



napicu

national association of psychiatric intensive care & low secure units

 *2nd Announcement* 

22nd Annual NAPICU Conference
Trinity College, Dublin, Ireland
Thursday 7th September – Friday 8th September 2017



NAPICU Administration Office: Contact us

Email: info@napicu.org.uk Phone: 01355244585 Website: www.napicu.org.uk

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About NAPICU

NAPICU is an innovative, multi-disciplinary organisation of professionals, patients and carers. It is committed to developing and promoting the psychiatric intensive care speciality. The association was officially formed in 1998.

The aim of NAPICU is to advance the care and treatment of those who require Psychiatric Intensive or Low Secure Care. We try to achieve this through promoting and sharing good practice, providing education and training, encouraging clinicians to establish networks and by undertaking research and audit.

NAPICU publish their own Journal; Journal of Psychiatric Intensive Care. We are always looking for papers if you are interested in publishing a paper in the journal please contact us at the NAPICU Administration office.

The Executive Committee works with key stakeholders at regional and national levels to shape policy and practice in the area of acute inpatient psychiatry, including psychiatric intensive care and low secure services.

Membership

We believe standards and practice can be developed by learning how others provide high quality care across the world and we welcome membership from anywhere. If you become a member – as an individual or as part of your unit – benefits include:

- ♦ free online access to the international Journal of Psychiatric Intensive Care
- ♦ free online access to continuing professional development questions
- ♦ free access to the members' area of our website to view presentations and videos from past conferences
- ♦ reduced fees for attending our annual conference
- ♦ free attendance at quarterly meetings
- ♦ the option of entry into the team of the year and poster awards at our annual conference
- ♦ access to advice from internationally renowned experts in the field of PICU and low secure care
- ♦ the opportunity to network with other PICU/LSU clinicians sharing ideas and good practice

There are three ways to become a member of NAPICU – as an individual, a Ward or an International unit. Wards and International units can choose from a one, two, or three year membership with an increased discount the longer you sign up for.

National Survey

NAPICU are currently conducting a UK wide National Survey, the survey was posted out to all PICUs in the UK in March 2017. Dr Stephen Pereira, *NAPICU Chairman* is working in partnership with Ms Lucy Walker, *NAPICU Research Fellow* in collating the survey responses.

Dr Pereira would like to encourage all wards to complete the survey. If you require assistance with this Lucy and Mr Paul Deacon, *NAPICU Executive Committee Member*, *AIMS Lead* are offering site visits to your PICUs, LSUs or Locked Rehab units throughout the country to achieve the best possible data collection. To arrange a visit for your unit please contact Lauren at the NAPICU Administration Office on info@napicu.org.uk

Social Networking

Keep up to date with all things NAPICU via our Facebook, Twitter, LinkedIn and [Website](#). We regularly post updates, information, articles and encourage debate in the PICU Network.



@napicu.org

@napicu

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Conference Planning Committee

Dr Dinal Vekaria

Consultant Psychiatrist (PICU), Hertfordshire Partnership NHS Foundation Trust and NAPICU Deputy Director of Scientific Programmes

Mrs Caroline Parker

Consultant Pharmacist for Adult Mental Health Services, Central and North West London NHS Foundation Trust and NAPICU Director of Operations

Dr Faisal Sethi

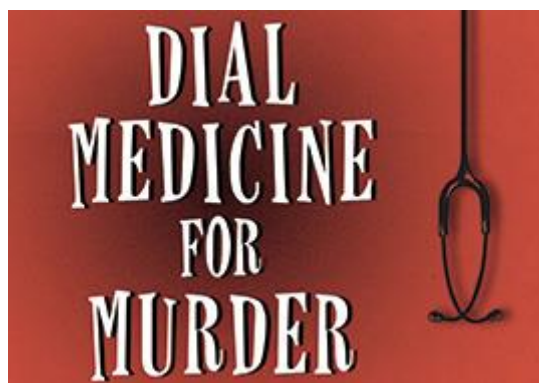
Consultant Psychiatrist (PICU) Maudsley Hospital, South London & Maudsley NHS Foundation Trust and NAPICU Vice-Chairman

Welcome

NAPICU would like to encourage you to attend our first International Conference in **Trinity College, Dublin on Thursday 7th and Friday 8th September 2017**. Registrations for are rapidly growing, and I urge you and your teams to join us for what will be a fantastic conference. Dublin, the capital of the Republic of Ireland, is a wonderful location due to its record in history of close to two thousand years. It is today a very attractive city with a unique and outstanding cultural atmosphere.

