



College of Psychiatrists
of Ireland

Wisdom • Learning • Compassion



WINTER CONFERENCE 2018

From the Biome to Bipolar

Name

Welcome

Welcome to the Kingdom! I will be asking the College Choir to put this welcome into song during the Thursday evening social event. This Winter, as in Winters past, the College, through the Conference, will be commending trainees on their path through training, whether it is the Oral Research Prize, the Poster Competition, the Winners of the Essay Competitions or the Examination Award Ceremony. Also, a joyous moment of celebration for those who will receive their certificate for completion of specialist training, for their families and for those who helped train them along the way. Welcome to being full participants in the College.



The College mission is to promote excellence in the practice of psychiatry. I believe the core of this is professionalism. In this era of “fake news”, this is not a popular concept and I believe is being undermined by the expectation of getting more from less and a public sphere willing to exploit this. Despite this I believe we must pursue professionalism and this is a theme I wish to explore through the Conferences. The focus for this conference is on the professionalism and the trainee, not only on how to train, but support for those in training.

While access to evidence-based healthcare is seen correctly as a right, how is this right being delivered in practice? An example of how is from the Forensic Faculty, who by using extensive data have organised a session to show the stark reality for many of those with Mental Illness in a prison setting. Bipolar Disorder features later in the morning session, as the next example. I have asked the speakers to give us not only an update on the evidence base, but to show us how this evidence base is translated, or indeed twisted, into guidance by health care systems.

Friday afternoon begins with an update on the gut microbes (possibly appropriately placed for after lunch!) and how signalling from the gut to the brain can influence the presentations we see in clinic. To end, not a lesson for our Kafkaesque times, more a reflection on language and how we use it to communicate as professionals to each other and our patients.

Thanks to my Colleagues for their suggestions and their work with this conference and my gratitude to those who gave of their time to present. A special thanks to those who organised the parallel sessions, all of who came forward without prompting.

Finally, a rousing cheer for the announcement of the prize-winners on Friday just before lunch.

A handwritten signature in dark ink, appearing to read 'W. Flannery'.

Dr William Flannery
Vice-President and Conference Academic Coordinator

THURSDAY 15TH NOVEMBER 2018

From 8.15	REGISTRATION AND POSTER EXHIBITION	Inec Foyer
9.00	WELCOME ADDRESS AND INTRODUCTION Dr John Hillery, President	Inec Foyer
09.15 – 11.00	PROFESSIONALISM AND THE TRAINEE CHAIR: Dr Miriam Kennedy	
9.15 – 9.55	PROFESSIONALISM AND INTEGRITY: CHALLENGES AND CONSEQUENCES OF MODERN MEDICAL TRAINING Prof Trudie Roberts – University Of Leeds	
	It used to be thought that professionalism would osmose into students merely by being at medical school and in contact with clinicians in the clinical workplace. The many scandals that have rocked the healthcare profession, not only in the UK but globally, have demonstrated that we cannot rely on role models alone to inculcate professionalism into undergraduate students. Most of the fitness to practice issues that come to the notice of regulators and licensing bodies are not related to issues of competence but centre around the doctor's professionalism. Integrity is embodied within professionalism but we know that students cheat in examinations. How common is cheating in medical school examinations? It probably occurs more frequently than we would like to think. Why do students do it and how do they justify it when found out? Is cheating more morally wrong in would-be doctors than in other students? Are some types of cheating worse than others? How can we expose this type of deception and how can we deter students from deciding to cheat in assessments? How blameless are Faculty when students cheat? Indeed, do they sometimes collude in cheating and why are they so reluctant to report cheating when it is discovered. In this presentation I will explore these issues and look at the dilemma posed by medical students, trainee doctors and Faculty who are academically and professionally dishonest.	
9.55 – 10.25	DOCTORS IN TRAINING WHO ARE IN DIFFICULTIES: SOME OBSERVATIONS BASED ON A SPECIALIST SERVICE FOR DOCTORS TRAINING Dr Gearoid Fitzgerald – Leeds	
	In this talk I will use the most recent annual report to describe what the service for doctors in difficulty (Take Time) does and how it functions. One point I feel, is the importance of doctors in the main, seeing doctors, not other professionals. We have 2 consultant medical psychotherapists now working a total of 3 days and a very experienced non-medical counsellor working 1 day .All doctors self refer but as we have good links with the Deanery they are very aware of us. This is linked with strictly agreed confidentiality which allows doctors to feel safe in talking. We cover a multitude of difficulties which I will describe in the talk. Three broad groups we see; by far and away the largest group are those with difficulties linked to their training interacting with their life and their backgrounds; the smallest group are those referred to the GMC and we cover them as their treating psychiatrist and offer a separate person for the therapy; those with long term psychiatric disorders and personality difficulties or disorders, partly helping them get long term help which is harder and harder in the UK	
10.25 - 11.00	PROFESSIONALISM AND THE TRAINEE Prof Greg Swanwick & Dr Aoibhinn Lynch	
	This presentation will continue the themes from the previous two speakers and will discuss how professionalism is currently assessed in the CPsychI BST and HST programmes.	
11.00 - 11.30	COFFEE BREAK AND POSTER EXHIBITION	Inec Foyer

