Morning Session</b>	<b>Workshop starts at 9.am</b>
<b>Coffee Break</b>	<b>10.30-11am</b>
<b>Lunch</b>	<b>1-2pm Hot lunch provided</b>
<b>Afternoon Session</b>	<b>View2-3.30pm</b>
<b>Coffee break</b>	<b>3.30 3.45pm</b>
<b>Final Session</b>	<b>3.45-4.30</b>

**Every effort will be made to be prompt**

**Presenter: Dr Helen Kennerley, D.Phil, Consultant Clinical Psychologist**

Helen has worked in the NHS for over 25 years and in that time gained much experience working with clients with complex problems, particularly those with developmental trauma and relapsing difficulties. She will be using clinical material to illustrate teaching points, and participants will be invited to ask questions and become involved in discussion.