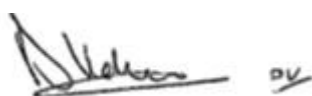
The theme for this year's conference is **International Perspectives in Acute, Emergency and Forensic Mental Healthcare**. As we venture abroad for the first time, we are hosting International speakers and delegates. We have a broad scientific programme including sessions on: restraint, research, therapies, and a specific training event on Inclusivity and Diversity. As always with NAPICU, it is a multidisciplinary approach. We also have an extended panel discussion to compare and contrast clinical practice around the world.

We are honoured to present a theatrical production "**Dial Medicine for Murder**" as part of the conference. 'Dial Medicine for Murder' compares and contrasts the background, arrest, trial, legacy and psychopathology of two individuals interspersed with film footage and contemporaneous news items. It has been a great success at the Edinburgh Fringe Festival and RSM in the past.



The NAPICU Team of the Year and Poster prizes are again running, and we are expecting a high calibre of entries given the International attendance. The deadline for submissions is **Friday 28th July 2017**. For details on how to submit please go the Conference page on our website.

I hope you can join us at this year's conference for the opportunity for your teams to network with International MDT colleagues and enjoy an interesting and informative programme at what promises to be an exceptional International Conference



Dr Dinal Vekaria
NAPICU Director of Scientific Programmes

Venue

Trinity College



Created by a Royal Charter in 1592, Ireland's oldest university Trinity College is recognised for academic excellence and a transformative student experience, and will play host to the 22nd Annual NAPICU Conference. This historic building is located in the heart of Dublin city, surrounded by a hub of retail and business activity. Trinity College was recognised by the Times Higher Education World University Rankings as the best university in Ireland.

For more information visit <https://www.tcd.ie/>

Registration

Registration is open, we would encourage you to book early to take advantage of our special early bird rates, **the early bird deadline** is the **31st July 2017**, don't miss out! To register for the conference you can book online or download the manual registration form from the NAPICU website. www.napicu.org.uk

A group discount is offered to groups of six delegates. In order to benefit from this discount the registrations must all be received at the same time. Registration is open to both members and non-members of NAPICU.

Pre-Conference Training Event

Wednesday 6th September 2017 14.00 – 17.00

Inclusivity and Diversity in Psychiatric Settings

Course Leaders:

Dr Aileen O'Brien, *Reader in Psychiatry & Education and Honorary Consultant Psychiatrist (PICU), Dean of the Students. St. George's University of London and NAPICU Director of Educational Programmes*

Mr Jimmy Cangy, *Modern matron, South West London and St. George's Mental Health NHS Trust*

NAPICU welcomes you to this training event on: **Inclusivity and Diversity in Psychiatric Settings**

This is an increasingly important area, and one which can lead to significant challenges and risk for patients, staff and organisations. PICU and secure settings can present special challenges, not always covered in compulsory training

This will be participant led but some of the topics we will cover include:

- ◆ Principles of Equality, Diversity and Human Rights
- ◆ Relevant legislation, organisational policies and processes
- ◆ Preventing and managing Racism/sexism/discrimination allegations
- ◆ Cultural implications of mental health
- ◆ Stigma and issues with compliance
- ◆ Religious/cultural views and their impact on developing therapeutic relationships
- ◆ Ethnic and gender mixes of staff and patients

The training course is not included in the cost of the conference, please see the registration form to book your place.