11.30 - 1.00	NCHD RESEARCH ORAL PRESENTATIONS Chair: Dr Fiona Crotty	Inec Main Foyer
11.30 - 11.45	MENTALIZATION-BASED TREATMENT IN A NATURALISTIC SETTING IN IRELAND: A COHORT STUDY Dr Kezanne Tong, Central Mental Hospital, Dublin	
11.45 – 12.00	EXPERIENCES OF BEING “STUCK” WITH PATIENTS: A QUALITATIVE SURVEY AMONG PSYCHIATRIC NON CONSULTANT HOSPITAL DOCTORS Dr Eimear Counihan, Central Mental Hospital, Dublin	
12.00 – 12.15	QUALITATIVE REVIEW OF THE VALUE OF THE INDIVIDUAL CARE PLAN (ICP): PERCEPTIONS AMONG MENTAL HEALTH STAFF AND SERVICE USERS Dr Ali Nikkhah, University Hospital Galway	
12.15 - 12.30	IT’S ALL IN THE HEAD; A RETROSPECTIVE CHART REVIEW EXAMINING THE PREVALENCE OF FUNCTIONAL DISORDERS VERSUS MULTIPLE SCLEROSIS IN A NEUROLOGY CLINIC Dr Mairead Rafferty, Mercy University Hospital, Cork	
12.30 – 12.45	AUDIT OF PSYCHIATRIC COURT REPORTS FROM A MALE REMAND PRISON OVER THREE YEARS. ARE THEY TIMELY AND CLINICALLY INDICATED? Dr Kezanne Tong, Central Mental Hospital, Dublin	
12.45 – 1.00	5 YEAR REVIEW OF A MULTIDISCIPLINARY TEAM EPILEPSY OUTREACH CLINIC IN THE DAUGHTERS OF CHARITY INTELLECTUAL DISABILITY SERVICE, DUBLIN Dr Emmanuel Umama-Agada, Kells Adult Mental Health Services, Navan	
1.00 – 1.10	ANNOUNCEMENT OF ESSAY PRIZE WINNERS Dr Charles Smith Essay Competition 2018 Faculty of Medical Psychotherapy Essay Prize Faculty of Addiction Psychiatry Essay Prize	
1.00 - 2.00	LUNCH	Ballroom - Gleneagle
1.45 – 6.00	INDIVIDUAL COMMUNICATION TRAINING with Q4PR	
	Short 8 x 30 minute one to one media/communication skills training session with communications experts Q4PR to pre-booked conference delegates ONLY. Q4PRr is one of Ireland's leading communications companies. This brief training will offer pre-booked delegate members an opportunity to hone their communication skills for local media events and local advocacy for those with mental illness as well as highlighting the role of psychiatrists when possible.	
	“The role of a psychiatrist is multidimensional but as psychiatrists we can often hold back rather than proactively and with confidence advocate for and explain what psychiatry can achieve for patients/service users and family members and carers engaging with mental health services.	
	Services are under strain and the working environment not conducive to our own mental health never mind others, at times. With this training delegates might consider speaking out on matters relevant to our profession and advocating for our patients, training, services over the next year in their own region. Certainly, training in the area makes it much less daunting and hopefully more effective and possible.	
	In any event, communication skills are core to our work and Q4PR has a track record of helping professionals sharpen skills in this area”.	
	Dr Miriam Kennedy Director, Communication and Public Education	

THURSDAY 15TH NOVEMBER Continued

2.00 - 3.15		PARALLEL SESSIONS		Part 1			
SESSION 1 - INEC MAIN ROOM Chair: Dr Stephen Monks		OR	SESSION 2 - INEC PRESS ROOM Chair: Dr Catherine Corby		OR	SESSION 3 - MANGERTON SUITE - Chair: Dr Lorcan Martin, Director - Professional Competence	
HOMELESSNESS: A CRISIS FROM THE STREETS TO PRISON TO HOSPITAL AND BACK AGAIN			IN TWO MINDS - EXPLORING THE BIPOLAR EXPERIENCE JOANNE RYAN			Professional Competence Workshop - PEER REVIEW GROUPS: No Man is an Island	
<p>Dr Kevin Kilbride, Programme For The Homeless And Dr Damian Smith, National Forensic Mental Health Service Ireland’s homeless and housing crisis has generated barriers to care and recovery for those with severe mental illness.</p> <p>The Programme for the Homeless and the Prison Mental Health Services have attempted to identify these individuals and break the cycle of homelessness and imprisonment. In this joint session Dr Kevin Kilbride (Consultant Psychiatrist, Programme for the Homeless) and Dr Damian Smith (Senior Registrar in Forensic and General Adult Psychiatry) will describe the characteristics of this population, the challenges in addressing their needs and the service innovations developed to overcome them. It will also provide a forum for discussion and debate about how we as Irish psychiatrists can collaborate and advocate to support homeless mentally ill service users through this national crisis.</p>			<p>In Two Minds is a new piece of ambitious and affecting theatre project currently being developed by award-winning theatre maker Joanne Ryan which looks at the realities of living with bipolar disorder and its effect on relationships.</p> <p>Originally commissioned by Belltable: Connect, and now being developed with the support of The Arts Council, the work is inspired and informed by Joanne’s lived experience of her mother’s bipolar disorder and her mother is a collaborator on the project.</p> <p>As part of her research, Joanne is conducting a series of focus groups with people who identify with symptoms or a diagnosis of BPAD as well as carers and family members. In this workshop, Joanne will present a summary of her findings from these groups.</p> <p>This will be followed by a discussion responding to the research on the subject of dealing with patients and their advocates which will be chaired by Dr Catherine Corby, Consultant Psychiatrist at UHL, who is a collaborator on the In Two Minds project.</p>			<p>Dr Aoibhinn Lynch will guide us through the findings of her 2017 research project “Peer Groups Amongst Consultant Psychiatrists in Ireland: Opportunities & Barriers.” How does Peer Review fit into professional development? What types of groups are forming and functioning throughout our College?</p> <p>Dr Lynch will share the reported experiences of Consultant Psychiatrists who are involved in peer groups; examine the various peer group structures and how they function; and take an in-depth look at the experiences and attitudes of Consultant Psychiatrists not participating in peer groups.</p> <p>A discussion panel including Dr Maria Frampton, Dr Caroline Noone, Dr Ciaran Corcoran and Dr Consilia Walsh, will discuss first-hand experiences, the pros and cons of Peer Groups, and how structured group learning and discussion can bring many benefits (as well as internal CPD credits!) to the busy consultant.</p>	
3.15 - 3.45		COFFEE BREAK AND POSTER EXHIBITION				Inec Foyer	

3.45 - 5.00

PARALLEL SESSIONS

Part 2

SESSION 4 - INEC MAIN ROOM

CHAIR: ASSOC. PROF ELIZABETH BARRETT

MINDREADING - THE ROLE OF THE NARRATIVE IN PHYSICAL AND MENTAL HEALTH AND THE EXPERIENCE OF ILLNESS

Prof Femi Oyebo

- A session on 'Touched with Fire': an exploration of how to use literature and film to improve teaching; exploring humanities in medical education.

Assoc. Prof Elizabeth Barrett

- Snapshots using literature in clinical practice with young people- case examples and signposting resources.

OR

SESSION 5 - MANGERTON SUITE

CHAIR: DR PAUL MATTHEWS

PERSONALITY DISORDERS SPECIAL INTEREST GROUP

THE FUTURE OF PERSONALITY DISORDER SERVICES IN IRELAND

This workshop will facilitate discussions around the future development of personality disorders services in Ireland. As a stimulus to debate Paul Matthews will talk about his experience of working with a well-established personality disorders service in the UK while Navroop Johnson will talk about running a newly established service in Kerry.