Conference Programme at a Glance

Please note: This programme is preliminary, speakers, timings, sessions and topics are subject to change

Thursday 7th September 2017

International Perspectives in Acute, Emergency and Forensic Mental Healthcare Arts Building, Trinity College, Dublin	
08.30 – 09.00	Registration
09.00 – 09.20	Opening Address: Overview of NAPICU Dr Stephen Pereira , Consultant Psychiatrist, London and NAPICU Chairman Dr Faisal Sethi , Consultant Psychiatrist (PICU), Maudsley Hospital, South London & Maudsley NHS Foundation Trust and NAPICU Vice-Chairman
09.20 – 09.30	Chair's Welcome: Baroness Mary Watkins of Tavistock , Visiting Professor Kings College, London
09.30 – 10.00	The Future of Mental Health in England Professor Tim Kendall , National Clinical Director for Mental Health NHS England, Director, National Collaborating Centre for Mental Health, Royal College of Psychiatrists, Medical Director (research) and Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust
10.00 – 10.25	Sport and Mental Health; Learning for Acute and Forensic Services Mr Malcolm Rae , NAPICU Fellow, Chair of Trustees, State of Mind Sport Mr Jimmy Gittins , former rugby league professional player, State of Mind Sport Mr Daniel Sculthorpe , rugby reporter, Daily Telegraph
10.25 – 10.45	Tea and Coffee Break
10.45 – 11.05	Design Guidance for 21st Century Psychiatric Intensive Care Units Mrs Jenny Gill , Chairman Design in Mental Health Mr Chris Dzikiti , Strategic Case Manager, Transforming Care Team, NHS England (London Region) and NAPICU Executive Committee Member (International Liaison)
11.05 – 12.25	Parallel 1: Therapy in Acute Psychiatric Recovery Chair: Mr Thomas Kearney , Associate Director of Commissioning Swindon CCG and NAPICU Director of Policy Session 1: Occupational Therapy in the PICU environment Dr Wendy Sherwood , Consultant Occupational Therapist, International Creative Ability Network Session 2: Physical Exercise, Sport in Mental Health Dr Wesley O'Brien , Lecturer in Physical Education and Coaching Science, University College Cork, Ireland Session 3: Implementing Positive Behavioural Support within a PICU Dr Bronwen Davies , Clinical Psychologist, Aneurin Bevan University Health Board, Cwmbran Mr Jamie Hughes , Community Mental Health Nurse, Abertawe Bro-Morgannwg University Health Board, Bridgend

11.05 - 12.25	<p>Parallel 2: Personality Disorder in PICU and Secure Settings</p> <p>Chair: Dr Oliver Dale, Consultant Psychiatrist, Hammersmith and Fulham Personality Disorder Service, Clinical Lead Personality Disorder Pathway, West London Mental Health Trust</p> <p>Session 1: Findings of the National Personality Disorder Service Survey: Services in a Secure Setting Dr Sacha Evans, West London Mental Health Trust</p> <p>Session 2: Knowledge and Understanding Framework Adapted for Secure Settings and Personality Disorder Pathway Dr Julia Blazdell, Manager, Emergence</p> <p>Session 3: Using a DBT Informed Structured Psychotherapy Programme for the Treatment of Female Borderline Personality Disorder Patients in a Secure Setting Prof Kai Kahl, Chief Medical Officer, FA Psychiatry and Psychotherapy, FA Psychosomatic Medicine and Psychotherapy, Head of the Institute for Behavioural Therapy and Behavioural Medicine, Clinic for Psychiatry, Social Psychiatry and Psychotherapy, Hannover Medical School, Germany</p>
12.25 – 13.15	<p>Breakout Sessions (1 – 7)</p>
Burke Lecture Theatre	<p>Breakout Session 1: NAPICU Team of the Year Presentations 2017</p>
	<p>Breakout Session 2: Sensing Change: The use of a Sensory Room in a PICU Setting Miss Rebecca Davies, PICU Occupational Therapist, ES1 PICU, Maudsley Hospital, South London and Maudsley NHS Foundation Trust</p>
	<p>Breakout Session 3: Attitudes Towards the use of Restrictive Interventions Mrs Gail Kay, Directorate Manager, Community Services, Northumberland, Tyne and Wear NHS Foundation Trust Mr Daniel Rippon, Assistant Psychologist, Northumberland, Tyne and Wear NHS Foundation Trust</p>
	<p>Breakout Session 4: Broadmoor's PICU journey through AIMS Accreditation Mr Paul Deacon, NAPICU Executive Committee Member Mr Ken Wakatama, Clinical Nurse Manager, Cranfield ward, Broadmoor Hospital, West London Mental Health Care Trust</p>
	<p>Breakout Session 5: Challenges in the Child and Adolescent Mental Health Services environment Dr Rafik Raafat, Associate Clinical Director for In-Patient CAMHS, Consultant Child & Adolescent Psychiatrist, Joint TPD, CAMHS Higher Training Scheme, GOSH/RLH, The Coborn Centre for Adolescent Mental Health</p>
	<p>Breakout Session 6: The development of Searching Practices Mr Roland Dix, Approved Clinician, Consultant Nurse in Psychiatric Intensive Care & Secure Recovery, 2gether NHS Foundation Trust and Editor-in-Chief Journal of Psychiatric Intensive Care & Low secure Units. NAPICU Executive Member Mr Jim Laidlaw, Consultant Psychiatrist, 2gether NHS Foundation Trust</p>
	<p>Breakout Session 7: Pharmacological Perspectives in Rapid Tranquilisation Ms Georgina Ell, Advanced Specialist Pharmacist, Park Royal (Brent), Central and North West London NHS Foundation Trust</p>
13.15 – 14.15	<p>Lunch with Exhibition</p>