Dr Paul Matthews – The Complex Needs Service

Paul will talk about Oxford Health NHS Trust's well-developed stand-alone personality disorders service – 'The Complex Needs Service' – including his experience of working with personality disorders as a General Adult Psychiatrist in the trust and also working therapeutically within the Complex Needs Service itself.

OR

SESSION 6 - INEC PRESS ROOM

CHAIR: DR JOHN HILLERY

TELEPSYCHIATRY – SOLUTION OR SHOWBUSINESS?

Dr John Hillery and Dr Bobby Smyth

In this session, the College will explore the role of telemedicine in psychiatry. Will it have a role in the future?

THURSDAY 15TH NOVEMBER Continued

7.00

CSCST GRADUATION & EXAMINATION AWARD CEREMONY
Examination Award Recipients CSCST Recipients

Park Suite – 4th Floor
Brehon Hotel

PERFORMANCE FROM COLLEGE OF PSYCHIATRISTS CHOIR



Performance of College Choir at Winter Conference 2017



CSCST Graduation 2017

From 7.30

DRINKS AND CANAPE RECEPTION
(Included with dinner booking)

The Brehon Hotel Mezzanine

CONFERENCE DINNER
(Free seating, partners welcome)

Banqueting Suite
Brehon Hotel



FRIDAY 16TH NOVEMBER 2018

From 08.45

REGISTRATION AND POSTER EXHIBITION

Inec Foyer

09.40 - 09.45

WELCOME ADDRESS AND INTRODUCTION
Dr William Flannery, Vice President and
Conference Academic Coordinator

Inec Main Foyer

09.45 – 11.00

Chair: Dr Stephen Monks

9.45 – 10.15

MEN WITH PSYCHOTIC ILLNESS IN REMAND PRISONS
Dr Conor O’Neill – Central Mental Hospital, Dublin

Men with psychotic illnesses are greatly over-represented in prisons in Ireland, especially in remand settings. The level of accumulation is such as to represent a public health emergency. Men with mental illness are more likely to be homeless, more likely to be arrested and less likely to be granted bail, even when charged with minor, at times trivial offences. “Revolving door” people with mental illness presenting to remand prisons following repeated minor offences are more likely to be homeless and actively psychotic at the time of presentation. Court diversion services have helped to mitigate this for people charged with less serious offenders with the cooperation of community mental health services. The process is more complex for persons who have become homeless in the context of major mental illness. For many homeless psychotic young men prisons are now the default mode of access for mental health services. This talk will describe 12 years of data in relation to remand prisoners at Ireland’s main male remand prison.

10.15 – 10.45

APPROACHES TO THE TREATMENT OF PERSONALITY DISORDERS IN THE FORENSIC CONTEXT
Dr Cleo Van Velsen

Personality Disorder is a diagnosis that arouses many and complex responses. With all the difficulties associated with its classification and implications, it is essential to understanding and managing many offenders. In this paper I will outline some of the difficulties and dynamics of working with those who suffer from personality disorder but will also describe the significant strides made in treating and managing the condition. This includes not only specific interventions but also the creation of more effective systems, including the Offender Personality Disorder Pathway in England and Wales. The publication of the paper Personality Disorder: No Longer a Diagnosis of Exclusion in 2003 led to a rebirth of optimism, tempered by reality, around working with Personality Disorder – leading to positive developments in service delivery and research, often absent in other branches of mental health in times of austerity.

10.45 – 11.00

DISCUSSION

11.00 - 11.30

COFFEE BREAK AND POSTER EXHIBITION

Inec Foyer

FRIDAY 16TH NOVEMBER Continued

11.30 - 1.15	BIPOLAR DISORDER Chair: Dr Elizabeth Barrett	Inec Main Foyer
11.30 – 12.00	NICER THAN NICE?: THE BAP GUIDELINES FOR THE MANAGEMENT OF BIPOLAR DISORDER. Dr Guy Goodwin, Professor of Psychiatry, University Department of Psychiatry, Oxford The revised NICE Guideline for bipolar disorder was published in 2014. In principle, an evidence based approach should lead to identical recommendations when another body undertakes the same task. The British Association for Psychopharmacology also revised its bipolar guidelines in 2016 (Goodwin et al. 2016). There were important differences. These differences are worth understanding and were most marked in relation to the treatment of bipolar depression, maintenance of pharmacotherapy and psychological treatment. Thus, psychological treatments were recommended as the primary modality of treatment in primary care for bipolar depression, as equivalent to medication in the management of bipolar depression in secondary care and sharing equal importance with medication in the long term (Jauhar et al. 2016). To what extent were these ‘Key priorities for implementation’ supported by evidence from clinical trials? That question will be explored and a summary presented of the BAP’s alternative take on these and other issues.	
12.00 – 12.30	MOOD DISORDERS IN LIAISON PSYCHIATRY Dr John Cooney – St James’s Hospital, Dublin Bipolar disorder is associated with increased morbidity and mortality and a consequent need for general medical care. Vigilance is needed both in terms of mood and psychopharmacology for the practical management of the patient in integrating their care in the general hospital.	
2.30 – 1.00	PHARMACOLOGICAL MANAGEMENT OF BIPOLAR DISORDER IN UNDER 18s Dr Aditya Sharma – Institute Of Neuroscience, Newcastle University and Northumberland Tyne and Wear NHS Foundation Trust Management of paediatric (onset prior to age 18 years) bipolar disorder will be discussed in this presentation. In particular, management of (hypo)mania, depression, mixed episodes and euthymia will be discussed. Various factors including co-morbid conditions such as ADHD, Autism and emerging personality issues can impact on both the course and management of this condition. These will be discussed in addition to the use of psychotherapeutic approaches.	
1.00 – 1.15	DISCUSSION	
1.15 – 1.30	ANNOUNCEMENT OF PRIZE WINNERS NCHD Research Oral Prize NCHD Research Prize Poster IJPM Presentation of John Dunne Medal 2017 Dr Ada English Medal	
1.30 - 2.30	LUNCH	Ballroom in the Gleneagle