14.15 – 15.35	<p>Parallel 3: Progress and Research in Psychiatric Intensive Care</p> <p>Chair: Dr Stephen Dye, Consultant Psychiatrist (PICU), Norfolk and Suffolk NHS Foundation Trust and NAPICU Director of Research</p> <p>Session 1: Seclusion and Psychiatric Intensive Care Evaluation Study (SPICES) Dr Alex Tulloch, SPICES, Consultant Psychiatrist, South London & Maudsley NHS Foundation Trust Dr Sophie Pettit, Lecturer, College of Nursing Midwifery and Healthcare</p> <p>Session 2: De-escalation: Contemporary Best Practice Dr Brodie Paterson, Clinical Director, CALM Training Ltd</p> <p>Session 3: NAPICU National Survey 2016: progress Ms Lucy Walker Research Fellow, NAPICU Dr Stephen Pereira, Research Lead, NAPICU</p>
14.15 – 15.35	<p>Parallel 4: Approaches to Reducing Restraint and Restrictive Practices</p> <p>Chair: Mr Andy Johnston, Independent Consultant, Associate/Consultant Centre for Mental Health and NAPICU Executive Committee Member</p> <p>Session 1: The No Force First Approach to Reducing Restrictive Interventions in Mersey Care Dr Jennifer Kilcoyne, Lead Consultant Clinical Psychologist, High Secure Services, Ashworth Hospital</p> <p>Session 2: Reducing Restraint and Restrictive Practices: the Icelandic Experience Ms Eyrun Thorstensen, Clinical Manager, Acute Psychiatric Services, Iceland</p> <p>Session 3: A structured approach to Reducing Restrictive Practices Dr Colin Dale, Chief Executive of Caring Solutions (UK) Ltd and Vice Chairman of the Restraint Reduction Network</p>
15.35 – 15.55	<p>Tea and Coffee Break</p>
15.55 – 17.15	<p>Dial Medicine for Murder</p> <p>Dr Andrew Johns, Consultant Forensic Psychiatrist, South London and Maudsley NHS Foundation Trust Dr Harry Brunjes, Chairman Premier Medical, Chairman English National Opera, Chairman Lancing College</p> <p><i>This is the story and juxtaposition of two of the most notorious British physicians of the 20th century. Dr Harold Shipman and Dr John Bodkin Adams were both allegedly responsible for over 400 murders between them. 'Dial Medicine for Murder' compares and contrasts the background, arrest, trial, legacy and psychopathology of both individuals interspersed with film footage and contemporaneous news items.</i></p> <p>Chair: Dr Faisal Sethi, Consultant Psychiatrist (PICU), Maudsley Hospital, South London & Maudsley NHS Foundation Trust and NAPICU Vice-Chairman</p>
17.15 – 18.15	<p>Interactive Poster and Exhibition session with light refreshments Lower Concourse</p>
19.30	<p>NAPICU Gala Dinner Trinity Grand Dining Hall</p>