2.30 - 4.00	Chair: Dr William Flannery	Inec Main Room
2.30 – 3.15	THE LITTLE THINGS THAT MATTER MOST IN PSYCHIATRY: AN UPDATE ON GUT MICROBES AND THEIR EFFECTS ON BRAIN FUNCTION AND HOST BEHAVIOUR Dr Gerard Clarke – University College Cork The gut microbiome can signal along the gut-brain axis to influence many fundamental aspects of brain function and behaviour of relevance to Psychiatry. This includes depression, anxiety and pain as well as host stress physiology. Psychiatric disorders, including depression, are also now linked to compositional alterations in the gut microbiome associated with prominent symptomatic features. Research efforts continue to identify the precise mechanisms underpinning these effects and to accrue the translational insights necessary to move this promising area of research towards mechanisms and clinical interventions.	
3.15 – 3.30	DISCUSSION	
3.30 – 4.00	ABNORMALITIES OF THE SELF AND EMBODIMENT IN THE WRITINGS OF FRANZ KAFKA – LESSONS FOR PSYCHIATRY Prof Femi Oyeboode – University Of Birmingham Embodiment in Kafka’s Letter to Father. It is becoming clear that human cognition including reasoning, memory, language, perception and, emotion are grounded in embodiment. Embodiment can be understood as the pattern of kinesthetic and proprioceptive experiences that are the basis of all human experience and action. In this talk I will focus on embodiment, what it means in practice and how it influences reasoning and use of language. I will use Kafka’s Letter to Father, to illustrate the complex interrelationship between abnormalities of embodiment and the use of language and concept formation.	
4.00 – 4.30	DISCUSSION	
<div>CPD Conference CPD Approval: Thursday – 7 External CPD Credits Friday – 6 External CPD Credits CPD Certificates of Attendance will be emailed to delegates who complete the CPD Request Form (link will be emailed to delegates after the conference and available on www.irishpsychiatry.ie)</div>		

BIOGRAPHIES OF SPEAKERS



ELIZABETH BARRETT is a Consultant in Child and Adolescent Liaison Psychiatry at Children’s University Hospital Temple St in Dublin, Ireland and an Associate Professor at UCD. Following initial training in paediatric medicine, she undertook specialist training in Psychiatry and Child and Adolescent Psychiatry in Ireland and worked at Great Ormond Street and the South London and Maudsley trust before returning to Ireland. As a liaison psychiatrist, she is especially interested in the interface between mental and physical health, neuropsychiatry, eating disorders and psychosomatic medicine. As a research active department, the service supports a range of clinically oriented research exploring supporting parents of young people who self-harm, emergency psychiatry projects, supporting young people with Tics and Tourette disorders, and supporting approaches to somatic symptoms. She undertook a Masters degree in Medical Education, and sees training and interprofessional educational initiatives as crucial to early detection and intervention and longer term in achieving improved health outcomes for young people. An active contributor to undergraduate and postgraduate teaching programmes in Ireland for paediatric and psychiatry trainees, she is a current trainer for Psychiatry BST and HST trainees, and for Paediatric HST trainees. She hosts Balint groups for Paediatric, psychiatry and surgical postgraduate groups. Since 2017 she is the Clinical Lead for Schwartz rounds in the paediatric hospital and the Lead for the National Paediatric Hospital Project Psychological medicine group. At UCD she leads a Narrative in Medicine project called MindReading with medical humanities colleagues at the Universities of Oxford and Birmingham.



GERARD CLARKE is a lecturer in the Department of Psychiatry and Neurobehavioural Science and a faculty investigator in APC Microbiome Ireland. His research interests include translational biomarkers of stress-related neuropsychiatric disorders, the impact of the gut microbiome on brain and behaviour across the life span and microbial regulation of tryptophan metabolism. He is particularly interested in the advancing our understanding of how tryptophan degradation along the kynurenine pathway influences psychopathology and in evaluating novel therapeutic interventions which can reverse such deficits.



JOHN COONEY, MD, FRCPI, MRCPsych, qualified in 1986 from the RCSI and trained in internal medicine in the Federated Hospitals scheme in Dublin from which he obtained his membership of the Royal College of Physicians. He trained in Dublin for the Membership of the Royal College of Psychiatrists in the UK. He moved to St Bartholomew’s in London where he did his MD in the relationship between stress and psychiatric/psychological disorders and also trained in Cognitive behavioural Therapy at the Maudsley Hospital. His higher training in psychiatry was between St Bartholomew’s & the Maudsley Hospital. Following this he was appointed as a senior lecturer/ consultant Psychiatrist between Guy’s Hospital & Lewisham in South London. He returned to work as a specialist in Mood Disorders in St Patrick’s in Dublin before taking up his current role as consultant in the Psychological Medicine Service focusing on the relationship between physical & mental health.



GEAROID FITZGERALD was a Consultant Psychiatrist in Psychotherapy in Yorkshire for 25 years up to his retirement in February 2018. For 13 years he led a specialist service for doctors in difficulty who were training which was funded by the Yorkshire Deanery. The service was called Take Time and over the years has seen 1600 doctors in difficulty. It is a self-referral service using a psychoanalytic model for the initial consultations and short term therapy. It is one of the few specialist services in the UK to continue and has indeed grown as demand has increased. He led the development of Balint groups in Leeds for all grades of doctors and has been delighted to be a part of developing Balint in Ireland, Greece and Pakistan. He is the Vice President of the UK Balint Society. He is now a psychoanalyst in private practice half time.



GUY GOODWIN, DPhil, FMedSci is Emeritus Professor of Psychiatry at the University of Oxford, Oxford, UK. He completed his medical degree and DPhil in physiology at the University of Oxford and, following training in psychiatry, became a Clinical Scientist and Consultant Psychiatrist at the MRC Brain Metabolism Unit at the Royal Edinburgh Hospital, Edinburgh, UK. His research interests are in the treatment of bipolar disorder and the application of neuroscience in understanding the neurobiology of mood disorders, with a focus on developing new treatments. He has been a lead investigator in clinical trials for mood disorder, including the BALANCE and CEQUEL studies. His current interest is the potential to improve treatment using new technology. He has served as a member of the Wellcome Trust Neurosciences Panel, the Council of the British Association for Psychopharmacology, the Clinical Fellowships Panel and Advisory Board of the Medical Research Council, INSERM’s ANR panel. He is a Fellow of the American College of Neuropsychopharmacology, and has previously held the position of President of the British Association for Psychopharmacology (2004–2005). He is past president of the European College of Neuropsychopharmacology (ECNP) and a Senior Investigator on the faculty of UK National Institute for Health Research (NIHR). He is a Thomson Reuters highly cited researcher (top 1% in field).



JOHN HILLERY was a Consultant Psychiatrist in the services for people with intellectual disability run by Stewarts Care, Dublin and St John of God Kildare Services as well as the HSE Mental Health Services at Tallaght. He resigned in February this year. He is a former President of the Medical Council and the International Association of Medical Regulatory Authorities. Dr Hillery was also a member of the Council of the Pharmaceutical Society of Ireland and of the Independent Monitoring Group of A Vision for Change (the national policy on Mental Health). He is currently the President of the College of Psychiatrists of Ireland having formerly been the Director of Communications and Public Education.



NAVROOP JOHNSON is a consultant psychiatrist in general adult mental health services in Co. Kerry. He finished his medical graduation in India and engaged in rural medicine for 2 years before moving to Ireland to pursue his basic and higher training in psychiatry. His BST in psychiatry was in and around Dublin. He finished his psychiatry membership exams, with the Royal College of Psychiatrists UK, in 2009. He then successfully attained an HST with the College of Psychiatrists of Ireland in 2010. He finished his HST in 2013 and was successful in attaining a Consultant Psychiatrist post straight after in University Hospital Kerry. He has been active regarding service development in this post and was instrumental in bringing DBT as a service to his catchment area in South Kerry, having attained his training in DBT in 2012. He is an active member of the Personality Disorders Special Interest Group in College of Psychiatrists Ireland. He sought formal training in perinatal psychiatry as well in 2017 in response to growing need for same. He remains committed to teaching and training junior staff. He also is keen in management and leadership aspect of his role and is currently undertaking a post-masters course in Healthcare Leadership called Leading Care 1.



MIRIAM KENNEDY is a dual qualified Consultant Psychiatrist in General Adult psychiatry and Later Life (over 65) with a particular interest in Mood Disorders and Depression. With an additional doctorate in medical physiology and a qualification in interpersonal psychotherapy, her approach emphasises a biopsychosocial model of treatment. She works in Highfield Healthcare in acute inpatient and (new) general adult day hospital services, and also serves a later life long term care group. A senior lecturer at RCSI and TCD (honorary), Dr Kennedy has wide experience in education, teaching and learning at undergraduate and postgraduate levels. Research and professional interests include Capacity and Consent to treatment (Human rights) and medical education. In August 2017 she took up the additional role of Director of Communication and Public Education at the College of Psychiatrists of Ireland.



KEVIN KILBRIDE Dr. Kevin Kilbride graduated in medicine at UCD and undertook his Basic Specialist Psychiatric Training in the Eastern Health Board scheme. He completed Higher Specialist Training in General Adult Psychiatry in Manchester. He was Consultant Adult Psychiatrist in east Manchester before returning to Dublin in 2005 as Consultant Psychiatrist in the Programme for the Homeless, which is affiliated with the Phoenix Care Centre.



LORCAN MARTIN is Director of Professional Competence in the College of Psychiatrists of Ireland. He is a Consultant in General Adult Psychiatry with Longford/Westmeath Mental Health Services. He trained in Trinity College and with the Eastern Health Board as was. His special area of interest is greater integration of mental health services into the community and he has been instrumental in developing many new initiatives in this regard including a Primary Care Liaison Service, a service for deaf clients, an ongoing public mental health awareness programme and a consultative group so that service users/carers may be involved in service development. He has presented these projects and others at a number of international conferences. Dr Martin has also been involved in training programmes in the area of mental health for a number of statutory and voluntary agencies, and also has a particular interest in the clinical training and examination of non-consultant hospital doctors working in psychiatry.

BIOGRAPHIES OF SPEAKERS Continued



PAUL MATTHEWS is a General Adult Psychiatrist with Kildare West Wicklow Mental Health Service and Clinical Senior Lecturer with the Royal College of Surgeons in Ireland. He studied medicine at the University of Oxford where he completed his doctorate in neuropathology and gene expression in schizophrenia and mood disorders. He completed higher training in General Adult and Liaison Psychiatry on the Oxford training scheme and worked in Oxfordshire and Buckinghamshire in General Adult Psychiatry and Early Intervention in Psychosis. Paul has an interest in the treatment of personality disorders and previously worked in the Oxfordshire Complex Needs Service Therapeutic Community.



CONOR O'NEILL is a Consultant Forensic Psychiatrist at the Central Mental Hospital, Dundrum. He trained in Ireland and Australia and since 2006 has developed and led the Prison Inreach and Court Liaison Service (PICLS), at Cloverhill, Ireland's main remand prison. He is a member of the advisory group for the Quality Network for Prison Mental Health Services of the UK Royal College of Psychiatrists and a Senior Lecturer in Forensic Psychiatry at Trinity College, Dublin.



FEMI OYEBODE is Consultant Psychiatrist at the National Centre for Mental Health Birmingham & Professor of Psychiatry at the University of Birmingham. He is author of Sims' Symptoms in the Mind – Textbook of Descriptive Psychopathology 6th edition.



TRUDIE ROBERTS BSc, MBChB, PhD, FRCP, FHEA, NTF, Hon FAcadMED; Director, Leeds Institute of Medical Education, University of Leeds, England; President, AMEE - Association of Medical Education in Europe. Professor Roberts graduated from Manchester with a degree in Medicine and a BSc in Anatomy. She undertook her early medical training in Manchester and research in Manchester and the Karolinska Institute, Sweden. In 1995 she was appointed Senior Lecturer in Transplant Immunology at the University of Manchester. In 2000 she was appointed Professor of Medical Education at the University of Leeds. She was awarded a National Teaching Fellowship in 2006. In 2009 she was appointed Director of the Leeds Institute of Medical Education. She was a council member of the General Medical Council (2009 – 2012) and Chair of the Association for the Study of Medical Education until July 2013. She was a council member for the Royal College of Physicians of London (2010 – 2013) and is currently a Censor for the College. In September 2013 she became President of AMEE (*). Professor Roberts's main interests and expertise are in the areas of assessment of competence, professionalism, and transitions in training and education. In 2013 she was awarded a Fellowship of the Academy of Medical Educators. In January 2017 she received the MILES award (**) at the Asia Pacific Medical Education Conference. She is married to a surgeon, has two children and dreams of owning a Subaru WRX.

* Association for Medical Education in Europe.

**Mentoring, Innovation and Leadership in Educational Scholarship.



JOANNE RYAN is a multi-award winning theatre maker who loves to make quality, ambitious, socially-engaged work with a particular interest in the relationship between arts and health. Her solo multimedia show Eggsistentialism, which explores her journey to a decision about whether or not to have a child through the prism of Ireland's reproductive health history, has been presented to critical acclaim in Ireland, Edinburgh, London, Liverpool, Cyprus, Malaysia and Australia. It has won a number of awards including a Lustrum Award, Best Storytelling Bouquet and The Melbourne Fringe Award at Edinburgh Festival, The Strollers Touring Award and most recently The Critics' Pick Award at Sydney Fringe Festival. She is an active member of several artist networks and in December 2017 was awarded Civic Honours by Limerick City and County Council in recognition of her international success and contribution to theatre and the arts in Limerick.