Friday 8th September 2017

International Perspectives in Acute, Emergency and Forensic Mental Healthcare Arts Building, Trinity College, Dublin	
09.15 – 09.30	Registration
09.30 – 09.40	Chair's Introduction <i>Dr Shanika Balachandra, Consultant Psychiatrist, Central and North West London NHS Foundation Trust and NAPICU Executive Committee Member</i>
09.40 – 10.25	NAPICU AGM
10.25 – 10.45	Psychiatric Intensive Care for Young People: Just What are We Trying to Achieve <i>Mr Mathew Page, Interim Director of Operations, Avon & Wiltshire Mental Health Partnership NHS Trust and NAPICU Executive Committee Member</i>
10.45 – 11.15	Tea and Coffee Break
11.20 – 11.45	<i>Ms Helen McEntee, Minister for Mental Health and elderly people, Ireland</i>
11.45 – 12.30	The Patient Perspective – Interview
12.30 – 13.30	Lunch with Exhibition
13.30 – 14.45	<p>International Perspectives of Psychiatric Intensive Care Units</p> <p>Chair: Mr Chris Dzikiti, Strategic Case Manager, Transforming Care Team, NHS England (London Region) and NAPICU Executive Committee Member (International Liaison)</p> <p>Dr Séamus Ó Ceallaigh, Consultant Psychiatrist, Clinical Lead for Psychiatric Intensive Care, Saint Patrick's University Hospital, Ireland</p> <p>Ms Miranda De Weijer – Dupuis, Specialist Nurse, PICU, Netherlands</p> <p>Professor Kesavan Kutty, Head of Department and Professor of psychiatry, Amrita Institute of Medical Sciences, India</p> <p>Dr Koravangattu Valsraj, Consultant Psychiatrist</p> <p>Dr Kevin Schembri, CEO Mental Health Malta, Consultant Cardiothoracic Surgeon, Visiting lecturer Univeristy of Malta</p> <p><i>Following presentations from our International speakers, we will host a live debate session using some pre-set topics and polls on our conference app</i></p>
14.45 – 15.00	<p>NAPICU Conference 2017 Awards: Winning Poster and NAPICU Team of the Year</p> <p>Mr Alan Metherall, Transformation Programme Manager, Armed Forces Health NHS England and NAPICU Treasurer</p> <p>Summing up and Thanks</p> <p>Mr Thomas Kearney, Associate Director of Commissioning Swindon CCG and NAPICU Director of Policy</p>

Exhibition & Sponsorship Opportunities

We have a limited number of exhibition stands remaining; reserve your stand as soon as possible. We look forward to hosting our exhibitors including:

- ◆ AIMS PICU
- ◆ Cygnet Healthcare
- ◆ Design in Mental Health Network
- ◆ Galen Pharmaceuticals
- ◆ Kingsway
- ◆ Metrasens
- ◆ Mike Ayres Design
- ◆ Oxehealth
- ◆ Pineapple
- ◆ Safehinge
- ◆ St Andrew's

We have a variety of opportunities for companies, trusts or associated guests to sponsor items at the Annual Conference in addition to the regular exhibition stands.

Would you like to sponsor the Gala Dinner, submit a delegate bag insert or sponsor our delegate lanyards?

If you are interested in sponsoring the 22nd Annual Conference please [download further information here](#) or contact Lauren in the NAPICU Administrative Office for more information info@napicu.org.uk



Team of the Year

NAPICU Team of the Year 2017



Has your team done something outstanding this year? Do you think your team is the best?

Why not apply to become this year's NAPICU Team of the Year?

Each year NAPICU members are given the opportunity to apply for the NAPICU Team of the Year Award. This year it could be you!