ADITYA SHARMA Dr Adi Sharma is a Clinical Senior Lecturer and Hon Consultant in child and adolescent psychiatry at Institute of Neuroscience, Newcastle University and Northumberland Tyne and Wear NHS Foundation TruSt His clinical academic interests include the epidemiology of and risk factors for the development of Early Onset Bipolar Disorders to improve psychosocial outcomes. Adi trained as a Clinical Lecturer with Prof Le Couteur at Newcastle developing expertise in assessment and management of youth with complex neurodevelopmental disorders particularly youth with ASD. He furthered his experience by training with Prof Kiki Chang (Stanford University, USA), Prof Barbara Geller (Washington University at St Louis, USA) and Prof Ellen Leibenluft (NIH, USA) in the field of Bipolar Disorder. Adi has a PhD in 'Neurocognition and emotion labeling in bipolar offspring' for which he was awarded the Margaret Davenport award by the faculty of child and adolescent psychiatry (RCPsych). He was chief investigator for the first Surveillance study of the incidence of Narrow Phenotype Bipolar I Disorder in the British Isles. Currently Adi is chief investigator for the first paediatric bipolar disorder trial in the UK. This innovative project funded by the Research for Patient Benefit funding stream of NIHR is using a mixed methods approach to assess the acceptability and feasibility of using the Family Focussed Treatment for Adolescents with Bipolar Disorder (FFT-A UK version). He is also a co-applicant on an NIHR HTA trial: Clinical and cost effectiveness of a parent mediated intervention to reduce challenging behaviour in pre-schoolers with moderate to severe learning disability: a randomised controlled trial. Adi has been using participatory design to co-produce digital health technologies to improve outcomes for Early Onset Bipolar Disorder. In addition, Adi in his role as CAMHS Champion for the North East and North Cumbria Clinical Research Network has developed and is chair of the Paediatric Psychopharmacology Trials Steering Group which has links with Newcastle University, mental health and acute trusts to facilitate industry sponsored and investigator led psychopharmacology trials.



DAMIAN SMITH is a Senior Registrar in Forensic and General Adult Psychiatry. Prior to commencing the CPsychI higher training scheme in 2015, Dr Smith worked as a registrar in Forensic Psychiatry in both Ireland and Melbourne, Australia. In both jurisdictions he developed an interest in prison psychiatry and has published peer-reviewed articles based on projects in young offender, remand and sentenced prison populations. One such project at Mountjoy Prison was awarded a Certificate of Special Recognition at the Health Service Excellence Awards 2017.



GREG SWANWICK, Prof, is the current Dean of Education with the College of Psychiatrists of Ireland and a Consultant Psychiatrist in the Psychiatry of Old Age based at Tallaght University Hospital.



CLEO VAN VELSEN, Member British Institute of Psychoanalysis. Until May 2017 Dr Van Velsen was Consultant Psychiatrist in Forensic Psychotherapy based within the Forensic Personality Disorder service of the East London NHS Foundation TruSt Her post was as a Responsible Clinician in a Community of Communities Accredited Therapeutic Community, which specialises in forensic personality disorder in men. Most of the patients are transferred prisoners. She trained as a Doctor in London and went on to train as a Psychiatrist and specialised in Psychotherapy. She was Consultant Psychotherapist at the Maudsley Hospital for five years. She is a member of the British Institute of Psychoanalysis. Dr Van Velsen worked for one year in the Medical Foundation for the Care of Victims of Torture and completed research in the area of Post-Traumatic Stress Disorder. She is co-editor of a text book of Forensic Psychotherapy and a section editor of the Edinburgh International Encyclopaedia of Psychoanalysis.

Dr Van Velsen has expertise in the assessment and treatment of people suffering from a wide range of personality and other difficulties and has prepared many reports for the civil, criminal and family courts. She is a member of Forensic Psychiatry Chambers, which consists of a group of experienced psychiatrists providing psychiatric advice and reports to the legal profession. She has particular expertise in the understanding and formulation of complex personality difficulties and violence and has presented at many national and international conferences on Personality Disorder and related topics. She has contributed to discussions on TV, radio and the stage on related topics. For some years she was an advisor to the British Board of Film Censors in particular addressing areas of sexual violence.

POSTERS ON DISPLAY

1. AUDIT OF TIME FROM RECEIPT OF REFERRAL TO FIRST OFFERED APPOINTMENT
DR EINAS BADAWI¹, DR LORCAN MARTIN¹
¹ St Loman’s Hospital, Mullingar, Co. Westmeath

2. HYPONATRAEMIA IN AN IN-PATIENT PSYCHIATRY OF OLD AGE SERVICE
DR CAILIN BOLAND¹, MS KATHRYN LEDDEN², DR HANIA AMIN³, DR HUMERA KHAN³, DR MARY COSGRAVE³
¹ St John of God Hospital, Stillorgan, Dublin
² Royal College of Surgeons in Ireland
³ Ashlin Centre, Beaumont Hospital, Dublin

3. MULTI-CENTRED COMPREHENSIVE AUDIT ON LITHIUM MONITORING WITH APPROXIMATELY 75 PATIENTS ACROSS THREE GENERAL ADULT SITES IN LIMERICK
DR GURJOT BRAR¹, DR NAZUK ZAIDI², DR DIARMUID BOYLE³
¹ Regional Office, Bawnmore, Bohereen, Limerick
² Churchtown Day Hospital, Newcastle West, Co Limerick

4. AN ANALYSIS OF CONSUMER PROTECTION FOR GAMBLERS ACROSS DIFFERENT ONLINE GAMBLING OPERATORS IN IRELAND: A DESCRIPTIVE STUDY
DR JOAO PAULO COSTA MONTEIRO DA SILVA¹, DR CAOIMHE COONEY², DR DAVID COLUMB³, DR MARK D. GRIFFITHS⁴, DR COLIN O’GARA⁵
¹ Newcastle Hospital, Co. Wicklow
² Central Mental Hospital, Dublin
³ St John of God Hospital, Stillorgan, Co Dublin
⁴ Nottingham Trent University, Nottingham, United Kingdom
⁵ Department of Addictions, St John of God Hospital, Stillorgan, Co Dublin

5. GENDER IDENTITY DISORDER: FORENSIC CONSIDERATIONS
DR EIMEAR COUNIHAN¹, DR CALVIN HAR², DR LISA MCLOUGHLIN¹
¹ Central Mental Hospital, Dublin
² Adult Mental Health Unit, Cork University Hospital

6. PREVALENCE OF METABOLIC SYNDROME IN A CONTINUING CARE MENTAL HEALTH UNIT
DR IBRAHIM ELIMAM¹, DR CATHERINE MCCARTHY¹
¹ North Lee Mental Health Services, Cork

7. THE CLINICAL PROFILE OF INVOLUNTARY ADMISSIONS TO THE APPROVED CENTRE
DR MUSAAB ELZAIN¹, DR SHEILA TIGHE¹, DR DIARMUID BOYLE¹, DR NOHAM IBRAHIM¹, MS JEAN SAUNDERS²
¹ University Hospital Limerick
² University of Limerick

8. CLINICAL VALIDATION OF THE PAYKEL SCALE FOR ASSESSMENT OF SUICIDAL IDEATION AND ATTEMPTS IN AN ADOLESCENT POPULATION
DR MUNIRA FARAH¹, MR COLM HEALY², DR ELAINE MCMAHON³, DR PAUL CORCORAN³, DR HELEN KEELEY⁴
¹ North Cork Child & Adolescent Mental Health Service, Mallow, Co Cork
² PhD Student, Royal College of Surgeons Ireland
³ National Suicide Research Foundation, University College Cork
⁴ North Cork Child & Adolescent Mental Health Services, Mallow

9. MEDICATION RECONCILIATION IN THE OUTREACH ARM OF A REHAB AND RECOVERY SERVICE
DR JOANNE FEGAN¹, DR DOMINIC FANNON²
¹ Liaison Psychiatry, Galway University Hospital
² Rehab and Recovery, An Coilin, Mayo Mental Health Services, Castle bar General Hospital

10. REFERRALS OF OVER 65’S TO THE LIAISON PSYCHIATRY TEAM IN GALWAY UNIVERSITY HOSPITAL
DR JOANNE FEGAN¹, DR ANNE DOHERTY¹
¹ Liaison Psychiatry, Galway University Hospital

11. AN ATYPICAL CASE OF NEUROLEPTIC MALIGNANT SYNDROME
DR JOANNE FEGAN¹, DR ANNE DOHERTY¹
¹ Liaison Psychiatry, Galway University Hospital

12. A CASE OF CATATONIC SCHIZOPHRENIA
DR JOANNE FEGAN¹, DR EVELYN MCCABE²
¹ Liaison Psychiatry, Galway University Hospital
² General Adult Psychiatry, Toghermore Campus, Tuam, Co Galway
13. “SECTOR” AN ONLINE INTERACTIVE MAP FOR MENTAL HEALTH CATCHMENT AREAS
DR MARGARET GALLAGHER¹
¹ Department of Psychiatry, St Luke’s Hospital, Kilkenny

14. STRESS AND QUALITY OF LIFE IN PARENTS OF CHILDREN WITH AN INTELLECTUAL DISABILITY
DR CLAIRE KEHOE¹, DR EMMA STAUNTON¹, DR LOUISE SHARKEY²
¹ Linn Dara Child & Adolescent Mental Health Services, Cherry Orchard Hospital, Dublin
² Tallaght University Hospital, Dublin

15. INTERNET CONTENT: ARE WE MISSING A KEY COMPONENT IN THE PSYCHIATRIC ASSESSMENT OF CHILDREN AND ADOLESCENTS?
DR CLAIRE KEHOE¹, DR CATHERINE MCELEARNEY¹
¹ Linn Dara Child & Adolescent Mental Health Services, Cherry Orchard Hospital, Dublin

16. WHO IS HIGH RISK? AN AUDIT OF QTC PROLONGATION RISK FACTOR MONITORING FOR PATIENTS ON ANTIPSYCHOTIC MEDICATION IN A COMMUNITY PSYCHIATRIC SERVICE
DR ENDA KELLIHER¹, DR LORNA WILSON², DR ELLEN NEWMAN³, PROFESSOR JOGIN THAKORE⁴
¹ Department of Liaison Psychiatry, Mater Misericordiae Hospital, Dublin
² Ballyfermot Mental Health Centre, Dublin
³ Endocrine Department, Beaumont Hospital, Dublin
⁴ St Vincent’s Hospital, Fairview, Dublin

17. COGNITIVE ASSESSMENT FOR PATIENTS SEEN BUT NOT ADMITTED IN DROGHEDA DEPARTMENT OF PSYCHIATRY
DR MUHAMMAD USAMA KHAN¹, DR MICHAEL MORGAN¹, DR SABINA KHAN¹, DR ATIQA RAFIQ¹
¹ Louth/Meath Mental Health Services, Drogheda Department of Psychiatry, Drogheda, Co Louth

18. CLINICAL AUDIT ON SEIZURES, EPILEPSY AND ANTI-EPILEPTIC DRUGS IN THE NATIONAL DRUG TREATMENT CENTRE
DR KEVIN LALLY¹, DR MICHELLE MCCORMACK², DR SADAF KHAN³, DR SANA FRAYYAZ⁴, DR WILLIAM FLANNERY⁴
¹ Department of Liaison Psychiatry, University Hospital Limerick
² Unaffiliated
³ Department of Psychiatry, Monash Health, Melbourne, Australia
⁴ Cavan Community Mental Health Service, Drumalee, Cavan
⁵ National Drug Treatment Centre, Dublin

19. A COMPLETED AUDIT CYCLE OF VALPROATE PRESCRIBING PRACTICES IN WOMEN OF CHILD BEARING POTENTIAL ATTENDING AN IRISH COMMUNITY MENTAL HEALTH SERVICE
DR NIAMH MCCARTHY¹, DR CARAGH BEHAN²
¹ Carew House, St Vincent’s University Hospital, Dublin
² Cluain Mhuire Community Mental Health Service, Dublin
20. THE USE AND MONITORING OF HIGH DOSE ANTIPSYCHOTIC

POSTERS ON DISPLAY Continued

THERAPY(HDAT) IN A COMMUNITY MENTAL HEALTH SERVICE (CMHS): BALLYMONEY COMMUNITY MENTAL HEALTH TEAM (CMHT), NORTHERN HEALTH AND SOCIAL CARE TRUST(NHSCT), NORTHERN IRELAND: A CASE STUDY
DR CHUKWUEMEKA NWAUKU¹, DR RYAN O’NEILL¹
¹ Community Mental Health Team, Ballymoney, Co. Antrim