Any multidisciplinary PICU/LSU team that is a fully paid member of NAPICU can apply for this award.

To apply, please submit your applications following the team of the year guidelines which can be found [here](#). Don't forget the deadline for submissions is **Friday 28th July 2017**.

Poster Session 2017

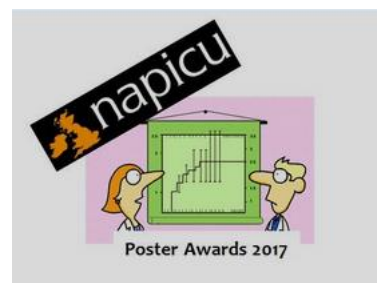
We are delighted to announce the NAPICU Poster Session will return again for 2017 and will be displayed in the Exhibition Area, Lower Concourse, Arts Building, Trinity College. For the first time this year, NAPICU have introduced a live interactive poster session with light refreshments on **Thursday 7th September 2017 at 17.15**. All authors will present their research to our judges and delegates in this session.

Do you have a completed piece of work relating to Psychiatric care in PICUs or LSUs?

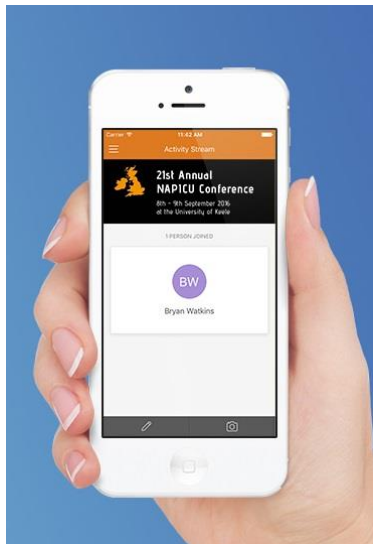
Would you like to present your findings?

Poster presentations should consist primarily of the work of the authors and can include completed research, audit or practice related projects. For full guidelines [click here](#).

There will be a prize of a **£100 prize** and the invitation to publish their work in the Journal of Psychiatric Intensive Care. The closing date for submissions is **Friday 28th July 2017**.



Mobile App



Following the success of the Mobile App at last year's 21st Annual NAPICU Conference at the University of Keele, NAPICU are currently creating a Mobile App for the 22nd Annual NAPICU Conference.

Once the App has been published we will release download instructions to our registered delegates only.

The App will be available to download on Android, IOS and Windows phones.

Social Programme

Welcome & Quiz Night
Trinity College, East Dining Hall
Wednesday 6th September 2017



Please come along and join us at our annual NAPICU quiz night after dinner on **Wednesday 6th September 2017 in the East Dining Hall at Trinity College, Dublin**. This will be a great opportunity to meet with colleagues and friends to share good practice and for those of you who are first time attendees it is an opportunity to meet and greet with the NAPICU Executive Committee Members and fellow first time attendees. In order to add a light-hearted, competitive edge to the evening, an informal quiz will be run with a variety of prizes. The themes of the quiz will be wide ranging and will encourage increased interaction and reflection. The informal quiz night is included in your registration fee.

22nd Annual Gala Dinner
Dining Hall, Trinity College
Thursday 7th September 2017



This year's Gala Dinner which will be followed by a 3-course meal accompanied by refreshments and entertainment in the grounds of Trinity College in the Main Dining Hall. The Main Dining Hall is just a short walk from the halls of residence building delegates will be staying in.

The Gala Dinner is included in your registration fee; however you must book in advance to guarantee a place. If you wish to join us for this dinner please ensure

you select the option on your registration form and please provide any specific dietary requirements you may have in advance of the dinner.

A green dietary requirements card will be placed in the back of your badge with your allocated ticket. Please bring both of these items with you to the Gala Dinner on Thursday 7th September 2017.

Additional Information

Traveling to Dublin by air

-  **Ryanair**
-  **Easyjet**
-  **Aer Lingus**

Traveling to Dublin by car and ferry

-  **Direct Ferries**
-  **Irish Ferries**