21. PHARMACOVIGILANCE IN VALPROATE PRESCRIBING: BUT ARE WE VIGILANT ENOUGH?
DR MUIREANN O’DONNELL¹, PROFESSOR HENRY O’CONNELL², DR DEIRDRE SMITHWICK¹
¹ Shannon Day Hospital, Shannon, Co. Clare
² Dromin House, Nenagh, Co.Tipperary

22. REDUCING FALLS AND FRACTURE RISK IN A PSYCHOGERIATRIC UNIT?
DR CAITRIONA O’FLYNN¹, DR LEONARD DOUGLAS²
¹ St Columille’s Hospital, Dublin
² St Vincent’s University Hospital, Dublin

23. DEPOT ANTIPSYCHOTICS, INPATIENT ADMISSIONS AND VIEWS OF SERVICE USERS AND STAFF: A QUALITATIVE AND QUANTITATIVE ANALYSIS
DR BRIAN O’MAHONY¹, DR PATRICK KIRWAN², DR MUIREANN NI CHEARTAIGH³, DR SINEAD O’BRIEN⁴
¹ University Hospital Kerry, Tralee
² Mercy University Hospital, Cork
³ C/O Acute Mental Health Unit, Cork University Hospital
⁴ Block 3, St Mary’s Health Campus, Gurranabraher, Cork

24. CHARACTERISTICS AND RISK PROFILES OF ABSCONDERS IN AN ACUTE MENTAL HEALTH UNIT IN NORTH CORK, IRELAND
DR BRIAN O’MAHONY¹, DR HARRY DOYLE², DR PATRICK KIRWAN³
¹ University Hospital Kerry, Tralee
² St Stephen’s Psychiatric Hospital, Cork
³ Mercy University Hospital, Cork

25. PATHOLOGICAL SELF-CRITICISM, PERCEIVED PARENTAL CARE AND ADOLESCENT DEPRESSION
DR EWA PARTYKA-GONCERZ¹, MS NIAMH MCSWEENEY², MS BETH KELLAGHAN², DR ELMA HEDDERMAN³, PROFESSOR LOUISE GALLAGHER^{4,5,6} DR CLARE KELLY^{7,8}
¹ North Dublin Child & Adolescent Mental Health Services, Dublin
² School of Psychology, Trinity College Dublin
³ Belarmine Medical Centre, Dublin
⁴ Beechpark Service, Tallaght Hospital, Dublin
⁵ Trinity College Dublin
⁶ Department of Psychiatry, Trinity Centre for Health Sciences, St James’ Hospital, Dublin
⁷ Trinity College Institute of Neuroscience
⁸ School of Psychology & Department of Psychiatry, Trinity College Dublin

26. PREVALENCE OF POLYPHARMACY, DEPRESSION AND ANXIETY IN 197 OLDER PATIENTS IN SLIGO
MR CHEE LIN PIONG¹, MS ASHLEY LE¹, PROFESSOR GERALDINE MCCARTHY², DR GRAINNE O’MALLEY², DR PAULA HICKEY², DR FIONA O’SULLIVAN²
¹ National University of Ireland, Galway
² Sligo University Hospital

27. A SURVEY OF JUNIOR DOCTORS’ EXPERIENCE OF ATTENDING A BALINT GROUP IN MAYO MENTAL HEALTH SERVICES
DR CLODAGH RUSHE¹, DR MIGDAM AHMED¹, DR EMMANUEL TANYOUS¹, DR ANNE CULLEN¹, DR ORFHLAITH MCTIGUE¹
¹ Adult Mental Health Services, Mayo Mental Health Services

28. COMPARISON OF THE RATE OF MENTAL ILLNESS BETWEEN DETAINED AND NON-DETAINED REFERRALS TO AN APPROVED CENTRE
DR MUHAMMAD TAHIR SALEEM¹, DR AYESHA AZIZ MALIK¹, DR NAVEED KHAN¹, DR MICHAEL MORRIS¹
¹ Department of Psychiatry, St Luke’s Hospital, Kilkenny

29. DEPRESSION, ANXIETY AND QUALITY OF LIFE IN A PALLIATIVE POPULATION: A COMPARATIVE STUDY ACROSS DIFFERENT SETTINGS – COMMUNITY AND HOSPITAL
MS CAOIMHE SALMON¹, DR LEONA REILLY¹, DR EIMEAR MCMAHON¹, DR ANNE DOHERTY¹
¹ University College Hospital, Galway

30. SURVEY: ECG MONITORING PRACTICE; INPATIENTS ON ANTIPSYCHOTICS
DR ANITHA SELVARJOO¹, DR KIZITO OTUOKPAIKHIAN², DR SALMA ELRIGLA¹
¹ Department of Psychiatry, St Luke’s Hospital, Kilkenny
² Department of Psychiatry, Naas General Hospital

31. SUBJECTIVE WELLBEING IN IRELAND FOR INDIVIDUALS WITH DISABILITIES DURING FISCAL AUSTERITY: AN ANALYSIS OF THE EUROPEAN SOCIAL SURVEY
DR JAMES SWEENEY¹, DR RICHARD DUFFY¹
¹ Mater Misericordiae Hospital, Dublin

32. MEDICATION AUDIT FROM THE ACUTE MENTAL HEALTH UNIT, CORK UNIVERSITY HOSPITAL, CORK
DR THATSUTHAN THAVEENTHIRAN¹, DR FIDELMA CORCROAN²
¹ Lucena Clinic, Dublin
² South Lee Mental Health Service, Cork

33. DRIVING AND PSYCHOTROPIC MEDICATIONS: WHAT DO PSYCHIATRISTS AND SERVICE USERS REALLY KNOW?
DR SILVA VARTUKAPTEINE¹, PROFESSOR HENRY O’CONNELL²
¹ Linn Dara Child & Adolescent Mental Health Services – East Kildare, Naas
² Mid-West Mental Health Services, Nenagh

34. THE USE OF ULTIMATE FRISBEE SPORTS GROUP AS A THERAPEUTIC TOOL IN OUTPATIENT CHILD AND ADOLESCENT MENTAL HEALTH SERVICES
DR LEO YOSHIDA¹, MS FINOLA RYAN², DR HELEN KEELEY³, DR ANGELA MCSWEENEY², MS KAREN BARRY², MS SIOBHAN SWEENEY⁴
¹ Eist Linn Child and Adolescent In-Patient Unit, Cork
² Child Guidance Clinic, City General Hospital, Cork
³ Child & Family Clinic, Mallow, Cork
⁴ School of Applied Psychology, University College Cork

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